

DAILY

THE HEART OF BRITAIN

Mirror

Friday, June 14, 2024

E-EDITION

FREE INSIDE

Brilliant Euros pullout

PLUS

Sweepstake Kit

GAMES ON Squad looking relaxed ahead of first match

SEE PAGES 10&11

14.06.2024

Mirror Football

THE HOME OF 24/7 FOOTBALL

William HILL

JUDE AWE

From Birmingham to Berlin... get ready for one Bell of a journey

BET BUILDER EXTRA Germany v Scotland 8pm | Live on ITV Win 50% more on every Scotland game this Euros Tap boost on YOUR BET

Prepare for Greatness it's who you play with William HILL TAKE TIME TO THINK

STARMER'S MANIFESTO

WE'LL GIVE NATION HOPE

Pledge to boost economy and build brighter future for our children

BY JOHN STEVENS Political Editor

KEIR Starmer yesterday pledged to fix the damage the Tories inflicted on Britain with a Labour manifesto of hope. He vowed to boost the economy and "build a future which genuinely will be better for our children".

FULL STORY: PAGES 4&5

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Price



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COVER
STAR
Kate in
photoshoot
for Variety
magazine

Kate's Titanic escape

BY **ASHLEIGH RAINBIRD** Diary Editor
KATE Winslet's chances of being in the movie Titanic were almost sunk by the film's director James Cameron.

He says he resisted casting her in the 1997 blockbuster because at the time she was known as "corset Kate" having been in period dramas such as *Sense and Sensibility*.

James added: "It seemed like lazy casting." But he said that "wiser heads prevailed" and she was given the starring role as Rose.

On the casting process, James told *Variety*: "She even sent me a single rose and said, 'I have to be your Rose'."

James, 69, and Kate, 48, have also denied rumours of a feud. James said: "There

was never a rift between us." They reunited for 2022 film *Avatar: The Way of Water*, years after Kate suggested she would not work with him again.

Kate has also revealed she found it hard to talk about how hurt she was by criticism of her body after *Titanic*, which she starred in with Leonardo DiCaprio.

She told *Variety*: "I had a lovely family, but all my family saw is, 'My God, Kate's got work in a really big film.'"

"One doesn't want to turn around to your mum and dad and say, 'It's really hard, actually.'"

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MOVIE Kate & Leo in *Titanic*. Right, James



IN SPOTLIGHT
Kate in *Variety*
photos. Below,
the magazine



Full interview at [variety.com](https://www.variety.com)

Picture: ZOE MCCONNELL FOR VARIETY

ELECTION 2024

ELECTION '24
COUNTDOWN
20 DAYS TO GO

Labour's **Dawn Butler** has found a much more interesting way than door knocking to reach out to voters.

She released a video rapping her own version of the **So Solid Crew** hit "21 Seconds" yesterday - when it was "21 days to go" until the election.



Even the **Telegraph** seems to have given up hope with **Rishi Sunak**. Its Tim Stanley wrote: "A litany of bad luck suggests he was wise not to pose in a race car [at Silverstone]. He'd probably press the wrong button and back over a kitten."



Reform's **Lee Anderson** has been caught parking his BMW X5 in a disabled parking spot while on the campaign trail in Ashfield.



At the end of the last war the Tories held a competition. After local rounds, the final was in Westminster. Sixteen pairs of activists had to knock at a fake door and convince "voters". The winner was from Islington North, then a blue seat but now **Jeremy Corbyn's**. Good luck finding any Tory support there now.

REMINDER

THE final day for voter registration is Tuesday of next week, June 18.

Go to **gov.uk/apply-postal-vote** for more information.

If you have a holiday or engagement which means you cannot get to the polls, the deadline to apply for a postal vote is 5pm on Wednesday June 19. Go to **gov.uk/register-to-vote**.

Also do not forget to bring ID to vote on polling day. If you don't have a passport or driving licence you can apply for a free voter ID certificate.



Blueprint for recovery will guide us to a better future

BY KEVIN MAGUIRE



INTENDED not to frighten the horses, Keir Starmer's Labour manifesto would still change Britain very much for the better.

He's going for growth to create wealth and spread it fairly as well as reviving key public services.

The Tories would never deliver attractive new job rights and proved they couldn't run a railway.

Establishing Great British Energy, which will supply cheaper, cleaner electricity and the £7billion National Wealth Fund are potential game changers.

Promising higher pensions for coal miners and widows by ceasing the government's theft of half the fund's surplus, plus a probe into Orgreave police brutality, are meat and drink for red wall coalfields.

Ruling out income tax, National Insurance and VAT rises is a measure to reassure low and middle-income families.

The £9billion raised from the better-off to finance change is modest with Labour retaining wriggle room to grab extra billions from landlords and speculators.

Though the overall reassurance strategy shackles Starmer, he's undoubtedly given people more than enough to vote for.

No Sky? Kid Sunak lived in 6-bed pad

RISHI Sunak's childhood home where he revealed his family could not afford Sky TV has six bedrooms, a double garage and room for a gym.

A floor plan of the house, when it was for sale five years ago in Southampton, shows the master bedroom has an ensuite bathroom and walk-in wardrobe.

In an ITV interview, Mr Sunak said as well as Sky, he had gone without "lots of things because my parents wanted to put everything into our education".

The PM, 44, is facing accusations he is out of touch.

Mr Sunak, the eldest of three siblings, went to top private school Winchester College. His dad was a GP and mum a pharmacist.

He and wife Akshata Murty have a £651million fortune.

Reform second in survey

NIGEL Farage's Reform overtook the Tories in a poll for the first time last night to hit second place.

After the YouGov survey put his party on 19%, the Conservatives on 18% and Labour on 37%, he declared in last night's seven-way debate on ITV: "We are now the opposition to Labour."

Mr Farage was part of a panel including Labour's Angela Rayner, Tory Penny Mordaunt and the Green Party's Carla Denyer.

Ms Rayner vowed to fix the NHS after Conservative austerity brought it to its knees. She said: "We've got the crisis in the NHS. We've got to invest."

But Ms Mordaunt sparked laughter among the studio audience when she declared Britain's schools were "world class".



CHAT Ms Rayner, Ms Mordaunt and Mr Farage on TV last night



STRUGGLES Leader with Nathaniel. Below, Daniel



BRIGHT FUTURE Mr Starmer gives speech yesterday

BY JOHN STEVENS, SOPHIE HUSKISSON and DAVE BURKE

A COUNTRY shattered by 14 years of austerity was yesterday offered hopes of a brighter future as Keir Starmer vowed to rescue Britain from the nightmare of Tory rule.

The Labour leader pledged to boost the economy, create extra jobs, pump vital cash into the struggling NHS, bring down soaring energy bills, cut crime with more police officers and hire thousands of new teachers.

Launching his party manifesto in Manchester, Mr Starmer also told how he would transform energy and take railways back into public ownership.

He says he will pay for the plans by raising £7billion from closing tax loopholes for the rich, cracking down on

avoidance and ending VAT breaks for private schools. But he promised working people there would be no rises in income tax, National Insurance or VAT. Mr Starmer said: "We want to build a future which genuinely will be better for our children."

And he said the General Election on July 4 gives people the chance to end more than a decade of Tory chaos. He added: "If you want change, you have to vote for change and that means voting Labour."

Ahead of his speech, three people told why they were crying out for that change. Dad-of-two Daniel Lynch, from London,

said he and his partner are stuck in a one-bedroom flat with their son, 13, and daughter, seven.

Describing the cost of living crisis as "overwhelming" he said: "For the past 14 years, we've struggled with turmoil and uncertainty. Only Labour is offering something different."

Terminally ill cancer patient Nathaniel Dye told how he waited more than 100 days for a diagnosis.

The 38-year-old music teacher said: "I represent the human cost of an NHS neglected over the past 14 years and I invite anyone who stands by that dismal record in government to look me in the eye



EMOTIONAL Ms Reeves listens to Nathaniel Dye yesterday

LABOUR MANIFESTO FOR CHANGE

TAX

Taxes on working people will not be increased. Income tax, national insurance and VAT hikes are all ruled out.

The state pensions triple-lock will stay and corporation tax for major firms will be capped at 25% until 2029.

But billions will be raised by closing Tory loopholes to end the non-dom tax break.

HMRC will be given extra funds to go after tax-dodgers.

NHS

The crisis-hit NHS will get "back on its feet" thanks to 40,000 new appointments a week to tackle waiting lists.

The number of scanners to speed up cancer diagnosis will be doubled and 8,500 mental health workers will be hired.

A new dentistry rescue plan will mean 700,000 more urgent appointments and a National Care Service will aim to fix the social care system.

TRANSPORT

Railways will be taken back into public ownership within five years as contracts expire.

Great British Railways - a new public body - will be responsible for improving services and running the lines.

The party pledges to fix an extra million potholes a year and mayors will get greater powers to franchise local bus services, similar to Greater Manchester's Bee Network.

CRIME

Anti-social behaviour will be tackled by putting 13,000 more neighbourhood officers and PCSOs on the streets.

A loophole meaning thefts under £200 are less likely to be prosecuted will be axed.

Assaulting shop workers will be a specific crime. Ninja swords will be banned. Youth hubs will divert young people from crime. Trail hunting and trophy imports will be banned.

EDUCATION

Private school tax breaks will be abolished to help recruit 6,500 new teachers.

Free breakfast clubs will be introduced in primary schools to support parents through the cost-of-living crisis.

An extra 100,000 childcare places will be created by opening over 3,000 new nurseries in schools. Child poverty will be tackled with an "ambitious strategy".

HOUSING

A shake-up of planning laws will ensure 1.5 million new homes are built by 2029.

Mandatory housing targets for councils will be restored.

To help first-time buyers saving for a deposit, a mortgage guarantee scheme will be made permanent.

A rise in the stamp duty surcharge paid by non-UK residents will raise millions. No-fault evictions will end.

IMMIGRATION

The gimmicky, costly Rwanda deportation scheme will be axed and replaced by a focus on tackling smuggling gangs.

A new Border Security Command would be set up, employing hundreds.

The manifesto also vows to control net migration, which stood at 685,000 last year.

Mr Starmer pledged to end the dependence on overseas workers in some sectors.

ENERGY

Great British Energy - a new publicly owned company - will be created in an effort to drive down household bills.

The ban on the sale of new petrol and diesel cars, put back to 2035 by the Tories, will be restored to 2030. Billions will be invested in insulating homes.

Failing water companies will be put under special measures, making them clear up lakes, rivers and coasts.

DEMOCRACY

Labour is committed to replacing the House of Lords in the long-term.

But immediate action will be taken to cut the massive size of the second chamber.

The 91 peers who inherited their titles will lose their seats.

Members over the age of 80 must retire at the end of each Parliament. The voting age for all elections will be lowered from 18 to 16.

WORK RIGHTS

Labour's New Deal for Working People will ban exploitative zero-hours contracts.

The practice of fire and rehire, whereby firms dismiss workers and hire them again on worse conditions, will end.

The party also pledges "basic rights from day one on parental leave, sick pay and protection from unfair dismissal".

Legislation will be introduced within Labour's first 100 days.

BOOM! HERE'S KEIR'S VISION..

and say that it is good enough." Nathaniel's words moved watching Shadow Chancellor Rachel Reeves to tears.

First-time voter Holly Kains, 18, said young people are "often forgotten" and added: "Labour symbolises a better future and greater equality."

But Mr Starmer warned a Labour government would inherit a country left broken by the Tories that cannot be repaired overnight. He said: "It will not be easy, because there is no quick fix to the mess the Conservatives have made."

"We want to build a future which will be better for our children"

KEIR STARMER ON HIS PLAN TO BOOST BRITAIN

But he added: "We must rebuild our country."

Asked if he was delivering the "Captain Caution" manifesto after the uncoded wild promises made by Rishi Sunak in the Tory one, Mr Starmer replied: "It is a serious plan for the future of our country."

"It's not about rabbits out of a hat. It's not about pantomime. We've had that."

"I'm running as a candidate to be Prime Minister, not a candidate to run the circus."

His speech was briefly disrupted by a demonstrator, but he won loud

applause as he told her: "We gave up on being a party of protest five years ago, we want to be a party in power."

Mr Starmer accused the PM of repeating the mistakes of Liz Truss by throwing out policies without explaining how they will be paid for.

He added: "You can see what Conservatives are doing, every day they are desperately putting a new policy, a new gimmick, on the table which is unfunded."

"If there's one lesson from Liz Truss and what happened to the economy, if you **HOPES** First-time voter Holly at manifesto launch

make unfunded tax cuts then it damages the economy and working people pay the price.

"Rishi Sunak, if there's one thing that he was supposed to do, it was to provide stability after Liz Truss, and here he is repeating it."



The Labour manifesto also includes pledges to build 1.5 million new homes, get rid of hereditary peers and ban energy drinks being bought by children amid rising obesity. Public bodies Great British Energy and Great British Railways will be set up in

Mr Starmer's bid to wrestle such firms away from private ownership where shareholders and fatcat bosses rake in cash while ever-squeezed customers end up forking out more and more for bills and travel.

More than 40,000 extra hospital appointments a week will be put on to bring down waiting lists.

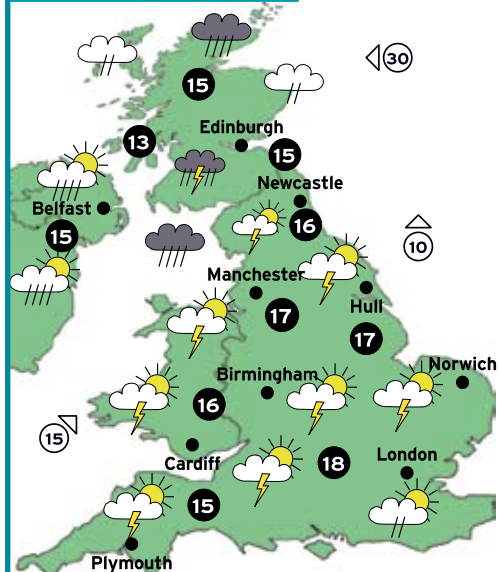
And Mr Starmer pledged to boost childcare by creating 3,300 nurseries in primary schools.

Mr Starmer dismissed Tory claims that Labour is heading for a General Election "super-majority". He said: "Not a single vote has been cast. Polls don't predict the future."

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VOICE OF THE MIRROR: PAGE 10

WEATHER & CLIMATE



TODAY Sunny spells and showers, some heavy and thundery

A brighter day with spells of sunshine however it will be unsettled for many with a scattering of showers tracking northeastwards. Some showers will be locally heavy and thundery in nature during the afternoon and evening.

5-day forecast

	Sat	Sun	Mon	Tue	Wed
London	17c	20c	21c	22c	18c
Newcastle	14c	16c	17c	17c	16c
Leeds	12c	15c	16c	16c	13c
M'chester	14c	17c	17c	17c	15c
Liverpool	15c	17c	16c	16c	15c

BIGGER PICTURE

Today's historical average high: 18.8
June 2024 average high so far: 16.6
June historical average high: 18.6
All averages based on CET Mean Max Temp. Historical info from 1961-1990 (Source: Met Office)
CLIMATE FACT: One in six UK species are currently at risk of extinction. A legally binding target was set by the Conservative government to stop nature loss by 2030.

10 MIN CROSSWORD

1	2		3		4	5		6
7				8				
						9		
10		11						
12							13	
		14			15			
16					17			

- ACROSS**
- 1 Christie, Scotland winger (4)
 - 4 Portent (4)
 - 7 Beached (7)
 - 9 Biblical ship (3)
 - 11 Patronage (5)
 - 12 Turkish hat (3)
 - 14 Proportional (2,5)
 - 16 Conduit (4)
 - 17 Brass instrument (4)
- DOWN**
- 2 Meditative exercise (4)
 - 3 The Matrix protagonist (3)
 - 5 Golden touch king (5)
 - 6 Stevie __, singer (5)
 - 8 Encourages (5)
 - 10 From the past (2,3)
 - 11 Ancient Mesoamerican (5)
 - 13 Layabout (4)
 - 15 Slice (3)

THURSDAY'S SOLUTIONS

Across: 1 Opinion, 7 Ail, 8 Fiery, 9 Airy, 10 Slat, 13 Inter, 15 Ham, 16 Anthony. **Down:** 2 Paler, 3 Naff, 4 One, 5 Malaria, 6 Systems, 11 Lohan, 12 Arch, 14 Tin.

THE LOTTERY

LAST NIGHT'S SET FOR LIFE: 10, 16, 19, 24, 38
Life Ball: 3. No winner of £10k a month for 30yrs.
HEALTH LOTTERY: 2, 9, 41, 42, 48. Bonus: 5.
WEDNESDAY'S LOTTO: 13, 40, 41, 42, 51, 59
Bonus: 5. Estimated £3.9m rollover tomorrow.
THUNDERBALL: 11, 15, 19, 31, 36
Thunderball: 3. No £500k winner.
TUESDAY EUROMILLIONS: 7, 15, 34, 45, 48
Lucky Stars: 7 & 9. Tonight's jackpot is £135m.

RAISE A LAUGH

Mr Sunak & Ms Meloni yesterday



Ukraine war fund from Russia cash

G7 agrees deal to provide £40bn loan to Kyiv

BY LIZZY BUCHAN
Deputy Political Editor in Puglia, Italy

BRITAIN and its G7 allies have reached a deal to use profits from frozen Russian assets for a £40billion loan for Ukraine.

The cash would be provided by the end of the year to shore up Kyiv against Vladimir Putin's onslaught. It is expected the loan would be repaid using interest earned on the £230bn in frozen Russian assets.

Rishi Sunak said at the G7 summit in Italy: "What we're announcing is a game-changing package of support for Ukraine."

"It demonstrates the G7 is completely united and doing whatever it can and whatever it takes to support Ukraine to defend against Russian aggression."

He met Ukraine's President Volodymyr Zelensky at the event, but was forced to deny he had been snubbed by other leaders for one-

on-one meetings in what might be his last major outing on the world stage as Prime Minister.

He last night had not held individual talks with G7 leaders such as French President Emmanuel Macron or US President Joe Biden.

Mr Sunak dodged a question on whether he has apologised to counterparts for leaving the D-Day commemorations early.

But the PM said he is "definitely not" down in the dumps over his backfiring election campaign.

He tried to politicise the war in Ukraine by claiming Mr Zelensky would be left in doubt by Labour's commitments on defence.

As he arrived at the summit in Puglia, Mr Sunak appeared to be asked if he was "OK" by Italian PM Giorgia Meloni.

Ms Meloni, leader of the far-right Brothers of Italy

party, seemed to show concern for the PM as they greeted each other.

The friends then embraced and laughed despite Mr Sunak's woes.

G7 nations have also announced they will slap sanctions on Russia's "shadow ships" in a bid to choke off money for Putin's war effort.

The tankers have obscure or dubious ownership to circumnavigate previous sanctions. The fleet has been taking Russian oil to global buyers to provide funds for Putin, pictured inset.

In total, 50 new sanctions have been announced to hurt his war machine. Some of the measures focus on entities in China.

Mr Sunak, who is also joined at the summit by EU leaders, has announced £250million in funding for Kyiv to rebuild critical power infrastructure.

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GREETING Italian PM Meloni with Zelensky

Lags' army slaughter leaves Putin jails empty

EXCLUSIVE BY CHRIS HUGHES Defence Editor

NEARLY 100 Russian prisons and penal colonies have shut because so many prisoners have died fighting in Ukraine.

Up to 150,000, among them murderers and rapists, have been forced to fight for Putin. The lucky ones who survived Russia's human wave attacks were freed.

The scheme, set up by Wagner Group mercenary boss Yevgeny Prigozhin, meant many jails nearly emptied.

EXPLOSION

Prigozhin, 62, died last year when his private plane was brought down by a mystery explosion.

He and his recruiters are believed to have persuaded 50,000 prisoners to sign up, with 100,000 more freed to fight by the Russian MoD.

Before the invasion of Ukraine the number of Russian prisoners was around 420,000. The figure is now believed to be about 336,000.

In the bloody battle for Bakhmut more than 20,000 lags died.

Russia expert Bruce Jones said: "The decline in the prison population is mainly... due to tens of thousands of convict mercenaries being annihilated or disabled."

"Criminals are conscious of the likelihood of being sent to war if jailed and are more careful in the choice of crimes they commit."



WORLD STAGE From left, President of the European Council Charles Michel, German Chancellor Olaf Scholz, Canadian Prime Minister Justin Trudeau, Mr Macron, Ms Meloni, Mr Biden, Japanese Prime Minister Fumio Kishida, Mr Sunak & President of the European Commission Ursula von der Leyen at summit



MEETING Prince William Wills' private MI6 visit kept under wraps

BY LAURA ELSTON

THE Prince of Wales has made a secret visit to MI6.

William met with the Secret Intelligence Service, which deals with foreign intelligence and protects the UK from risks abroad.

Yesterday's visit was not publicised in advance and only appeared afterwards in the Court Circular daily list of royal engagements.

It is not known whether he met MI6 boss Sir Richard Moore – "C".

Kensington Palace did not provide further details such as the visit's location.

William has made similar visits before.

In 2019 the Prince worked for three weeks with MI5, MI6 and GCHQ.

He said at the time: "These agencies are full of people from everyday backgrounds doing the most extraordinary work."



THRILLED Dorothy Browne OAP's 100 on the Dot.. as cards pile up

BY JEREMY ARMSTRONG

A PENSIONER marked her 100th birthday with a message from King Charles and cards from 250 well-wishers around the world.

Staff at Dorothy Browne's care home made sure she celebrated the milestone in style by launching an appeal for people to send cards.

Hundreds arrived from as far away as Australia.

Dorothy also enjoyed a special musical performance from schoolchildren and an afternoon tea.

Rebecca Ridley, manager of Redesdale Court, in North Shields, Tyne and Wear, said: "Dorothy had a fantastic 100th birthday and enjoyed celebrating with loved ones."

"We would like to thank the public. She also had an amazing cake baked by the kitchen team."

QUAKE IT OFF

Swift crowd dancing triggers readings on tremor monitors

BY ASHLEIGH RAINBIRD Diary Editor

TAYLOR Swift fans produced a seismic response to the singer at her latest gig by triggering earthquake monitors.

Dancing in the record-breaking crowd of 72,990 and the rapturous reception they gave the star sparked ground movement that was picked up 3.7 miles away.

The British Geological Survey said fans on the first night of the UK leg of Swift's world Eras tour at Murrayfield Stadium in Edinburgh generated the most activity.

The earth moved most as the 34-year-old belted out her hits Shake It Off, Cruel Summer and Ready For It?

A four-minute applause after she sang Champagne Problems produced 23.4 nanometres of movement on the BGS monitors at its HQ in the Lyell Centre, Edinburgh.

Dancing in time to the music reached a peak at 160 beats per minute during Ready For It? That transmitted around 80kW of energy – equivalent to around 6,000 car batteries.

BGS seismologist Callum Harrison said: "It's amazing that we've been able to measure the reaction of thousands of concert-goers remotely through our data. "The opportunity to explore seismic activity created by a different kind of phenomenon has been a thrill."

"Clearly Scotland's reputation for providing some of the most enthusiastic audiences remains well intact." Earthquake



MOVING Edinburgh stadium audience

monitors have recorded activity during other dates on the Eras tour, including LA and Seattle in the US.

The BGS said the vibrations generated by the Edinburgh concerts from last Friday to Sunday are unlikely to have been felt by anyone other than those in the immediate vicinity.

Edinburgh city council approved an increase to the Murrayfield concert capacity from 67,144 for each gig.

Swift thanked fans for breaking "the all-time attendance record for a stadium show in Scotland three times in a row".

The American played the first of three gigs at Anfield Stadium in Liverpool last night and will move on to Cardiff and London.

Her tour also takes in Dublin before heading to the continent and back to London to end the UK and European leg in August. Looks like a lot of fans could be left quaking with joy...

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VOICE OF THE MIRROR: PAGE 10

160
number of beats per
minute Swift audience
dancing produced at gig

**SHOCK
'N' ROLL**
Swift plays
Murrayfield
last Friday

This is me!

Hi.
I like
to write
songs about
boys.

A QUESTIONNAIRE filled out by Taylor Swift at 19 for Mizz magazine sold for £14,200. In it she doodled a stick-figure of a girl with a guitar with a speech bubble: "I like to write songs about boys."

She wrote: "If I could be someone else for a day I'd be... Rachel McAdams or Miranda Kerr. I wonder what it's LIKE to be that pretty."

She also wrote: "My biggest secret is...Who the song Love Story is about. I'll never tell!"

Bonhams auctioned the note in London on Wednesday.

My biggest secret is...

Who the song "Love Story" is about.
I'll never tell!

If I could be someone else for a day I'd be...

Rachel McAdams or Miranda Kerr.
I wonder what it's LIKE to be that pretty.

Busy beach's 7ft sinkhole

COASTGUARDS have warned of a risk to life after a 7ft-deep sinkhole appeared on a busy beach.

Broken bottles and a spade were found nearby suggesting it may have been man-made.

A coastguard spokesman warned the public to steer clear of the cordoned-off area on Shoebury East Beach, near Southend-on-Sea, Essex.

He added: "Holes will collapse around you and the mix of water and sand will cement you in."



MISTAKE Anne Sacoolas sent statement to inquest



VICTIM Harry Dunn, whose motorbike was hit. Left, Ms Charles

Sharing a cold one.

WE WON'T BE BEATEN ON PRICE**

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£9.99



Dad **LIKES** it **LIKE** that



Everyday Amazing.

She's a coward

Harry Dunn's mum slams killer US ex-spy for dodging inquest

BY MARTIN FRICKER

THE mum of teenage motorcyclist Harry Dunn yesterday slammed the former US spy who killed her son.

Charlotte Charles said she was disgusted Anne Sacoolas did not attend the tragic 19-year-old's inquest.

She said: "She showed her children, in our opinion, that she is a coward."

Harry died after being hit by a Volvo near air base RAF Croughton in Northamptonshire in 2019.

It was being driven by Sacoolas, who later returned to the US under diplomatic immunity.

She pleaded guilty to causing his death by careless driving in 2022 after admitting driving on the wrong side of the road.

Mum-of-three Sacoolas, 45, declined to appear at Harry's inquest in Northampton this week.

Instead she gave a statement apologising for the "tragic mistake", saying she will live with it "every single day for the rest of my life".

But Ms Charles added: "She showed no regard for any of us."

"She could have chosen the opportunity this week to show her children that you can try to redeem yourself. But she chose to hide. She just doesn't care."

She was also scathing of the US

Embassy's decision not to attend the hearing in Northampton. "They have no regard for myself or my family," she said.

The inquest was delayed twice this week after talks were held inviting Sacoolas to attend the hearing.

But she refused to give evidence unless the family's lawyer Patrick Gibbs KC was barred from quizzing her.

Ms Charles said Sacoolas's failure to attend the inquest would "forever leave us bitterly disappointed in her".

Harry's family wants a public inquiry after accusing the US government of obstruction.

Coroner Anne Pember recorded Harry's death as being as a result of injuries sustained during the head-on collision.

She criticised the US for not training Sacoolas in driving in the UK.

Sacoolas, who is now an analyst for the US State Department, got a

suspended eight-month sentence after admitting the driving offence in 2022.

Her employer advised her not to attend sentencing. A Labour spokesman said: "A Labour-run Foreign Office would conduct an inquiry. No other family should have to go through this."

“She could have shown her children you can try to redeem yourself

CHARLOTTE CHARLES MUM ON ANNE SACOOLAS

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In Scotland and Wales, in store alcohol prices may be higher and alcohol may not be sold before 10am in accordance with Scottish laws. Corona 18 x 330ml £13.99, £2.36 per litre. Stella Artois 18 x 440ml £11.99, £1.51 per litre. Budweiser 20 x 300ml £9.99, £1.67 per litre. Carling 18 x 440ml £11.99, £1.51 per litre. Foster's 18 x 440ml £10.99, £1.39 per litre. **We guarantee to match the lowest prices for Corona 18 x 330ml, Stella Artois 18 x 440ml, Budweiser 20 x 300ml, Carling 18 x 440ml, Foster's 18 x 440ml (excluding multi-buys and any promotional prices) in UK supermarkets between 10/06/2024 and 14/07/2024. Prices checked daily at Asda, Sainsbury's, Tesco, Morrisons, Lidl, Co-op, Marks & Spencer, Waitrose, Ocado and Iceland. Price changes may take a few days to come into effect. If you can provide proof of a lower price (excluding multi-buys and any promotional prices) at any of these supermarkets on the date of your purchase, we will match that price.



CRITICISM Wes Streeting
Treatments backlog tops 7.5m despite Sunak's vow

BY **MARTIN BAGOT**
Health Editor

THE NHS treatment backlog has risen for the first time in seven months.

Some 7.57 million treatments relating to 6.33 million patients were waiting to be carried out in England at the end of April, NHS England said.

Rishi Sunak pledged to tackle the NHS waiting list in January 2023, when it stood at 7.21 million.

Shadow Health Secretary Wes Streeting said of the waiting list rise: "This has blown a hole in Sunak's claim that the NHS has turned a corner."

Those waiting more than 12 hours in A&E in England – from a decision to admit to being admitted – was 42,555 in May, up from 42,078 in April.

PAIN

Deborah Alsina, of Versus Arthritis, said: "Long waits force too many with arthritis to live with unacceptable pain and become disabled."

Keir Starmer has vowed Labour will cut waiting lists by creating 40,000 new appointments per week.

Prof Sir Stephen Powis, NHS medical director, said: "May was a record for urgent and emergency services, with the highest A&E attendances as well as being the busiest May for the most urgent ambulance call-outs."

Phil Banfield, of the British Medical Association, blamed the government's poor stewardship of the NHS.

OAP poverty set to double

THE number of older people living in poverty could almost double from 2.1million to 3.9m by 2040.

Charity Independent Age based its study on current trends and found women 65 and over would be more impacted, with 28% set for poverty by 2040 compared to 19% of men.

The number of older people privately renting is set to treble to 13%.

IA head Joanna Elson said: "This is a scandal."

Year of tears



Nottingham stab victims' families at anniversary vigil

Pictures: JOSEPH RAYNOR

BY **MARTIN FRICKER**

CHOKED with emotion, relatives of the three Nottingham attack victims comforted each other at a vigil yesterday.

The families of Barnaby Webber and Grace O'Malley-Kumar laid flowers at the spot where they were killed.

They gathered with hundreds of friends one year on from the stabbings which shocked the UK.

University of Nottingham students Barnaby and Grace, both 19, were walking home when they were attacked by Valdo Calocane, 32.

The paranoid schizophrenic also knifed school caretaker Ian Coates, 65,

to death as he drove to work. Barnaby's dad David, 52, and Grace's parents Dr Sanjoy Kumar and Dr Sinead O'Malley, embraced as they laid tributes.

Barnaby's mum Emma Webber told the Mirror it would be too painful to return to the scene.

But her son Charlie, 16, and Grace's brother James left flowers, joined by hundreds of tearful friends and students.

Ian's son Lee, 37, attended the vigil and comforted Emma.

Roses were left on the pavement where the teen-

agers died. Later, relatives of the victims talked to university students including Grace's hockey teammates and Barnaby's pals from the cricket side.

David, of Taunton, Somerset, brought his late son's dog, Dougie. He told the crowd: "This university is what Barnaby loved. He felt at home here. He was only back for one last social with his cricket buddies and he didn't even make that." Dr Kumar said Grace chose "friendship over fear" as she fought to protect Barnaby.

A ceremony also took place at Huntingdon Academy, where Ian worked.

Calocane got an indefinite hospital order after admitting manslaughter on the grounds of diminished responsibility.

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SHOCKING Ian, Grace and Barnaby were stabbed one year ago



TEAMMATE
Friend of Grace



TRIBUTE Hockey pals leave flowers



QUIET MOMENT
Grace's parents



SPEECH David with a tearful Dr Kumar



SORROW Ian hugs Emma at the vigil

Keir's to a new future

LABOUR leader Keir Starmer yesterday promised a new age of security and prosperity as he set out his bold agenda.

At the core of Labour's manifesto is a decade-long plan to rebuild Britain from the destruction caused by 14 years of Tory rule.

The NHS will be put on the road to recovery with tens of thousands more appointments.

Ambitious house-building will resurrect the dream of home ownership for young people.

Hard work will be rewarded and employees given stronger rights. Struggling families will get help with energy bills.

There is also a promise not to raise income tax, VAT and national insurance.

There will be more teachers, more police on the beat and fewer children going hungry.

Unlike the backward-looking and uncoded Tory manifesto, this is a serious agenda that will genuinely improve people's lives.

Mr Starmer's salesmanship may be understated but his package could be as transformative as the Labour manifesto of 1945.

Labour is in no doubt about the challenge facing it but there is also no doubting its determination to rebuild Britain and restore hope to a country crying out for a better future.

Save babies

EACH year dozens of babies are left paralysed by the muscle-wasting disease spinal muscular atrophy.

It can be detected by a simple test that costs just £5 to carry out. It is only available in a pilot scheme at the moment and parents want to know why the test is not universally available, especially as spinal muscular atrophy can be treated very effectively if diagnosed early.

The National Screening Committee, the body that decides which tests should be administered, needs to review its guidance.

There is no reason why the screening should not be rolled out nationwide.

Great shakes

FANS at a Taylor Swift concert danced so much they set off earthquake monitors.

The pop star really is a force of nature.

SUNAK AT THE G7...



We can always discuss it again at G7 next year..

PAHAHAHAHAHAHAHAHA!



EURO 2024

PASS THE BUCK Ollie focuses on Buckaroo



IN THE SADDLE Jude has a steady hand



CARDS ON TABLE The squad enjoy a game of Uno on bus



ON TARGET Conor with dart and, below, cue



Eze win for Ebere

EBERECHI Eze scores a winner on the pool table as England's stars settle into life in their temporary home.

Conor Gallagher had to take the defeat on the chin, but didn't look too upset as he enjoyed a game of darts.

The Chelsea midfielder, 24, revealed he is loving life in the squad's base in Blankenhain, central Germany.

He said: "It's a great group. All the lads are very humble, very friendly and the new players feel at home instantly."

Jude Bellingham, 21, and Ollie Watkins, 28, relaxed with a game of Buckaroo - while Watkins was seen playing Uno on the team bus with Dean Henderson, 27, Bukayo Saka, 22, Jarrod Bowen, 27, and Lewis Dunk, 32.

HURST ON HIS '66 PALS: PAGE 19

Economy's £302m win

ENGLAND'S Sunday Euro clash against Serbia is likely to be the most watched group stage game and boost the economy £302.5million.

An estimated 13.6 million people will watch it at home, spending £233.5m on food, drink and decorations, says VoucherCodes.co.uk.

Its data also predicted 5.8 million fans will spend £69m at hospitality venues, £43.4m on drinks and £25.6m on food, with the clash with Father's Day giving an extra boost.

Kate Nicholls, of trade body UK Hospitality, said: "The Euros will be a huge event for pubs and hospitality venues."

THIRST



ON THE MARCH Scots in Munich

BY **ANDY LINES** Chief Reporter and **PAUL BYRNE** in Germany

THE first of an expected 40,000 England fans started arriving in Germany last night, ready for Sunday's game against Serbia.

But they were beaten to it by a huge Tartan Army, who took over Munich ahead of tonight's opening game against the host nation.

Scots took up residence in squares, bierkellers and bars, mixing with German fans without any trouble.

Now England fans are starting to

Bar owners

arrive in Gelsenkirchen - and city police chief Peter Both is so confident the match will be trouble-free, he's got his wife and child tickets.

He said: "I wouldn't do that if I had concrete knowledge that something could happen."

Dirk Kesch, 44, a barman at Traber Kneipe Sportsbar, said: "It's always good to see English fans because

TEAM SPIRIT



Picture: ANDY STENNING



Van man's plan to catch game

EXCLUSIVE BY ANDY LINES and PAUL BYRNE

A LOYAL Scotland fan drove to Germany in a battered camper van despite not even having a ticket for tonight's match.

Dad-of-two John Falkirk, 44, parked his VW - nicknamed Elvis, because it looks like it has a quiff - outside the team's HQ in Garmisch-Partenkirchen, Bavaria.

On the way down, he met Scottish film star Ewan McGregor and got him to record a video message of support for Steve Clarke's squad.

John, from Falkirk, said: "I've got a very understanding ex-wife - she looked after the kids and allowed me to come and I'm really looking forward to it.

"Now I just want to get a ticket. I've managed to get two for the other games but so far it's impossible to get one for Germany."

John's van dates back to 1966 - a year no true Scotsman would be keen to dwell on...



TV viewers will see football's version of cricket's "snickometer" at the Euros. Match balls contain motion-sensing microchips that track each touch at a rate of 500 times a second. It can tell referees if the ball hits a hand or if a player is offside.

MATCH

welcome Brit fans ahead of big kick-off

they are always thirsty, so I think it's going to be really great."

Police have put some special measures in place, fearing trouble between the two sets of fans before the late kick-off at 9pm local time.

Some Serbian fans clashed with police at a Serbia training session in Augsburg on Wednesday, with a flare thrown towards officers after

thousands of supporters had to be turned away.

Mr Both said his officers are hoping to pick out a hardcore of suspected Serbian thugs, who are mingling with around 8,000 genuine fans.

He said: "I guess the



FLARE-UP At stadium

biggest challenge for us will be to identify disruptive groups at an early stage."

German police will start temporary border checks today to stop known hooligans entering the country.

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EURO 2024 SWEEPSTAKE



IS it finally coming home?
The European Championship starts on June 14 and England have a great chance of glory in Germany. It would be the first trophy for the men's team since the World Cup in 1966.
And here's your chance to get a taste of success with our Euros sweepstake.
It's simple to play. Cut out the teams below and make a draw, noting who has drawn which team.
There are 24 teams. If you charge £3 per team, that gives you a prize pot of £72.
That could be £50 for the winner, £14 for second and £8 for third. Or it could be a winner-takes-all jackpot.
Good luck.

GERMANY	Drawn by ..	GERMANY
HUNGARY	Drawn by ..	HUNGARY
SCOTLAND	Drawn by ..	SCOTLAND
SWITZERLAND	Drawn by ..	SWITZERLAND
SPAIN	Drawn by ..	SPAIN
ITALY	Drawn by ..	ITALY
CROATIA	Drawn by ..	CROATIA
ALBANIA	Drawn by ..	ALBANIA
SLOVENIA	Drawn by ..	SLOVENIA
DENMARK	Drawn by ..	DENMARK
SERBIA	Drawn by ..	SERBIA
ENGLAND	Drawn by ..	ENGLAND
POLAND	Drawn by ..	POLAND
AUSTRIA	Drawn by ..	AUSTRIA
HOLLAND	Drawn by ..	HOLLAND
FRANCE	Drawn by ..	FRANCE
BELGIUM	Drawn by ..	BELGIUM
ROMANIA	Drawn by ..	ROMANIA
SLOVAKIA	Drawn by ..	SLOVAKIA
UKRAINE	Drawn by ..	UKRAINE
TURKEY	Drawn by ..	TURKEY
PORTUGAL	Drawn by ..	PORTUGAL
GEORGIA	Drawn by ..	GEORGIA
CZECH REP	Drawn by ..	CZECH REP

BY MARTIN BAGOT
Health Editor

WEIGHT loss jabs should not be used just to get people "beach body ready" as they have dangerous side effects, the top NHS doctor warns.

The drugs mimic hormones to make people feel full but some have adverse reactions such as nausea and cause a loss of muscle mass.

NHS England medical director Prof Stephen Powis said: "I'm worried people are misusing them. They are not intended as a quick fix for people trying to get 'beach body ready'."

Mounjaro was approved on the NHS this month after helping obese people lose a fifth of their body weight in trials. It is recom-

FEARS Weight loss injections



mended for those with a body mass index (BMI) of 35 with at least one obesity-related condition. Weekly jab Wegovy is also available

on the NHS for people who are obese and have other health problems. The drugs were originally approved just for Type 2 diabetes but became popular after celebrities including

Sharon Osbourne, Elon Musk and ex-PM Boris Johnson boasted about buying them privately for weight loss. Prof Powis said at the NHS Confed-Expo conference in Manchester:

"These are powerful medications that have side effects and complications. "And can in certain circumstances, be dangerous. So, they need to be used under medical supervision." Mark Voce, of the General Pharmaceutical Council, said: "We expect a prescriber to have all the information they need to prescribe safely." martin.bagot@mirror.co.uk X@MartinBagot

Jab 'not for beach'

Top doc's alert on weight loss drugs amid surge in demand



HEYYYYY! Fonz star meets his fire heroes



It's Henry Sprinkler

THE Fonz kept his cool when a fire broke out at his five-star hotel. Happy Days star Henry Winkler, 78, said he first thought an early morning fire alert was an alarm clock. The actor, best known as Arthur Fonzarelli in the US sitcom, said: "How wonderful are firemen? Some of my favourite human beings. They run in when other people are running out." Winkler had been promoting his memoir Being Henry - the Fonz and Beyond in Dublin. Six fire engines attended and guests were allowed back inside later on Wednesday.



Father's

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I'm New

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OUR DAILY
PUB QUIZ

1

Typically, what's the strongest muscle in the human body?

2

In the play An Inspector Calls, what is the inspector's name?

3

In which country would you find Mount Kilimanjaro?

4

Who was the last of the six wives of King Henry VIII?

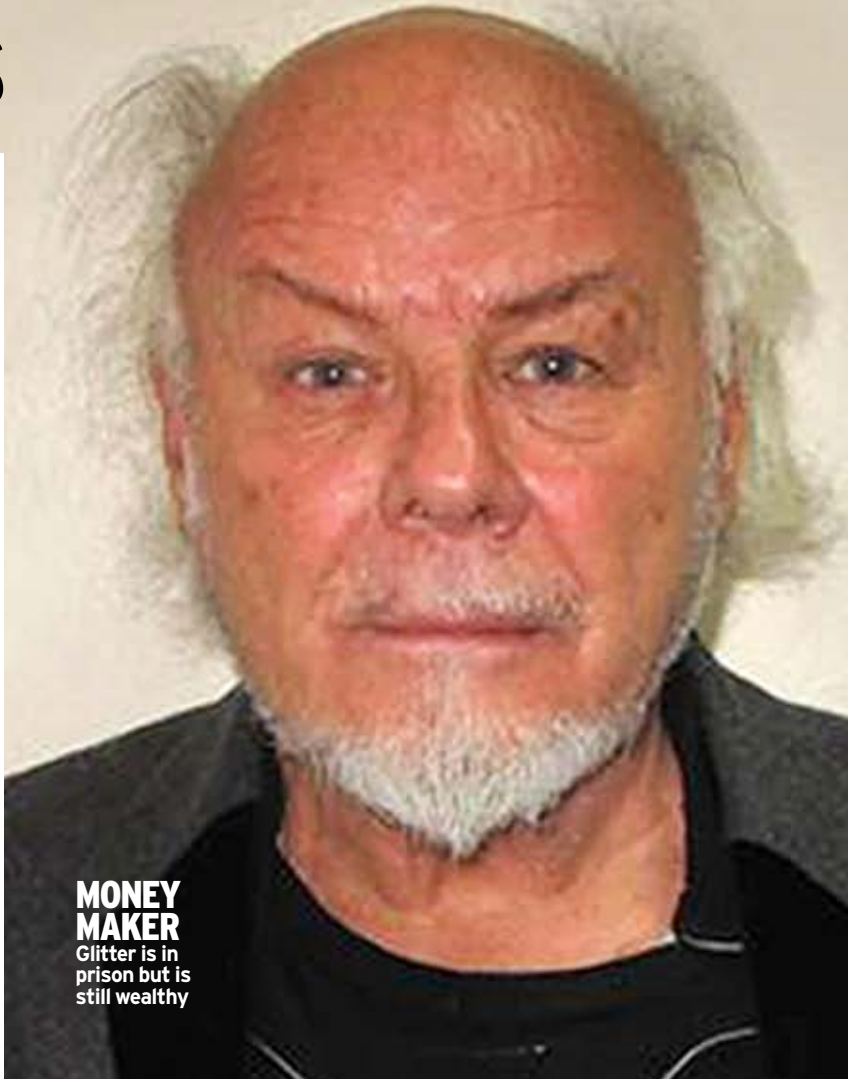
5

Which country gave the Statue of Liberty to the US?

ANSWERS: PAGE 52

GLITTER COULD LOSE FORTUNE TO VICTIMS

More have instructed lawyers



MONEY
MAKER
Glitter is in prison but is still wealthy

EXCLUSIVE
BY TOM PETTIFOR Crime Editor
and JEREMY ARMSTRONG

PAEDOPHILE Gary Glitter could lose his multi-million pound fortune after more women came forward to sue him, a source said.

The disgraced rocker, 80, was this week told to pay more than £500,000 for abusing a 12-year-old girl in the 1970s.

Lawyers are believed to be confident they can get more cash from Glitter's estate.

He was jailed for 16 years in 2015 for assaulting three schoolgirls between 1975 and 1980.

A judge at the High Court said this week that one of them is entitled to £508,000 compensation to cover the time she has been unable to work and the suffering he caused her.

It is not known if the women thought to have recently instructed solicitors were involved in the UK court case. A source said: "More victims have come forward."

Documents filed to Companies House show a firm Glitter founded,

now run by associates, has £137,873 in assets. It paid off the mortgage on Glitter's £2million flat in Baker Street, Central London.

On top of that are the royalties he is understood to still be raking in while in jail. A source said: "Though some were paused some years ago it may not be the case with all of them."

Glitter sold 18 million records by 1975 and despite no longer owning the master rights, he is thought to still get half the royalties as songwriter.

It would mean he is earning on every "public performance," when his tunes are played in bars, on radio, at a sports event or on TV.

By 2013, he had reportedly earned £1m from Oasis track Hello which uses a sample of his lyrics.

The rocker served two and a half years in jail in Vietnam from 2006 for sexually abusing two girls, 10 and 11.

He was convicted of two indecent assaults and a charge of sex with an under 18 in relation to the woman who sued him, the court heard.

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Scan to
register

There are some things you just can't do in the woods...



FOR this grizzly bear, it's a necessity to relax in a bathtub.

The 13-year-old is one of two siblings rescued as cubs in 2011 when their mum was killed. It has been raised ever since at the BC Wildlife Park in British Columbia, Canada.

Keepers are now on the lookout for a second tub so the grizzly's twin can join in the fun. A park spokesman said: "Although the bears have access to a pond and several drinking water sources, we originally wanted the bathtub to hold water so they'd have another place to cool off."

"We thought a cast iron bathtub would be able to withstand their escapades, however, on day one they figured out how to pull the plug out, and the bathtub quickly drained."

"Now it's used as their lounge, and they truly love sitting in it."



SELFIE CARE Bear poses in the bathtub

GIO'S NEXT STEP



BY **ASHLEIGH RAINBIRD** Diary Editor

FORMER Strictly professional Giovanni Pernice will keep dancing, despite leaving the show amid allegations about his conduct.

The Italian, who appeared on the BBC Saturday night staple from 2015 until last year, is hosting dance classes for members of the public later this month.

Giovanni, 33, has been accused of abusive or threatening behaviour by ex-dance partners, which he denied.

He will appear alongside Strictly judges Shirley Ballas and Anton Du

Strictly pro to host dancing classes for public after exit

Beke in the upcoming dance workshops. Organised by company Ballando, they will take place across the country.

Actress Amanda Abbington, 52, was partnered with Pernice last year but pulled out of the series for "personal reasons". The star has since claimed she was left with "mild PTSD" because of the dancer's "awful" behaviour towards her.

But he has been defended by another former dance partner, Debbie McGee, the widow of magician Paul Daniels, who has said: "My experience on Strictly will always be happy. Gio nurtured me through my grief and gave



SHOW TIME With Amanda

me confidence I could do things I thought was beyond me."

Legal firm Carter-Ruck, acting for the complainants, said the BBC is gathering evidence, but the broadcaster has not confirmed that any probe has begun.

Giovanni has said he is keen to clear his name. "No one is more ambitious for my partners than me," he said. "I have always striven to help them be the best dancers they can be."

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CAR, CAR AND AWAY

1954 Fiat for sale after 10,000-mile drive from India to Leicestershire

BY **MARTIN FRICKER**
FOR sale: 70-year-old Fiat, top speed 40mph, suffered elephant attack and several breakdowns on 10,000-mile trip from India. One heavy-hearted owner.

Classic car fan Julia Moore is selling her 1954 Fiat Padmini 1100 which she fell in love with while living in India – where the model is used as a taxi. Julia, 68, moved there in 1994 when her late husband John got a job with Barings Bank. She said: “I have always liked old cars, I once owned an MG Magnet and Morris Traveller. “I saw this little thing and paid £800 for it. It was 40 years old then. I still don’t know the miles it’s done. “I pottered round Bombay in it then drove it 1,000 miles to Bangalore when we moved. It took five days.” After returning to England in 1999 she realised she missed it and wanted it back so she had it shipped to Iran then drove it home. Her treacherous

journey took her through Turkey, Bulgaria, Romania, Hungary, Austria, Germany and France. The car has suffered several punctures and breakdowns as well as almost being crushed by an elephant. Julia said: “I had a few hairy moments in Turkey and was driven off the road in Germany by a lorry because it would only do 40mph. “If I hadn’t had that car would I have done something quite so mad?” She eventually made it home to Leicestershire. In 2006 Julia gave it to a nephew when she found herself using it less. But when he told her he intended to sell it, she took the car back and had it refurbished. The Fiat is being sold at Dorset Vintage and Classic Auctions next week and is expected to fetch £4,000. Julia added: “It’s a sweet, adorable car and I’m very sad to see it go.”

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GRAND TOUR
Julia next to her beloved Fiat in Iran

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SLAIN Shawn Seesahai

Gran of killer boy, 12: Don't feel sorry for his relatives

BY MARTIN FRICKER

THE gran of a 12-year-old killer says she does not want people to feel sorry for their family.

The woman, whose grandson is one of two children found guilty of the murder of Shawn Seesahai, 19, said: "We cope with whatever comes our way, we rally around as a family."

Shawn's parents, Suresh and Manashwary, said they felt sorry for the machete killers' parents after the 12-year-olds were convicted on Monday.

But the gran said: "Don't feel sorry for us. I have always told my family to tell the truth."

FATAL

"In my grandson's case he told the truth, he was at the place, but the events are not for me to comment on at this time."

The boys, the youngest murderers in Britain since James Bulger's killers in 1993, each blamed the other for inflicting the fatal blow. They will be sentenced next month.

Shawn, from Anguilla, had only been in the country for six months when he was killed in Wolverhampton, West Mids, last November.

'Four million now face job insecurity'

THE number in insecure work has hit a record 4.1 million, warns the TUC.

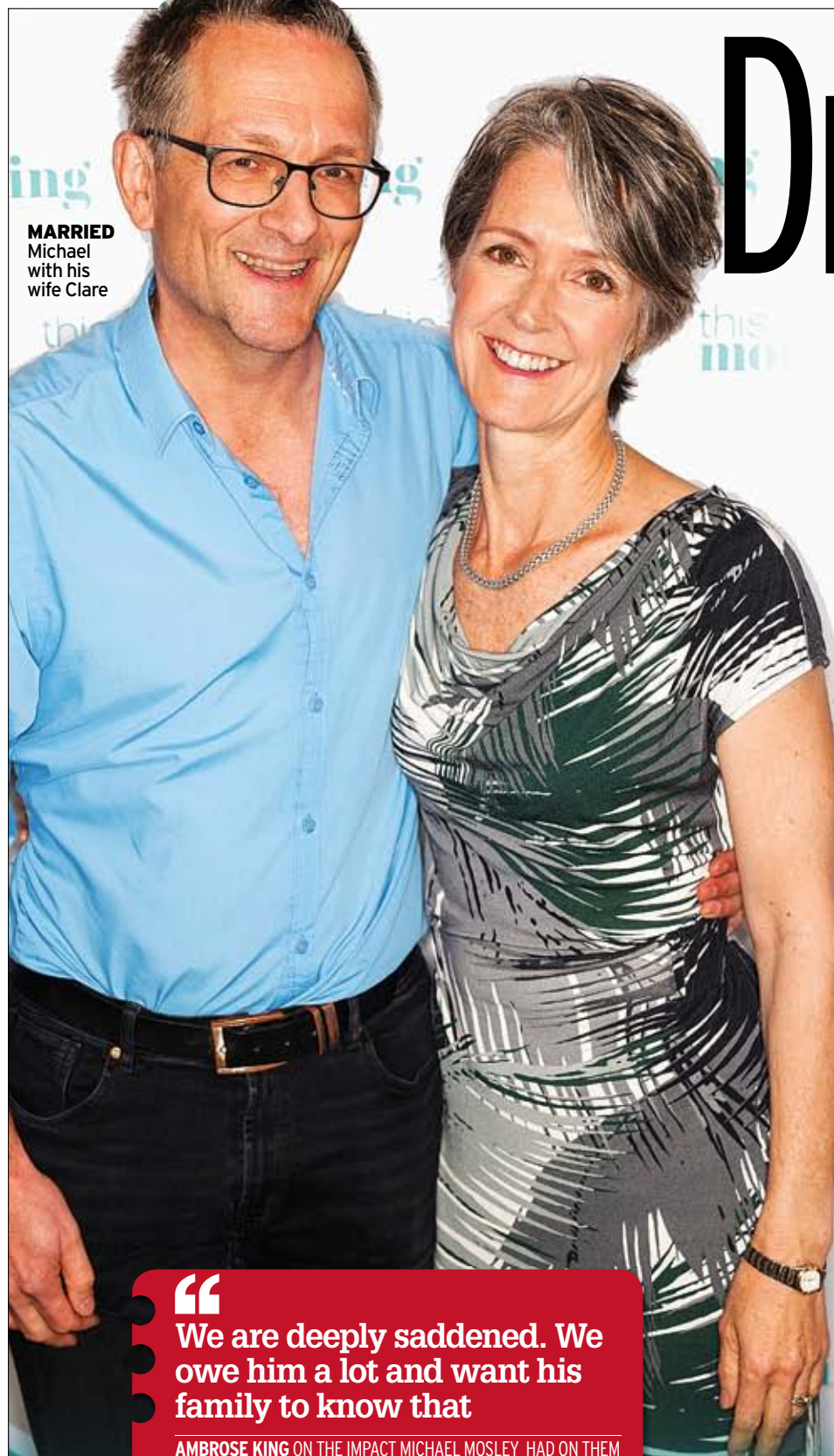
One in eight are now in jobs that offer little or no security, it found.

The union body said the number of insecure jobs has risen nearly three times faster than secure jobs since 2011.

It accused the Tories of a "race to the bottom" on employment standards.

The TUC says Labour's New Deal for Working People would be a "game changer" if delivered in full.

TUC General Secretary Paul Nowak said: "The low-rights, low-wage economy has been terrible for growth, productivity and living standards."



MARRIED Michael with his wife Clare



We are deeply saddened. We owe him a lot and want his family to know that

AMBROSE KING ON THE IMPACT MICHAEL MOSLEY HAD ON THEM



SHOW Ricardo and Ambrose with Michael

Dr Michael changed our lives

High blood pressure couple pay tribute after his death

EXCLUSIVE BY SASKIA ROWLANDS

A COUPLE helped by one of Dr Michael Mosley's TV programmes have hailed him for transforming their lives.

Ambrose King and Ricardo Nunez, who went on the show to get their blood pressure under control, are paying the tribute to make their gratitude known to his family.

Michael, 67, was found dead during a holiday on the Greek island of Symi last week.

Ambrose, 46, and Ricardo, 51, appeared on his Channel 4 show Secrets of Your Big Shop this year.

Ambrose said: "We'd been told for the last 10 years we needed to lose weight and get healthier, but it wasn't until meeting Michael that we took the advice on board and decided to change."

"Michael was not only a lovely guy, he changed every aspect of our lives for the better."

Ambrose, who also suffers from kidney failure, added: "We were on large doses of blood

pressure medication before starting the show. Our levels are now back to normal and our doses have been halved."

"Ricardo struggled with sleep and would often wake up with a pounding heart, but that's also completely transformed."

"It wasn't about weight loss, it was about reducing our medication and changing the way we shop, which in turn made us a healthier family."

TV doctor Michael was on holiday with his wife Clare when he went missing after going for a walk on his own.

His body was found four days later near a beach resort. It is thought the dad-of-four got lost and died because of the 40C heat.

Ambrose and Ricardo, from Sheffield, say the death has left them "deeply saddened".

Ambrose said: "After the show finished Michael would email regularly asking how we were getting on. We owe him a lot and want his [family] to know that."

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SCENE Place where Michael's body was found



Broadcaster's 5 health books in top 20 bestsellers

BY JEREMY ARMSTRONG

FIVE of Michael Mosley's books are in the Amazon top 20 charts as the broadcaster's legacy lives on as a best-selling author.

His Fast 800 diet book is

number nine in the non-fiction charts, with over 14,000 reviews.

His spin-off The Fast 800 Recipe book, which was penned by his wife Dr Clare Bailey and features his foreword, is at 15. And his

health guide Just One Thing, aired as a BBC Radio Four series, is at 16, with The 8-Week Blood Sugar Diet at 17, and The Fast Diet at 18 in the retailer's top-selling charts.

The Fast 800 launched the 5:2

Diet six years ago, promoting intermittent fasting.

The book claims: "Recent studies have shown that 800 calories is the magic number when it comes to successful dieting."

OUR STARS



THIS year marks the 25th Pride of Britain Awards, and we need your help to make sure the most deserving unsung heroes are on the stage for the celebrations.

Nominations for the 2024 awards are now open for all eight categories – which include TSB Community Hero Award, ITV Fundraiser of the Year and the This Morning Emergency Services Award.

HOW TO NOMINATE



We also want to recognise younger people making a huge difference in their communities through our Good Morning Britain Young Fundraiser of the Year and Child of Courage awards.

If you know someone who has done something incredible, visit www.prideofbritain.com and fill out a short form before August 11.

Alternatively, you can scan the QR code to be taken straight through to the form.

WIN 2023 Fundraiser of the Year Jack Rigby

DAILY Mirror

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Get set for the charge of Iron Lady wannabes

THATCHER'S wicked step-daughters are gathering round the political death bed of Rishi Sunak.

He's not gone yet, despite rumours that he might fall on his sword before polling day.

But the harpies get bolder by the day, anticipating a succession struggle only three weeks away.

Business Secretary Kemi Badenoch, darling of the Trumpite Right of the Conservative Party, fancies herself as the heir apparent.

In the sensible corner, stony-faced former Defence Secretary Penny Mordaunt, who wields a good ceremonial sword, made her ambition clear with an open attack on Sunak's desertion from the D-Day commemoration in Normandy.

And twice-sacked ex-Home Secretary Suella Braverman – remember her?

She is now on manoeuvres in her new Hampshire constituency, telling fellow Conservatives that they should get into bed with Nigel Farage.

There is no shortage of ladies who launch. Liz Truss, author (it is claimed) of a book on How To Save The World in



AT READY Badenoch

Thatcher would probably view the current lot as unfit to hold her handbag

49 Days, sees herself as a latter-day queenmaker. And isn't that Dame Priti Patel, another double-dismissed ex-Cabinet minister and friend of the ciggy manufacturers, peering from the tobacco shrubbery?

This 21st-century frocky horror show is not a pretty sight, but the one consolation is that some of them, and their Brexit-barmy acolytes like Jacob Rees-Mogg, are unlikely to survive the coming catastrophe.

It may also be that having successively chewed up and spat out Margaret Thatcher, Theresa May and Liz Truss, Conservative men have come

to the conclusion that they can't cope with a woman at the top.

But that doesn't stop the ambitious Iron Lady wannabes. There's always another generation eager to don her mantle. She'd probably view the current lot as unfit to hold her handbag.

Mind you, who are we to talk?

Labour has never had a woman leader, except in a short-term acting capacity.

And I suspect that it won't happen in my lifetime.

BULLDOZING TUC HISTORY

In yesterday's Mirror I broke the sorry story of Congress House, TUC headquarters in London, going up for sale.

This is a sad reflection of our times, but it is also an opportunity. It would be a tragedy if this legendary building is bulldozed to make way for an anonymous office tower.

Congress House is as much a part of our island history as the British Museum only yards away. If today's union bosses



can't save our heritage, an incoming Labour government should find ways of doing so.

They must not allow the cultural vandals who have devastated parts of the

capital to wreak havoc here.

The centre's classic Epstein pieta statue of a mother and child commemorates our trade unionist dead in two world wars. It would be sacrilege to take that away.

After so many boardroom scandals, the "bosses' union", aka the Institute of Directors, proposes a new code of conduct.

Drawn up by former Labour general secretary Lord McNicol, right, it will require exemplary personal conduct, honesty, integrity, and taking personal responsibility for actions. Etc, etc.

Ahahahahahah! Good luck with that one, my old pal Milord Iain.



A hoax caller duped Lord Cameron into believing he was Petro Poroshenko, former president of Ukraine. Still on the line? "Hello, Foreign Secretary, I have Lord Lucan for you. He wishes to know if you'll go riding to hounds on Shergar."





KILLER Karen Foster

Childminder gets 12 years for shaking a tot to death

BY **HOLLIE BONE**

A **CHILDMINDER** has been jailed for shaking a baby boy to death.

Karen Foster, 62, was jailed for 12 years and seven months for the manslaughter of nine-month-old Harlow Collinge in March 2022.

She shook little Harlow in frustration after he toppled out of his high chair and began crying.

A CT scan of his head showed significant injuries to the brain, with bleeding on both sides and swelling.

HEALTHY

Harlow had been a "healthy and happy boy" prior to the injuries which Foster inflicted.

Foster, a registered childminder with nine years' experience, from Burnley, Lancashire, was jailed at Preston Crown Court yesterday.

An online fundraiser set up for Harlow's parents, Gemma and Allen, said: "He was a funny, playful baby who loved Peter Rabbit, milkshakes and pink wafer biscuits."

"He loved it when his sister sang Adele to him, he loved his doggies. He has left a Harlow-shaped hole no one can fill."

6 homes in 3 cities, 7 cars, one lifetime

THE average adult expects to live in six homes in three cities, and work six jobs, in the course of their lifetime.

A study exploring how they think their future will map out also found they think they will own seven cars and visit 11 countries.

But 59% say their plans may change and 72% think their spending will too.

Holidays (50%) and making sure kids are happy (42%), were the main priorities for the 2,000 people polled.

Tara Foley, head of AXA UK, which commissioned the poll, said people knew about the need to insure against risk but added: "There is a rising desire to enjoy life to the full."

DAY IT CAME HOME
England World Cup Final Team. Top row left to right: Stiles, Roger Hunt, Banks, Jack Charlton, George Cohen, Ray Wilson. Bottom, Martin Peters, Hurst, Moore, Alan Ball and Bobby Charlton



I miss them all

» Hurst on late team-mates » He backs 3 Lions Euros win

EXCLUSIVE

BY **PATRICK AUSTEN-HARDY**

SIR Geoff Hurst helped England win the World Cup but the hat-trick legend now reflects on his most painful losses... the team-mates from those glory days.

The 82-year-old former West Ham striker is the last surviving member of the 11 players who beat West Germany 4-2 at Wembley in 1966.

As England prepare for Euro 2024 which kicks off tonight in Germany, Sir Geoff said of his late cup-winning pals: "They've all gone. It's very sad."

"I spent so much time with those players, not just playing but we had many golf days afterwards for many, many years."

"Every time I see a picture of the team or just two or three of us doing something we did over the years, it fills me with great sadness. Yeah, it's as

simple as that, really. It's extremely sad." Sir Geoff became the last survivor of the team after the death of 86-year-old Sir Bobby Charlton last October.

Others who have passed away include Sir Bobby's brother Jack, 85, Nobby Stiles, 78, goalkeeper Gordon Banks, 81, and captain Bobby Moore, 51.

Apart from Sir Geoff, only Ian Callaghan, 82, George Eastham, 87 and Terry

Paine, 85, are still with us from the original 22-strong tournament squad. They did not play in the cup Final.

Sir Geoff said he lost touch with Man United legend Sir Bobby years ago.

He added: "Once we finished the golf days I didn't see or hear much of him."

I started to become aware things were not right when I started looking at him at the Manchester United games in the crowd.

"But, Bobby Charlton, I mean, he was unbelievable. You just talk about him. One of our true greats forever. I'm still not the oldest yet. I've got a bit to go. You know Jack

Charlton was older than me, George Cohen was, Ray Wilson was, so I've still got a bit to go to be the oldest one."

Sir Geoff is now the only England star who knows how it feels to lift the World Cup, but he has backed Gareth Southgate's men to win the Euros.

He added: "We've got a very good squad. It's one of the best we have had for some time and team spirit is good."

"We're favourites, that doesn't mean we're going to win, but we're favourites."

"So it is about time. I'd like to see us win a major trophy in my lifetime."

"We've had enough disappointments, so it would be really fantastic if we can."

Sir Geoff spoke to the Mirror while promoting Budweiser's Bring it Home campaign to support England's hopes in Euro 2024. The team's first game is against Serbia on Sunday.

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SEE SPORT

"I spent so much time with those players. It's very sad"

SIR GEOFF RIGHT, ON HIS OLD ENGLAND FRIENDS



GLORY DAYS Former England star Callaghan



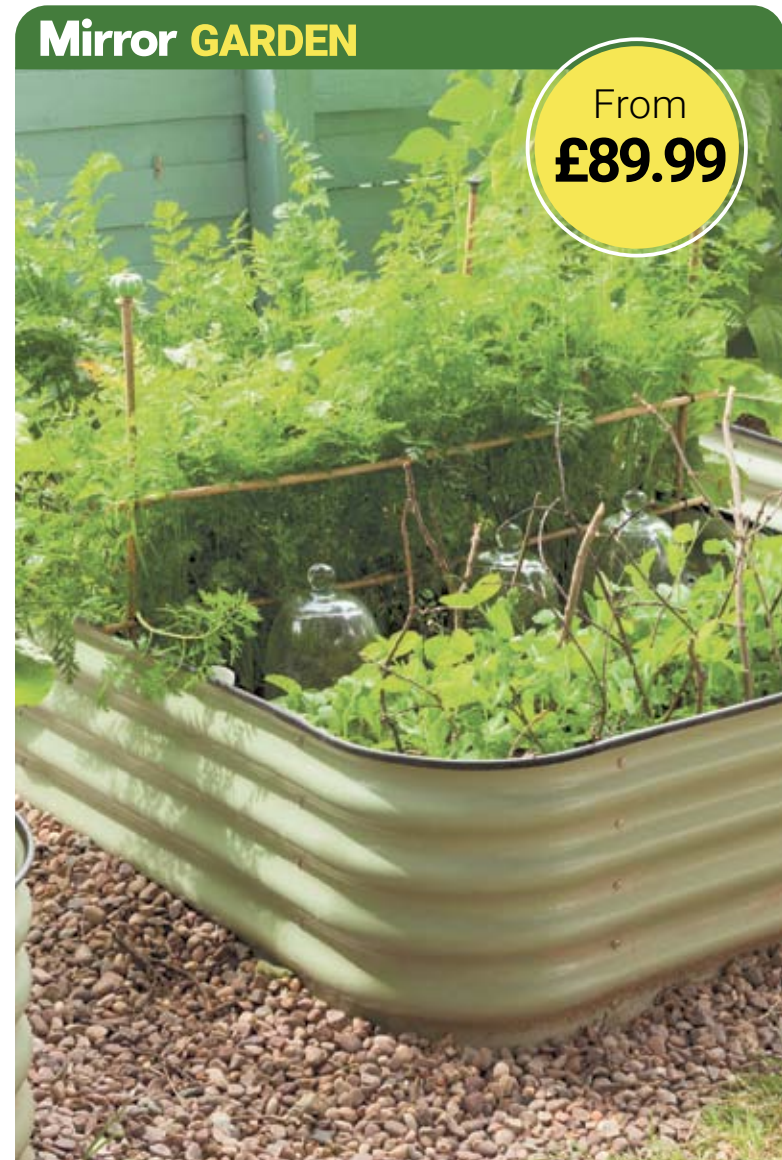
SURVIVOR Eastham did not play in 1966 cup final



SQUAD MEMBER Paine was in the group of 22



CUP WINNERS Sir Geoff with Sir Bobby in 1999



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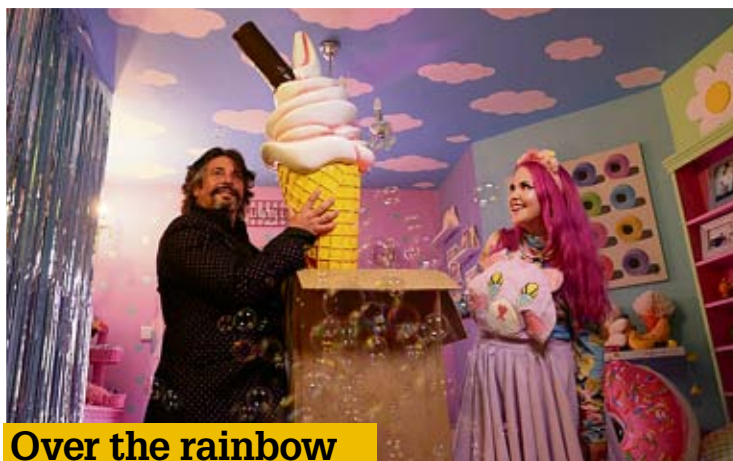
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KING OF INTERIOR



Over the rainbow

Standing proudly next to a giant ice cream cone, teaching assistant Poppy has turned her home on the Isle of Wight into a sparkly, rainbow-themed

wonderland. Teddies and unicorns fill this terraced palace, which also has sprinkles painted on the walls and clouds on the ceiling. Heaven.



Tailor-made

Dapper gents Chris and Nick describe their home in Saltburn-by-the-Sea, North Yorks, as "darkly decadent". The tailors search

antique stores for gems and have candles strewn everywhere. It's a gentlemanly, grungy affair, with "grandeur" the general theme.



Magical mosaics

This smasher belongs to West Midlands mosaic artist Caroline.

Laurence says: "She loves ceramics but only when they are

cut into tiny pieces." There are mosaics on the stairs, the walls (one features her collection of teapot lids), and across the ceilings.



Excess all areas

Thrifty, nifty craft queen genius Sonia has revamped her bland 1930s terrace in Coventry, West Mids, into a chic and stunning boutique for just

£1,000. Excess for less is the theme of this largely black home, which has been likened to everything from a funeral parlour to a posh brothel.



DESIGN IN WACKY HOMES SHOW



Skill & crossbones

Treasure Island fan Felix Dennis spent millions making this Warwickshire mansion into the ultimate party pad. The pirate-

obsessed poet, who died in 2014, installed theatrical lighting, a ground floor lagoon, an aquarium with coral reef, pirate statues and ship's helm.

Do you live in a creative wonderland?

If your own home is weird and wonderful too, email us at features@mirror.co.uk

SPLASHY
Laurence at Treasure Island home

Yes, we did it up a bit...

EXCLUSIVE

BY SARA WALLIS TV Columnist

Fancy swinging about on a trapeze in your living room? Floating around your own treasure island? Or how about living among wall-to-wall rainbows?

Forget a feature wall or flamingo wallpaper, when it comes to decor, some homeowners are going wildly off-piste. And who better to embrace

Laurence Llewelyn-Bowen meets homeowners who went off-piste

the trend than the king of interior design, Laurence Llewelyn-Bowen?

In his new Channel 4 show *Outrageous Homes*, the creative designer celebrates these great British vision-

aries as he checks out some of the country's wackiest houses.

From terrifying taxidermy to a Venetian palazzo, a Wild West theme to a residence embracing the 1970s,

these homes are like nothing you've ever seen. Lawrence says: "Huzzah! At last, a property show that turns its back on delusions of blandeur."

Prepare to be inspired as we take a look at some of the most fantastic creations coming up on the show.

■ *Outrageous Homes*, Thursday June 20, 10pm, Channel 4.

sara.wallis@mirror.co.uk

✉ @sarawallis

WET LOOK New homeowner Dawn and Laurence

Home's their castle



Magician Jayne and amateur jousting champ Martin have turned their home in Weston-super-Mare, Somerset, into a medieval castle.

Lute music plays constantly and the couple dress to fit in. "We wanted it to feel like a film set," says Jayne.

It has a banqueting hall and a chamber of secrets for Jayne. Laurence says: "Anything goes in this swing-your-pants-mad home."

Bone-chilling pad

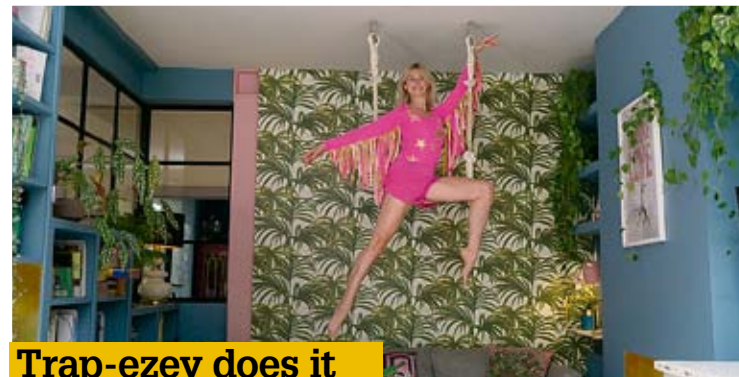


Not sure you'd be sitting comfortably in this house.

IT systems manager Skye, from Dunstable, Beds, is fascinated with bones and skeletons.

She has a full-size skeleton hanging on the wall and cabinets crammed full with animal bones, some of which she scavenged as a kid.

She also makes dark artwork with ethically sourced bones, admitting: "I'm interested in death."



Trap-ezey does it

Swinging around in her London home, influencer Emily is thrilled to show off the piece de resistance.

Emily, who had proper bolts

installed in the ceiling (health and safety first!), says: "I think the real question is: Why would you not have a trapeze in your front room?"

Tour's ended for host May

JAMES May, who has recorded his last voiceover for The Grand Tour, doubts he will work again with co-hosts Jeremy Clarkson and Richard Hammond.

The former Top Gear trio have worked together since 2003 but May, 61, said it is "pretty unlikely" that they will reunite.

After finishing a final special in Zimbabwe, to air in September, he added: "My greatest remaining ambition is to get to the end of my life without running over anybody."

Mum's agony over baby's life support

Heartbroken mother tells Letby trial of tot's death



IN COURT
Lucy Letby denies trying to murder newborn

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SCAN ME

BY **HOLLIE BONE**

THE mum of a newborn girl allegedly attacked by nurse Lucy Letby said it was the "hardest decision of my life" to switch off her daughter's life support, a court has heard.

Letby, 34, is accused of attempting to murder the baby by displacing her breathing tube when she was being treated at the Countess of Chester Hospital's neonatal unit.

The jury at the retrial has been told that Letby was last year convicted of murdering seven babies and the attempted murders of six others.

The "extremely premature" baby, known as Child K, was born weighing 1lb 8oz on February 17 2016. Within two hours of her birth Letby was said to have been "caught virtually red-handed" by a senior consultant paediatrician when he saw her at the cot "doing nothing".

Child K's blood oxygen levels had dipped and alarms were not sounding as they should have done.

The prosecution said Letby went on to interfere with Child K's breathing tube twice more on the same night shift in an bid to create the impression the infant was habitually dislodging her own tube. Child K was eventually

transported to Wirral's Arrowe Park Hospital later the same day.

She died there three days later, although the prosecution does not allege Letby caused her death.

Child K's mum wept as her witness statement recalling her daughter's death was read to the court. She said: "I could see the monitors and sats (oxygen saturation) readings were low. I knew straight away things weren't great.

"The doctor confirmed the worst. I asked if it was just a waiting game now or if she was going to get better. We had a long conversation and she said what happens next was entirely our decision."

“She was in my husband's arms when she took her last breath

MUM OF CHILD K TELLS OF DAUGHTER'S DEATH

The mum told the doctor her girl had been poked and prodded from the moment she was born and they didn't want her to suffer any more.

"We made the decision together to switch off the machines and let her go. It was by far the hardest decision of my life."

They were shown to a family room, where the mother said: "Our daughter was wrapped in

a blanket and was wearing a little hat. [She] was in my husband's arms when she took her last breath."

Letby, of Hereford, denies a count of attempted murder. The Manchester crown court trial continues.

hollie.bone@mirror.co.uk [@Hollie_Savannah](https://twitter.com/Hollie_Savannah)

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HARD AT WORK Corden
James: We're still polishing the script for Gavin finale

BY **NICOLA METHVEN**
Tfor V Editor
JAMES Corden says none of the Gavin & Stacey cast has seen the script for the comedy's festive finale, as it still needs work.

The actor and writer, 45, said next month he and co-creator Ruth Jones would sit down for a final edit. "The cast are like, 'When can I read it?' and we're like 'aaargh'. We have to make adjustments.

"It's going to be tight to get it in and delivered.

"Building that show is like building a Jenga puzzle with cast availability and things like that."

The BBC special will return alongside sitcom Outnumbered and a new Wallace & Gromit special.

Speaking to Zoe Ball on Radio 2, Corden also admitted his 13-year-old son, Max, was the reason he quit The Late, Late Show in the US.

He said they watched a TV recording of his play One Man, Two Guv'nors during lockdown. "My son said to me, 'You need to do more of that, Dad.'"

He added: "It really did plant a seed for me of like 'I think you're right. I probably have to stop doing this now and do something like that.'"

Copter blew cricket cover into woman

A WOMAN was treated in hospital after a cricket pitch cover was blown into her by a helicopter.

Her leg was cut when the cover, on wheels, rolled out of position due to the aircraft's downwash, an Air Accidents Investigation Branch report said.

The two pilots in the Air Ambulance Charity Kent Surrey Sussex helicopter decided the field at Bearsted, Kent, was "the best option" to land to assist with a nearby emergency.

The crew went to the initial incident while the woman was given first aid by the pilots, and was later taken to hospital.

AAKSS was approached for a comment.



CLASSIC
Presenter in relaxed two piece



CHILLING
Star in white by the pool

It's a sea Chelle

ROCHELLE Humes looks simply the zest in a stylish lime green bikini from her new summer clothing range. This Morning star Rochelle, 35, also modelled a white top and skirt and a relaxed black two-piece. She advised potential Next customers: "You know what I'm going to say... Don't walk... run, ladies." Ex-The Saturdays singer Rochelle is married to JLS star Marvin Humes, 39, and the couple have three children together.

HEAVEN & HULL

Not dear for beer..

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BY **NATASHA WYNARCZYK**
Consumer Editor
DRINKERS in Hull certainly have something to cheer, it's the cheapest city in the UK for draught lager.
A pint in the East Yorkshire port costs just £3.75, compared with the UK average of £4.80. The priciest pints were, unsurprisingly, found in London and cost around £6.50. Prices in the capital have doubled in 15 years, research found. Other cities with high prices included Brighton & Hove

City boasts cheapest pint of lager in Britain

at £6.00, Belfast at £5.50 and Oxford at £5.45. But the study said Brighton & Hove was the beer garden capital with 99 spots to enjoy a cold one by the seaside. Data from the Office for National Statistics shows the cost



BARGAIN BOOZING Hull

persuading some to stay home and enjoy drinks in the comfort of their own garden." Nik Antona, of the Campaign for Real Ale, added: "Pubs don't wish to pass on high prices. But costs, plus unfair business rates, means closing would be the only other choice." The British Beer and Pub Association said more than 500 pubs shut last year. natasha.wynarczyk@mirror.co.uk [X@tash_wynarczyk](https://twitter.com/tash_wynarczyk)

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SCANDAL OF DELAY

1 baby a week left paralysed... for want of a £5 test given in poorer nations and even war-torn Ukraine

EXCLUSIVE

BY **MARTIN BAGOT**
Health and Science Editor



AROUND one baby a week is paralysed by a devastating muscle-wasting disease due to delays in rolling out a simple £5 blood check at birth.

Families of infants paralysed by spinal muscular atrophy demand the Government adds the condition to ones tested for in the heel prick test, done on babies at five days.

Experts have called the five-year delay by the Government's National Screening Committee a national medical emergency. Dozens of countries, including the US, Australia, Japan, Russia, most of the

EU and even war-torn Ukraine have introduced the simple test.

Gene therapies can now prevent newborns with SMA suffering paralysis but only if given at birth before irreversible damage has occurred.

Since 2019 around 250 babies have been disabled by the genetic condition known as floppy baby syndrome.

Meanwhile the NSC, which advises government, is dithering over whether to use the test.

One such sufferer is Ollie Williams, now three, diagnosed at three months.

He needs a feeding tube into his stomach and oxygen machine at

night. His mum Amy said: "Every child should be tested for this and it's absolutely devastating this hasn't happened. If a country like Ukraine in the middle of a war can add it to their heel prick test as well as countries that are not as wealthy as the UK, then why can't we?"

SMA causes muscle weakness, loss of movement and difficulty breathing in the first months after birth.

Without treatment, life expectancy for some children can be as little as two years. If treatment is only begun once symptoms have started, most of these infants will never be

SCREEN PLEA Prof Servais

**What is spinal muscular atrophy?**

SMA patients have a fault with their SMN1 gene, meaning it does not stimulate SMN protein production.

The protein maintains the health of the nerve cells helping transmit signals between the brain and spinal cord and the muscles.

Without it these nerve cells, called motor neurons, die off and so the muscles – particularly in the legs, chest

and arms – do not get the message to move, and waste away.

What can be done if babies are diagnosed?

There are three treatments that stop the disease progressing currently approved on the NHS.

The first, Spinraza, is injected around the spine every four months, and encourages the body to produce more SMN protein. Zolgensma, a one-off

IN SCREENING FOR CRUEL ILLNESS

‘Ollie could be like his friends who are just on their own, enjoying life’

**BRAVE
FACES**
Amy & Ben
with son
Ollie, three

EXCLUSIVE BY MARTIN BAGOT

FOR Amy and Ben Williams, their three-year-old son Ollie's spinal muscular atrophy is a double blow.

The lad cannot breathe, eat or sit without support and his parents know had he been diagnosed and treated soon after birth things could have been very different.

Amy, 35, said: “Ollie could be like his friends who are just on their own, enjoying life.”

She said lockdown baby Ollie showed early signs of SMA, weight loss and floppiness, but midwives lacked awareness. He failed the NHS Moro reflex test but a GP said his eyes seemed alert, adding: “We’ll keep him under review.” His parents had a Zoom call with other parents of newborns in their NCT class and the woman leading it joked she thought Ollie was a doll because he was so still.

Amy said: “That day we went to A&E and said we weren’t leaving until he was tested.”

Ollie was three months when he was diagnosed with Type 1 SMA, the most common and severe form.

In those crucial early weeks motor neurons had died before he was started on Spinraza, and then moved on to Zolgensma. The drugs have given him a chance at life.

INCREDIBLE

He uses an oxygen machine at night, is fed via a tube into his stomach and needs physiotherapy daily to maintain his muscles.

He uses a “power chair” to get around, costing £15,000, which the family are hoping to get on the NHS.

Catching a common cold could be fatal and infections have put him in intensive care four times already in his young life. To prevent these he is put on a machine to simulate a cough twice a day, which clears his airways. His own throat muscles are not strong enough.

Freelance marketer Amy, of Ashford, Kent, said of his future health: “If he takes a few steps on his own one day, that would be incredible. We just want him to have the best life he can have.”

“An intensive care stay in hospital for six weeks costs an incredible amount of money but the birth test for SMA costs just a few quid.” She said SMA kids treated after two weeks are walking despite having the same condition as Ollie.

Tosin Ogunmola's four-year-old Mikayla Odunwo, diagnosed with SMA at nine weeks, uses a wheelchair, is fed through a tube and needs help swallowing.

Tosin, 41, of Romford, Essex, said: “I strongly believe if Mikayla was screened as a newborn and treatment commenced earlier, chances are high that she wouldn’t have had atrophy in her muscles.”



FIGHT Mirror on issue in 2021

Picture: JOHN McLELLAN

able to walk independently. Many will need mechanical ventilation, nutritional support and 24/7 care.

Recent “revolutionary” gene therapies are available on the NHS.

They halt the death of nerves responsible for muscle function.

But lack of a newborn check means it has only been used on a handful of babies before symptoms start.

Some were tested in the womb because an older sibling had already been diagnosed with SMA.

Almost all current diagnoses are because parents tell medics their baby is not crawling or lifting their head.

But by this point the vital window for treatment to prevent lifelong disability has usually been missed.

A year ago, the NSC announced a

further review. But despite overwhelming global evidence in favour of the urgent implementation of national screening, experts believe a full rollout will not happen for years.

Babies born in the Thames Valley area are being tested at birth in a pilot scheme run by Laurent Servais, professor of paediatric neuromuscular diseases at Oxford University.

He estimated 49 UK babies a year are born with SMA but just one will be diagnosed at birth – and only if they were lucky enough to be born in the Thames Valley area, he points out.

Prof Servais said: “It’s an absolute nonsense not to screen all children for this. We have a simple test that has been demonstrated to be safe and reliable around the world. We could, for

around £5 per baby, avoid these children dying or being left disabled for the rest of their lives.

“It saves the NHS money, and we could avoid 48 tragedies each year.

“There isn’t a single good reason not to screen. It’s an ethical, economic and medical emergency.”

In 2018, the NSC decided there was not the evidence to support adding SMA to the newborn screening test.

The Mirror understands there will be an expanded pilot in part of the country in the second half of 2025.

Giles Lomax, Chief Executive of charity SMA UK, said: “At this rate we’re unlikely to see full UK-wide newborn screening for many years.

“Where families have two affected children, one treated

day-old babies have their heel pricked to collect four drops of blood on a special card.

The UK only checks for nine out of a potential 50 serious health conditions such as cystic fibrosis. This compares to 48 in Italy, 31 in Austria and 29 in Poland and Portugal. There is a check for SMA in 65% of EU countries including Poland and Macedonia.

injection, carries a healthy copy of the SMN1 gene to the brain and nerve cells, where it delivers the SMN protein.

And Evrysdi is taken as a liquid every day for life to increase the production of the SMN protein.

What’s going on with the delay to newborn testing?

The UK National Screening Committee first decided not to add SMA to the newborn screening programme in 2018.

But since 2019 three major treatments have been made available on the NHS, including pioneering gene therapies which can virtually eradicate the condition if administered from birth.

Medics treating babies with the life-limiting complications caused by SMA do not understand why the committee has not approved national screening.

What is the heel prick test?

For the Newborn Blood Spot Test, five-



SMILES Tosin with daughter Mikayla, four

martin.bagot@mirror.co.uk

@MartinBagot

**VOICE OF THE
MIRROR: PAGE 10**

EXCLUSIVE
BY **ANDY LINES**
Chief Reporter

BROTHERS behind a **£1billion** sportswear giant are staying loyal to their northern roots with their latest big kit deal.

Castore began life on a kitchen table nine years ago and now has clients all over the world.

The firm already kits out the likes of F1 driver Lando Norris, tennis great Andy Murray and the England cricket team and today it unveils its first strip for Everton.

Founders Tom and Phil Beahon insist their company, which employs 550 people at its HQ in Manchester, will never turn its back on the North.

Tom, 34, said: "We are proud to be a northern business and we will always be a northern business. As long as I'm involved, the company will never be based anywhere else."

"Quality jobs in the North are the most important thing for me."

"When I was young, there was a feeling you had to go to London to make money but that's not true any more. There are great jobs in the North and that

NEW BLUE
Michael Keane in Everton kit



FAST TRACK
F1 ace Lando Norris and tennis ace Andy Murray



BOSS BROS
Founders Tom and Phil Beahon, of Merseyside



Born here. Made it here. Staying here

Castore brothers won't abandon roots

situation is getting better every year."

Tom, of Wallasey, Merseyside, had to abandon his dream of becoming a professional

footballer when he was rejected by his beloved Tranmere Rovers.

He recalls: "It was a sliding doors moment. You get thrown on to the scrapheap, it's all you've known."

Luckily for Tom and former cricketer Phil, 31, they had a helping hand from their parents,

who remortgaged their home to get Castore off the ground.

The firm switched its HQ from Liverpool to Manchester in 2021.

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KIT THE NORTH
Tom insists Castore will stay local
Picture IAN VOGLER

Mirror OFFERS

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PUNCH SCENE Baker St Tube attacker is accused of trying to kill

BY POL ALLINGHAM

A MAN who lashed out at three strangers in a spree of violence on the Tube has appeared in court charged with attempted murder.

Donovan Kenlyn, 39, pushed Angel Cambeiro on to the rails at Finchley Road station, breaking his arm, the Old Bailey heard.

Minutes earlier he had "chased and punched" a man at Baker Street.

He then travelled to West Hampstead and struck a third man inside a carriage, breaking his ribs.

Judge Philip Katz KC told the jury: "The physical actions aren't in dispute, you will be considering mental health, at least."

Kenlyn claims he had schizophrenia and denies four charges, including attempted murder and GBH, in October 2022.

The trial continues.



CUP WIN Tommy in 1958 England star Tommy dead at age of 94

BY PIERS EADY

ENGLAND star Tommy Banks has died aged 94.

The former miner joined Bolton Wanderers in 1947 and won the FA Cup with them in 1958, beating Manchester United 2-0.

The left-back played six times for England and was in the squad for the 1958 World Cup in Sweden.

He was the first England sportsman in a TV advert, advertising Gillette razors.

In 1961 he fought for better pay and conditions for players, in a dispute with the Football League.

He said in 2013: "I don't envy these lads now, they can't go for a drink because everyone is at them."

He played 255 times for Bolton and retired to home town Farnworth, Gtr Manchester, with wife Rita. He had been diagnosed with dementia in 2022.

The only way with Essex...

Love Island pair plan future on first date



CHEERS TO US Sam and Joey enjoy rooftop cocktails

BY ASHLEIGH RAINBIRD Diary Editor

THEY have only known each other for a few days, but Love Island couple Joey Essex and Samantha Kenny are already planning their lives together outside the villa.

In last night's episode, TOWIE star Joey asked if she would visit his beloved Essex – prompting the make-up artist to quickly confirm: "I'd live there."

The pair were treated to their first date, where they had romantic rooftop cocktails and Joey demonstrated his Spanish language skills.

It comes after Sam, 26, told Joey she would like three children, and he said he wants eight. Joey, 33, added: "I just want a big family – a really big family."

Sam compared him to boxer Tyson Fury, who has a brood of seven, and said she would have "three at a push", adding: "I'm not getting a minivan."

Joey has decided he is ready to settle down and start a family, which is why he went into the villa. He told Sam: "I've never been ready until now."

But their relationship has not been without setbacks and earlier this week Joey aired concerns that Sam, from Liverpool, was a TOWIE fan after she quoted lines from the series and another Islander remarked she knew more about Joey than he did.

Sam stated before entering the villa that she was looking for a Cockney boy and said she loved Londoners' accents.

Joey has amassed an £8million fortune since he first appeared on TOWIE in 2011, thanks to appearances on other reality shows including I'm A Celebrity, Dancing on Ice and Celeb SAS: Who Dares Wins.

He now lives in a £1.6m mansion with a pool and drives a Lamborghini.

His best pal James "Diags" Bennet told the Mirror Joey is looking for the love of his life to share his success with.

James said: "He wants to settle down. Our mates are getting married and having kids. He is in that headspace now."

Love Island is on ITV2 at 9pm tonight.

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"I'll have three at a push.. I'm not getting a minivan"

SAMANTHA TELLS JOEY SHE WANTS TO BE A MUM

REEM LOVERS
Sam and Joey on last night's show

CAN a poor father be a better grandparent? I ask after the Mirror's Royal Editor Russell Myers reported that Charlie Windsor is "keener than ever" to bond with son Harry's kids, Archie and Lilibet.

By all accounts the King wasn't the world's number-one dad, distant and emotionally cold with Harry and William, who adored their cuddly mummy, Diana.

Charles hardly had the warmest of childhoods, packed off to the "Colditz in kilts" that then was austere fee-charging Gordonstoun School in Scotland. Home, or homes, didn't sound much fun. Moving

Granda Kev

KEVIN MAGUIRE



between palaces, castles and country estates was a not-so merry-go-round, with his own stiff parents focused on duties.

When George, the first of his five grandkids, was born in 2013, Charlie proclaimed that grandparenthood "is a unique moment in anyone's life... I am

enormously proud and happy to be a grandfather for the first time".

That was the first time, and probably will be the last, I've agreed with every word he's said. I can't imagine life without my wonderful pair, Little L and Canny C, their excited screams of "Granda" the

best sound on the planet. I'm fortunate to enjoy great relationships with my kids, relationships that have grown better than ever over recent years.

Relations between Charles and Harry and Meghan aren't, to put it mildly, the best. I do think it's possible for a poor parent to be a better grandparent, if they recognise what they did wrong and behave differently towards the grandkids.

First they have to be a better parent. Charles must heal the rift with Harry and Meghan – they're the route to Archie and Lilibet. And that is his greatest challenge.

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Sandy Hook survivors on the massacre and graduating



Matt Holden



Emma Ehrens



Henry Terifay



Lily Wasilnak

Ella Seaver

Grace Fisher

We can't forget.. a chunk of our class is missing

BY CHRISTOPHER BUCKTIN US Editor

PUPILS who survived the Sandy Hook massacre spoke of their mixed emotions as they graduated without their murdered classmates.

Newtown High School's Class of 2024 includes about 60 students who were at the school on December 14, 2012, when Adam Lanza shot dead 20 children, aged six and seven, and six adults.

It is the second deadliest school shooting in US history and the fourth worst mass shooting.

One survivor, Emma Ehrens, remembered the moment Lanza burst into Classroom 10 at Sandy Hook.

She said: "The shooter actually came into my classroom. So I had to watch all my friends and teachers get killed and I had to run for my life at six years old.

"Just growing up with having the fear and the what-ifs of what could have happened if I stayed. Because I was going to be next."

Another, Lilly Wasilnak, 17, said: "You wait for this day for your whole life since you're in kindergarten. You just can't wait to graduate. And it felt so far away for such a long time... but I think we can't forget about [the fact] there is a whole chunk of our class missing.

"And so going into graduation, we all have very mixed emotions – trying to be excited for ourselves and this accomplishment that we've worked so hard for, but also those who aren't able to share it with us, who should have been."

DEPRESSION

Many of the survivors say they continue to live with the trauma of that Friday morning. Loud noises still cause them to jump out of their seats and some always scan a room for the exits.

Many have spent years in therapy for post-traumatic stress, depression and anxiety. The quiet town of Newtown, Connecticut, provided an array of services to the families.

Officials shielded them as much as possible from the media and outsiders

and the students said leaving such a protective community would be both difficult and somewhat freeing. "In Sandy Hook, what happened is always kind of looming over us," said Matt Holden, 17, who was in a classroom down the hall from the shooting.

He adds: "I think leaving and being able to make new memories and meet new



MEMORIAL A US flag at massacre scene



DARK DAY Obama's tears, and killer Lanza



SHRINE Teddy bear tributes to the victims

people, even if we'll be more isolated away from people who have stories like us, we'll be more free to kind of write our own story and not let this one event when we were very young define our lifetimes."

A number of Sandy Hook survivors

have volunteered for gun control groups and several met Vice-President Kamala Harris at the White House last week. At the time of the massacre, President Barack Obama described it as "the single darkest day of my presidency".

He proposed a large series of new laws designed to curb gun violence, including reforms to the US background check system, a ban on assault rifles and background checks on most private gun sales.

But a number of the measures were thwarted by mainly Republican senators.

Newtown High School Principal Kimberly Longobucco read the names of the first graders who were killed in the shooting, along with the six adults, as the Class of 2024 and their families looked on.

KINDNESS

"We remember them for their bravery, kindness and spirit," she said. Let us strive to honour them, today and every day."

Newtown School's superintendent Chris Melillo told the 335 graduates: "Life is too short to do something that doesn't ignite your soul. Never settle for anything less than what sets your heart afire."

Lanza's massacre began when he killed his mother at their Newtown home. He then drove her car to the school and shot his way through the door before mowing down children and their teachers.

The 20-year-old turned one of his guns on himself five minutes later, as first responders arrived at the scene.

In 2022, conspiracy theorist Alex Jones was ordered to pay £1.2billion to relatives of Sandy Hook victims after he compounded their agony by claiming the massacre was a staged "false flag" event.

The Virginia Tech shooting of 2007, in which 32 people died, remains America's worst-ever school shooting.

The Las Vegas shooting of 2017, which killed 60, and the attack on the Pulse nightclub in Orlando in 2016, which claimed 49 lives, are the country's deadliest shootings.

According to the K-12 School Shooting Database, America has had almost 2,000 shootings, with 1,485 deaths and injuries.

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WALKERS
Lucy, Casey,
Simone and
Michaela

IT takes around five minutes to walk from Notting Dale Ward in London's Kensington and Chelsea to Holland Ward - two electoral boroughs where people will vote in under three weeks' time.

Five minutes – but a difference in life expectancy of almost 20 years, a new report reveals.

At the start of our walk, women living in Notting Dale – which includes the Grenfell Tower and the surrounding Lancaster West estate – on average live to 74.3 years.

Down the road in Holland Ward, where rows of Farrow and Ball pastel-painted terraces give way to giant white Georgian houses inspired by the Italian Renaissance, life expectancy for women is 93.2, says the research by the Kensington & Chelsea Foundation.

As we walk through the contrasting streets, the independent charity's co-director Victoria Steward Todd points out the ward boundaries.

"It's a borough of extremes," she says. "One end of Ladbroke Grove has a 19-year difference in life expectancy from the other. This is a borough that has nearly half of its children attending private school and half of the rest living in poverty. In Notting Dale, 26.5% of children live in poverty – that's more than a quarter."

"Seven years after the fire, the number of children on free school meals has increased by 50%."

The charity's report, "Poverty and Prosperity in Kensington and Chelsea: A Deepening Divide" reveals the lowest rate of child poverty is found in Campden Ward, at 10.5%.

To give you some idea," Steward-Todd says. "Kensington Palace is in Campden Ward."

Today is the seventh anniversary of the Grenfell fire that claimed 72 lives, including 18 children. At 6pm, the community will once again take part in a Silent Walk led by bereaved and survivors from the Methodist Church near the covered tower.

After seven long years there has been no justice, meaning Grenfell is a wound that cannot heal. Meanwhile residents are only too aware that the divides that created the conditions for mass manslaughter are deepening.



DIVIDE
Foundation's
Victoria

Lucy Knight – director of the Latimer Community Art Therapy on the Henry Dickens estate in Notting Dale Ward – takes us to an old, high brick wall beyond the low-rise blocks, beyond which we can see the backs of tall, white, terraced houses.

"This is the 'poor wall'," Knight tells us. "Built to keep the poor people from robbing the rich in Victorian times. And nothing changes. I'm grateful to the Kensington & Chelsea Foundation for producing that report because it proves it."

"Nothing changes. Not even since the fire. Things have actually got worse."

Looking at the "poor wall", it's clear inequality divided the borough long before the fire at Grenfell exposed an institutionalised contempt for low-income residents. West London's own Berlin wall was built in 1864 to separate the chocolate-box streets of affluent Kensington from the poor living in Notting Dale's slums – which in 1893 the Daily News labelled the most "hopelessly degraded" in London.

Local resident Casey McCoy, 25, says it was her mum who explained to her what the wall meant.

"My mum told us when she grew up she was always told not to play with the kids the other side of it," she says.

"Never go past the wall", she was told. Because they didn't want poor kids over there." If it feels Dickensian,

it literally is. The Henry Dickens estate is named after Charles Dickens's grandson who helped improve housing in the area. Casey works at LCAT, founded by art psychotherapist Susan Rudnik, with Michaela Ginsberg, 29, and Simone Bynoe, 49, pictured top



NO CHANGE
Victorian
'poor wall'
still stands



SHAMEFUL
Still no
Grenfell
justice

left with dog Django. Simone is another estate long-term resident.

"How do I feel about having 20 years less life expectancy to someone the other side of the wall?" Simone asks. "I'll let you know when I've worked out how to say it without swearing."

Like so many Notting Dale residents, the women came together after the fire initially to support the community

and sort donations in the vacuum left by council mismanagement – and they ended up running a professional community project.

But the story of LCAT is the same story of inequality. "After the fire, people dumped tons of expensive donations all over our streets," Michaela says. "Things like designer handbags."

With nowhere to store things, Michaela and the other women tried to get the keys to a little used community building in the middle of the estate. "No one would give us the keys, so I found a way to get in," Michaela says. "There was a policeman there, but I was heavily pregnant. I don't think they wanted to arrest me."

Over the intervening seven years, that building has gone from donations hub to LCAT – where children can access food and play six days a week as well as art therapy.

On this side of Kensington's Berlin Wall, however tough times are, there is no shortage of kindness, resourcefulness or resilience.

On the other side live some of the world's richest people – Holland Park's past and present residents include David and Victoria Beckham, Simon Cowell and Sir Elton John. Kensington and Chelsea Council said: "We recognise the inequalities in our borough and we are working hard to make the borough a fairer place for all

residents. We are committed to becoming the best council as a legacy of the Grenfell tragedy, and tackling inequality is a key component of delivering change residents want to see."

The affluent streets are perhaps the reason the council has been Conservative controlled since its creation in 1965, although the area's Tory MP Felicity Buchan has a majority of just 150. "Yes, I do know the inequality here is the worst in Europe,"

“
There were a lot of promises after the fire but if anything it's got worse
”

says a woman pushing her baby along a nearby street. She points up at her home on the Lancaster West estate. "There were a lot of promises after the fire. But if anything, it's worse. Rich got richer. Poor got poorer."

I asked how she felt knowing her baby girl might live 20 years less than someone at the other end of her road, in the area sometimes known as "Millionaires' Row". "Angry," she said.

■ For info on the seventh anniversary walk, visit grenfellunited.org.uk/latest/7th-anniversary-silent-walk

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WORLDS APART
Notting Dale and Holland life expectancy

Pictures PHIL HARRIS

Bricks and mortality

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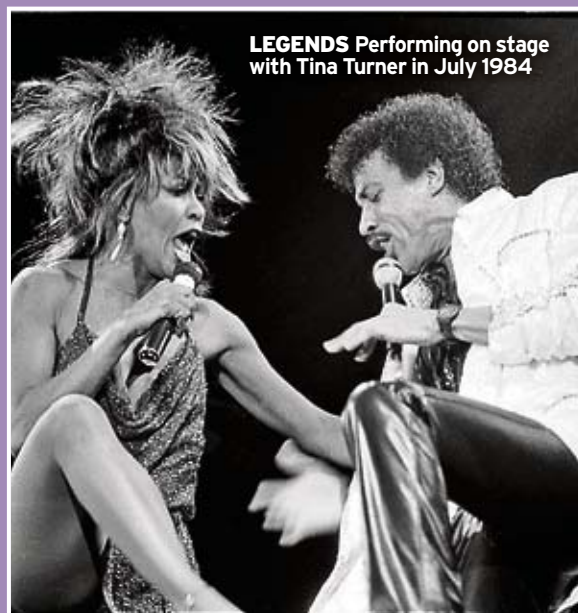
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LIONEL RICHIE

Goodbye

Soul star



EXCLUSIVE
BY JACKIE ANNETT

He's a kid from Alabama who stumbled into music after a car accident, swapped his saxophone for violin, and went on to become a global

But if Lionel Richie had died that way, many of his greatest songs would never have been recorded - 1984's smash hit Hello, which spent five weeks as UK number one.

The soul legend once told the BBC's Steve Wright he was terrible at deciding which songs would be hits.

He said: "I'm the worst person at selecting, that's why I finish the songs and then play them for someone."

“Because I tell you the
ones I threw out – All
Night Long, Running with
the Night and Hello.

“Not to mention Brick House – I absolutely thought it was the worst.

"And Three Times a Lady? I mean, how excited was I to put that out during disco? Not excited!

"These are the songs where I said 'don't put them out, it could ruin my career'."

"Nowadays, I just write back out of the room."

To mark Lionel's 75th birthday week, the BBC has put together a collection of some of his most memorable interviews – including his 2012 chat with Radio 2 star Noel, who died in February aged 69.

In 2004, he told Michael how he stumbled into musi-

"All of my friends were in all of my mentors, they played basketball, ping pong and I was better than anyone in town. I decided I would go to church to play pool and ping pong."

"I was supposed to go to [Massachusetts] and I ran into three guys from the [Boston] Red Sox and I remember calling the bishop on the phone and saying, 'I don't know what to think I'm going to be a priest or a doctor or a lawyer or a

Lionel joined the Commodores as a saxophonist in 1968. Recalling his early days in the band, he says, "I met Holland in 1996: 'We met a

ON HIS CAREER AND TURNING 75

Love Hello

... nearly threw away hit

WELL SUITED
In 1983's
Running
With the
Night video

...bama who
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ET With
na Ross

“I said, ‘don’t put them out.. they’ll ruin my career’

LIONEL ON HIS BIGGEST HITS, INCLUDING HELLO

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...odores as a
...calling his
...told Jools
...s freshmen

on campus. It was an amazing experience. I started playing the horn but as time went on they asked me to be the vocalist. One song after the next, I started to develop more confidence so I put the horn down.”

The Commodores soon became a support act to The Jackson Five and scored a string of UK top 10 hits with Easy, Three Times a Lady, Sail On and Still – all written by Lionel.

He told Jools how he often drew from real-life experiences for his songwriting. One example was a speech his father gave at his parents’ 37th wedding anniversary which inspired global smash Three Times a Lady.

Lionel said: “Dad got up to make the toast and the speech that he gave was that he wanted to just thank my mother for all of the sticking by him through the good times and the bad times and the lean times.”

“He just wanted to take this opportunity to say thank you and how much he loved her. I said: ‘What a great story, because I pass through my house every day

and I don’t say thank you.’

“I just take for granted certain things will be done and I said, ‘I wonder how many other guys are in that position.’

“Of course, I found out later on that the whole world was in that same position, because that song just went right around the world.

“But to bring my father back up at the end, he’s been calling me probably every year since then and asking me: ‘Are you sure I don’t get a royalty for coming up with the idea?’”

Meanwhile, the track Still tells both sides of the story of his married friends who broke up, and Sail On was inspired by another friend who turned up at his house at 3am saying he never wanted to see his wife again.

Despite his global fame, Lionel is showing no sign of slowing down. He is touring America, having visited the UK last year to play at King Charles’ coronation and headline Glastonbury.

But, according to the man himself, a hectic schedule is nothing new. He and

Diana Ross recorded 1981 duet Endless Love in just two hours – between 3am and 5am one morning, the only time their schedules aligned.

Lionel told Steve Wright his favourite tracks were solo hits All Night Long, Dancing on the Ceiling and Hello.

He added: “Dancing on the Ceiling because if you’ve ever seen the crowd just lose it... I’ve never seen anything like this before in my life, people over 90, they’re up dancing.”

While winning a Best Original Song Oscar for Say You, Say Me from 1985’s White Nights was a career highlight, performing at Glastonbury in 2023 didn’t disappoint.

“That was as good as it gets,” he told Jo Whiley. “Even after all my years of performing. It was the perfect show, when the crowd took over like that.”

But despite an amazing career, he never imagined he would be asked to take part in a king’s coronation.

“Every once in a while, you get a chance to step into history,” he told Kirsty Young. “I’m from Alabama and he’s from the Royal Family but we have the same heart.”

And the heart has been at the centre of his stellar career. As he told Steve Wright: “Love is the only subject that never goes out of style.”

■ Lionel Richie at the BBC is on BBC Radio 2 tomorrow and available on BBC Sounds from today.

features@mirror.co.uk
X @DailyMirror

A-LISTERS Left to right: Lionel, Sheila E, Elizabeth Taylor, Michael Jackson, Diana Ross and Harry Belafonte at the American Music Awards, 1986



PIANO MAN
Performing at
King Charles’
Coronation

“I’m from Alabama and he’s from the Royal Family but we have the same heart

LIONEL RICHIE ON PERFORMING AT KING CHARLES’ CORONATION

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get money smart

TOP DOZEN PET FOOD DEALS



CATS

Whiskas 1+ Poultry Feast Pouches in Jelly (80 x 85g), Morrisons, was £27, now £24
SAVE: £3

Gourmet Perle Cat Food Chef Collection (40 x 85g), Tesco, £17.75, £15.50 with Clubcard
SAVE: £2.25p

Purina One Salmon Dry Cat Food (3kg), Iceland, was £15, now £14.50
SAVE: 50p

IAMS for Vitality Senior Cat Food with Chicken (800g), Sainsbury's, £4.50, £4 with Nectar
SAVE: 50p

Sheba Natures Collection Cat Food Chicken and Red Pepper in Sauce (85g), Asda, 85p, 5 for £2.85
SAVE: £1.40

Felix Doubly Delicious 7+ Wet Cat Food (12x100g), Waitrose, was £5.25, now £4.50
SAVE: 75p

DOGS

Hero by Asda Meaty and Poultry (6x400g), Asda, was £5, now £4
SAVE: £1

Harringtons Adult Dog Food Turkey and Vegetable (4kg), Tesco, £11, £9.90 with Clubcard
SAVE: £1.10

Pedigree Wet Dog Food Pouches Variety in Jelly (40 x 100g), Morrisons, was £14.50, now £12.50
SAVE: £2

Butcher's Chunks in Jelly Dog Food Tins (12x400g), Iceland, £10, 2 for £18
SAVE: £2

Lily's Kitchen Proper Food for Dogs Sunday Lunch (400g), Sainsbury's, £3.20, £2.70 with Nectar
SAVE: 50p

Dentalife Medium Chicken Dog Chews (115g), Waitrose, £1.75, 2 for £2
SAVE: £1.50

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2 Heart-Shaped Leopard Frill Cushion, £16, Dunelm
BEST FOR... snuggling

3 Tummy Control Printed Wrap Swimsuit, £32.50, Marks and Spencer
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4 Leopard Print 500ml Stainless Steel Water Bottle, £7, WH Smith
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5 Spa Leopard Print Headband, £4, Boots
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Keep cool on a budget this summer

Summer could almost be upon us, especially if we ignore the odd downpour or chilly evening. It's time to stock up on your summer wardrobe to keep you cool at work and at play. We've found what you need to get started – and at prices that won't break the bank. Here are 15 deals to help you save your cash.

All prices correct at time of going to press

HER

Be You Wrap Midi Dress, House of Fraser, was £49.99, now £24.99
SAVE: £25

Bayside Women's Shorts, Mountain Warehouse, was £25.99, now £14.99
SAVE: £11

Women's Leather Sandal Kimbra, Tresspass, was £59.99, now £36.99
SAVE: £23

Crew Pure Cotton Slub Crew Neck T-Shirt, Marks & Spencer, £22, 3 for 2
SAVE: £22

Tummy Control Zebra O-ring Swimsuit, Debenhams, was £18, now £13.50
SAVE: £4.50

HIM

Patrick Grant Studio Soho Casual Print Shirt, House of Fraser, was £89, now £27
SAVE: £62

Loras Quick Dry Swim Shorts, Debenhams, was £40, now £15.95
SAVE: £24.05

Men's Walking Sandals in Black Alderley, Tresspass, was £49.99, now £29.99
SAVE: £20

Regular Fit Pure Cotton Crew Neck T-Shirt, Marks & Spencer, £8, 3 for £22
SAVE: £2

KIDS

Ditsy Floral Tankini Swimsuit, Debenhams, was £17.99, now £12.99
SAVE: £5

Camo Cargo Kids' Shorts, Mountain Warehouse, was £22.99, now £9.99
SAVE: £13

Kids' Pure Cotton Sun hat (1-13 yrs), Marks & Spencer, £8.50, 2 for £14
SAVE: £3

Younger Girls' Stripe Tiered Dress, House of Fraser, was £19.99, now £6.99
SAVE: £13

Boys' T-Shirt Majestic, Tresspass, was £15.99, now £9.99
SAVE: £6

What's new

Hobbycraft is offering £5 off to all customers when they spend £15 or more in-store, online or via the Hobbycraft app until July 7 as part of its new summer savers campaign.

To take advantage of the offer, app and online customers need to use the code HC515, while in-store shoppers simply share the code at check-out.

The discount can be used on top of existing promotions too.



Budget or Bust ...Fans



Savvy
Blaupunkt
Oscillating 16-inch pedestal fan, £20, B&M



Spend
Fine Elements
White Pedestal Fan, 16in, £22, Wickes



Splurge
Presto 16-inch Pedestal Fan, £29.99, The Range

Grab it

Three of Aldi's whiskies have been named among the best in the world at an international awards ceremony – and they're perfect for a last-minute Father's Day gift. The supermarket's Glen Marnoch Highland Single Scotch Whisky (£18.49, 70cl), Highland Earl Blended Scotch Whisky (£16.89, 1L) and Samuel Joe's Straight Kentucky Bourbon (£14.99, 70cl), pipped competitors to the post at the prestigious International Spirits Challenge.



Stock up

Celebrate the Euros with a fantastic deal from Iceland and the Food Warehouse. We've teamed up with them to offer £5 off when you spend £25 or more in-store until close of stores on Monday.

To get your saving simply present your voucher from this paper at the checkout with your purchases.

A voucher will be printed daily until Monday. Terms and conditions apply – see voucher for details.

Iceland the food WAREHOUSE

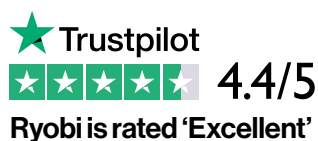
ADVERTISEMENT FEATURE

“The safe, effortless way to shape and cuts hedges up to 4m high with power, precision and cord-free convenience!”

Tired of struggling with that old, heavy manual hedge trimmer and untangling cords? Or are you still risking life and limb on your wobbly old step ladder while trimming tall hedges? What if there was a faster, easier and safer way to do the job...and get better results?

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Glides through thick branches with ease

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DR MIRIAM STOPPARD



Use school to help improve our children's mental health

Delays with cancer diagnosis

Would you believe young people with cancer, and those from ethnic minorities, have to make more visits to a GP than other people before they get a diagnosis?

No? Well, read on. A 2022 patient survey tracked 60,000 people, and across the group as a whole, one in five had visited their GP at least three times before their cancer was diagnosed.

But among people from ethnic minority backgrounds, the proportion rose to one in three, while half of patients aged 18 to 24 had required at least three visits, and 20% had had five visits or more. It's unbelievable.

Furthermore, in the most deprived areas of England, people were 21% less likely to be given an urgent referral for suspected cancer than in affluent areas.

The NHS has a target of diagnosing 75% of cancers at an early stage by 2028, but the report notes that at the moment, only 60% of tumours are spotted at stage one or two, when they are easiest to treat.

Shocking.

WHO links pandemic to obesity in children

The pandemic made our children suffer in many ways not least the increased rates of obesity in children aged seven to nine.

A World Health Organisation report, based on a survey of 50,000 children in 17 member states, found that during the pandemic 36% of children spent more time watching television, playing online games, or using social media and 28% spent less time doing outdoor activities on weekdays.

The survey did find some positive trends, such as an increase in families having home-cooked meals and eating together.



Seeing report after report on the worrying state of children's mental health makes me feel as if we're in the middle of a national epidemic. Despite some investment in recent years, the children's mental health system is blighted by long waiting lists and a postcode lottery.

Thousands of children and young people continue to struggle without support. More than 32,000 children had been waiting over two years for help at the end of 2022/23.

The consequences for school attendance, educational achievement and mental health problems in adulthood are enormous.

We're at crisis point with one in five Year 9 pupils in one area having a probable eating disorder, and one in six 12 to 15-year-olds in the same area having self-harmed in the past 12 months.

The latest Child of the North/Centre for Young Lives report couldn't be more welcome. It sets out a plan to improve the mental health and wellbeing of children through schools, to support the one in five children with a probable mental health condition.

It proposes this could be done by



“They provide the ideal opportunity to reach large numbers of kids

widening mental health support teams to all schools, new one-stop-shop hubs for parents and children to find local help, and a national rollout of local wellbeing surveys.

The report also sets out the crucial role schools can play in supporting mental health and wellbeing.

With children spending so much time in school, educational settings

provide the ideal opportunity to reach large numbers simultaneously, and can also facilitate intervention with pupils displaying early mental health or behavioural symptoms.

This can reset the vision, putting the life chances of young people at the heart of policy-making and delivery.

The report calls on the Government to expand the mental health support

offered through schools and educational settings from primary school onwards, without placing extra burdens on teachers by harnessing the power of digital technology. It also calls for school-based surveys like the existing #BeeWell and Age of Wonder projects to be rolled out nationally.

This would gather local information about children's mental health and wellbeing, identify geographical hotspots and then determine when the “emotional temperature” of the school is in the danger zone, so that schools can be offered early support.

“Programmes like #BeeWell, which listen to the voices of young people, are crucial to understanding the ‘emotional temperature’ of schools,” says Professor Neil Humphrey, Academic Lead for #BeeWell at Manchester University, and executive editor of the report.

“By listening to what young people tell us, and publishing the results privately to schools, and publicly by neighbourhood, we can drive action across society.”

Ask Dr Miriam

Q My dad is nearly 80 and he has a very good memory, sometimes better than mine. We hear about failing memory as we get older but my dad seems to be an exception and I wonder how he has such a good memory.

A Well, he may be a “superager”. These are people of 80 and over who retain exceptionally good memory late into old age.

Research has shown they're likely to have eaten a Mediterranean-type diet (lots of vegetables and fruit, not too much meat, using healthy vegetable oil in cooking,

wholegrains, seafood, beans and nuts) and to have been physically active in middle age. That was the finding of an investigation from the Nurses' Health Study.

On the other hand, the Mediterranean diet at older ages doesn't seem to confer a good memory into the 80s.

So if you want your memory to remain good into later life, the key is to exercise when you're middle-aged and eat a Mediterranean diet.

I think your dad lived healthily when he was younger and he's reaping the benefits now.



WHAT IS IT?

Intertrigo

Intertrigo is due to skin-to-skin friction (rubbing) and is a common inflammatory skin condition that's made worse by heat and moisture.

Sweating causes the surfaces of your skin to stick together in your skin folds, like under the breasts. The moisture increases the friction, which leads to skin damage, inflammation and redness.

Then damage to the skin may allow bacteria and/or fungus normally present on skin to overgrow. The warmth, trapped moisture and skin damage create an ideal environment for bacteria and fungi to multiply.

This overgrowth of bacteria and/or fungi triggers your immune system, which results in secondary inflammation and a visible rash. In more severe cases, the bacterial and/or fungal overgrowth is significant enough to cause a secondary infection.



BUST THAT MYTH:

Traumatic events always lead to PTSD

Not true. While such events can increase a person's likelihood of developing PTSD, it doesn't always happen. Many factors play a part in developing PTSD, such as additional family

history of PTSD or other mental conditions and lack of access to support.

Traumatic experiences are life events that can seriously dent a person's wellbeing. Traumas like sexual assault,

natural disaster, combat, witnessing death, severe injury or other life-altering events are typically one-off events. A person can develop acute symptoms of PTSD, but once they process

their feelings, they continue to live their life rather than develop the condition.

Multiple traumas occurring for a prolonged period can lead to Complex PTSD, or C-PTSD.

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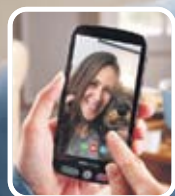
"It's really easy to use"

I have fought against smartphones because they looked confusing, the advert for the easy-use phone dispelled those thoughts, easy to set up, clear instructions, I'm converted!

By L L, 02 Dec 2022



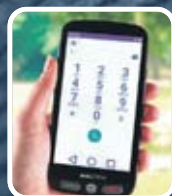
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PET CLUB

With the People's Pet Awards



Dog Yoda recovers after M65 ordeal

German shepherd Yoda brought traffic to a standstill when he ran off on an adventure - and ended up stranded for 18 hours on the central reservation of the M65 in Lancashire.

The one-year-old dog had escaped from his garden in Burnley and was later spotted in the shrubbery between the barriers as cars and lorries sped by on both sides.

His owner Stephen Hunt discovered his predicament after posting a Facebook appeal. Stephen said: "One of my friends has a dog

TRAPPED
Yoda spent
18 hours in
middle of
the M65



called Xena and he said he would walk along the canal that goes along by the motorway.

"Xena has taken him three bridges down on the motorway. Then he saw Yoda on the central reservation after Xena had scented him out."

Police and the highways agency had to close the road in both directions in their attempt to rescue him - with the frisky dog running up and down the central reservation.

Thankfully Yoda is now back home and has recovered well from his ordeal at the beginning of this month.

And Stephen is grateful to everyone who helped to find him.

He said: "I couldn't believe it - the amount of people who cared has blown my mind."



PET NEWS

Cat owners face a £500 fine if their pets are not microchipped after new laws came into effect this week.

The rules are designed to combat pet theft and help reunite lost animals with their

owners, but around one in four cats are not microchipped - around two million animals - data from Cats Protection found.

It costs between £20 and £30 to microchip a pet, and the charity's Madison Rogers says it can prevent heartbreak.

She said: "Some owners think they are never going to go through the trauma of losing their cat, but in the last year, 115,000 pet cats in England went missing and never returned home.

"Collars can easily drop off or become damaged so that the address details become unreadable. A microchip is safe, stays with your cat for its lifetime and is linked to contact details that are stored safely in a database."



ISOLATED DOGS ARE MORE STRESSED

Rescue dogs take eight weeks on average to settle into their forever homes, but they make their owners' lives happier, a new poll has revealed.

The survey for animal charity Blue Cross also found that while almost a third of new owners experienced issues such as jumping up and problems with toilet training after bringing their dog home for the first time, 87% found it easy to connect with their new pet, and almost the same amount felt happier since getting a dog.

Meanwhile, scientists have discovered that rescue dogs are adopted more quickly if they are housed with another pooch rather than kept alone.

A research team, including Royal Veterinary College student Grace Hecker, followed 61 dogs over seven days at the Humane Society of



Western Montana in the US.

The dogs who lived together showed fewer visible signs of stress, which was also measured by testing levels of cortisol and creatinine in their urine, which are biological indicators.

The findings offer a possible solution for animal shelters struggling with limited space and long waits for dogs to find new families.

Study leader

Professor Erica Feuerbacher said: "Despite being a social species, dogs are often housed alone in shelters to reduce disease transmission and possible injury from inter-dog conflict.

"However, this social isolation can work against dogs' behavioural health and adoptability."

DEAR COLEEN

dearcoleen@mirror.co.uk



I dumped friendship group as I don't fit in

Dear Coleen

My confidence is so low that I've pulled myself from a group of friends that I've known for more than 30 years. I feel that one friend in particular is looking at me as "the fat one".

I'm curvy and have awful 40E breasts, which I hate, and my thyroid medication leads to weight gain.

My friends are all skinny, so when we're having photos taken, I go at the back. They say they love me, but I feel they don't and just say it. They can wear anything and look amazing, and I feel the odd one out. It's affected my mental health so badly that I left our WhatsApp group.

When I was approached about this, I explained how I felt. This one friend replied that she didn't understand my mental health issues and said she felt angry I'd left the group, adding, "You were out having fun on Friday - maybe you need to be around friends who understand you".

She was referring to me being out with my colleagues. I was on top of the world after spending an amazing few days with them. I'm a carer in the

community and my job keeps me thinking positively, especially when dealing with palliative care and MND, dementia and Parkinson's patients. But I get home after a nine-hour shift and go right back to feeling anxious again.

I have a 60th birthday celebration planned with my friends - a night away, which I've paid for - and don't know whether to go or not.

I'd love your advice.

Coleen says

Well, this friend sounds insensitive and dismissive, but maybe she's hurt you left the group, so she's lashing out a bit.

I think it would be good to think honestly about how much of what you feel is coming from your insecurities and how much is coming from how your friends are treating you.

When you're feeling really low and anxious, your mind can convince you of anything and you tune into negative thoughts. But just because you think something, doesn't make it true. Check your thoughts and ask what the

facts are. Do your friends make you stand at the back for photos, or do you put yourself there? Have they actually commented on your weight?

You've obviously known them for a long time and if they're good friends they will listen and support you through it. Maybe they need educating on mental health, but I'm certain your appearance has never been an issue for them - they're your friends because of who you are.

There's always one friend you get on best with, so why not sit down with her and have a heart to heart? Then she can talk to the others.

What's clear is that you need to build your self-esteem. You

do amazing work, your patients are grateful for all you do and you have a great bunch of colleagues to socialise with.

That's all so positive and, if you can focus more on the good stuff in your life you'll feel more secure. Finally, it's also perfectly OK to move on from friends. If you don't want to do the birthday party, why not see your colleagues instead?

"I feel one in particular looks at me as 'the fat one'"

COLEEN'S WORDS OF WISDOM

It's great to have supportive mates in your corner, but the real power comes from within you. Always talk positively to yourself, be your own cheerleader and believe you deserve everything you're working towards.

PROBLEMS?

Tell Coleen Nolan about them and she'll give you an honest answer... every weekday in the Daily Mirror

EMAIL: dearcoleen@mirror.co.uk - sorry, but Coleen can't reply personally

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SCAN ME

House builder profit warning

UNCERTAINTY HITS CREST NICHOLSON

CRACKS have appeared in the housing market recovery as a leading builder issued a profit warning yesterday.

Crest Nicholson said: "Momentum has softened slightly since Easter, reflecting the volatility in mortgage rates and the expectation of a base rate reduction coming later in the year than previously expected."

The looming general election had also created "short-term uncertainty", it said.

Crest reported an 87.6% slump in half-year profits, from £20.9million to £2.6m.

And in a warning that spooked investors, the firm said it expected annual profits to be between £22m and £29m, compared with the average £38m that analysts had pencilled in.

The decline is based on a reduction in the number of homes that it expects to complete.

Crest also cut its dividend to shareholders to 1p per share, down from 5.5p last year.

The firm has struggled to work through a pipeline of older, lower-margin sites of late, but also pointed to wider market forces for its most recent struggles.

Incoming chief executive Martyn Clark takes over from current boss Peter Truscott today.

Truscott insisted the company had "a clear and comprehensive plan to resolve the legacy and operational issues".

Separate research from the Royal Institution of Chartered Surveyors found members reporting fewer enquiries from would-be buyers, fewer sales and more price reductions than a month ago.



VIRGIN FEELS PRESSURE

Virgin Money has warned of "headwinds" from interest-rate cuts, and said it will face cost pressures as it pauses some restructuring efforts ahead of its £2.9billion takeover.

The high-street lender - which in March agreed to be bought by rival Nationwide Building Society - reported an 18% rise in profits to £279million for the six months to March 31. But it said it is braced for its net interest margin - a key performance measure for retail banks - to be lower over the second half ahead of expected interest-rate cuts and ongoing competition in the sector.



Pub company Fuller's has bucked the trend after toasting an "excellent year", with profits soaring 61% to £20.5million.

The firm said it was benefiting from lower inflation in food and energy, plus strong demand. Its upbeat tone comes amid warnings of tough times for other landlords and a wave of closures.

Fuller's has 179 managed sites and 190 tenanted pubs.

FTSE 100 down 51.81 at 8163.67 Oil = \$82.46

ABDN.L	144.2	-6.9	HSBC	673.2	-8.6	Shell	2724.0	-20.5
Anglo American	2389.0	+14.5	Imperial Brands	1980.0	-10.0	Smith & Nephew	1011.0	-4.5
AB Foods	2493.0	-13.0	International Airlines Grp	167.1	-2.7	Smiths WH	1179.0	-21.0
Admiral Group	2557.0	-19.0	Int Distribution Services	329.6	-2.5	Standard Chartered	731.6	-10.2
AstraZeneca	12392.0	-74.0	ITV	76.0	-2.4	Taylor Wimpey	149.6	-2.8
Aviva PLC	471.4	-5.3	JD Sports	122.1	-2.3	Tesco	302.5	+0.4
BAE Systems	1383.0	-5.5	Kingfisher	255.8	-7.4	Unilever	4415.0	+22.0
B&M European	465.0	-8.3	Land Securities	622.0	-20.5	United Utilities	1050.5	+31.0
BAT	2378.0	-3.0	Legal & General	223.7	-6.1	Vodafone	68.7	-0.3
Balfour Beatty	346.8	-6.8	Lloyds	54.1	-0.9	Whitbread	2937.0	-67.0
Barclays	205.2	-3.6	Marks & Spencer	296.9	-5.4	Reach PLC	85.5	-2.9
BR Land Co	424.6	-12.6	National Grid	872.8	-4.8			
BP	460.0	-4.9	NatWest Group	308.3	-1.8			
BT	135.0	+5.6	Next	9032.0	-144.0			
Capita Group	14.4	+0.4	Ocado	351.1	+2.2			
Carnival	1150.5	-29.5	Pearson	950.0	-10.6			
Centrica	130.2	-2.0	Persimmon	1441.0	-57.0			
Compass	2220.0	-19.0	Prudential	707.6	-17.8			
Currys	75.9	-3.3	Reckitt	4457.0	+67.0			
Diageo	2574.5	-36.5	RELX	3576.0	+4.0			
Direct Line	193.4	-2.3	Rentokil Initial	461.6	-10.6			
Easyjet	455.0	-9.8	Rio Tinto	5236.0	-13.0			
Ferguson	16115.0	-110.0	Rolls-Royce	467.8	-1.6			
Frasers Group	857.5	-16.5	J Sainsbury	258.2	+1.8			
GlaxoSmithKline	1610.0	+5.0	SSE	1779.0	+8.0			
Halfords	142.2	-3.6	Severn Trent	2520.0	+101.0			
Hays	103.2	-0.8	Serco	170.3	-2.1			

Holiday £

Euro	1.160
Australian Dollar	1.869
Bulgarian Lev	2.129
Canadian Dollar	2.191
Egyptian Pound	19.029
New Zealand Dollar	2.007
Polish Zloty	4.855
South African Rand	22.601
Swiss Franc	1.105
Thai Baht	44.986
Turkish Lira	37.877
UAE Dirham	4.534
US Dollar	1.252



YOUR **DAILY Mirror** COMMUNITY CORNER

Let's do this together

Edited by **SIOBHAN McNALLY**

The Dark Lord's sartorial style, which could be loosely described as dad jumper meets metal head, is going through an evolutionary process - like a glam rock butterfly emerging from its capsule wardrobe (aka the big pile of clothes in the middle of her bedroom floor).

Clunk, clunk, clunk. I could hear the sound of heavy footsteps clomping along the hall towards me in the sitting room.

"What do you think of the bo...?" asked The Dark Lord as she attempted to walk into the room, then scraped her head on the door. "Ooof," she said, rubbing the top of her head.

Already 5ft 10in in her stocking feet, TDL must be at least 6ft 3in in the pair of red glossy platform boots that she's bought for her best friend's 17th birthday party this month.

"Never mind Kinky Boots - those are Death Traps," I told her. "Take them off before you knock yourself out."

TDL has flat feet and is traumatised from never being able to wear pretty shoes as a child.

She'd trip and bang her head in flip-flops and or strappy sandals, and was forced to wear clumpy orthopaedic-style shoes, or Crocs, which are basically the same thing.

When we were in shoe shops getting her measured, she'd sidle off and slip into a pair of 6in heels and sashay between the shelves. Then I'd force the poor thing to wear what she called "clogs" home.

Along came the teen years, and thankfully black Dr Martens shoes and boots looked cool and suited her tormented Goth look. TDL did ask for steel-toe cap versions but as she was going through the door-slamming phase, I didn't want to tempt fate.

As she's grown taller and thinner, her style became more Nick Cave in a school blazer, but now she's going all Kylie.

"Stand up, Little Mummy," she said, laughing and taking a picture of her dwarfing me - my forehead only reached her armpits - and sending it to all her mates.

She sat down, saying, "OK, OK, I'll take them off. But they're really comfortable - I could wear them anywhere."

"Yes - A&E. Where you'll end up with a broken ankle," I muttered.

Then I told her about the night when chunky platforms were last in fashion in the 1990s, and I slipped on wet, tiled floors of Liverpool Street Station after a Christmas party.

I got home and went to bed, but when the alcohol wore off, the pain was intense and I made my boyfriend drive me to the nearest hospital, which was Newham in East London at the time. Except the medical team didn't have time to see me as they were treating actual gunshot wounds and my twisted ankle wasn't exactly urgent.

"I lived on painkillers for weeks - it was the most painful thing ever," I lectured TDL.

Just then another Vinted delivery arrived - disco ball earrings and a red satin blouse.

"Who are you going as? Gladys Knight?" I asked, surprised by the transformation of my grubby indie kid.

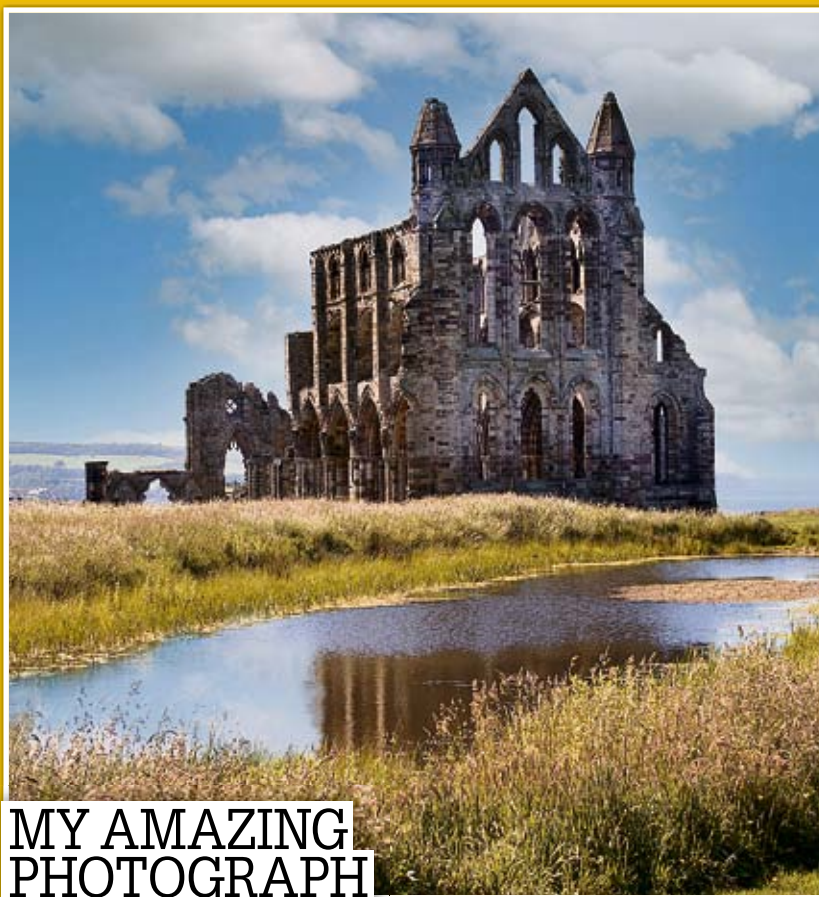
She put her entire party outfit on and twirled around in her boots.

"You still have flat feet, you know," I warned. "It's a slippery slope for you and your fallen arches."

■ Email siobhan.mcnally@mirror.co.uk or write to Community Corner, PO Box 791, Winchester SO23 3RP.

Please note, if you send us photos of your grandchildren, we'll also need permission of one of their parents to print them... Thanks!

Yours, Siobhan



MY AMAZING PHOTOGRAPH

High above the North Yorkshire town of Whitby sits the Gothic ruins of the Abbey, fictional home of Bram Stoker's Dracula.

Never without his trusty Canon EOS 400D when out walking, Frank Harris captured



the 11th-century Benedictine monastery on a sunny day.

The 82-year-old from Nottingham says: "I took this shot using a standard 28-135mm zoom lens."

■ Send your snaps to me at siobhan.mcnally@mirror.co.uk

SPEAK as you find

Is it barm or bun where you come from? The regional dialects and accents across our islands can cause confusion.

Personally it's a bap to me, but the dough theme reminds me of the time I was living in East London and went into a bakery one Saturday morning for a loaf.

The shop assistant picked up a white farmhouse from the floury shelves, turned to me and asked: "Fickorfin?"

"Excuse me?" I asked. She repeated: "Fickorfin?" I went bright red in the busy shop and had to ask her to repeat it again.

She said it slowly again for the idiot in the shop, "F-i-c-k-o-r-f-i-n?"

But I still didn't have a clue what she was asking, until she walked over to the bread slicer. "Oh!" I gasped. "You mean thick or thin slices? Er thin please."

After reading about TDL not realising baking paper and parchment were the same thing, Deborah in Morecambe had a flashback to when she was aged 14 and had just moved to the seaside town from Leeds.

"I had a very broad accent and went to a shop for what you call cake cases but in Yorkshire we ask for bun papers," explains Deborah.

"The lady in the shop said, 'You don't say that'. I looked puzzled and she brought out toilet roll. Everyone laughed when I explained what I actually wanted."

■ Send your funny accent mix-up stories to siobhan.mcnally@mirror.co.uk

We all hate annoying adverts so much, it's time we gave this popular pet peeve its own slot.

An irritated Mrs J Hughes says these ads make her long for the days of Shake 'n' Vac and putting the freshness back.

The reader, from Gillingham, Kent, says: "My nine-year-old grandson also thinks whoever thought them up needs therapy."

1 Extra Gum - the screeching mouth like a third eye in the forehead is nightmarish.

Stupid adverts

2 Graze snacks - the back of a woman's head has a surreal argument with her front over eating a nut.

3 Fixodent - man meets a date, and you have to guess which of their creepy smiles has false teeth.

4 Always Discreet - woman at a concert sitting on a man's shoulders despite her leaky bladder. Hope he's got health insurance for when she crushes his vertebrae.

■ Email the ads you hate to the address below.

MY CRAFT CORNER

Donkeys came here in the Roman invasion of Britain in AD 43, which is about the last time I rode one on a beach.

But not everybody cares for the ex-working donkeys, which is why reader Teresa Lloyd supports the charities that create a safe haven for badly treated animals.

The 61-year-old from Southwark, South London, says: "I have adopted two

donkeys - one from the Donkey Sanctuary in Sidmouth, Devon, and one in Wivelsfield, West Sussex. They both do invaluable work to help relieve the suffering these exploited animals receive."

Teresa made this sweet donkey with a pattern from the Donkey Sanctuary, and adds: "I sell my knitted donkeys to raise money, although this one doesn't stand up very well! I sold out last Saturday and raised £84.62!"



■ Adopt a donkey for £3 a month at thedonkeysanctuary.org.uk

Being British means having your own name for



THOUGHT OF THE DAY

I was an only child, and mother was always right with me all my life. I used to get very angry at her when I was growing up - it's a natural thing.
ELVIS PRESLEY



Join in and be a part of our amazing community. Share your tips, pictures and hobbies, tell us the quote you live by, or nominate your hero of the day. Whatever is happening in your life and whatever you're talking or thinking about, we want to hear it. Email us at siobhan.mcnally@mirror.co.uk, write to Community Corner, PO Box 791, Winchester SO23 3RP

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THEATRE



with NEIL NORMAN

**MONSTER**
Dominic
West stars as
obsessed Eddie**A VIEW FROM THE
BRIDGE** ★★★★★**Theatre Royal Haymarket, until August 3**
Tickets: 020 7930 8800

Having played a variety of characters from Jimmy McNulty in *The Wire* to Prince Charles in *The Crown*, shapeshifting actor Dominic West now inhabits Brooklyn longshoreman Eddie Carbone in Arthur Miller's modern Greek tragedy.

Following Mark Strong's performance in Ivo van Hove's groundbreaking production nine years ago is a tall order and neither West nor director Lindsay Posner attempt to draw easy comparisons.

This uncluttered, traditional production comes as a relief in the wake of techno-heavy shows littering the West End; the heavy lifting is done by the actors and the story of illegal immigrant workers and a fatal attraction between Eddie and his young niece Catherine (Nia Towle, engagingly innocent) comes across with the clarity of a tolling bell.

Played out against Peter McKintosh's slatted wooden set of a Red Hook slum and narrated by lawyer Louis (James Gladdon) in the tradition of Greek Attic drama, it slides inexorably from robust interfamily banter to brutal violence in spite of warnings from Eddie's careworn and sexually frustrated wife, Beatrice (Kate Fleetwood), that his feelings for Catherine are inappropriately obsessive.

With the parallel thread of Eddie illegally harbouring Beatrice's Italian cousins Marco (Pierro Niel-Mee) and Rodolpho (Callum Scott Howells) the plot ticks like a timebomb until the climactic detonation. Posner's straightforward approach serves it well and West grows in stature from amiable, easygoing roughneck to raging, uncomprehending monster. Of everyone on

stage he avoids the perils of British actors attempting authentic Italian/American accents. I realise the community was diverse but hearing perfectly good actors Dick Van Dykeing dialects is very hard on the ears.

MARIE CURIE ★★★**Charing Cross Theatre, until July 28**
Tickets: 08444 930 650

A musical about the discoverer of radium may not be high on everyone's list of must-sees but it seems to have gone down big in South Korea where it originated.

Seoun Choun (book and lyrics) and Jongyoon Choi (music), together with English collaborators Emma Fraser and

**DISCOVERIES** Ailsa
Davidson's Marie Curie

Tom Ramsay, have fashioned a serviceable musical drama from the story of Polish Nobel Prize winner Marie Curie (Ailsa Davidson) that delivers the story well enough without irradiating the stage.

Pale pastel imitations of Sondheim and Lloyd Webber tunes flutter around while the lyrics speak of the joy of glowing radium and inequities of being a female scientist. The committed cast perform as if their lives depended on it and Davidson and Chrissie Bhima as Anne Kowalska, her fellow Pole who ends up in the radium factory ("Radium Toothpaste! Radium Cigarettes!") with fatal results, are both outstanding.

As chief investor Ruben DeLong, Richard Meek is matinee idol smooth, explaining his employees' deaths from radioactive poisoning as an outbreak of syphilis.

The steel set serves as a train station, office and Curie's laboratory where she and theatrically undernourished husband Pierre (Thomas Josling) research their discoveries.

Po-faced and earnest, it might have benefitted from more lines such as: "Let's get to work. Do we have enough mice?"

A real curio.

THE DUCHESS**Trafalgar Theatre, October 5-December 20, atgtickets.com**

Jodie 'Dr Who' Whittaker is regenerated on stage in this contemporary adaptation of Webster's ultra violent Jacobean tragedy *The Duchess of Malfi*. Can't wait.

THE TIGER WHO CAME TO TEA**Theatre Royal Haymarket, July 8-September 1 (UK tour until October), tigerstealive.com**

Enduring stage adaptation of Judith Kerr's book returns to the West End while its companion production tours. Now will someone bring back *The Elephantom*?



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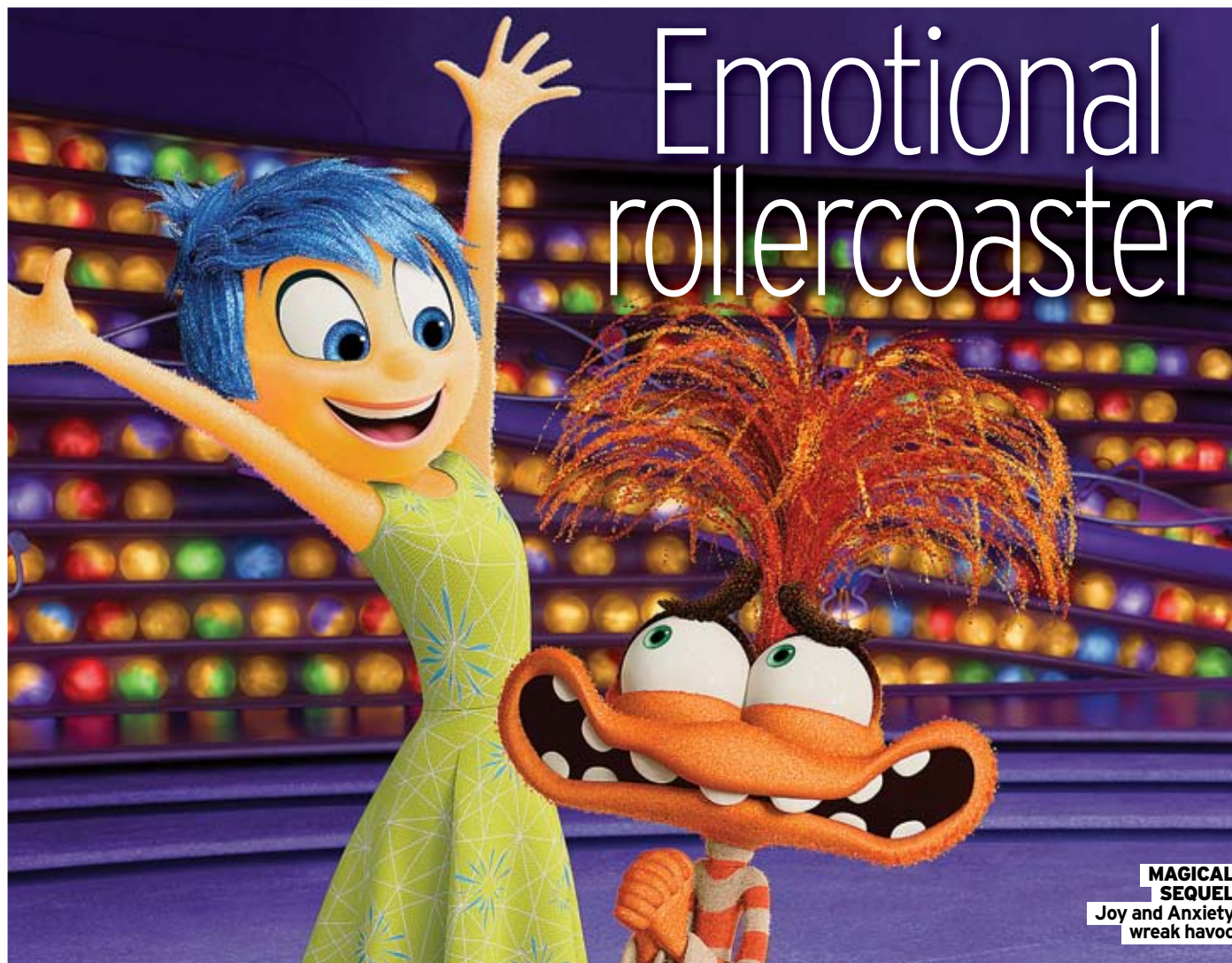
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MOVIES

STAR RATINGS
 ★★★★★ Excellent
 ★★★★☆ Good
 ★★★☆☆ Worth a look
 ★★☆☆☆ Poor
 ★☆☆☆☆ Don't bother



Emotional rollercoaster

MAGICAL SEQUEL
 Joy and Anxiety
 wreak havoc

INSIDE OUT 2

Cert U ★★★★★
 In cinemas now

My adolescent years would have been a lot more bearable if I had been able to watch Inside Out 2 when I was in the throes of teenage anxiety.

Riley, the protagonist in Pixar's 2015 film Inside Out, returns for its sequel as a 13 year old on the brink of puberty, and we watch as her existing Emotions – Joy, Sadness, Anger, Fear and Disgust – get usurped by four new, more complex feelings that wreak havoc on Headquarters.

Anxiety, played by Stranger Things' Maya Hawke, becomes the star of the show, her toothy grin, zany hair and wild eyes

wonderfully animated as an eerily accurate physical manifestation of the emotion.

She's joined by Envy, played by The Bear's Ayo Edebiri; Embarrassment, played by Black Bird's Paul Walter Hauser; and Ennui, played by Blue Is The Warmest Colour star Adele Exarchopoulos. Together they banish Riley's childhood Emotions and take control, believing they're doing what's best to keep her straight on the rocky road ahead.

Young fans of Inside Out, now almost a decade older, will be similarly dealing with the complicated emotions teenagehood brings, and the expansion of the world of Riley's mind to include all the new feelings

“
A respectful exploration of puberty's impact, along with some cracking jokes

of adolescence is a brilliant way to continue the story.

This makes things more nuanced without sacrificing charm, and never pokes fun at Riley and her teenage confusion.

Instead, it's a respectful and relatable exploration of puberty's psychological impact with some cracking jokes to boot, complete with the adventurous scale of animation that makes Pixar so beloved.

It's colourful, glowing and warm. The entire film drips with charisma, immediately hooking you into its premise and keeping your attention with its glorious visuals and charming characters.

Inside Out 2 is a fantastic example of how to do a sequel.

SASQUATCH SUNSET

Cert 15 ★★★★★
 In cinemas now

Sir David Attenborough has been the soothing voice of the natural history world for decades.

The veteran broadcaster has witnessed many extraordinary sights on land, in the sea and the air – but it's unlikely he will have ever seen a tribe of bigfoots urinating, lactating and defecating with wild delirium to mark their territory.

Bodily fluids overflow in filmmaking brothers David and Nathan Zellner's hypnotic hike through the mist-cloaked forests of North America in the company of a ragtag tribe of human-like creatures.

Over the course of four seasons, captured by cinematographer Mike Gioulakis as if this were a

documentary, a mated couple (Jesse Eisenberg, Riley Keough), an elder male (Nathan Zellner) and an energetic youngster (Christophe Zajac-Denek) contend with a predatory mountain lion, poisonous mushrooms and the ferocity of the elements.

In amusing vignettes, one bigfoot gets high by sniffing a skunk's fur while another creates an imaginary friend from his balled-up fist.

Gentle laughs are frequently undercut by stunned silence. Death comes quickly and matter of factly.

Exemplary full-body foam latex suits fashioned by creature and prosthetics designer Steve Newburn allow the cast to vanish beneath pungent pelts matted with every conceivable excretion.

Answering the call of the wild is clearly exceedingly messy.

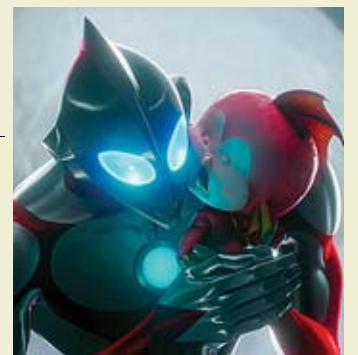


ON LOOKOUT FUR LAUGHS
 Bigfoot tribe

ULTRAMAN: RISING

Cert PG ★★★★★
 On Netflix now

Writer-director Shannon Tindle's high-octane computer-animated adventure adds a lustrous sheen to the superpowered Japanese character dating back to the mid-1960s.



SURROGATE 'Parent' Ultraman caring for the baby kaiju

Los Angeles Dodgers baseball star Ken Sato (voiced by Christopher Sean) flies home to Japan to join the ranks of the Yomiuri Giants under hard-nosed coach Shimura (Artt Butler).

Secretly, the prodigal son has begrudgingly returned to Tokyo to take up the mantle as superhero Ultraman from his injured father (Gedde Watanabe).

During a fight between Gigantron and the Kaiju Defence Force led by scheming Dr Onda (Keone Young), Ultraman inherits the creature's newly hatched baby kaiju and the superhero embraces surrogate parenthood with fervour.

Writer-director Tindle and co-writer Marc Haimès, who previously worked together on the Oscar-nominated stop-motion fantasy Kubo And The Two Strings, evoke the wondrous film version of The Iron Giant with striking imagery of a giant robot protector towering over a wide-eyed child.

The Incredibles is another reference point with comical intergenerational angst punctuated by thunderous action-oriented set pieces. Stylised visuals are crisply rendered and a tragedy-laden storyline isn't overstuffed, setting up – somewhat predictably – a teaser in the end credits for a sequel.



HUNTED
 Cage with Jenkins and Martell

ARCADIAN

Cert 15 ★★★★★
 In cinemas now

Conceived by screenwriter Michael Nilon during the pandemic, Arcadian is a post-apocalyptic survival thriller that imagines a deadly virus knocking humans off their pedestals, giving birth to gnarled, nocturnal beasts that hunt our ravaged species under a cloak of darkness.

Director Benjamin Brewer's picture unfolds through the eyes of a stricken family rallying against the otherworldly predators from a fortified farmhouse stronghold.

The claustrophobic set-up is eerily reminiscent of the 2017 psychological horror It Comes At Night starring Joel Edgerton, and the climactic scenes in A Quiet Place. However, Brewer stages his slick set pieces with the volume turned up and suspense dialled down to tolerable.

Creature design melds cartoonish and grotesque elements with staccato bursts of sound created when the beasts rapidly clack their jaws before they coalesce into a giant wheel and roll en masse after fugitive prey. A creepy centrepiece involving one digitally rendered interloper relies too heavily on crazy good fortune to withstand scrutiny.

Nicolas Cage's performances are usually the craziest element on screen but in Arcadian, the Oscar winner is surprisingly understated as a father willing to sacrifice everything. He allows young co-stars Jaeden Martell and Maxwell Jenkins to shine, although the script lingers with occasionally clunky dialogue.

BOOKS

The best-selling author talks about how a bit of tough stuff can make you strive harder and become a better person

Can there be anyone as successful, yet down to earth, as Jamie Oliver? He's known – and adored – the world over, is the top-selling non-fiction author in UK history, has a TV career spanning a quarter of a century and somehow, always seems to be so normal.

Maybe it's his enormous brood of kids. Jamie and his wife Jools have five children, aged between seven and 22, which must surely keep him on his toes. Or maybe it's the fact that he's neurodiverse.

Jamie, 49, is back in the limelight with his latest children's book, *Billy And The Epic Escape* – the sequel to his debut, *Billy And The Giant Adventure*. And as he promotes the adventures of his hero character Billy and his mates, he's also talking openly about his own struggles growing up.

As a child with severe dyslexia, Jamie found school incredibly difficult and describes words as "his enemy". He also has ADHD. And at a time when there are so many children on excruciatingly long waiting lists, desperate to be diagnosed, he's able to connect with both parents and kids. He acknowledges, too, that neurodiversity can make kids picky eaters.

He also knows that being a successful author is an incredible feat for a man who looks at a page and sees the words jump around. But he knows that being neurodiverse has made him – and kept him – who he is today.

"Conventional writing has never worked for me," says Jamie, noting he



uses dictation as his weapon to visually tell a story.

Cookery books have always been treated a bit like a Haynes manual – like a 'how to' or step by step. So, that's not really writing. This is. Even though it's a kids' book, it's still real writing. So, I had to find my confidence."

There's an important message about confidence within the book, something Jamie struggled with.

"I think confidence, worry and anxiety are all part of a cauldron of different emotions that challenge us," he says, honestly.

"And I think that they can present themselves when you're young, as things that hold you back. But at the same time, as you get older, [they provide] a tension that makes you do your best work.

"Life's not supposed to be linear or easy. I want my kids to struggle as much as possible, in

a safe and controlled way. If it's too easy, it's really vanilla."

Jamie talks in an open way, those famous blue eyes still twinkling, and is unafraid of a challenge. He chats gratefully about having the opportunity to work at the weekend when he was young, in his family's Clavering home and pub, The Cricketers, which is now a hotel.

"Cooking – 100 per cent – saved me. Because, while everything was going very badly at school, at the weekend I was able to be someone. Cooking was normalised, earning £1.20 an hour was normalised and getting paid because I did what I promised was normalised. So, I had my confidence building on one side, and dare I say it, slightly diminished on the other.

"I had such resentment towards the written word, and traditional learning. And I've got rid of that now.

"I guess what I'm trying to say, is book two was not a chore. It was beyond exciting. It was completely intentional.

"And probably without knowing it too much, it was therapy. And to be heading towards 50 and still learning big lessons, I'm proud."

Jamie is now able to trust in his own unique process of getting those words down. Having grown up being "not good at a lot of stuff that is measured in a school environment", he's come a long way, most of which he owes to that lovely old pub.

"Pubs are welcome to all," he says, reminiscing. "Pubs are really unique. My best friends were travellers. And I grew up around farmers and old age pensioners. You know, the cricket club, the bowls club, the tennis club, rich city boys, drinking single malts and smoking expensive cigars with an E-Type Jag out the back... pubs are

really special places.

"And that was my school, really. Teenage Jamie was in love with people, optimistic for life and learning how to be glass half-full. And I don't mean it in a romantic or sugary way.

"But when you live in a pub, and when you are interacting with the public, you see the best and worst of the community, but mainly the best.

"Every day, you go down for service, even as a kid. Dad was going down for 12 to three, then six to 11pm. It's like theatre. And no matter what, you've got to brush yourself down and go for it.

"Even today, I say to my girls – you've got to brush your teeth, look in the mirror, and decide it's going to be a positive day, decide to be glass half-full.

"And I know it's easier said than done. But also, if you do try, and if you do have that intention, it's about being glass half-full most of the time, and hopefully having friends around you that will catch you on the not so good days."

Jamie really does come to life when he talks about that pub.

Which is no surprise, as that's still the lifelong dream.

"When I left the pub and went to London at 16, my dream was to come back. And even now, with everything that I've done, my dream, sincerely, is to retire and open a pub!"

He bursts into laughter as he reiterates how happy he is, but with the big 5-0 approaching, maybe Jamie Oliver's next big thing will take him very much back to his roots.

"I love my life. And I love my team. And I love the work that I have the opportunity to do," he says.

"But I still haven't fulfilled my career goal, which was to open a beautiful pub, and do my version of what I grew up in."

■ *Billy And The Epic Escape* by Jamie Oliver is published by Puffin Books, priced £14.99. Available now

Four new books to read this week

FICTION Going Home

Tom Lamont, hardback by Sceptre
£16.99 (ebook £9.99)

One of the Observer's Debut Novels of 2024, Tom Lamont's touching story is about three men caring for a toddler after the sudden death of his mother, Lia.

Teo has loved Lia since school, his dad Vic is trudging towards the end of his life and Ben, Teo's best pal, lives on family wealth. None are ideal parent material, but looking after two-year-old Joel changes them all in this moving story set in a Jewish community trying to decide if it wants to be traditional or progressive. Individual chapters switch between the men's viewpoint and rabbi Sibyl Challis as decisions about Joel's future are played out. A bittersweet story casting new light on love. **8/10**



Sandwich

Catherine Newman, hardback by Doubleday
£16.99 (ebook £8.99)

A family week in Cape Cod is an annual event for Rocky. And this one is the same as usual, except that Rocky has the menopause, her children are fully grown, her parents are ageing and she's not sure she wants to hug her husband or divorce him.

The familiar holiday stirs up memories, emphasises changes and unearths secrets. This book looks at navigating the world as a woman, gratitude, loss and love. Newman, whose debut, *We All Want Impossible Things*, was a Richard & Judy Book Club pick, transitions with ease from moments of melancholy to laugh-out-loud observations. A moving read finding the joy in everyday life. **8/10**



Cleavage

Cleo Watson, hardback by Corsair
£20 (ebook £7.99)

A raunchy political novel by a Boris Johnson former aide, filled with conspiracies, secret romances, data geeks and quite a lot of sex, looks set to top booksellers polls in election year. Cleo Watson has followed up her debut novel *Whips* with another Westminster story on how dangerous, uplifting and brutal politics can be.

Prime Minister Eric Courtenay, battling a resurgent Labour opposition, hires a strategist with a bizarre idea to close the gap in the polls, and as the December election day approaches, tempers flare, and a dating site takes centre stage for candidates in different parties. Anyone interested in politics and scandals will love this. **7/10**



NON-FICTION The Garden Against Time

Olivia Laing, hardback by Picador
£20 (ebook £9.99)

Olivia Laing is renowned for her poetic explorations of creative excess, from the hard-drinking of Hemingway to the lonely life of Andy Warhol. Here she looks at a different form of escapism framed by her experience resurrecting an old walled garden in Suffolk. She makes a case for the garden as a space every bit as fantastical and controversial as the world of high art and literature.

She delves into the history of gardens, shattering the notion they were symbols of privilege and exclusion. This book paints a picture as rich and provocative as her explorations of writers and artists. **8/10**



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ALBUM RELEASES

Paul McCartney & Wings

One Hand Clapping

Their Band On The Run album had been No1 for seven weeks when Wings went into Abbey Road Studios to film a documentary.

One Hand Clapping was the never-released soundtrack. Consequently, it became one of pop's most bootlegged live albums.

Fifty years on, this is its first official outing in its entirety, and the band were clearly having fun. Macca ends the first LP with a cheery version of the Tin Pan Alley jazz standard Baby Face - No2 in 1959 for Little Richard.

Disc two includes a jaunty take on bluegrass standard Blue Moon Of Kentucky, the B-side of Elvis's first single, plus Denny Laine



singing the Moody Blues hit Go Now. The set mixes Wings classics - Jet, Band On The Run, My Love - with some of Paul's classiest Beatles songs. There's Let It Be, and a truncated piano version of The Long & Winding Road that morphs into Lady Madonna.

It also includes the first recording of I'll Give You A Ring not released as a Wings B-side until 1982.

Small joys include a

93-second take on Power Cut, just Paul and a Hammond organ, and his leisurely piano version of Tomorrow.

The 2xLP vinyl package opens with the title track, a relaxed, bluesy instrumental with fine lead guitar from Jimmy McCulloch, who also sparkles on Hi, Hi, Hi.

It's not entirely new. Some songs were on the Band On The Run Archive Collection CD box-set, and this version of Live And Let Die featured on the 2003 film The In-Laws.

It comes with a bonus Backyard EP of six previously unavailable tracks, including a playful Blackpool, and covers of Buddy Holly's Peggy Sue and Eddie Cochran's 20 Flight Rock.

Yet oddly, considering that it was all filmed, there's no accompanying DVD.

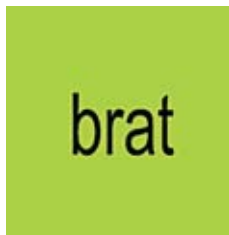


Luke Combs

Fathers And Sons

North Carolina-born Combs is a country sensation, even notching up two UK Top Ten albums. His third swerves country-rock to serve up heartfelt ballads about being a dad to two boys.

His voice is as worn as hand-me-down jeans and the songs have poignancy, but you might feel Cat Stevens said more in three minutes.



Charli XCX

Brat

After the poppy diversion of Crash, Charli is back to her true self, hammering us with the incessant dance attack of Club Classics. Highs include catchy Von Dutch, jaunty Mean Girl - dissing viperish snobs - and the soothing sincerity of I Might Say Something Stupid - a respite after jagged confessional Sympathy Is A Knife.



Gareth Dunlop

Welcome To The House Of I Don't Know

Belfast-born Dunlop has a knack for penning emotional numbers infused with soulful Americana. You might know his songs without knowing it, they've featured on films and TV shows like Suits and House.

He moves closer to 80 synth-pop here, but there's real warmth in anthemic tracks such as Go Down Swinging.

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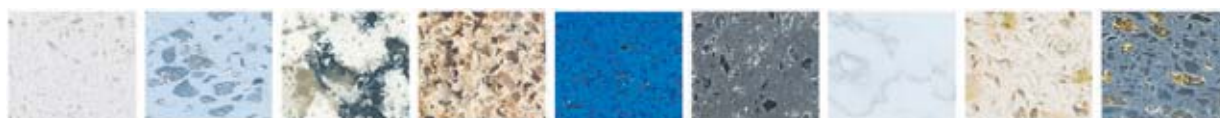
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TODAY'S TV



with SARA WALLIS



LIVING DOLL?
Sister Boniface and Felix

SISTER BONIFACE MYSTERIES

Drama, 9pm

We all know the scariest of characters are dolls, perhaps second only to clowns.

In this creepy episode, Sister Boniface, played by Lorna Watson, finds herself on the hunt for a killer doll when a local toymaker is discovered stabbed to death in a locked room.

Salem's Dolls have been quietly keeping local children happy for decades but now the business finds it is thrust into the limelight when the shop owner Arthur Salem (Richard Durden) is murdered.

Sister Boniface soon notices that their new doll Harmony is close to the body, holding the murder weapon.

Defensive doll-painter Beth Moody (Alexandra O'Neill) is the prime suspect with her criminal past, but the rest of the suspects are equally as eccentric and suspicious.

Felix (Jerry Iwu) throws himself into the case to avoid difficult questions from his fiancée Victoria (Ayesha Griffiths). But can Sister Boniface unlock the mystery before the town of Great Slaughter falls into mass panic over an evil doll?



MURDERED
Doll maker Arthur

INVESTIGATION

Radio 1's Sian Eleri wants to get to the truth



PICK of the DAY

PARANORMAL: THE VILLAGE THAT SAW ALIENS

BBC3, 9pm

WHEN 14 schoolboys from a village in Wales claimed to see a UFO in the playground, it sparked a media frenzy.

The news, from the Broad Haven Primary School in Pembrokeshire, made headlines around the world in 1977.

After the "sighting", none of the teachers believed them, so all the boys were placed under exam conditions and asked to draw what they saw.

They each drew a large silver craft with eerie similarities. But their "close encounter" was only the start. It triggered a wave of unexplained phenomena along the coastline.

Digging over old reports, natural sceptic and Radio 1 presenter Sian Eleri feels compelled to find out what really happened.

She heads to the seaside village of Broad Haven, where it all began – and her first mission is to track down the boys.

She manages to trace the original drawings, but will any of those involved even speak to her after all this time?

There's a breakthrough when Sian lands the case files from the original investigator, Randall Jones Pugh. Reading the first-hand accounts from the boys, she's struck by how petrified they were.

Sian tests other theories – did the boys see a military craft? Was it a playground joke that went too far?

But things take a chilling turn when Sian meets a woman who was at the school at the time and is still haunted by it all.

And she uncovers a tape of a new witness who takes the extraterrestrial encounters to another level. Spooky.

In the **DAILY MIRROR** Saturday



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MYSTERY
Old painting

HIDDEN TREASURES OF THE NATIONAL TRUST

BBC2, 9pm

At the 13th century Chirk Castle in Wrexham, Wales, there is an enduring mystery – a very rare, full-length portrait of a servant from the 18th century.

After years hanging next to an open fire, little can be seen of the man, John Wilton, under the layers of soot and varnish – and little is known about who he is or why he was honoured in this way.

A conservation clean will now shed new light on Wilton, while

house manager Karen George and senior national curator John Chu trawl the castle's archives for more intel.

There are secrets at another imposing residence, Oxburgh Hall, on the edge of the Norfolk fenlands.

A rats' nest found under the floorboards contains scraps of clothes that could be centuries old, while a conservator's eye spies the true story of an overlooked portrait tucked away under the stairs.

And at Penrhyn Castle in North Wales, the opening of the archives reveals the history of a 1900 quarry worker strike.

THE NEVERMETS

Channel 4, 10pm

More online daters meet up in this heartwarming and occasionally tense show that reunites couples who have never met.

Social media manager Leah from Glasgow, 24, is preparing to meet her all-American lover Chad, who's 48 and lives with his 16-year-old daughter.

They've been talking online for two months.

Meanwhile, 38-year-old virgin Matt makes the epic 7,000-mile journey to meet his first ever girlfriend, Maria,

after three years in an online relationship.

Jay and Veena await a decision on Veena's tourist visa that will allow her to visit Jay in the UK from her home in India.

Sarah and Jgoy spend their final 48 hours together in Manila, where Jgoy visits the British Embassy to apply for a tourist visa that would allow him to visit Sarah in Britain.

And Mazi finally shows up on time to meet up with Dumebi, hoping that his surprise date will be enough to win her over.



FIRST DATE
Mazi and Dumebi

Today's TV previews are on the previous page

All programmes are listed in British Summer Time (BST).

film ratings

- ★★★★★ Brilliant
- ★★★★ Very Good
- ★★★ Good
- ★★ Average
- ★ Bad

(R) Repeat

BBC ONE

6.00am Breakfast News headlines.
9.30 Morning Live Magazine.
10.45 Scam Interceptors An elderly man in a remote community is targeted by scammers.
11.15 Homes Under the Hammer Properties in Leicestershire, Somerset and Blackpool. (R)
12.15pm Bargain Hunt A pet-themed edition to celebrate the RSPCA's 200th anniversary.
1.00 BBC News at One; Weather
1.35 Regional News; Weather
1.45 BBC News at One; Weather
2.00 Hope Street A new taxi business opens in Port Devine.
2.45 Escape to the Country Buyers seek a move from the USA to the East Midlands.
3.45 Garden Rescue Designing an eco-friendly garden. (R)
4.30 The Finish Line Five more contestants compete.
5.15 Pointless Quiz, hosted by Alexander Armstrong, with guest co-host Lucy Porter. (R)
6.00 BBC News at Six; Weather
6.30 Regional News; Weather
6.55 Party Election Broadcast (R)

BBC TWO

6.30am Homes Under the Hammer A bungalow in the beautiful Norfolk Broads. (R)
7.30 Clive Myrie's Caribbean Adventure In Barbados. (R)
8.00 Sign Zone: Mammals (R)
9.00 BBC News Headlines.
12.15pm Politics Live
1.00 Impossible Quiz. (R)
1.45 Mastermind The final. (R)
2.45 Five Bedrooms Everyone is frantically preparing the house to be sold. Last in series. (R)
3.35 Stanley Tucci: Searching for Italy The actor explores Italian food in London. (R)
4.15 Great Bear Stakeout Part two of two. The grizzlies find food for the winter months. (R)
5.15 Flog It! A collection of previously unseen finds from the show's travels. (R)
6.00 Richard Osman's House of Games Kevin Eldon, Sarah Keyworth, Laila Rouass and John Whaite take part. (R)
6.30 Clive Myrie's Caribbean Adventure The newsreader explores Puerto Plata in the Dominican Republic.

ITV1

6.00am Good Morning Britain A lively mix of news, current affairs and lifestyle features.
9.00 Lorraine Entertainment and the latest fashion news.
10.00 This Morning Topical daily magazine, featuring a mix of celebrity chat, showbusiness news, advice and discussion. Including Local Weather.
12.30pm Loose Women Celebrity interviews and topical debate.
1.30 ITV News; Weather
1.55 Regional News; Weather
2.00 Dickinson's Real Deal The Dealers set up at Crewe Hall, as James Layte bargains for a page turner, and Simon Schneider browses some celebrity reading material. (R)
3.00 Lingo Pairs compete in the word game. Adil Ray hosts. (R)
3.59 Regional Weather
4.00 Tipping Point Quiz show, hosted by Ben Shephard. (R)
5.00 The Chase Quiz show, hosted by Bradley Walsh. (R)
6.00 Regional News; Weather
6.10 Party Election Broadcast
6.15 ITV Evening News; Weather

CHANNEL 4

6.30am Cheers Double bill. (R)
7.20 Everybody Loves Raymond Four episodes. (R)
9.10 Frasier Four episodes. (R)
11.10 Ramsay's Kitchen Nightmares USA The chef heads to Arizona. (R)
12.05pm Channel 4 News
12.10 Ramsay's Kitchen Nightmares USA A failing pizzeria in Los Angeles. (R)
1.10 Car S.O.S Revisiting vehicles from the first four series. (R)
2.10 Countdown With Sam Quek.
3.00 A Place in the Sun Double bill. Penny and Russell are hunting for a holiday home in Mojacar, Spain; fitness instructor Lucy seeks a property in Malaga.
5.00 Sun, Sea and Selling Houses A couple seek a retirement home that they can enjoy with their pets.
6.00 Four in a Bed The hosts meet one last time to find out what they've been paid. (R)
6.30 The Simpsons Marge begins a new life protecting endangered creatures. (R)

CHANNEL 5

6.00am Milkshake! Children's TV.
9.15 Jeremy Vine Discussion.
11.15 Storm Huntley Storm Huntley carries on the discussion and takes your calls to discuss the biggest stories of the day.
12.45pm Friends Double bill. Rachel considers moving out; Rachel tells her father she is pregnant, prompting him to confront Ross. (R)
1.40 5 News at Lunchtime
1.45 Home and Away Stevie puts Remi in charge of entertaining her film crew guests. (R)
2.15 FILM Dangerous Love (2022, PG) When recently divorced Laura meets a stranger online, her daughter soon grows suspicious. Thriller, starring Vivica A Fox. ★★★★★
4.00 Bargain-Loving Brits in the Sun Colin Brown prepares to welcome a family of seven to the B&B. (R)
5.00 5 News at 5 Headlines.
6.00 Party Election Broadcast
6.05 Argos: How Do They Really Do It? The secrets of the retailer (R); 5 News Update

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7	<p>7.00 The One Show Live chat and topical reports, presented by Alex Jones and Clara Amfo.</p> <p>7.30 The Panorama Interviews with Nick Robinson The journalist questions Labour's Keir Starmer as the election campaign continues. (R)</p>	<p>7.00 Digging for Britain: The Greatest Discoveries Alice Roberts visits archaeological digs around the country. (R)</p> <p>7.30 Beechgrove Garden Kirsty Wilson discusses what to sow and plant in order to attract birds to the area.</p>	<p>6.30 LIVE UEFA Euro 2024 Germany v Scotland (kick-off 8.00pm). Mark Pougatch presents coverage of the Group A match from Munich Football Arena, as hosts Germany kick off the 2024 tournament against Steve Clarke's side. Julian Nagelsmann's team go into the tournament having qualified automatically, and are one of the favourites to win the competition. They are looking to win their first major trophy since the World Cup in 2014, and their first European Championship victory since 1996. Scotland qualified for their second consecutive Euros after finishing below Spain, but comfortably ahead of the likes of Norway and Georgia. In their last appearance in the finals three years ago, they finished bottom of their group behind rivals England, Croatia and Czech Republic, and they haven't won a game at this tournament since a 1-0 victory against Switzerland back in the group stages of the 1996 competition.</p> <p>10.45 ITV News; Weather</p>	<p>7.00 Channel 4 News A round-up of all the latest headlines, in-depth interviews and analysis of political developments and current affairs. Plus, the day's leading sports stories and weather.</p> <p>7.55 Party Election Broadcast</p>	<p>7.00 The Motorway Hotel Head Chef James tries out new apprentice Kaylan, and the annual national Maize Maze awards is meant to be in town, but snowfall sends the M6 into chaos and threatens to ruin the event. Last in series; 5 News</p>
8	<p>8.00 Michael Mosley: The Doctor Who Changed Britain A tribute to the medic and broadcaster.</p> <p>8.30 Outnumbered The arrival of Pete's goddaughter from Australia has an unfortunate effect on the household. (R)</p>	<p>8.00 Gardeners' World Monty Don, Nick Bailey, Adam Frost, Sue Kent, Carol Klein and Frances Tophill are Birmingham-bound for the annual Gardeners' World Live event. Plus, an expert grower shares her passion for orchids.</p>		<p>8.00 The Dog House Youngster Harry is hoping to find a best friend who likes to play fetch and Ollie the ball-mad spaniel seems a perfect match. Meanwhile, Trini from London contends with sassy fluffball Balloo. (R)</p>	<p>8.00 Dalglish Adam and Miskin attend the murder scene of Rita O'Keefe, whose nephew Garry Ashe emerges as chief suspect. At his trial, defence barrister Venetia Aldridge smoothly secures an acquittal, but when she is also found dead, Dalglish is soon on the hunt for a missing paperknife, and a motive. Crime drama based on PD James' best-selling novels about Inspector Adam Dalglish, starring Bertie Carvel, Carlyss Peer and Alistair Brammer.</p>
9	<p>9.00 Death in Paradise Locals on the Caribbean island of Saint Marie make plans to celebrate the New Year – only for the festivities to be cut short when a masked man stabs a woman in her own home. Crime drama guest starring Nina Wadia. (R)</p>	<p>9.00 Hidden Treasures of the National Trust At Chirk Castle, a rare portrait of a servant from the 18th century reveals its secrets. And in Oxburgh Hall, two hidden treasures are brought back into the light. Last in series.</p>		<p>9.00 Celebrity Gogglebox Famous faces – including Nick Grimshaw and his niece Liv, Ellie Simmonds and Richie Anderson, Jane McDonald and her friend Sue, and Rylan and his mum Linda – critique the week's biggest TV shows.</p>	
10	<p>10.00 BBC News at Ten</p> <p>10.30 Regional News; Weather</p> <p>10.40 MOTD: UEFA Euro 2024 Highlights Germany v Scotland. Alex Scott presents action from the Group A match at Munich Football Arena, as the tournament got under way.</p>	<p>10.00 QI Sandi Toksvig looks at tubes and tubas in a totally tubular show, featuring panellists Alan Davies, Sara Pascoe, Bridget Christie and Deborah Frances-White. (R)</p> <p>10.30 Newsnight The day's national and international news stories.</p>		<p>10.00 The Nevermets Twenty-four-year-old Leah from Glasgow prepares to meet her American lover Chad – who's 48 and lives with his 16-year-old daughter – for the first time in person, after two months of communicating online.</p>	<p>10.00 LIVE UK vs Germany Fight Night Macaulay McGowan v Abass Baraou. Coverage of the bout for the European Super Welterweight title at Bolton Whites Hotel. Baraou won this title on English soil last time out when he defeated Sam Eggington via majority decision in Telford just three months ago, but McGowan will be hoping to claim his first professional title. Other fights pitting British and German fighters against each other are on the card, with hot prospect Dan Toward among those in action.</p>
11	<p>11.25 FILM Tinker Tailor Soldier Spy (2011, 15) A former intelligence operative is brought out of retirement to uncover a Soviet mole in a high-ranking position in MI6. Cold War thriller, starring Gary Oldman and Colin Firth. ★★★★★</p>	<p>11.05 FILM Dear Evan Hansen (2021, 12) Film adaptation of the Tony and Grammy Award-winning musical about Evan Hansen, a high-school senior with a social anxiety disorder. Starring Ben Platt and Julianne Moore. ★★★★★</p>	<p>11.20 Regional News; Weather</p> <p>11.30 FILM Terminator 2: Judgment Day (1991, 15) A cyborg is sent back in time to protect the future saviour of the human race. Sci-fi adventure sequel, with Arnold Schwarzenegger. ★★★★★</p>	<p>11.05 FILM The Inbetweeners Movie (2011, 15) Awkward teenagers Simon, Will, Jay and Neil head to Greece for a wild holiday – but things do not go to plan. Comedy, with Joe Thomas, Simon Bird and Blake Harrison. ★★★★★</p>	
12 midnight	<p>1.25am Euro 2024 Match Replay. Germany v Scotland. A chance to see the Group A match at Munich Football Arena. With commentary by Steve Wilson and James McFadden. 3.05 Weather for the Week Ahead. A look ahead to the latest forecast. 3.10-6.00am BBC News. Headlines.</p>	<p>1.10am Sign Zone: The Wrong Man: 17 Years Behind Bars. An innocent man failed by the criminal justice system. (R) 2.10 Sign Zone: Andi Oliver's Fabulous Feasts. Andi revisits her past. Last in series.(R) 3.10 Sign Zone: David & Jay's Touring Toolshed (R) 3.40-6.15am This Is BBC Two</p>	<p>1.40am Shop on TV 3.00 The Larkins. The family do all they can to get Pop out of prison, while Mariette tells him he is going to be grandfather, but swears him to secrecy. Ma is surprised by an about-turn from Norma. (R) 3.50 Unwind with ITV 5.05-6.00am Katie Piper's Breakfast Show (R)</p>	<p>12.55am FILM Skyscraper (2018, 12) Action thriller, starring Dwayne Johnson. ★★★★★ 2.35 Ramsay's 24 Hours to Hell and Back. Gordon visits Bayou on the Vine in Kansas City. (R) 3.25 Come Dine with Me: four episodes (R) 5.35 Escape to the Chateau (R) 5.45-6.10am Frasier (R)</p>	<p>12.05am Ultimate Police Interceptors (R) 1.00 Entertainment News on 5 1.15 PlayOJO Live Casino Show 3.15 Secret Scotland with Susan Calman (R) 4.05 Britain's Greatest Bridges (R) 4.50 Wildlife SOS (R) 5.15 House Doctor (R) 5.40 Entertainment News on 5 5.45-6.00am Paw Patrol (R)</p>

ITV2	Freeview 6
6.00am	CITV 9.00 World's Funniest Videos 9.30 Totally Bonkers Guinness World Records 10.00 Love Bites 12.00noon Dress to Impress 1.00 Deal or No Deal 2.00 Family Fortunes 3.00 Veronica Mars 4.00 Dawson's Creek. Drama. 5.00 Dress to Impress. Dating show.
6.00	Celebrity Catchphrase With Richard Ayoade, Katie McGlynn and Joe Swash.
7.00	Deal or No Deal Gameshow, hosted by Stephen Mulhern.
8.00	Bob's Burgers Double bill.
9.00	Love Island The islanders reach the end of the second week in paradise.
10.05	The Stand Up Sketch Show With Rhys James and Helen Bauer.
10.35	Family Guy Animated double bill.
11.35	American Dad! Stan and Francine's social life gets a boost.
12.05am	American Dad! Animation.
12.35	The Sex Lives of College Girls
1.45	Don't Hate the Playaz 2.30 Unwind with ITV 3.00-6.00am Teleshopping

DAVE	Freeview 19
6.00am	Teleshopping 7.20 Cop Car Workshop 8.05 The Force: Behind the Line 8.40 Top Gear 12.00noon Storage Hunters UK: four episodes 2.00 Extreme Fishing with Robson Green 3.00 Top Gear 5.00 Hairy Bikers' Best of British
6.00	Rick Stein's Secret France The chef heads through France's eastern border regions of Alsace and Jura.
7.00	Would I Lie to You? With Jo Brand, Roisin Conaty, Paul Foot and Ray Mears.
7.40	Richard Osman's House of Games Double bill. With Roger Black, Jo Brand, Sanjeev Kohli and Tiff Stevenson; with Maisie Adam and James Cracknell.
9.00	QI XL With Ross Noble and Jack Dee.
10.00	Have I Got 2021 News for You
11.00	Taskmaster Gameshow.
12.00m't	Mock the Week. Comedy panel show. 12.40 Would I Lie to You? 1.20 Alan Davies: As Yet Untitled 2.30 Dave Gorman: Modern Life Is Goodish 3.20 Room 101 4.00-6.00am Teleshopping

E4	Freeview 13
6.00am	Hollyoaks 7.00 Ramsay's Kitchen Nightmares USA 9.00 Brooklyn Nine-Nine 10.00 Young Sheldon 11.00 Modern Family 12.00noon The Big Bang Theory 2.00 The Goldbergs 3.00 Modern Family 4.00 Young Sheldon 5.00 The Big Bang Theory: double bill
6.00	The Big Bang Theory Double bill.
7.00	Hollyoaks Cleo's slip of the tongue makes Marie suspicious.
7.30	Come Dine with Me Social worker Ruth tries to impress her guests with her Jewish-Irish fusion menu.
8.00	Dance Moms Bride-to-be Melissa loses her temper at Christi and Kelly.
9.00	FILM Terminator 3: Rise of the Machines (2003, 12) Sci-fi adventure, starring Arnold Schwarzenegger. ★★ ★
11.05	Naked Attraction Dating show.
12.10am	The Big Bang Theory 1.10 Brooklyn Nine-Nine 2.15 Modern Family 3.30 Dance Moms 4.15 The Neighborhood 5.05-6.00am Brooklyn Nine-Nine

VARIATIONS & S4C
WALES As BBC1 except: 1.35-1.45pm BBC Wales Today; Weather 6.30 BBC Wales Today; Weather 6.55 Party Election Broadcast 7.00-7.30 Nick Servini Interviews... 8.30-9.00 Iolo's Valleys. Iolo heads up the valleys north of Newport. Last in series. 10.30 BBC Wales Today; Weather 10.40 Paranormal: The Village That Saw Aliens 11.10 Paranormal: The Village That Saw Aliens 11.40 MOTD: UEFA Euro 2024 Highlights 12.25-1.25am Pitch Invasion: How the Scottish and Irish Changed Football
WALES As BBC2 except: 7.00pm The One Show 7.30-8.00pm Springwatch in Wales. The journey begins in the ancient Celtic rainforest.
MERIDIAN As ITV1 except: 1.55-2.00pm ITV News Meridian 6.00-6.10 ITV News Meridian 11.20-11.30pm ITV News Meridian
CENTRAL As ITV1 except: 1.55-2.00pm ITV News Central 6.00-6.10 ITV News Central 11.20-11.30pm ITV News Central
ITV WALES As ITV1 except: 1.55-2.00pm ITV News Cymru Wales 6.00 ITV News Wales at Six 6.10-6.15 Party Election Broadcast 11.20-11.30pm ITV News Cymru Wales
WEST As ITV1 except: 1.55-2.00pm ITV News West Country. A round-up of the latest headlines. 6.00-6.10 ITV News West Country 11.20-11.30pm ITV News West Country
ANGLIA As ITV1 except: 1.55-2.00pm ITV News Anglia 6.00-6.10 ITV News Anglia 11.20-11.30pm ITV News Anglia
WESTCOUNTRY As ITV1 except: 1.55-2.00pm ITV News West Country 6.00-6.10 ITV News West Country. The latest headlines. 11.20-11.30pm ITV News West Country
S4C 6.00am Cyw 12.00noon Newyddion S4C a'r Tywydd 12.05pm Bwyd Bach Shumana a Catrin 12.30 Heno 1.00 Cais Quinnell 1.30 Ma'i Off 'Ma 2.00 Newyddion S4C a'r Tywydd 2.05 Prynhawn Da 3.00 Newyddion S4C a'r Tywydd 3.05 Y Fets 4.00 Awr Fawr 5.00 Stwnsh 6.00 Gerdci Cymru 6.25 Darllediad Etholiadol gan y Democratiaid Rhwyddfrydol 6.30 Garddio a Mwy 6.57 Newyddion S4C 7.00 Heno 7.30 Newyddion S4C a'r Tywydd 8.00 Heather Jones 8.55 Newyddion S4C a'r Tywydd 9.00 Siwrna Scandi Chris. Welsh fire chef Chris goes on a Scandi food journey. 10.00 Cynefin 11.00-11.35pm Welsh Whisperer – Ni'n Teithio Nawr!

ITVBe	Freeview 28
7.00am	Unwind with ITV 7.05 Sugar Showdown 7.35 The Real Housewives of Cheshire 8.35 Masters of Flip 9.35 Buying and Selling 10.35 The Real Housewives of Cheshire 11.35 The Real Housewives of Atlanta 12.30pm The Real Housewives of New Jersey 1.20 The Only Way Is Essex 2.15 Dinner Date 3.15 Million Dollar Listing: LA 4.10 The Real Housewives of Atlanta 5.00 The Real Housewives of Salt Lake City
6.00	Masters of Flip Dave and Kortney get to work on a classic brick home.
7.00	Million Dollar Listing: LA David and James host a barbecue.
8.00	Dinner Date Sports streaming engineer Marcus is given five menus, each put together by a potential blind date.
9.00	Botched Double bill. A patient seeks a new nose; a drag queen seeks help.
11.00	The Only Way Is Essex A trip to Tenerife turns into a war of words.
12.00-1.00am	Ready to Mingle

DRAMA	Freeview 20
6.00am	Teleshopping 7.10 London's Burning 8.00 Doctors 9.15 Classic Holby City 10.40 Classic Casualty 11.40 The Bill 12.40pm Classic EastEnders 2.00 London's Burning 3.00 Lovejoy 4.10 Tenko 5.15 Birds of a Feather
6.00	Waiting for God Sitcom.
6.40	Are You Being Served? Comedy.
7.20	Last of the Summer Wine Smiler works as a door-to-door salesman.
8.00	Father Brown A convicted killer is given a temporary reprieve and begs Father Brown to help prove her innocence.
9.00	Sister Boniface Mysteries Sister Boniface finds herself on the hunt for a killer doll when a toymaker is murdered.
10.00	New Tricks A retired detective helps the team. Denis Lawson joins the cast.
11.20	Soldier, Soldier The fusiliers take up guard duty at Windsor Castle.
12.20am	Lovejoy 1.30 David Copperfield. David revisits Peggotty. 2.35 Classic Holby City 4.00-6.00am Teleshopping

MORE4	Freeview 18
8.55am	A Place in the Sun 10.25 A New Life in the Sun 11.25 Find It, Fix It, Flog It 12.30pm Come Dine with Me: five episodes 3.10 Four in a Bed: five episodes 5.50 Chateau DIY. Janet and Philip are pushed to breaking point.
6.55	PopMaster TV Double bill. With contestants from Kent, Glasgow, Hertfordshire, Dagenham and York; with contestants from Worcester, Perth, Glasgow, Southport and Bedford.
9.00	Astrid: Murder in Paris A man is killed in an ultra-secure factory and the main suspect vanishes – only to return in a haze of strange events. In French.
10.05	24 Hours in A&E Double bill. A woman is brought in with suspected sepsis; a 20-year-old woman is rushed in after being involved in a car crash.
12.10am	8 Out of 10 Cats Does Countdown 1.15 The Twelve: Cinderella Murder. Drama. 2.25 24 Hours in A&E 3.30-4.00am A Place in the Sun

BBC3	Freeview 23
7.00pm	Top Gear Michael Sheen is the Star in a Reasonably Priced Car.
8.00	The Traitors US A deadly mission sees a player take their last breath in the game.
9.00	NEW Paranormal: The Village That Saw Aliens Double bill. Sian Eleri examines the biggest mass UFO sighting in Britain.
10.00	A Very British Cult An investigation into a life coaching company that allegedly ruins lives.
11.00	Ladhood Double bill. Liam is forced to confront his mental health problems; Liam prepares to perform.
11.50	I Kissed a Boy The dinner party concludes with heated words.
12.40am	Confessions of a Teenage Fraudster. Documentary. 1.25 Boot Dreams: Now or Never 2.25 Ladhood 2.50 Paranormal: The Village That Saw Aliens 3.50-4.00am Press X to Continue

BBC4	Freeview 9
7.00pm	TOTP: 1996 Mark Goodier presents the pop chart programme.
7.30	TOTP: 1996 Dale Winton presents the pop chart programme.
8.00	TOTP: 1987 Performances by John Farnham, Bruce Willis, Beastie Boys and Run DMC.
8.30	TOTP: 1982 Featuring Roxy Music, Duran Duran, ABC, Queen, Toyah and Adam Ant.
9.00	Disco at the BBC: Volume 2 Selection of classics from the archive.
10.00	Disco: Soundtrack of a Revolution A look at how disco conquered the mainstream charts.
11.00	Boogie Fever: A TOTP2 Disco Special With Chic, Gloria Gaynor and Sophie Ellis-Bextor.
12.30am	Sounds of the 70s. Archive performances. 1.00 Disco at the BBC: Volume 2 2.00 TOTP: 1996 2.30 TOTP: 1996 3.00 TOTP: 1987 3.30-4.00am TOTP: 1982

5 USA	Freeview 21
6.00am	Home Shopping 9.00 NCIS 9.55 Entertainment News on 5 10.00 NCIS 12.00noon Law & Order 5.55 Entertainment News on 5
6.00	NCIS Four episodes. Vance assigns McGee, Torres and Bishop to Covid compliance duty at a foreign affairs summit, where they discover a link to another NCIS team's murder case; Torres meets his father; the team investigates a biker killed in a hit-and-run incident; the team tracks a stolen laptop, and it leads back to Phineas's uncle, Hassan Sayegh.
10.00	Law & Order: Special Victims Unit Double bill. Benson learns her brother is suspected of stalking three women; a rent boy is murdered.
12.00m't	Law & Order: Special Victims Unit: double bill 1.55 The Blacklist 2.50 Criminal Minds 3.35 999: Criminals Caught on Camera 4.00-6.00am Teleshopping

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Sport

SKY SPORTS MAIN EVENT

6.00am Sky Sports News **7.00** Good Morning Euros. A round-up of the all the Euros news.
8.00 **LIVE** **Super Rugby** Blues v Brumbies (kick-off 8.05am). The semi-final match at Eden Park.
10.00 **LIVE** **Tennis** The Libema Open. Coverage of day five of the WTA and ATP grass court events, held at Autotron Rosmalen in s-Hertogenbosch, the Netherlands, featuring the quarter-finals.
12.30pm **LIVE** **US Open Golf** Coverage of the second day of the Major, in North Carolina.
1.00am **LIVE** **ICC Men's T20 World Cup** New Zealand v Uganda. Coverage of the Group C match from Brian Lara Cricket Academy.
5.30-6.00am **LIVE** **Super Rugby** Hurricanes v Chiefs (kick-off 5.35am). Live coverage of the semi-final match at Sky Stadium in Wellington.

SKY SPORTS CRICKET

6.00am ICC Men's T20 World Cup **7.30** ICC T20 World Cup 2021 **8.00** ICC Men's T20 World Cup **2.10pm** Best of ICC WT20. Australia v Pakistan. **2.30** ICC Men's T20 World Cup **3.00** **LIVE** **ICC Men's T20 World Cup** USA v Ireland. The Group A match at Central Broward Park & Broward County Stadium in Florida.
7.00 **LIVE** **Vitality T20 Blast Cricket** Birmingham Bears v Yorkshire Vikings. Action from the North Group match at Edgbaston.
10.15 Best of T20 Blast Finals Day **10.30** ICC Men's T20 World Cup **11.00** ICC Men's T20 World Cup **12.00** ICC Men's T20 World Cup. England v Oman. Highlights.
12.00m't **LIVE** **ICC Men's T20 World Cup** South Africa v Nepal. Coverage of the Group D match at Arnos Vale Stadium, Kingstown, Saint Vincent.
4.30 **LIVE** **ICC Men's T20 World Cup** New Zealand v Uganda. The Group C match.
5.30-6.00am ICC Men's T20 World Cup

SKY SPORTS FOOTBALL

6.00am Championship Retro **8.45** EFL Greatest Games **10.00** Championship Retro **12.00noon** EFL Greatest Games. From the 2018/19 season. **1.00** Championship Season Review. The 2020/21 campaign. **2.00** Best Goals Of The Carabao Cup 2020/21 **2.30** EFL Trophy Football **3.00** Championship Retro **5.30** EFL Greatest Games **6.00** Paris: Born to Play **6.30** EFL Greatest Games **7.00** Championship Season Review **8.00** Best Goals: Efl Cup 2021-22 **8.30** EFL Trophy Football **9.00** Old Firm Derby Best Goals **9.30** SPFL: Edinburgh Derby Best Goals **10.00** SPFL Greatest Games **12.00m't** EFL Greatest Games **1.00** Championship Retro **3.00** EFL Cup Retro. The 2013 final. **5.00-6.00am** EFL Rivalries

TNT SPORTS 1

6.00am Fishing: On the Bank **7.00** WWE Raw Highlights **8.00** Sign Up – Into Football **8.45** Ultimate Pool. Ultimate Pool Pairs Cup Group 2.
10.15 **LIVE** **AFL** Brisbane Lions v St Kilda Saints (bounce-up 10.40am). Coverage of the match from Brisbane Cricket Ground.
1.30pm UEFA Europa Conference League. Olympiacos v Fiorentina. **2.00** UEFA Europa League **2.30** UEFA Champions League **3.00** Premier League Stories **3.30** Premier League Review **4.30** Premier League World Beaters **7.00** **LIVE** **WWE Friday Night SmackDown** Wrestling action from WWE Friday Night SmackDown at OVO Hydro in Glasgow.
9.00 Fight Inc: Inside the UFC **11.00** Premier League World Beaters **12.00m't** Euro 2024 – Agree or Disagree **12.15** Inside Serie A **12.45** UEFA Champions League Goals Reload. From the quarter-finals. **1.00** NBA Action
1.30 **LIVE** **NBA** Dallas Mavericks v Boston Celtics (tip-off 1.30am). Game four of the NBA Finals.
4.00 NBA Action. A round-up of the latest action.
4.30-7.30am **LIVE** **AFL** Western Bulldogs v Fremantle Dockers (bounce-up 4.45am).

TNT SPORTS 2

11.30am Badminton Weekly **11.45** PSA Squash Highlights **12.45pm** Euro 2024 – Agree or Disagree **1.00** MLB Highlights **2.00** Hockey **6.00** MLB Plays of the Week **6.30** MLB: Off the Bat. Action from Major League Baseball.
7.00 **LIVE** **MLB** Chicago Cubs v St Louis Cardinals (start time 7.20pm). Coverage of the National League match from Wrigley Field.
10.15 TNT Sports Cricket Reload **10.30** MLB Highlights **11.30** MLB: Off the Bat
12.00m't **LIVE** **MLB** Boston Red Sox v New York Yankees (start time 12.10am). Coverage of the American League match from Fenway Park.
3.15 Fishing: On the Bank **4.15** TNT Sports Goals Reload **4.30** TNT Sports Reload **5.00-6.00am** PSA Squash Highlights

EUROSPORT 1

6.00am Cycling: Tour of Belgium **7.00** Tour of Switzerland **8.00** Mountain Biking **9.00** Olympic Games **10.00** Tour of Belgium **11.00** Tour of Switzerland **12.00noon** Tour of Slovenia
2.00 **LIVE** **Tour of Belgium** Stage three, 188.2km from Turnhout to Scherpenheuvel-Zichem.
4.00 **LIVE** **Mountain Biking** Coverage of the World Cup meeting from Val di Sole in Italy, featuring the cross-country short-track events.
5.30 Roland-Garros **7.00** Cycling **9.00** Mountain Biking **10.00** Roland-Garros **11.00** Cycling **1.00am** FIA World Endurance Championship **2.00** Cycling **4.00** British Speedway **5.00-6.00am** FIA World Endurance Championship

Entertainment & Factual

ITV3 Freeview 10

6.00am Classic Emmerdale **7.00** Classic Coronation Street **8.05** Agatha Christie's Poirot **10.30** The Royal **11.35** Heartbeat **1.40pm** Classic Emmerdale **2.40** Classic Coronation Street **3.40** Inspector Morse **5.55** Heartbeat **8.00** Doc Martin **9.00** Shetland **11.30** Lewis **1.10am** Upstairs, Downstairs **2.05-2.30am** Unwind with ITV

ITV4 Freeview 26

6.00am World of Sport **6.10** Minder **7.10** The Sweeney **8.10** The Return of Sherlock Holmes **9.15** Magnum, PI **10.20** Kojak **11.25** BattleBots **12.25pm** The Return of Sherlock Holmes **1.35** Magnum, PI **2.40** Kojak **3.40** Minder **4.50** The Sweeney **6.00** **LIVE** World Series of Darts. Coverage of the first day of the Poland Darts Masters. **10.00** All Elite Wrestling: Dynamite **12.00m't** Made in Britain **1.00** The Sweeney **1.55** The Protectors **2.25-3.00am** Unwind with ITV

5STAR Freeview 32

8.00am Bargain-Loving Brits in the Sun: double bill **10.00** Nightmare Tenants, Slum Landlords **11.00** Traffic Cops **2.00pm** Police Interceptors **5.00** Dogs Behaving (Very) Badly **6.00** Home and Away **7.00** GPs: Behind Closed Doors **8.00** Casualty 24/7: Every Second Counts **9.00** **FILM** The Bodyguard (1992/15) Romantic thriller. **★★★★ 11.40** **FILM** Ocean's 8 (2018/12) **★★★★ 1.55am** Casualty 24/7: Every Second Counts **2.45** GPs: Behind Closed Doors **3.35-4.00am** Home and Away

REALLY Freeview 17

6.00am Fantasy Homes in the City **7.00** Cruise TV with LoveitBookit **8.00** Salvage Hunters **10.00** The Yorkshire Auction House **11.00** Antiques Road Trip **12.00noon** Money for Nothing **2.00** The Repair Shop **3.00** Antiques Road Trip **5.00** The Yorkshire Auction House **7.00** Antiques Road Trip **9.00** Help! My House Is Haunted **10.00** Ghost Adventures **11.00** Help! My House Is Haunted **12.00m't** Unexplained: Caught on Camera **1.00** Paranormal: Caught on Camera **2.00-4.00am** Teleshopping

5ACTION Freeview 33

9.00am Car Pound Cops **9.25** Outback Trucks **10.25** Traffic Cops **11.25** **FILM** Apache (1954/U) **★★★★ 1.15pm** **FILM** Cast a Giant Shadow (1966/PG) **★★★★ 4.00** Outback Trucks **5.00** Traffic Cops **6.00** Police Interceptors **9.00** Police: Night Shift 999 **10.00** Motorway Cops: Catching Britain's Speeders **11.00** Inside the Force **12.00m't** Police Interceptors **1.00** Fights, Camera, Action! **2.00** Trucking Hell **3.50-4.00am** Entertainment News on 5

SKY ARTS Freeview 36

6.00am Charles Hazlewood: Beethoven & Me **7.00** Classic FM Rising Stars with Julian Lloyd Webber 2022 **8.00** The Joy of Painting **9.00** Tales of the Unexpected **10.00** Alfred Hitchcock Presents **11.00** Discovering: Peter Ustinov **12.00noon** The Joy of Painting **1.00** Tales of the Unexpected **1.55** Mae West: Dirty Blonde **3.00** Camille Pissarro: The Father of Impressionism **4.00** Discovering: Ian McKellen **5.00** The Joy of Painting **6.00** Tales of the Unexpected

BBC RADIO 1

97.6-99.8MHz 6.33am Best New Pop **6.57** Newsbeat **7.00** Breakfast with Matt and Mollie **10.00** Anthems with Matt and Mollie **10.30** Newsbeat **10.32** Radio 1 Anthems **11.02** Danny Beard **12.45pm** Newsbeat **1.00** Radio 1 at Download **4.00** The Official Chart with James Cusack **5.45** Newsbeat **6.00** Dance Party with Danny Howard **8.00** Future Dance with Sarah Street **10.00** Pete Tong **12.00m't** Essential Mix **2.00** Radio 1 Dance Presents **3.00** Danny Howard Club Mix **4.00** Anthems **5.00-6.00am** Relax

BBC RADIO 2

88-91MHz 6.30am Zoe Ball **9.30** Vernon Kay **12.00noon** Jeremy Vine **2.00** Scott Mills **3.30** Scott Mills' Wonder Years **4.00** Sara Cox **7.00** Michelle Visage **8.30** Michelle Visage's Handbag Hits **9.00** Good Groove with DJ Spooky **11.00** The Rock Show with Johnnie Walker **12.00m't** Romesh Ranganathan: For the Love of Hip-Hop **1.00** Lionel Richie at the BBC **2.00** Angela Griffin **3.00** Sophie Ellis-Bextor **5.00-6.00am** Radio 2 in Concert: Van Morrison

BBC RADIO 3

90.2-92.4MHz 6.30am Breakfast **9.30** Essential Classics **1.00pm** Classical Live **4.00** Composer of the Week: Gibbons **5.00** In Tune **7.00** Classical Mixtape **7.30** Friday Night Is Music Night **9.45** The Essay: Bohemians in T-Shirts **10.00** Late Junction **11.30** 'Round Midnight. The very best in jazz. **12.30-6.30am** Through the Night



House Of The Dragon
Sky Atlantic, 8.50pm
Ahead of the second season, which begins next week, here is another chance to see the first run's conclusion. Daemon (Matt Smith, left) is preparing for war.

7.00 Alfred Hitchcock Presents **8.00** How the Beatles Changed the World **10.15** Discovering **11.15** Stuart Sutcliffe: The Lost Beatle **12.30am** Guy Garvey: From the Vaults **1.30** Live from the Artists Den **2.45** Led Zeppelin: In the Light **4.00** Cheltenham Literature Festival **5.00-6.00am** Auction

GOLD

7.10am The Fosters **8.05** The Green Grass **9.20** My Hero **10.00** Are You Being Served? **10.40** Still Open All Hours **11.20** Last of the Summer Wine **12.40pm** The Green Grass **1.20** My Hero **2.00** Still Open All Hours **2.40** Dad's Army **3.20** Are You Being Served? **4.00** Last of the Summer Wine **5.20** Still Open All Hours **6.00** The Green Grass **6.40** Dad's Army **8.00** Only Fools and Horses **8.40** The Thin Blue Line **9.20** Victoria Wood as Seen on TV **10.00** The Royle Family **10.40** Mrs Brown's Boys **12.00m't** Only Fools and Horses **12.40** The Thin Blue Line **1.20** Victoria Wood as Seen on TV **2.00** The Royle Family **2.30-4.00am** The Thin Blue Line

YESTERDAY Freeview 27

6.10am Hornby: A Model World **8.00** Abandoned Engineering **10.00** The World at War **11.00** World War Weird **12.00noon** Great British Railway Journeys **1.00** Antiques Roadshow **2.00** Bangers & Cash **4.00** The World at War **5.00** World War Weird **6.00** Antiques Roadshow **7.00** Canal Boat Diaries **8.00** Hornby: A Model World **10.00** Bangers & Cash **11.00** Abandoned Engineering **12.00m't** Great British Railway Journeys **1.00-2.00am** Abandoned Engineering

ALIBI

7.10am Murdoch Mysteries: double bill **9.00** The Coroner **10.00** Elementary **11.00** Shakespeare & Hathaway: Private Investigators **12.00noon** Father Brown **1.00** Death in Paradise **2.00** Murdoch Mysteries **4.00** Elementary **5.00** Father Brown **6.00** Shakespeare & Hathaway: Private Investigators **7.00** Elementary **8.00** Death in Paradise: triple bill **11.20** Elementary **12.15am** Why Women Kill **1.20** Unforgettable **2.20-4.00am** Murdoch Mysteries

SKY MAX

6.00am NCIS: Los Angeles **7.00** DC's Legends of Tomorrow **8.00** The Flash **9.00** Stargate SG-1 **11.00** NCIS: Los Angeles **12.00noon** The Flash **1.00** MacGyver **3.00** Hawaii Five-0 **4.00** S.W.A.T **5.00** DC's Legends of Tomorrow **6.00** Stargate SG-1

Radio

CHOICE

Friday Night Is Music Night Radio 3, 7.30pm
Clare Teal is at Cardiff's Hoddinott Hall to present a show celebrating music from popular American stage shows and films. There are songs from *Mary Poppins*, *Beauty And The Beast*, *Guys And Dolls*, *The Wizard Of Oz*, *Funny Girl*, *Singing In The Rain*, *West Side Story*, *Dear Evan Hansen* and *Wicked*.

BBC RADIO 4

FM 92.4-94.6MHz 6.00am Today **9.00** Desert Island Discs **10.00** Woman's Hour **11.00** There's Only One Michael Mosley **11.45** Book of the Week: All That Glitters **12.00noon** News **12.04** Rare Earth **1.00** The World at One **1.45** Understand: The UK Election **2.00** The Archers **2.15** Drama: The Specialist **2.45** Child **3.00** Gardeners' Question Time **3.45** Short Works **4.00** Last Word **4.30** More or Less **5.00** PM **6.00** News **6.30** The News Quiz **7.00** The Archers **7.15** Add to Playlist **8.00** Any Questions? **9.00** Free Thinking **10.00** The World Tonight **10.45** Book at Bedtime: The Photographer **11.00** Americast **11.30** The Bottom Line: The Decisions That Made Me a Leader **12.00m't** News **12.30** Book of the Week: All That Glitters **12.48** Shipping Forecast **1.00** As BBC World Service **5.20** Shipping Forecast **5.30** News **5.43** Prayer for the Day **5.45-6.00am** NatureBang

8.00 A League of Their Own: Mexican Road Trip **9.00** The Walking Dead: The Ones Who Live **10.00** Never Mind the Buzzcocks **11.30** The Walking Dead **12.30am** Brit Cops: Rapid Response **1.30** Road Wars **3.00** Hawaii Five-0 **4.00-5.00am** S.W.A.T

SKY ATLANTIC

6.00am The Guest Wing **7.55** Six Feet Under **10.05** Billions **12.15pm** Game of Thrones **1.20** The Sopranos **3.30** Six Feet Under **5.30** Billions **6.35** Gomorrah **7.35** Game of Thrones **8.50** House of the Dragon **10.00** House of the Dragon: War Room **11.00** The Time Traveler's Wife: triple bill **1.55am** Euphoria **3.05** Game of Thrones **4.20-6.00am** The Guest Wing

SKY WITNESS

6.00am Air Ambulance ER **7.00** Border Patrol **8.00** UK Border Force **9.00** 999 Frontline **10.00** Bull **11.00** Blue Bloods **12.00noon** New Amsterdam **1.00** 9-1-1 **2.00** FBI: Most Wanted **3.00** Caught Red Handed **4.30** Nothing to Declare **7.00** Caught on Dashcam **8.00** Chicago Med **9.00** Chicago Fire **10.00** Chicago PD **11.00** The Equalizer **12.00m't** The Cleaning Lady **1.00** The Rookie **2.00** Law & Order: Special Victims Unit **3.00** FBI: Most Wanted **4.00** Bull **5.00-6.00am** Air Ambulance ER

SKY COMEDY

8.00am Will & Grace **9.00** The Conners **10.00** Sort Of **10.30** Veep **11.40** Entourage **12.50pm** High Maintenance **2.10** Veep **3.20** Entourage **4.30** Sort Of **5.00** Will & Grace **6.00** The Office (US) **7.00** The Conners **8.00** Will & Grace **9.00** Young Rock **10.00** Jerrod Carmichael Reality Show **11.15** The Tonight Show Starring Jimmy Fallon **12.15am** Ricky Velez: Here's Everything **1.25** Sex and the City **2.40** Sort Of **3.10** Flatbush Misdeameanors **3.50-5.00am** High Maintenance

DISCOVERY

6.00am How It's Made **7.00** Deadliest Catch **8.00** Building Off the Grid **9.00** Combat Dealers **10.00** Demolition Down Under **11.00** Wheeler Dealers **1.00pm** Barnwood Builders **3.00** Gold Rush **4.00** Alaska: Homestead Rescue **6.00** Demolition Down Under **7.00** Bitchin' Rides **8.00** Gold Rush: Parker's Trail **9.00** Moonshiners **10.00** Blowing Up History **11.00** Outback Trucks **12.00m't** Gold Divers **1.00** Moonshiners **2.00** Blowing Up History **3.00** Gold Rush: Parker's Trail **4.00-5.00am** Moonshiners

NATIONAL GEOGRAPHIC

8.00am Food Factory **9.00** Air Crash Investigation **10.00** World War II: Secrets from Above **11.00** Europe from Above **12.00noon** Car S.O.S **1.00** To Catch a Smuggler **2.00** Air Crash Investigation **3.00** Drain the Oceans: Rise of the Roman Empire **4.00** Lost Treasures of Rome **5.00** Car S.O.S **6.00** Erased: WWII Heroes of Colour **7.00** Air Crash Investigation **8.00** Apocalypse: The Rise of Hitler **10.00** Churchill's German Army **11.00** Air Crash Investigation **12.00m't** To Catch a Smuggler **1.00** Drain the Oceans: Deep Dive **2.00** Abandoned **2.30** Food Factory **3.20** Lords of War **4.10-5.00am** Exotic Animal ER

BBC RADIO 5 LIVE

693/909kHz 6.00am Breakfast **9.00** Nicky Campbell **11.00** Chiles on Friday **1.00pm** Elis James and John Robins **2.00** Colin Murray **4.00** 5 Live Drive **6.30** 5 Live Sport **8.00** 5 Live Sport. Germany v Scotland (kick-off 8.00pm). **10.30** 6-0-6 **12.00m't** Lisa McCormick **4.00** The Toone and Russo Show **5.00-6.00am** 5 Live Boxing

BBC RADIO WALES

FM: 94.6MHz 6.00am News Update **6.05** Wake Up with Radio Wales **6.30** All Things Considered **7.00** Breakfast **9.00** Wynne Evans **12.00noon** The Phone In **2.00** Eleri Sion **5.00** Radio Wales Drive **6.28** Party Election Broadcast **6.30** Arts Show **7.00** Radio Wales Sport **10.00** Friday Night H **12.00m't** The Party Playlist with H **1.00** As Radio 5 Live **5.00-7.00am** Vicki Blight

CLASSIC FM

100-102MHz 6.30am Breakfast with Dan Walker **9.00** The Classic FM Hall of Fame Hour **10.00** Alexander Armstrong **1.00pm** Anne-Marie Minhall **4.00** Margherita Taylor **7.00** Classic FM at the Movies with Jonathan Ross **9.00** Traditional Tunes with Iona Stephen **10.00** Calm Classics **1.00am** Katie Breathwick **4.00-7.00am** Sam Pittis

ABSOLUTE RADIO

DAB 6.00am Dave Berry **10.00** Leona Graham **1.00pm** Ben Burrell **4.00** Bush and Richie **7.00** Absolute 80s Greatest Hits with Claire Sturgess **10.00** Ben Coley **4.00-8.00am** Jennie Longdon

Movies

FILM4

11.00am 13 Rue Madeleine (1946/U) Second World War spy thriller, starring James Cagney and Walter Abel. **★★**
12.55pm Anne of the Indies (1951/U) High-seas adventure, starring Jean Peters, Louis Jourdan and Debra Paget. **★★★**
2.35 Rio Grande (1950/U) Western, starring John Wayne and Maureen O'Hara. **★★★★**
4.45 A Beautiful Day in the Neighborhood (2019/PG) Director Marielle Heller's drama based on a true story, starring an Oscar and Bafta-nominated Tom Hanks. **★★★★**
6.55 Sleepless in Seattle (1993/PG) Romantic comedy, with Tom Hanks. **★★★★**
9.00 Mission: Impossible – Fallout (2018/12) The sixth entry in the action thriller saga, with Tom Cruise and Henry Cavill. **★★★★**
11.55 Con Air (1997/18) Action thriller, starring Nicolas Cage and John Malkovich. **★★★★**
2.10-3.55am Slice (2018/15) Comedy horror, starring Chris Parnell and Paul Scheer. **★★★**

SKY CINEMA PREMIERE

7.00am The Great Escaper (2023/12) See 8.00pm for details. **★★★★**
8.45 Boonie Bears: Guardian Code (2023/PG) Animation, featuring the voices of Joseph S Lambert and Paul 'Maxx' Rinehart. **★★★**
10.30 Ride On (2023/PG) Action drama, with Jackie Chan and Liu Haocun. **★★★★**
12.45pm The Great Escaper (2023/12) See 8.00pm for details. **★★★★**
2.30 Meg 2: The Trench (2023/12) See 9.40pm for details. **★★★**
4.30 Bonus Track (2023/15) Comedy, with Joe Anders and Samuel Small. **★★★**
6.15 Am I OK? (2022/15) Romantic comedy drama, starring Dakota Johnson. **★★★**
8.00 The Great Escaper (2023/12) Premiere. A war veteran sneaks out of his care home in Hove to attend a D-Day commemoration. Drama, starring Michael Caine. **★★★★**
9.40 Meg 2: The Trench (2023/12) Thriller sequel, starring Jason Statham. **★★★**
11.40 The Royal Hotel (2023/18) Thriller, with Julia Garner and Jessica Henwick. **★★★**
1.15am Cult Killer (2023/15) Thriller, starring Alice Eve and Antonio Banderas. **★★★**
3.15 Am I OK? (2022/15) See 6.15pm. **★★★**
5.00-6.40am The Inseparables (2023/U) Animated adventure, featuring the voices of Monica Young and Danny Fehsenfeld. **★★★**

SKY CINEMA DRAMA

5.55pm The Girl on the Train (2016/15) Thriller based on Paula Hawkins' novel, with Emily Blunt and Rebecca Ferguson. **★★★★**
8.00 Lost in Translation (2003/15) Sofia Coppola's comedy drama, starring Bill Murray and Scarlett Johansson. **★★★★★**
9.45 Forrest Gump (1994/12) Drama, with Tom Hanks and Sally Field. **★★★★★**
12.15am Guys and Dolls (1955/PG) Musical, starring Frank Sinatra. **★★★★**
2.55 The Pact (2012/15)

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TV TOPICS

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■ Looking through the weekend schedule, I was hard pressed to find anything decent. BBC1 is dominated by football and rugby, ITV1 has more rugby, Channel 4 has racing. It makes for a depressing weekend for people who don't like sport - and there's the Olympics coming! Wouldn't it be a good idea to have a separate sports channel? There are still lots of us who don't have streaming facilities. We should be considered more.
Jacquelyn Allsop, Lowestoft, Suffolk

■ I agree with the reader who commented about the Britain's Got Talent winner (Mirror, June 4). Simon Cowell said how pleased he was that the contestants were all amateur. Was he not aware winner Sydnie Christmas, pictured, had worked on cruise liners? Also, the name needs to be changed as 75% of contestants were from other countries.
Margaret Bass, Romford, Essex



missing people

Registered Charity in England and Wales (1020419)
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Tomorrow marks five years since David Skerrett went missing. David was 63 when he was last seen in Bognor Regis, West Sussex, on June 15, 2019.

If you think you can help the search, please contact Missing People. David, we'd love to hear from you. Call. Text. Free. Confidential. 116 000.



THE BIG QUESTION

Every day we'll be asking your opinion on one of Britain's big talking points. You can have your say and vote at mirror.co.uk

Diner Marshalla Cullum had a row with staff at the Foresters Arms near Fordingbridge, Hants, who initially refused her a child's meal. The 48 year old wanted a kid's portion because she has recently undergone weight-loss surgery, meaning her stomach size has been reduced and she can't finish bigger meals. But the waitress told the mum she had to order an adult meal.

Should the pub have served a child's meal?

YES
80%NO
20%

No. There is more added to the adult meal price to make up for the child's meal. Therefore, if a person pays only the child price the business loses money.
MJ55

Yes. My friend had the bypass and we used to share an adult meal between us (I don't eat much) or order children's meals. I used to explain before we sat down.
JANPAN

Yes. It's irrelevant if she's a child or not. It is an item for sale and she wants to buy it. Does she have to be a child to buy a child's coat or a child's toy? No, of course not.
MRS TED

No. Order the adult meal and have leftovers.
DEBBIES3360

No. As a fellow bariatric surgery person, just get an adult meal and ask for a box to take the remainder home in.
WALKERJ

Yes. As long as you pay for the food you order, it shouldn't matter what size meal you buy. Ridiculous of the pub to refuse.
T689088

■ LET'S face it, Rishi Sunak should never have become PM in the first place - the fifth in six years following the Liz Truss debacle.

He pretends he came from a humble beginning. Many would disagree with this when you consider he attended Winchester College, an extremely expensive public school. He then married Akshata Murty, the daughter of an Indian multimillionaire.

When asked by ITV's Paul Brand in an interview, after skipping the D-Day celebrations, what he regretted not having as a child, Sunak replied Sky TV!

Clearly he is completely out of touch with the way people are forced to live in today's Britain.

It is concerning that Sunak is waging war on the vulnerable at this very moment, especially those claiming PIP.

Now he wants to take benefits away from the desperate to fund his manifesto "promises".
Bill Cook, Teignmouth, Devon

■ What planet is Sunak living on? His idea of hardship is that he didn't have Sky TV as a child. And he quit last week's D-Day ceremony for a TV interview.

We didn't have a TV until 1959 and I was a teenager then. A lot of people today can't afford Sky TV.

This man is living in cloud cuckoo land while many struggle. After 14 years of Tory cuts, this rich man wouldn't know hardship if it hit him in the face.

I heard Grant Shapps on the radio and the Tories are really worried that Labour are

THE BIG ISSUE

Super-rich Rishi Sunak faced criticism after he mentioned not having Sky TV as a child during an excruciating TV interview as he was questioned on whether he understands the struggles facing ordinary families. He said he went without "lots of things" as a child growing up. He and his wife Akshata Murty are the richest inhabitants of Downing Street in history. Their combined £651million fortune puts them above the King on the list of wealthiest people in the country. You say...



now going to win a massive amount of seats at the general election. They should be worried.
Dave Mellor, Warrington, Cheshire

■ So Rishi Sunak thinks he was deprived as a child because he didn't have Sky TV? Perhaps he'd like to swap his childhood with mine, living in London during the Blitz, with bombs and doodlebugs dropping all around.

Friends and family were killed almost every week, we had rationing, only one radio channel and no TV at all. Those veterans he snubbed in France could tell him a thing or two about real deprivation.
Pete Perry, Stevenage, Herts

■ Sunak thinks he's had it bad growing up without Sky TV. Poor him. He also gave the reason he left

the D-Day Commemoration early was because it was over-running its schedule. It's a good job no one left the battlefield 80 years ago because it was over-running and didn't fit in with their schedules. That's called sacrifice.
Tony Howard, Salford

■ At the age of six, my father was killed in an accident in the Herculaneum Dock in Liverpool. I had four younger siblings, and three older ones attending school. At the time we had no television, no washing or central heating.

What we did have was a wonderful mother who brought us all up on a widow's pension. It makes me cringe when politicians start talking about hardship.
Ronnie Starkey, Norwich

So sad Gio is waltzing off

I was crestfallen by the news that Giovanni Pernice will not appear in the next series of Strictly Come Dancing. He was, to my mind, easily the most charismatic dancer of all the men.

I'll always cherish his pairing with Rose Ayling-Ellis, which resulted in them winning the glitterball trophy.

On a happier note, I was delighted that Amy Dowden has announced she will be making a return to the dancefloor. I'm so glad she has beaten the cancer she was diagnosed with and I'm eagerly looking forward to seeing her on the next run of Strictly on TV.
Jenny Pain, Chatham, Kent



Treasured memories

Every Monday we print your treasured family photos in our popular Your Memories section. So, if you have an old picture you'd like to share with us please email or write to Your Memories at yourvoice@mirror.co.uk or Daily Mirror, One Canada Square, London, E14 5AP and include the photo and some information about who's in it and when and where it was taken. Please don't send originals as we can't return them.

Where is summer?

■ Just what is happening with our weather? It's supposed to be summer, but the rain is prevalent just about everywhere.

The Mirror's weather column gives us a five-day forecast across nine different UK locations. On Wednesday, and not for the first time, all 45 captions showed rain in some form or other, even if the sun was peeking through on some. I think here we've only had one totally dry spell of three days so far this year.
Sam Johnson, Blackpool

Tweet of the day

Former Tory government minister Anna Soubry looks forward to Labour rebuilding Britain...

@Anna_Soubry - The big change will be the restoration of competence & decency in British politics. It's a good start to fixing our broken politics. There is so much to do to rebuild trust - voting to ensure @Keir_Starmer & team are in Govt is a huge step forward to a better Britain. #Labour

■ Keir Starmer is spot-on - children's health has been ignored by this government. Like all Tories, the only people they are concerned about are themselves. At the end of day it's us as parents who should lead the way.

We need to have more playing fields for sport and exercise. There should also be fewer adverts for junk food and takeaways. I'm looking forward to a healthier future.
Michael Lees, Bradford on Avon, Wiltshire

Pub quiz answers

How many of our daily pub quiz brainteasers did you manage to get right?

1. Masseter
2. Goole
3. Tanzania
4. Catherine Parr
5. France

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GOLF

US OPEN, PINEHURST
ROUND ONE

ROARIN'
McILROY!

Superstar is joint leader as he looks
to end his long wait for another Major

BY ANDREW GAMBLE
RORY McILROY is poised to contend to win an elusive fifth Major title after carding a five-under opening round to lead the US Open.

Earlier this week, the Northern Irishman admitted he struggled at prior US Open set-ups before he finished second a year ago. The treacherous Pinehurst No.2 posed a different threat with its turtleback greens, but McIlroy's short game excelled.

After navigating the first three holes at even par, the four-time Major champion scored back-to-back birdies to move up the leaderboard early. McIlroy added a further two birdies down the back nine before holding his nerve on the 18th to move alongside co-leader Patrick Cantlay.

While the 35-year-old has been without Major success since the 2014 Open Championship, McIlroy has finished in the top five in the last five US

Open championships. He outshone his rivals Scottie Scheffler (circle, bottom) and Xander Schauffele to sit firmly in contention.

McIlroy dazzled here yesterday – chipping in on the fifth while striking the ball with consummate ease, often leaving the captivated crowd in awe. But this is a script his loyal legion of fans have seen before – he must deliver when it counts later in the weekend.

Meanwhile, Ryder Cup hero Ludvig Aberg is also in the mix at four under par. Before April's Masters where he tied for second, Aberg (circle, top) had never participated in a Major but posted three birdies and a bogey either side of the turn to join the leading group.

The secret to his success through the opening round of the US Open? Discipline.

“Staying very disciplined is important,” Aberg said. “There’s a lot of pins where you don’t really think about going for. So me and Joe Skovron, my caddie, we have a lot of good

conversations about certain areas that you try to hit it on. It’s difficult to be very, very precise with the numbers and those things. But try to get a gauge on where to hit it, where to miss it, make sure that we stay disciplined towards things.”

Aberg has experience around the sweeping fairways and undulating greens from previous US Amateur campaigns. His lack of Major experience means nerves are present, but Aberg remains composed.

“Nervous? Oh, I’m always nervous when I’m playing tournament golf,” the 24-year-old said. “That’s the way it’s supposed to be. I think the day when I’m not nervous, it’s not a good sign. Obviously a lot of butterflies this morning. It was early, but a lot of butterflies.”

The butterflies faded when Aberg posted back-to-back birdies early on. He recovered from a bogey on his 15th – the par-three sixth – with a closing birdie following a stunning tee shot on the short ninth.

MICKELSON'S
BOGEY HELL

BY ANDREW GAMBLE
PHIL MICKELSON carded a nightmare opening round of nine over par to end his US Open challenge before it even began at Pinehurst. He has won every Major except the US Open, finishing runner-up on a record six occasions. But his hopes of becoming a Grand Slam champion faded badly from the first tee. ‘Lefty’ (above), who became the oldest Major champion in history at the 2021 PGA Championship, began his day in North Carolina with four consecutive bogeys.

He posted six bogeys on the front nine before adding three on the back.

Mickelson, 53, has seen performances steadily decline since his monumental Kiawah Island triumph, aside from a surprise tied-second finish at the 2023 Masters. His playing partner Matteo Manassero did not fare better, the Italian enduring a nine-over nightmare of his own, with a triple-bogey on the first.

He added a double-bogey on the third before four more bogeys. Both Mickelson and Manassero are now propping up the leaderboard and have plenty of work to do.

PAT POSTS
TOP ROUND

BY ANDREW GAMBLE
PATRICK CANTLAY shot a terrific five-under 65 to be joint leader at the US Open.

The American has struggled for form this year, posting just a pair of top-10 finishes on the PGA Tour.

But his finest game was on show at Pinehurst No.2, surging up the leaderboard with three birdies in his final five holes to capture an unlikely early lead.

Cantlay has never had the lead or co-lead after any round of a Major in his career. His 65 – just the third such score ever at a US Open held at the iconic North Carolina course – put him in pole position to rewrite his own history book.

Starting on the 10th tee, the 32-year-old made his first birdie of the day at the par-four 11th, landing a magnificent bunker shot from the green-side trap down the left. He ticked along before catching fire down the stretch, setting himself up to contend for a maiden Major title.

Cantlay (above) leads with Rory McIlroy. They are a shot clear of Ludvig Aberg while Frenchman Matthieu Pavon sits a further shot back.

HIT AND
BLISS
McIlroy produced a superb display to put himself firmly in the frame for glory

TODAY'S ABC GUIDE TO SIX UK RACE MEETINGS

<div>CHESTER - CH</div> <div>GOODWOOD - GW</div> <div>MARKET RASEN - MA</div> <div>NEWTON ABBOT - NE</div> <div>SANDOWN - SA</div> <div>YORK - YO</div> <div>Acklam Express 2.05 SA</div> <div>Aegean Sea 2.40 SA</div> <div>Affia Party 8.25 NE</div> <div>Al Simmo 3.00 YO</div> <div>Alan De Banks 9.00 NE</div> <div>Alazwar 8.20 GW</div> <div>Alerta Maxima 5.30 GW</div> <div>Alfa Kellenic 3.00 YO</div> <div>Allonsey 5.00 SA</div> <div>Almanjoor 2.50 CH</div> <div>Alondra 5.30 GW</div> <div>Amancio 3.25 CH</div> <div>Angel's Call 2.15 CH</div> <div>Apeeling 3.00 YO</div> <div>Arch Legend 5.00 SA</div> <div>Arctic Mountain 1.45 YO</div> <div>Art Market 4.45 YO</div> <div>Arthur's Realm 4.10 YO</div> <div>Astevardi 6.10 CH</div> <div>Atalanta Breeze 5.40 GW</div> <div>Atalanta's Boy 2.05 SA</div> <div>Attack 2.40 SA</div> <div>Auntie Maggie 5.35 NE</div> <div>Azamban 5.35 NE</div> <div>Baby Sham 7.55 NE</div> <div>Backspin 1.30 SA</div> <div>Baileys Jubilation 3.35 YO</div> <div>Bajan New Moon 5.50 MA</div> <div>Bang On The Bell 2.05 SA</div> <div>Barn On Kent 2.50 CH</div> <div>Bass Player 1.40 CH</div> <div>Bears Hug 8.25 NE</div> <div>Beau French 6.40 GW</div> <div>Belladonna 8.05 MA</div> <div>Belle Montrose 5.35 NE</div> <div>Berkshire Phantom 4.00 CH</div> <div>Bicep 1.50 YO</div> <div>Bint Al Daar 4.45 YO</div> <div>Biographer 2.15 CH</div> <div>Bizarre Law 3.15 SA</div> <div>Black Tide 2.25 YO</div> <div>Blended Stealth 8.05 MA</div> <div>Blue Collar 6.05 GW</div> <div>Born In The West 9.00 NE</div> <div>Born Ruler 3.15 SA</div> <div>Born To Rock 3.00 YO</div> <div>Brave Nation 2.05 SA</div> <div>Breckenridge 6.05 GW</div> <div>Brief Encounter 5.35 NE</div> <div>Broomfields Cave 7.20 NE</div> <div>Bulmer Bank 5.10 CH</div> <div>Burnley 2.25 YO</div> <div>Buralback 2.05 SA</div> <div>Caelan 3.25 CH</div> <div>Call Glory 2.15 CH</div> <div>Canden Flyer 2.50 CH</div> <div>Candy 1.30 SA</div> <div>Capital Guarantee 1.50 YO</div> <div>Capone 6.40 GW</div> <div>Carrigreen Kampala 6.45 NE</div> <div>Caspian King 2.40 SA</div> <div>Castel Gandolfo 7.00 MA</div> <div>Catboy 8.25 NE</div> <div>Cedar Hill 7.35 MA</div> <div>Ceejaybe 7.55 NE</div> <div>Cervetto 6.05 GW</div> <div>Chalena 2.25 YO</div> <div>Chaos Control 7.00 MA</div> <div>Charming St. 4.15 MA</div> <div>Charming Fellow 2.40 SA</div> <div>Chasing Ashford 3.15 SA</div> <div>Chasing Gold 1.30 SA</div> <div>Clan Chieftain 6.40 GW</div> <div>Clatterbridge 8.05 MA</div> <div>Clay Shovelers 2.25 YO</div> <div>Close Connection 5.10 CH</div> <div>Cloak King 7.50 GW</div> <div>Cloudy Skye 3.25 CH</div> <div>Cock And Bull 5.00 SA</div> <div>Collirock 8.05 MA</div> <div>College Choir 5.00 SA</div> <div>Colorado Dancer 5.10 CH</div> <div>Commander Crouch 6.05 GW</div> <div>Concierge 2.05 SA</div> <div>Conservationist 3.00 YO</div> <div>Consolidation 2.40 SA</div> <div>Cool Run 2.15 CH</div> <div>Cori Glory 2.25 YO</div> <div>Cosmic Soul 4.45 YO</div> <div>Could Be Trouble 5.15 MA</div> <div>Coup De Gold 7.55 NE</div> <div>Crows Pitch 8.25 NE</div> <div>Crimson Road 3.50 SA</div> <div>Crystal Mariner 3.15 SA</div> <div>Cuypriot 2.25 YO</div> <div>Cuypriot Diaspora 7.15 GW</div> <div>Daisy Me Rollin 9.00 NE</div> <div>Daisy Roots 4.35 CH</div> <div>Dame Sarra 5.35 NE</div> <div>Darbucks 4.00 CH</div> <div>Dawn Parade 5.35 NE</div> <div>Daymer Bay 6.05 GW</div> <div>Dear Cat 5.30 GW</div> <div>Dear Ralphie 7.55 NE</div> <div>Devoirs Choice 3.50 SA</div> <div>Dividend 2.40 SA</div> <div>Divine Breath 4.25 SA</div> <div>Dollyana 5.30 GW</div> <div>Double Jump 3.25 CH</div> <div>Double Time 8.20 GW</div> <div>Dr Foster 3.50 SA</div> <div>Dreamrocker 8.20 GW</div> <div>Dubai Station 2.05 SA</div> <div>Dukes Of Heather 2.50 CH</div> <div>East Bank 5.10 CH</div> <div>El Hibri 1.40 CH</div> <div>Elementary Charge 2.25 YO</div> <div>Elladora Black 2.50 CH</div> <div>Ellerton 8.25 NE</div> <div>Enchanting 7.50 GW</div> <div>Enochdhu 6.40 GW</div> <div>Ernie's Valentine 1.40 CH</div> <div>Esplanade 7.55 NE</div> <div>Etioile Brillante 8.05 MA</div> <div>Exmoor Forest 7.20 NE</div> <div>Eye Puzzle 2.50 CH</div> <div>Fantasy Master 2.05 SA</div> <div>Fantoms 8.05 MA</div> <div>Far Above Mary 2.50 CH</div> <div>Fazleyte 6.25 MA</div> <div>Feel The Need 1.50 YO</div> <div>Finn Lough 5.15 MA</div> <div>Flaccianello 3.00 YO</div> <div>Foxinthebox 6.25 MA</div> <div>Fram Castle 6.05 GW</div> <div>Gallant Lion 3.15 SA</div> <div>Games People Play 5.30 GW</div> <div>Gavin 8.25 NE</div> <div>Geliceaux 6.05 GW</div> <div>Gentoo 5.35 NE</div> <div>Getmetothemoon 8.25 NE</div> <div>Gincident 1.50 YO</div> <div>Global Esteem 8.20 GW</div> <div>Godwinson 4.10 YO</div> <div>Gogo Yubari 7.15 GW</div> <div>Gower Prince 7.35 MA</div> <div>Gracia 4.25 SA</div> <div>Great Samourai 7.35 MA</div> <div>Grievetana 6.45 NE</div> <div>Grove Road 7.55 NE</div> <div>Gunlock 1.50 YO</div> <div>Hall Lane 6.25 MA</div> <div>Happy Dan 5.35 NE</div> <div>Hammer Dan 7.55 NE</div> <div>Hard As Nails 5.50 MA</div> <div>Havana Girl 3.35 YO</div> <div>Havre Secret 5.50 MA</div> <div>Hectic 1.50 YO</div> <div>Hieraclic 4.20 SA</div> <div>High Fibre 4.10 YO</div> <div>Hilltop 7.15 GW</div> <div>Hint Of The Jungle 7.50 GW</div> <div>Hopjes 9.00 NE</div> <div>Hucklesbrook 1.30 SA</div> <div>Hurt Hill 5.35 NE</div> <div>Hutchence 3.25 CH</div> <div>I Got Soul 3.35 YO</div> <div>I Love Dad 2.25 YO</div> <div>Imola 8.05 MA</div> <div>Imperial Bede 7.15 GW</div> <div>Inconspicuous 2.25 YO</div> <div>Indie Skies 4.00 CH</div> <div>Infinity Blue 2.15 CH</div> <div>Innocent Smile 3.35 YO</div> <div>Intervention 1.50 YO</div> <div>Invisible Friend 4.45 YO</div> <div>Isla Bella 2.25 YO</div> <div>Issuing Authority 3.15 SA</div> <div>It's Not Risky 6.10 NE</div> <div>Ittack Blue 3.25 CH</div> <div>Jaxonne 7.00 MA</div> <div>Jeon Baptiste 5.15 MA</div> <div>Jenever 4.45 YO</div> <div>Jet Packer 2.40 SA</div> <div>Juantorena 5.10 CH</div> <div>Judge Frank 2.15 CH</div> <div>Judgment Call 1.50 YO</div> <div>Jumbleau 3.00 YO</div> <div>Justcalmepete 1.50 YO</div> <div>Kaars 5.50 MA</div> <div>Kalkaroo 5.50 MA</div> <div>Kapamozov 8.05 MA</div> <div>Karamelle 6.45 NE</div> <div>Katey Kontent 3.00 YO</div> <div>Kauto The King 6.10 CH</div> <div>Khatkha 4.00 CH</div> <div>Kilcummin 8.25 NE</div> <div>Killybegs Warrior 4.10 YO</div> <div>King Of Charm 1.40 CH</div> <div>King Of The Dance 4.25 SA</div> <div>King's Castle 8.25 NE</div> <div>King's Crown 4.00 CH</div> <div>L'Impertinent 6.10 NE</div> <div>Lady Flora 4.25 SA</div> <div>Lady Pink Rose 3.00 YO</div> <div>Land Of Magic 7.15 GW</div> <div>Langley Hundred 7.20 NE</div> <div>Last Applause 2.15 CH</div> <div>Leadenhall 4.45 YO</div> <div>Leading Force 6.45 NE</div> <div>Life On The Rocks 6.25 MA</div> <div>Lightning Force 4.45 YO</div> <div>Lil Guff 2.05 SA</div> <div>Lockdown Lass 4.35 CH</div> <div>Logan Rocks 7.00 MA</div> <div>Lone Star 5.15 MA</div> <div>Lucky Lara 7.55 NE</div> <div>Lucky Lottery 2.25 YO</div> <div>Lunar Streets 4.25 SA</div> <div>Moostar 7.15 GW</div> <div>Lyrissa 2.15 CH</div> <div>Macanudo 4.10 YO</div> <div>Machete 2.50 CH</div> <div>Magic Topissima 6.45 NE</div> <div>Magical Merlin 8.20 GW</div> <div>Maharajas Express 2.05 SA</div> <div>Maj Dubai 5.10 CH</div> <div>Majestic 3.15 SA</div> <div>Make It Easy 7.50 GW</div> <div>My Harrison George 5.15 MA</div> <div>My Honey B 4.45 YO</div> <div>Nyna 6.05 GW</div> <div>Nancy Rose 6.45 NE</div> <div>Native King 7.15 GW</div> <div>Night Horn 5.10 CH</div> <div>No Getaway 8.20 GW</div> <div>Nobodys Girl 6.10 NE</div> <div>Northfield Lake 4.25 SA</div> <div>Not What It Seems 5.15 MA</div> <div>Oasis Sunrise 2.50 CH</div> <div>Old Chums 2.40 SA</div> <div>Mc Loven 7.50 GW</div> <div>McGowan's Pass 5.15 MA</div> <div>Mermadies Cave 6.45 NE</div> <div>Midream 3.00 YO</div> <div>Miller Spirit 6.25 MA</div> <div>Milliethemollie 7.15 GW</div> <div>Mirroring 4.25 SA</div> <div>Mollie Foster 5.30 GW</div> <div>Monarchet Girl 5.30 GW</div> <div>Moon Sniper 2.40 SA</div> <div>Moonlit Cloud 4.45 YO</div> <div>Moro Rock 5.30 GW</div> <div>Moulin Booj 2.05 SA</div> <div>Mr Cool 1.30 SA</div> <div>Mr Squires 4.35 CH</div> <div>Mr Yeats 7.20 NE</div> <div>Mrs Kinsella 2.25 YO</div> <div>Mustazee 8.05 MA</div> <div>Mutley Crew 4.10 YO</div> <div>My Honey B 5.35 NE</div> <div>Nancy Rose 5.15 MA</div> <div>Native King 4.35 CH</div> <div>Night Horn 6.05 GW</div> <div>No Getaway 6.45 NE</div> <div>Nobodys Girl 7.15 GW</div> <div>Northfield Lake 5.10 CH</div> <div>Not What It Seems 8.20 GW</div> <div>Oasis Sunrise 6.10 NE</div> <div>Old Chums 2.40 SA</div> <div>Old Harrovian 7.50 GW</div> <div>On A Session 5.15 MA</div> <div>On Point 6.45 NE</div> <div>On The Bubble 3.00 YO</div> <div>Once Adaa 4.35 CH</div> <div>Onigiri 2.15 CH</div> <div>Only Money 6.10 NE</div> <div>Opec 5.50 MA</div> <div>Operate 5.10 CH</div> <div>Oslo 7.00 MA</div> <div>Our Papa Smurf 6.05 GW</div> <div>Outrun The Storm 1.40 CH</div> <div>Oviedo 4.10 YO</div> <div>Owt For Nowt 2.25 YO</div> <div>Papagel 6.05 GW</div> <div>Paris Lights 4.45 YO</div> <div>Parkin Fine 5.35 NE</div> <div>Parlando 4.10 YO</div> <div>Parvos 7.00 MA</div> <div>Penna Rossa 8.25 NE</div> <div>Penzance 4.10 YO</div> <div>Perfect Parole 5.30 GW</div> <div>Phoenix Star 2.05 SA</div> <div>Pillar Of Steel 6.45 NE</div> <div>Play Pretend 5.50 MA</div> <div>Pol Roger 4.45 YO</div> <div>Pop The Champagne 6.45 NE</div> <div>Prepup 4.45 YO</div> <div>Presenting Pete 5.15 MA</div> <div>Prince Maxi 3.15 SA</div> <div>Pure Gold 5.35 NE</div> <div>Qitaa 4.10 YO</div> <div>Quaresome 7.00 MA</div> <div>Queen Antoinette 5.15 MA</div> <div>Queen Of Mougins 3.00 YO</div> <div>Quiet Resolve 2.15 CH</div> <div>Rage Of Thunder 1.30 SA</div> <div>Ragosina 6.40 GW</div> <div>Raison D'etre 3.35 YO</div> <div>Rajeteriat 1.30 SA</div> <div>Rating 4.25 SA</div> <div>Ravenswell 3.50 SA</div> <div>Reach 4.10 YO</div> <div>Rebaatt 3.25 CH</div> <div>Red Mirage 1.40 CH</div> <div>Red Walls 4.35 CH</div> <div>Redorange 1.30 SA</div> <div>Repertoire 8.20 GW</div> <div>Restandbenthaful 7.35 MA</div> <div>Rex Carver 2.25 YO</div> <div>Richard P Smith 4.45 YO</div> <div>Riot 1.50 YO</div> <div>River Seine 3.35 YO</div> <div>Roaring Ralph 4.35 CH</div> <div>Ron O 4.10 YO</div> <div>Rosenpur 4.00 CH</div> <div>Royal Officer 2.40 SA</div> <div>Rubys Reward 7.55 NE</div> <div>Rukaana 3.50 SA</div> <div>Sacre Coeur 6.10 NE</div> <div>Saddiers Quest 8.25 NE</div> <div>Sammlyou 7.55 NE</div> <div>Saviour 4.25 SA</div> <div>Scampi 4.10 YO</div> <div>Scottie's Sister 5.50 MA</div> <div>Screaming Eagle 3.50 SA</div> <div>Sea Emily Run 5.30 GW</div> <div>Secret Beach 6.05 GW</div> <div>Secret Handsheikh 2.05 SA</div> <div>Seeyouindreams 5.35 NE</div> <div>Serenity Rose 4.35 CH</div> <div>She's Our World 9.00 NE</div> <div>Shemozzie 5.10 CH</div> <div>Shielas Well 2.50 CH</div> <div>Shifter 6.40 GW</div> <div>Shimmering Sands 3.35 YO</div> <div>Side Stepper 1.30 SA</div> <div>Siegen 1.30 SA</div> <div>Signalman 3.50 SA</div> <div>Silver Ghost 5.30 GW</div> <div>Skellig Isle 1.30 SA</div> <div>Skip Mahler 5.15 MA</div> <div>Smooth Transition 5.50 MA</div> <div>Snash 1.50 YO</div> <div>Soar Above 1.40 CH</div> <div>Soi Dao 4.00 CH</div> <div>Songo 6.40 GW</div> <div>Spiradola 1.40 CH</div> <div>Star Of Lady M 5.10 CH</div> <div>Star Of Lady M 3.00 YO</div> <div>State Flag 4.35 CH</div> <div>Stiletto 4.25 SA</div> <div>Storion Catcher 4.10 YO</div> <div>Stormin Crossgates 7.35 MA</div> <div>Stroll On By 3.35 SA</div> <div>Sunfall 4.35 SA</div> <div>Sunshine Soul 3.25 YO</div> <div>Supposedtobe 8.25 NE</div> <div>Sweet Reward 3.15 SA</div> <div>Swift Sallan 5.10 CH</div> <div>Sworpdlay 5.10 CH</div> <div>Tactical Control 5.50 MA</div> <div>Tasmanian Legend 3.25 CH</div> <div>Tatateo 3.25 CH</div> <div>Telford 5.30 GW</div> <div>The Cookstown Cafu 1.50 YO</div> <div>The Turpinator 1.50 YO</div> <div>Thursday's Child 3.00 YO</div> <div>Till You Can't 9.00 NE</div> <div>Timetobenice 3.50 SA</div> <div>Tintoletto 8.20 GW</div> <div>Tis But A Scratch 7.55 NE</div> <div>Tolstoy 1.50 SA</div> <div>Toronto Raptor 6.05 GW</div> <div>Tour Ovalie 4.35 CH</div> <div>Tour Ovalie 6.45 NE</div> <div>Trafalgar Square 5.50 MA</div> <div>Trafalva 3.50 SA</div> <div>Treasure Time 5.10 CH</div> <div>Tres Bien 9.00 NE</div> <div>Tuck Your Shirt In 9.00 NE</div> <div>Tupelo Mississippi 6.25 MA</div> <div>Turner Girl 6.40 GW</div> <div>Universal Secret 8.25 NE</div> <div>Unreal Connection 6.05 GW</div> <div>Van Aert 2.40 SA</div> <div>Vellner 4.00 CH</div> <div>Verona Star 8.20 GW</div> <div>Volto Di Medusa 3.25 CH</div> <div>Wake Up Harry 4.00 CH</div> <div>War Bride 7.50 GW</div> <div>War Director 6.05 GW</div> <div>West Kirby 6.10 NE</div> <div>Whiskey Glasses 5.30 GW</div> <div>Who's The Guv'nor 6.25 MA</div> <div>Winchur 2.25 YO</div> <div>Windford 2.40 SA</div> <div>Wisper 3.15 SA</div> <div>Wonderwall 7.20 NE</div> <div>Wondrous Ways 2.25 YO</div> <div>Wyvern 4.00 CH</div> <div>Yaaser 1.50 YO</div> <div>Yarborough 5.00 SA</div> <div>Yippee 3.25 CH</div> <div>Zaymer 4.25 SA</div>

MARKET RASEN

RTV

NEWSBOY 5.15 FINN LOUGH, 5.50 KAARESS, 6.25 LEADING FORCE, 7.00 CHAOS CONTROL, 7.35 GOWER PRINCE, 8.05 ETOILE BRILLANTE.
BOUVERIE 5.15 CHARLES ST, 5.50 KAARESS, 6.25 LEADING FORCE, 7.00 CHAOS CONTROL, 7.35 IMPERIAL BEDE, 8.05 MATTIE ROSS.

GOING: Good-Good to Soft in places.

COURSE: Right-handed, undulating, oval course of 1m 2f, seven easy fences per circuit and a run-in of 250 yards.

TOP TRAINERS: O Murphy 47-222 (21.2%), D Skelton 35-177 (19.8%), F O'Brien 32-161 (19.9%), M Hammond 21-141 (14.9%), N Twiston-Davies 14-92 (15.2%), Jonjo & A O'Neill 13-100 (13.0%).
1ST TIME BLINKERS: 8.05 Ideal De Romay.
PROFITABLE RACES FOR FAVS: None.

TOP JOCKEYS: Brian Hughes 35-201 (17.4%), Harry Skelton 26-115 (22.6%), Sam Twiston-Davies 21-112 (18.8%), Henry Brooke 16-94 (17.0%), Tom Cannon 12-89 (13.5%), Sean Quinlan 10-75 (13.3%).
CHEEKPIECES: 5.15 Charles St, McGowan's Pass, 6.25 Fazzyte, Leading Force, Tupelo Mississippi, 7.00 Castel Gandolfo, Chaos Control, Oslo, 8.05 Colirock, Mrs Kinsella. (=1st time).
1ST RUN SINCE WIND OP: 7.35 Cedar Hill, 8.05 Blended Stealth.

5.15 BLOCK FREE SERVICES CONDITIONAL JOCKEYS' H'CAP HURDLE (4) 2m 5f Winner £5,281 (12 run)

SPOT FORM

1	5149-2	CHARLES ST (21) F O'Brien 5 12-2 (CD).....	Daire Davis (6)	112	H
2	3410-6	COULD BE TROUBLE (28) (B) D Mc Cain 9 11-13.....	Abbie McCain (3)	112	G
3	/33P-5	NOT WHAT IT SEEMS (24) M Hammond 8 11-13.....	Emma Smith-Chaston (3)	118	G
4	21P64-	PRESENTING PETE (195) J Mackie 7 11-12 (EW).....	P J Kavanagh	112	G
5	84F-74	LEONE STAR (19) P Kirby 7 11-12.....	J Williamson	114	G
6	/2PP-4	MAMON STAR (32) F O'Brien 6 11-11.....	Fern O'Brien (3)	113	G
7	/5452-	FINN LOUGH (54) O Greenall & J Guerrero 5 11-9 (BF) (SF).....	Toby Wynne (3)	109	H
8	326-31	MC GOWAN'S PASS (19) J Candlish 13 11-8.....	J A Shanahan	109	S
9	3/1-6	QUEEN ANTOINETTE (30) E Lavelle 7 11-8.....	J A Anderson	109	S
10	32U-83	SKIP MAHLER (19) (H) M Walford 7 11-5.....	William Maggs	112	G
11	254-03	SPOT ON SOPH (20) S England 8 11-4 (C).....	T Midgley (3)	110	G
12	904-13	JAXONNE (23) Jonjo & A O'Neill 5 10-12 (D) (F).....	Benjamin Macey (10)	110	G

BETTING: 4 Finn Lough, 11-2 McGowan's Pass, Charles St, 13-2 Jaxonne, 15-2 Presenting Pete, 8 Spot On Soph, 12 Could Be Trouble, 14 Queen Antoinette, Not What It Seems.
 2023: No corresponding meeting.

5.50 LINGS LOOS JUVENILE HURDLE (GBB RACE) (4) (3YO) 2m 1f Winner £4,084 (12 run)

1	3	BAJAN NEW MOON (13) R Potter 11-0.....	Sean Quinlan	99	S
2		KALKAROO (F289) Billy Aprahamian 11-0.....	G Sheehan	-	-
3	1	ON THE BUBBLE (13) (H) B Haslam 11-0 (F).....	R McLernon	94	S
4		PLAY PRETEND Dave Roberts 11-0.....	L Edwards	-	-
5		SMOOTH TRANSITION (77) A Keatley 11-0.....	C O'Farrell	-	-
6		TACTICAL CONTROL (F34) B Brookhouse 11-0.....	J Quinlan	-	-
7		TRAFALGAR SQUARE (F48) O Greenall & J Guerrero 11-0 (EW).....	H Brooke	-	-
8		HAPPY PLACE (F247) D Skelton 10-7.....	H Skelton	-	-
9	2	KAARESS (13) O Pears 10-7 (BF) (SF).....	B Hughes	101	S
10	U	NOBODYS GIRL (13) B Ellison 10-7.....	Craig Nichol	-	-
11		OPEC (F46) James Owen 10-7.....	T Cannon	-	-
12		SCOTTIE'S SISTER (F232) N Twiston-Davies 10-7.....	S Twiston-Davies	-	-

BETTING: 7-2 Karess, 4 On The Bubble, 6 Trafalgar Square, 7 Happy Place, 8 Opec, Bajan New Moon, 10 Smooth Transition, 12 Tactical Control.

6.25 BLOCK FREE SERVICES H'CAP CHASE (4) 2m 5f Winner £5,677 (7 run)

1	451P-4	TUPELO MISSISSIPPI (35) B Ellison 9 12-0.....	Craig Nichol	116	GS
2	/326-1	LEADING FORCE (35) A M Thomson 7 12-0 (D) (SF).....	R Mania	115	G
3	2452-3	HALL LANE (32) A King 6 12-0.....	T Bellamy	111	H
4	/11U-3	FAZAYTE (13) R Potter 9 11-10 (C) (F).....	D Johnston (5)	117	G
5	/136P-	MIKHAILOVICH (51) K Bailey 7 11-8.....	G Sheehan	-	-
6	P331/7	FOXINTHEBOX (39) O Murphy 8 11-4.....	K Brogan	-	-
7	6191/1	WHO'S THE GUV'NOR (652) M Hammond 10 11-2 (C, D).....	B Hughes	-	-

BETTING: 11-8 Leading Force, 9-2 Hall Lane, 6 Fazayte, 7 Who's The Guv'nor, 8 Foxinthebox, 10 Tupelo Mississippi, 12 Mikhailovich.

7.00 LINGS LOOS H'CAP HURDLE (4) 2m 1f Winner £5,281 (7 run)

1	2496-8	CASTEL GANDOLFO (34) F O'Brien 7 11-11 (SF).....	J J Burke	127	GS
2	6251-8	OSLO (27) F O'Brien 7 11-9 (CD).....	L Harrison	122	G
3	3375-4	CHAOS CONTROL (22) S Edmunds 5 11-6 (CD).....	C Hammond	125	G
4	4/5-11	ITACK BLUE (22) D Skelton 6 11-5 (CD) (F).....	H Skelton	115	G
5	1365/P	LOGAN ROCKS (22) Olly Williams 9 11-3.....	J Quinlan	-	-
6	42428-	QUARESOME (50) D McCain 6 11-2 (D).....	B Hughes	126	GS
7	PUIU-4	PARVOS (20) A M Thomson 7 11-2 (D).....	R Mania	124	G

BETTING: 6-5 Itack Blue, 11-2 Chaos Control, 6 Oslo, 7 Castel Gandolfo, Parvos, 8 Quaresome, 33 Logan Rocks.

7.35 BLOCK FREE SERVICES H'CAP CHASE (4) 2m 1f Winner £5,677 (7 run)

1	125F4-	CEDAR HILL (31) A M Thomson 10 12-0 (D).....	R Mania	127	G
2	F42-44	IMPERIAL BEDE (17) Jonjo & A O'Neill 6 11-11.....	Jonjo O'Neill Jr	125	H
3	33P6-1	STORMIN CROSSGALES (36) (H) T R George 7 11-10 (F).....	Mr C Pritchard (7)	122	G
4	/222-1	GREAT SAMOURAI (18) C & Pogsos 7 11-6 (SF).....	C J Todd	120	G
5	2209-8	RESTANDBETHANKFUL (18) Lizzie Quinlan 8 11-5 (CD).....	Sean Quinlan	125	G
6	6461-2	GOWER PRINCE (33) (H) N Twiston-Davies 6 11-3 (BF).....	S Twiston-Davies	125	G
7	4135-6	STROLL ON BY (39) C Longsdon 7 10-12 (D).....	Lilly Pinchin	126	G

BETTING: 9-4 Great Samourai, 5-2 Stormin Crossgales, 5 Gower Prince, 6 Imperial Bede, 7 Cedar Hill, 12 Stroll On By, 25 Restandbethankful.

8.05 LINGS LOOS NOVICES' LIMITED H'CAP HURDLE (5) 2m 7f Winner £3,697 (11 run)

1	0647-4	KAPAMAZOV (23) H Evans 7 11-12.....	B Poste	96	G
2	6462-4	MATTIE ROSS (27) R Phillips 8 11-11 (SF).....	F Lambert (3)	100	S
3	2135-3	FANTOMAS (33) (V) N Twiston-Davies 8 11-2 (EW).....	J Brace (7)	98	GS
4	45P4-F	MORO ROCK (35) Sara Ender 7 11-2.....	H Bannister	93	GS
5	/799-1	CLATTERBRIDGE (27) Mrs Stella Barclay 7 11-2 (D).....	Craig Nichol	93	GS
6	459P-1	ETOILE BRILLANTE (15) M Wigham 6 10-7 (F).....	A Anderson (5)	97	G
7	36PP-P	MRS KINSALLA (13) R Potter 8 10-7.....	S Twiston-Davies	105	GS
8	05477-	BLENDED STEALTH (44) Lizzie Quinlan 7 10-6.....	Sean Quinlan	99	S
9	/P4P-2	COLIROCK (33) D J Jeffreys 7 10-5.....	T Bellamy	96	G
10	95-P5	BELADINOTTE (20) M Walford 5 10-5.....	J Hamilton	95	GS
11	6PFB-P	IDEAL DE ROMAY (8) (B) C Longsdon 6 10-5 (BF).....	R McLernon	91	G

BETTING: 4 Clatterbridge, 9-2 Etoile Brillante, Mattie Ross, 6 Colirock, 7 Kapamazov, Fantomas, 12 Blended Stealth, 14 Ideal De Romay.

TODAY'S ABC GUIDE: PAGE 53

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YORK JACKPOT

RTV

NEWSBOY 1.50 HECTIC, 2.25 ISLA BELLA, 3.00 ALFA KELLENIC, 3.35 BAILEYS JUBILATION, 4.10 REACH, 4.45 ARCTIC MOUNTAIN

BOUVERIE 1.50 FEEL THE NEED, 2.25 ISLA BELLA, 3.00 ALFA KELLENIC, 3.35 BAILEYS JUBILATION, 4.10 PENZANCE, 4.45 LIFE ON THE ROCKS

1.50 ANDY THORNTON HOSPITALITY FURNITURE APPRENTICE H'CAP (4) 7f Winner £10,468 (16)

SPOT FORM

1	(1)	214 GUNLOCK (47) K R Burke 4 9-9 (BF).....	Brandon Wilkie (3)	88	SF
2	(3)	229739 INTERVENTION (13) (H) M Appleby 7 9-9 (D).....	Tom Kiely-Marshall (7)	92	SS
3	(7)	384014 RIOT (20) (V) D O'Meara 7 9-9 (CD).....	Mark Winn	92	ST
4	(5)	15-434 THE TURPINATOR (131) G Tuer 7 9-8 (D) (EW).....	Archie Young (5)	94	G
5	(14)	1159-0 CAPITAL GUARANTEE (27) D O'Meara 4 9-7 (D).....	A Brookes (3)	94	G
6	(15)	6628-1 CORI GLORY (22) M Walford 4 9-6 (D).....	J Peate	91	S
7	(6)	52062 GINCIDENT (28) R Fahey 4 9-5.....	W Pyle (3)	94	S
8	(4)	647-00 JUSTCALLMEPETE (56) (B) H Evans 5 9-5.....	J Leavy (3)	95	ST
9	(9)	6-0643 HECTIC (13) R Fell & S Murray 4 9-4.....	Jack Doughty (5)	93	G
10	(3)	5-5621 FEEL THE NEED (20) M Herrington 4 9-2 (CD) (SF).....	B Sanderson	94	GF
11	(10)	2394-2 JUDGMENT CALL (13) Miss L Perratt 6 9-1 (D) (F).....	T Jakes (3)	93	G
12	(2)	080-06 THE COOKSTOWN CAFU (14) (B) K Ryan 5 9-0 (D).....	O McSweeney	90	GF
13	(11)	150-20 BICEP (59) G Tuer 5 9-0 (D).....	C Planas	96	ST
14	(16)	147-79 YAASER (7) J Goldie 6 8-12 (D).....	Amie Waugh (3)	89	SF
15	(8)	495-50 TOLSTOY (20) B Ellison 5 8-12.....	Shay Farmer (7)	94	ST
16	(12)	10-786 SNASH (7) (H) T Easterby 6 8-7.....	A Jary (3)	88	SS

BETTING: 11-2 Feel The Need, 7 Riot, 8 Cori Glory, Hectic, 10 Gincident, The Cookstown Cafu, Gunlock, 12 The Turpinator, Judgment Call, Snash, Intervention.

2.25 CGE YORKSHIRE ROUS SELLING STAKES (3) (2YO) 6f Winner £12,885 (15 run)

1	(4)	15 WINCHURCH (54) M Appleby 9-7.....	A Rawlinson	74	SF
2	(3)	7 BLACK TIDE (25) K Ryan 9-4.....	T Eaves	55	GS
3	(2)	4 BUNGLE REIGNS (16) Tony Coyle & Kaine Wood 9-4.....	B Garrity	64	GS
4	(6)	8427 CLAY SHOVELER (5) P Evans 9-4 (BF).....	J Peate (3)	75	GF
5	(11)	CUGINI N Tinkler 9-4.....	R Scott	-	-
6	(14)	3 I LOVE DAD (5) J Osborne 9-4 (F).....	H Turner	72	GF
7	(10)	4 INCONSPICUOUS (25) O Pears 9-4.....	H Russell	66	G
8	(7)	5 MRBLUESKY (18) R Fahey 9-4 (EW).....	Olisin Orr	63	GS
9	(5)	24 REX CARVER (15) C Johnston 9-4.....	J Hart	77	G
10	(9)	61 ISLA BELLA (17) G Boughey 9-2 (D) (SF).....	Billy Loughmane	76	G
11	(12)	5555 CHALENA (31) P Evans 8-13.....	P Cosgrave	71	GF
12	(8)	55 ELEMENTARY CHARGE (15) Craig Lidster 8-13.....	W Pyle (5)	66	G
13	(1)	02 LUCKY LOTTERY (16) G Kelleway 8-13.....	D Allan	65	GS
14	(13)	75 OWT FOR NOWT (39) O Pears 8-13.....	C Hardie	65	GS
15	(15)	65 WONDROUS WAYS (25) O Pears 8-13.....	Joanna Mason	64	G

BETTING: 7-2 Isla Bella, 5 Rex Carver, 6 I Love Dad, 7 Mrbluesky, 8 Lucky Lottery, 10 Clay Shovelier, 12 Winchurch, Bungle Reigins.

3.00 BRITISH EBF SUPPORTING RACING WITH PRIDE FILLIES' H'CAP (2) 6f Winner £18,039 (13 run)

1	(2)	/2026- AL SIMMO (260) Steph Hollinshead 7 9-12 (D).....	D Allan	95	GF
2	(7)	21-13 MIDREAM (21) E Walker 4 9-11 (D) (F).....	J P Spencer	94	GS
3	(4)	325-31 JUREAU (20) Tom Clover 4 9-10.....	Jack Doughty (7)	93	GF
4	(5)	3432-1 KATEY KONTENT (32) C Cox 4 9-10 (D).....	C Lee	96	G
5	(8)	15-67 BORN TO ROCK (34) J Chapple-Hyam 3 9-9.....	J Peate (3)	83	GF
6	(1)	210185 STAR OF LADY M (10) (V) D O'Meara 4 9-9 (D).....	D Tudhope	94	GS
7	(14)	14-68 QUEEN OF MOUGINS (27) R Beckett 3 9-2 (D).....	H Crouch	88	GF
8	(11)	1516-4 FLACCIANELLO (18) R Fahey 3 9-1 (D) (EW).....	Olisin Orr	91	G
9	(3)	636-06 CONSERVATIONIST (27) R Ryan 4 8-13.....	J Leavy (5)	97	G
10	(10)	114 THURSDAY'S CHILD (30) M Hammond 3 8-12 (D).....	B Garrity	93	G
11	(12)	552-31 APEELING (11) A Balding 3 8-9 (D).....	H Turner	87	GF
12	(13)	82-689 LADY PINK ROSE (30) K R Burke 3 8-8.....	H Shaw	90	GS
13	(9)	3-411 ALFA KELLENIC (7) Craig Lidster 3 8-4 (D) (SF).....	W Pyle (5)	92	GF

BETTING: 10-3 Alfa Kellenic, 6 Jumbau, Katey Kontent, 7 Midream, 8 Apeeling, 10 Thursday's Child, Al Simmo, 12 Queen Of Mougins, Flaccianello.

SANDOWN

RTV

NEWSBOY 1.30 RAJETARIAT, 2.05 FANTASY MASTER, 2.40 ATTACK, 3.15 GALLANT LION (NAP), 3.50 DEVOURS CHOICE, 4.25 DIVINE BREATH, 5.00 ALLONSY

BOUVERIE 1.30 RAJETARIAT (NAP), 2.05 BRAVE NATION, 2.40 ROYAL OFFICER, 3.15 GALLANT LION, 3.50 DEVOURS CHOICE, 4.25 DIVINE BREATH, 5.00 ALLONSY

1.30 BRITISH EBF NOVICE STAKES (GBB RACE) (4) (2YO) 5f Winner £5,400 (12 run)

SPOT FORM

1	(3)	9 ART MARKET (12) W Haggas 9-7.....	T Marquand	61	GF
2	(8)	BACKSPIN R Hughes 9-7.....	W Buick	-	-
3	(7)	66 CANDY (10) R Spencer 9-7.....	D Keenan	61	ST
4	(9)	0 CHASING GOLD (34) R Cowell 9-7.....	D Muscitt	18	G
5	(10)	8 HUCKLESBROOK (21) T Real 9-7.....	S Osborne	73	GF
6	(11)	5 MR COOL (6) C Johnston 9-7.....	K Stott	59	GS
7	(6)	RAGE OF THUNDER G & J Moore 9-7.....	C Shepherd	-	-
8	(1)	33 RAJETARIAT (31) Tom Clover 9-7 (SF).....	O Murphy	80	GF
9	(5)	5 REDORANGE (21) C Cox 9-7 (EW).....	R Kingscote	68	GS
10	(2)	54 SIEGEN (21) R Hannan 9-7 (F).....	P Dobbs	77	GF
11	(4)	TOP STAR R Hughes 9-7.....	Rossa Ryan	-	-
12	(12)	SKELLIG ISLET I Ward 9-2.....	S M Levey	-	-

BETTING: 5-2 Rajetariat, 7-2 Siegen, 13-2 Backspin, 8 Top Star, 10 Hucklesbrook, Art Market, Redorange, 14 Mr Cool.

2.05 MOLSON COORS BEVERAGE COMPANY H'CAP (4) 5f Winner £6,019 (16 run)

(6)	503229	DUBAI STATION (25) R Cowell 7 9-9 (D).....	D Muscitt	90	G
(4)	138-67	HIERARCHY (16) J Osborne 5 9-9.....	S Osborne	93	G
(14)	4-2148	MOULIN BOO J (44) (H) G Scott 4 9-8 (D).....	C Shepherd	87	SF
(4)	4-7850	LIL GUFF (25) D & C Kubler 5 9-7 (CD).....	O Murphy	88	G
(1)	8750/5	ATALANTA'S BOY (16) A Irvine 9 9-7.....	A Keeley (3)	85	GF
(9)	94-302	BRAVE NATION (13) (H) M Bell 4 9-7 (D) (SF).....	K Shoemark	92	G
(12)	0-2435	JENEVER (20) Jessica Macey 5 9-6 (D) (EW).....	L Edmunds	90	SS
(2)	76063	FANTASY MASTER (9) Darryll Holland 6 9-3 (BF, D) (F).....	T Marquand	99	GF
0	5	721367 MAHARAJAS EXPRESS (14) (B) Jack Jones 4 9-0 (D).....	Rossa Ryan	91	SS
(1)	917152	BANG ON THE BELL (29) (B) J Jenkins 5 9-0 (D).....	P Dobbs	89	ST
(3)	1462-2	MARY OF MODENA (46) M Attwater 5 8-13 (D).....	P Bradley	89	G
(2)	131105	BURABACK (8) D Shaw 5 8-11 (D).....	David Egan	89	H
(4)	1180-8	CENICERJE (31) (V) M Attwater 8 8-9 (D).....	L Morris	91	SS
(5)	218332	PHOENIX STAR (12) Jessica Macey 8 8-5 (CD).....	G Rooke	90	G
(13)	983659	SECRET HANDSHEIK (1) (B) J Gallagher 6 8-4 (D).....	R French	90	ST

BETTING: 9-2 Brave Nation, 13-2 Fantasy Master, 7 Jenever, 8 Acklam Express, 10 Phoenix Star, Mary Of Modena, Bang On The Bell, 12 Hierarchy, Maharajas Express.

CHESTER

NEWSBOY 1.40 RED MIRAGE 2.15 ANGEL'S CALL 2.50 DUKES OF HAATHER 3.25 REBAATT 4.00 DABUCKS 4.35 STAR SHIELD (NB) 5.10 BULMER BANK	BOUVERIE 1.40 RED MIRAGE 2.15 QUIET RESOLVE 2.50 DUKES OF HAATHER 3.25 AMANCIO 4.00 WAKE UP HARRY 4.35 DAISY ROOTS 5.10 BULMER BANK
--	---

GOING: Good-Good to Soft in places.
COURSE: Left-handed, very sharp track of just over 1m round with a short run-in.
DRAW: Low numbers best.
TOP TRAINERS: A Balding 36-188 (19.1%), R Hamon 24-262 (9.2%), R Beckett 19-143 (13.3%), C Hills 17-133 (12.8%), D Menuisier 14-81 (17.3%), G & J Moore 13-131 (9.9%), M Trengoning 10-53 (18.9%).
CHEEKPICES: 6.05 Commander Crouch*, Toronto Raptor*, 6.40 Ragosina, Turner Girl, 8.20 Magical Merlin, Maysong, New Heights.
TOP JOCKEYS: Franny Norton 24-185 (13.0%), David Probert 18-114 (15.8%), Rob Hornby 7-50 (14.0%), Paul Mulrennan 6-33 (18.2%), Pierre Jamin 6-45 (13.3%), Shane Gray 5-29 (17.2%), David Nolan 5-40 (12.5%), Andrew Mullen 5-58 (8.6%).
1ST TIME BLINKERS: 2.15 Master Franca, 3.25 It's Not Risky.
TONGUE STRAPS: 1.40 Bass Player, Emie's Valentine, 2.15 Biographer, 4.00 Khathak, 4.35 Once Aind OP (=1st time).
1ST RUN SINCE AWAY OP: 2.15 Infinity Blue.
PROFITABLE RACES FOR FAVS: 3.25.

1.40 FRIDAY SOCIAL AMATEUR JOCKEYS' H'CAP (4) 7f Winner £7,246 (10 run)	SPOT FORM
1 (4) 106 RED MIRAGE (10) J S Quinn 6 1f-2 (C, D) (SF), Mr P W Mullins 68 ST	
2 (8) 79 MAXI BOY (21) Fionn McSharry 7 1f-2 (C, D) (SF), Mr R Birkett 68 ST	
3 (9) 959 ERNIE'S VALENTINE (6) D Loughnane 5 1f-2 (C, D) (SF), Mr R Birkett 68 ST	
4 (9) 075 ON A SESSION (13) D N Barron 8 1f-1 (D) (SF), Miss A Keighley 69 Y	
5 (2) 648 SOAR ABOVE (23) J Butler 9 1f-1 (D) (SF), Miss C Butler (5) 72 ST	
6 (7) 435 SPIORADALTA (34) M Walford 4 1f-1 (C, D), Mr Paddy Barlow (3) 68 H	
7 (5) 890 BASS PLAYER (28) K Frost 5 1f-2 (C, D) (SF), Mr E Cagney 68 ST	
8 (13) 135 OUTRUN THE STORM (26) R Fahey 6 1f-2 (D) (SF), Mr E Cagney 68 ST	
9 (10) 319 EL HIBRI (13) I Williams 5 1f-2 (EW), Miss M Bevan (5) 70 GS	
10 (3) -66 KING OF THE DANCE (40) B J Llewellyn 5 9-11	

BETTING: 2 Red Mirage, 9-2 On A Session, Outrun The Storm, 5 Spioradalta, 8 Maxi Boy, 14 El Hibri, 14 Soar Above, 20 King of The Dance.

2.15 CAMEL STOUT H'CAP (5) (3YO) 6f Winner £7,644 (12 run)	
1 (6) 108 BIOGRAPHER (7) V M D & Easterby 9-9 (D), S Gray 82 ST	
2 (2) 715 ANGEL'S CALL (35) Mrs N Evans 9-9 (D), J Bryan 77 G	
3 (9) 405 CALL GLORY (27) M Appleby 9-9 (D), S De Sousa 81 ST	
4 (3) 358 QUIET RESOLVE (20) R Fahey 9-9 (BF) (SF), D Nolan 85 ST	
5 (1) 230 OLD CHUMS (20) T Dascombe 9-9 (D), P-L Jamin 83 ST	
6 (5) 073 ONIGIRI (17) M Botti 9-9 (D), Josephine Gordon 82 G	
7 (4) 2-5 COOL RUN (42) J Camacho 9-5 (EW), F Norton 80 ST	
8 (10) 677 INFINITY BLUE (33) J Camacho 9-4 (D), Ryan Sexton 78 ST	
9 (12) 456 MASTER FRANCA (20) B H Palmer 9-4 (D), P Mulrennan 78 ST	
10 (1) 365 MACANUDO (18) I Williams 9-3 (F), C Fallon 76 ST	
11 (8) -66 JUDGE FRANK (82) Christian Williams 9-1 (D), R Hornby 72 G	
12 (7) 862 LAST APPLAUSE (20) B Ellison 9-0 (D), B Robinson 77 ST	

BETTING: 9-2 Quiet Resolve, 6 Old Chums, 7 Angel's Call, Macanudo, 8 Onigiri, Master Franca, Last Applause, 10 Cool Run.

2.50 CHESTER SELLING STAKES (4) (2YO) 7f Winner £12,740 (12 run)	
1 (11) 043 ALMANJOOR (15) R Fahey 9-4 (EW), Ryan Sexton 71 GF	
2 (8) 68 BANK ON KENT (30) P Evans 9-4 (D), F Marsh 64 S	
3 (3) 733 DUKES OF HAATHER (28) A Keatley 9-4 (SF), P Mulrennan 79 G	
4 (5) 0 CAMDEN FLYER (11) A Balding 8-13 (D), D Probert 52 GF	
5 (1) 7 ELLADORA BLACK (13) C Johnston 8-13 (D), F Norton 33 G	
6 (10) 68 EYE PUZZLE Darryll Holland 8-13 (D), R Dawson 76 GS	
7 (6) 936 FAR ABOVE MARY (13) H Palmer 8-13 (D), A Mullen 76 GS	
8 (9) 68 MAGIC TOPISSIMA G Tuer 8-13 (D), S De Sousa 56 GF	
9 (7) 2 MANILA THRILLER (20) J Channon 8-13 (D), C Beasley 69 ST	
10 (12) 4 OASIS SUNRISE (8) K P De Foy 8-13 (F), B Sayette 69 ST	
11 (2) 68 SHIELAS WELL G Tuer 8-13 (D), P-L Jamin 72 ST	
12 (4) 68 WHISKY GLASSES (14) Ollie Sangster 8-13 (D), N Currie 72 ST	

BETTING: 11-4 Dukes Of Haather, 9-2 Oasis Sunrise, 5 Almanjoor, 7 Far Above Mary, 8 Whiskey Glasses, 10 Magic Topissima, 14 Camden Flyer, Manila Thriller.

3.25 PURE HOMES H'CAP (4) (3YO) 1m 2f Winner £7,644 (12 run)	
1 (3) 116 TASMANIAN LEGEND (74) Alice Haynes 9-9 (D), K O'Neill 82 ST	
2 (12) 271 TATATOED (22) J Ferguson 9-9 (D), DOUBTFUL 87 ST	
3 (6) -62 REBAATT (27) W Haggas 9-9 (F), C Fallon 87 ST	
4 (1) -50 ON POINT (30) J Camacho 9-7 (D), Ryan Sexton 77 G	
5 (6) -78 DOUBLE JUMP (35) C Cox 9-5 (D), P Mulrennan 86 GS	
6 (2) 4-5 HUTCHENCE (39) R Beckett 9-5 (D), R Hornby 81 ST	
7 (10) 30 CAELAN (17) M Botti 9-5 (D), Josephine Gordon 84 ST	
8 (5) 213 YIPPEE (77) C Johnston 9-2 (D), F Norton 88 G	
9 (11) -46 VOLTO DI MED USA (34) R Fahey 9-2 (D), S De Sousa 82 GF	
10 (9) -45 CLOUDY SKYE (12) R Fahey 9-2 (EW), J Garrity 86 GF	
11 (8) 312 AMANCIO (21) J Channon 8-13 (BF) (SF), D Probert 90 S	
12 (7) 355 IT'S NOT RISKY (14) B H Palmer 8-8 (D), A Mullen 87 ST	

BETTING: 2 Rebaatt, 7-2 Amancio, 5 Hutchence, 5 Yippee, 8 Cloudy Skye, 10 Volto Di Medusa, 12 Tasmanian Legend.

4.00 CLOSE BROTHERS H'CAP (Div 1) (5) 1m Winner £7,644 (10 run)	
1 (6) 012 VELLNER (16) B J Llewellyn 9-9 (11) (D), D Probert 78 GF	
2 (5) 905 WYVERN (50) P Morris 5 9-10 (D), P Mulrennan 76 GS	
3 (28) BERKSHIRE PHANTOM (76) Fionn McSharry 4 9-9 (S), S Gray 81 ST	
4 (3) 925 KING'S CROWN (11) M Dods 4 9-8 (D), C Beasley 79 G	
5 (8) 122 WAKE UP HARRY (10) (B) Brian Toomey 6 9-7 (D) (F), F Norton 82 ST	
6 (10) 607 ROSENPU (11) (H) J Candlish 4 9-6 (D), K O'Neill 79 ST	
7 (9) 314 SOI DAO (12) A Wintle 5 9-6 (D), Gina Mangan (3) 78 GF	
8 (1) 322 DARBUCKS (14) C Kellett 5 9-6 (BF, D) (SF), Laura Pearson 80 ST	
9 (7) 053 KATHAK (9) (V) R Fahey 5 8-11 (D), Ryan Sexton 80 ST	
10 (2) 051 INDIE SKIES (14) M Appleby 4 8-9 (D), S De Sousa 80 ST	

BETTING: 7-2 Darbucks, 4 Wake Up Harry, 9-2 Vellner, 7 Khathak, Indie Skies, 10 Soi Dao, Berkshire Phantom, 12 King's Crown.

4.35 CLOSE BROTHERS H'CAP (Div 2) (5) 1m Winner £7,644 (10 run)	
1 (10) 131 MR SQUIRES (10) R Fell & S Murray 4 9-10 (SF), R Dawson 81 ST	
2 (8) -73 ROARING RALPH (10) (B) M Dods 4 9-9 (D), C Beasley 77 GF	
3 (5) 508 TOUCHWOOD (16) R Carr 6 9-8 (D), JP Sullivan 79 ST	
4 (2) 362 STAR SHIELD (9) D O'Meara 9 9-8 (D) (D), D Nolan 80 GS	
5 (8) 803 ADOA (18) (V) Mrs I K Leveque 4 9-6 (D) (EW), B Sayette 79 ST	
6 (6) -04 SERENITY ROSE (18) (H) K Frost 4 9-6 (D), D Probert 74 GF	
7 (3) -68 MY HONEY B (21) M D & Easterby 4 9-10 (D), S Gray 75 GF	
8 (9) 3-5 LOCKDOWN LASS (66) G Hammer & S 8-11 (C, D), Josephine Gordon 78 GS	
9 (7) 222 DAISY ROOTS (17) A West 4 8-11 (C, D), C Fallon 87 ST	
10 (1) 147 RED WALLS (10) L Williamson 8 8-4 (D), A Mullen 72 G	

BETTING: 13-8 Mr Squires, 4 Star Shield, 5 Daisy Roots, 12 Roaring Ralph, 12 Lockdown Lass, 14 Once Aday, 20 My Honey B, Red Walls.

5.10 LONDON ESSENCE H'CAP (4) (3YO) 1m Winner £7,644 (13 run)	
1 (12) -32 SHEMOZZLE (21) R Beckett 9-10 (D), DOUBTFUL 86 G	
2 (7) 310 SPORIADALTA (20) A Balding 9-10 (EW), D Probert 83 SF	
3 (11) 3-6 MAI DUBAI (40) R Hughes 9-7 (D), F Marsh 83 SF	
4 (21) 224 OPERATE (25) A Watson 9-7 (D), J Bryan 85 ST	
5 (3) -1-4 COLORADA DANCER (20) R Fahey 9-7 (D), D Nolan 81 ST	
6 (10) 923 NATIVE KING (19) (H) H Palmer 9-7 (BF), P Mulrennan 80 GS	
7 (4) 2-4 TREASURE TIME (33) W Haggas 9-6 (SF), C Fallon 86 ST	
8 (9) -27 ASTEVERDI (41) Alice Haynes 9-4 (D), K O'Neill 86 ST	
9 (8) -87 SWIFT SALIAN (54) D & N Barron 9-3 (D), S De Sousa 83 G	
10 (2) -19 CLOSE CONNECTION (20) M Dods 9-3 (D), C Beasley 88 H	
11 (6) 7-5 SWORDPLAY (33) C Johnston 9-3 (D), F Norton 85 GF	
12 (13) 620 EAST BANK (20) Craig Lidster 8-3 (D), S Gray 87 G	
13 (5) -43 BULMER BANK (20) (H) M D & Easterby 8-8 (F), JP Sullivan 89 G	

BETTING: 4 Bulmer Bank, 11-2 Treasure Time, 6 Native King, 7 Operate, 10 Colorada Dancer, Mai Dubai, Jantorena, Asteverdi.

GOODWOOD

GOING: Good to Firm-Good in places.
COURSE: A tricky right-handed undulating switchback track with two bends. There is a straight 5f track.
DRAW: In big fields over 7f and 1m a low draw is an advantage.
TOP TRAINERS: A Balding 40-261 (15.3%), R Hamon 24-262 (9.2%), R Beckett 19-143 (13.3%), C Hills 17-133 (12.8%), D Menuisier 14-81 (17.3%), G & J Moore 13-131 (9.9%), M Trengoning 10-53 (18.9%).
CHEEKPICES: 6.05 Commander Crouch*, Toronto Raptor*, 6.40 Ragosina, Turner Girl, 8.20 Magical Merlin, Maysong, New Heights.
TOP JOCKEYS: Jim Crowley 25-162 (15.4%), Hollie Doyle 11-98 (11.2%), Jason Watson 10-80 (12.5%), Charles Bishop 6-83 (7.2%), Jack Mitchell 6-48 (12.5%), Adam Farragher 5-14 (35.7%), Rhys Clutterbuck 5-41 (12.2%), Tom Queally 5-53 (9.4%), William Cox 4-19 (21.1%), Dougie Costello 3-21 (14.3%), Edward Greatrex 2-5 (40.0%).
1ST TIME BLINKERS: 6.05 Blue Collar.
TONGUE STRAPS: 6.05 Secret Beach*, 8.20 Global Esteem, Verona Star, (=1st time).
1ST TIME HOODS: 7.50 Cloud King.
PROFITABLE RACES FOR FAVS: 7.15.

5.30 SIR ERIC PARKER EBF MDN FILLIES' STAKES (4) (2YO) 6f £7,851 (14 run)	SPOT FORM
1 (2) 55 ALONDRA (13) C Hills 9-2 (F), W Cox 82 G	
2 (8) DEAR CAT X Greatrex 9-2 (D), E Greatrex 79 G	
3 (4) 36 MAPLEDURHAM (10) B Millman 9-2 (D), R Coakley 79 G	
4 (6) MOLLIE FOSTER E Walker 9-2 (D), C Hutchinson (3) 79 G	
5 (14) MONTRACHET GIRL E J Houghton 9-2 (EW), C Bishop 79 G	
6 (9) 7 MOOSTAR (27) Darryll Holland 9-2 (D), Jason Watson 70 G	
7 (11) SEA EMILY RUN Tom Clover 9-2 (D), J Mitchell 70 G	
8 (1) SILVER GHOST E Lavelle 9-2 (D), O Lewis (7) 70 G	
9 (10) TELFORD H Morrison 9-2 (D), G Downing 70 G	
10 (3) 6 ALERTA MAXIMA (20) M Trengoning 9-2 (D), J Crowley 81 GF	
11 (5) 2 LIGHTNING FORCE (22) Alice Sangster 9-0 (SF), T Head (3) 83 ST	
12 (7) PERFECT PAROLE T Head 9-0 (D), H Doyle 81 ST	
13 (12) 8 DOLLYANA (25) W Muir & C Grassick 8-12 (D), A Farragher 78 G	
14 (13) WEST KIRBY J Portman 8-12 (D), R Clutterbuck 78 G	

BETTING: 11-4 Lightning Force, 5 Dollyana, 11-2 Alerta Maxima, 7 Alondra, 10 Mollie Foster, Montrachet Girl, 12 Mapledurham, Sea Emily Run.

6.05 WILLIAM HILL EXTRA PLACE RACES H'CAP (5) (3YO) 1m 2f Winner £5,574 (13 run)	
1 (12) 6-0 BLUE COLLAR (27) (B) R Hamon 9-10 (D), Alec Volkhansky (3) 74 G	
2 (2) 670 COMMANDER CROUCH (13) J Boyle 9-9 (D), L Catton (5) 77 GF	
3 (11) 74 DAYMER BAY (42) E J Houghton 9-9 (D), C Bishop 73 G	
4 (8) 0-5 WAR DIRECTOR (29) D Menuisier 9-7 (D), K Strudwick 74 GS	
5 (10) 78 TORONTO RAPTOR (22) M Bell 9-7 (D), Jason Watson 73 ST	
6 (3) -36 UNREAL CONNECTION (34) A Perrett 9-7 (D), J Crowley 79 ST	
7 (1) 36 PAPAGEI (28) J Ferguson 9-6 (D), H Doyle 76 G	
8 (4) 40 SECRET BEACH (45) B Brookhouse 9-6 (D), S D Bowen (5) 71 GF	
9 (5) -61 GELICEAUX (20) E Walker 9-6 (D) (SF), G Downing 76 G	
10 (13) -82 BRECKENRIDGE (36) K P De Foy 9-6 (D), R Clutterbuck 73 ST	
11 (6) 5-6 FRAM CASTLE (16) James Horton 9-5 (D), F Egan 69 ST	
12 (7) 7 MYNA (28) M Trengoning 9-4 (D), D Costello 75 G	
13 (7) -20 OUR PAPA SMURF (30) G & J Moore 8-6 (BF) (EW), J Haynes 78 G	

BETTING: 4 Myna, 9-2 Geliceaux, 6 Papagei, 8 Daymer Bay, 10 Toronto Raptor, Our Papa Smurf, Breckenridge, 12 Unreal Connection.

6.40 WILLIAM HILL DAILY BOOST H'CAP (4) 1m 6f Winner £6,621 (9 run)	
1 (1) -01 MILLER SPIRIT (7) G & J Moore 4 9-9 (C) (SF), T P Queally 89 GS	
2 (5) -82 CLAN CHIEFTAIN (27) R Beckett 4 9-9 (F), E Greatrex 85 GF	
3 (9) 95 SONGO (J25) (H) R G Hawker 8 9-9 (D), J Crowley 81 ST	
4 (4) 541 ENOCHDHU (47) J Portman 4 9-8 (D), R Coakley 85 GS	
5 (7) 62 TURNER GIRL (35) E Dunsdon 5 9-6 (D), H Doyle 85 S	
6 (8) 2-8 CAPONE (20) D F Davis 9-6 (D), F Egan 86 G	
7 (6) 47 BEAU FRENCH (125) G & J Moore 6 9-4 (D), R Clutterbuck 78 G	
8 (3) 5-5 RAGOSINA (J70) B Brookhouse 4 9-3 (D), S D Bowen (5) 87 G	
9 (2) 6-3 ATALANTA BREEZE (24) (B) M Trengoning 8 8-12 (D) (EW), J Haynes 88 G	

BETTING: 11-4 Clan Chieftain, 7-2 Miller Spirit, 5 Enochdhu, 6 Turner Girl, 10 Songo, Capone, Atalanta Breeze, 14 Ragosina, 20 Beau French.

PRO-BET GALLANT LION (3.15 Sandown) 3pts win.

NEWTON ABBOT

NEWSBOY 5.35 SEEYOUINMYDREAMS 6.10 MATTERHORN 6.45 POP THE CHAMPAGNE 7.20 LANGLEY HUNDRED 7.55 COUP DE GOLD 8.25 KING'S CASTLE 9.00 DELTA FORCE	BOUVERIE 5.35 SEEYOUINMYDREAMS (NB) 6.10 KAUTO TO THE KING 6.45 GRIVETANA 7.20 EXMOOR FOREST 7.55 TILLETTO 8.25 GETMETOTHEMOON 9.00 TUCK YOUR SHIRT IN
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5.35 JANET DENNING FIFEHEAD FARMS MARES' NOVICES' HURDLE (4) 2m 1f £4,805 (14)	SPOT FORM
1 (2) 2-1 HARD AS NAILS (23) F O'Brien 6 1f-7 (D), J Hogan (3) 105 H	
2 (7) PARKIN FINE (23) D Skelton 7 1f-7 (F), Mr Sean O'Connor (7) 113 G	
3 (4) SEEYOUINMYDREAMS (38) (H) P Nicholls 6 1f-7 (F), H Cobden 122 G	
4 (8) -83 AUNTIE MAGGIE (27) A Ralph 5 1f-10 (D), D Bass 99 G	
5 (6) AZAMHAN (F295) R G Hawker 6 1f-10 (D), H Reed 99 G	
6 (7) -65 BELLE MONTROSE (26) S Drinkwater 5 1f-10 (D), R T Dunne 99 G	
7 (0) GENTOO (49) J Snowden 7 1f-10 (D), W Featherstone (10) 38 G	
8 (5) P55 HALLOWED ROSE (16) W Kittow 7 1f-10 (D), D Noonan 92 H	
9 (7) HURST HILL (16) Seamus Mullins 5 1f-10 (D), D Sansom (3) 103 H	
10 (11) BRIEF ENCUYER R Walford 8 1f-10 (D), H Kimber 99 G	
11 (8) 08- BRIEF ENCOUNTER (165) (H) N Hawke 4 1f-10 (D), L Murtagh 99 G	
12 (2) DAME SARRA (39) Noel Williams 4 1f-10 (D), James Davies 101 G	
13 (7) DAWN PARADE (36) D Skelton 4 1f-10 (D), T Durrell (3) 99 G	
14 (5) PURE GOLD (167) (H) Alexandra Dunn 4 1f-10 (D), P Armonson (3) 93 GS	

BETTING: 13-8 Seeyouinmydreams, 5-2 Parkin Fine, 7-2 Hard As Nails, 14 Auntie

6.10 FOLLOW ATTRAHERES ON TWITTER H'CAP CHASE (3) 2m Winner £9,849 (8 run)	
1 (2) 2-6 SACRE COEUR (27) D Skelton 8 12-0 (D), T Durrell (3) 136 G	
2 (8) WAR LORD (9) J Tizzard 9 1f-13 (CD) (F), B J Powell 127 GS	
3 (11) MATTERHORN (1) P Nicholls 6 1f-12-6 (F) (SF), H Cobden 137 G	
4 (3) 3-5 ISSUING AUTHORITY (18) N Henderson 7 1f-9 (D) (EW), J Bowen 130 H	
5 (4) L'IMPETINENT (38) Alexandra Dunn 8 1f-7 (D), P Armonson (3) 81 G	
6 (3) -0 K GETAWAY (16) R L Llewellyn 11 1f-0 (C), Charlie Price (3) 130 G	
7 (4) ONLY MONEY (23) C Gordon 10 1f-11 (D), R Dingle 87 GS	
8 (7) 2 KAUTO TO THE KING (21) J Tizzard 10 1f-10 (D), F Gimgel (3) 132 G	

BETTING: 6-4 Matterhorn, 5 War Lord, 11-2 Issuing Authority, 6 Sacre Coeur.

6.45 EBCS LEISURE GIDDY UP MARES' H'CAP HURDLE (4) 2m 2f 110yds Winner £6,680 (9 run)	
1 (5) 5-5 MAGICAL MAGGIE (28) A Ralph 7 12-0 (D), Tabitha Worsley (3) 120 H	
2 (1) CARRIGEEN KAMPALA (20) F O'Brien 6 1f-13 (C), J Hogan (3) 121 G	
3 (7) GRIVETANA (31) Harry Derham 6 1f-12 (D), Paul O'Brien 118 H	
4 (27) NAEVA (503) Alexandra Dunn 5 1f-15 (D), P Armonson (3) 121 G	
5 (6) PILLAR OF STEEL (27) Henry Oliver 9 1f-14 (D), D Noonan 123 GS	
6 (5) 2 POP THE CHAMPAGNE (15) (H) D Killahena & G McPherson 8 1f-13 (C), B J Powell 119 G	
7 (11) MERMAIDS CAVE (20) James Owen 5 1f-12 (D), C P O'Shea (7) 117 GS	
8 (5) 11-5 TOUR OVALIE (2) E Williams 5 1f-10 (D), Isabel Williams (3) 118 GS	
9 (5) KARANNELLE (9) (H) D Rees 9 1f-10 (C) (SF), S Bowen 124 Y	

BETTING: 5-2 Grivetana, 3 Mermaids Cave, 5 Magical Maggie, 6 Pop The Champagne.

7.20 NEWTON ABBOT NOVICES' H'CAP CHASE (GBB RACE) (4) 3m 2f Winner £7,341 (5 run)	
1 (2) -33 WONDERWALL (18) P & M Bowen 8 1f-10 (D), S Bowen 124 G	
2 (3) 2-3 BROOMFIELDS CAVE (23) N Mulholland 7 1f-11 (D), J Bowen 118 H	
3 (6) 3-6 MR YEATS (18) H Dickinson 7 1f-11 (D), B Harris (3) 121 G	
4 (2) EXMOOR FOREST (15) N Hawke 7 1f-10 (3) (SF), D Noonan 127 G	
5 (5) 2 LANGLEY HUNDRED (9) P Hobbs & J White 7 1f-10 (F), M G Nolan 126 S	

BETTING: 2 Langlely Hundred, 11-4 Broomfields Cave, 10-3 Wonderwall.

SINGLE-SHOT STAR
Ben Jones: RUBYS REWARD (7.55 Newton Abbot)

NEWSBOY 5.30 LIGHTNING FORCE 6.05 GELICEAUX 6.40 MILLER SPIRIT 7.15 CYPRIOT DIASPORA 7.50 ENCHANTING 8.20 DOUBLE TIME	BOUVERIE 5.30 LIGHTNING FORCE 6.05 GELICEAUX 6.40 MILLER SPIRIT 7.15 CYPRIOT DIASPORA 7.50 ENCHANTING 8.20 DREAMROCKER
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7.15 DEGEN DISTILLERY X MOOD FILLIES' H'CAP (5) (3YO) 6f Winner £5,574 (8 run)	
1 (8) 132 CYPRIOT DIASPORA (17) B Millman 9-10 (BF, D) (SF), R Coakley 78 S	
2 (5) 163 GOGO YUBARI (21) D Cunha 9-9 (D), R Clutterbuck 77 GS	
3 (6) -48 LYRAISA (28) R Hamon 9-8 (D), H Doyle 74 GF	
4 (4) 435 HILLTOP (20) D & C Kubler 9-8 (BF) (EW), Crowley 75 SF	
5 (7) 787 NANCY ROSE (11) J Portman 9-7 (D), T Head (3) 74 G	
6 (1) 2-4 IMOLA (22) Darryll Holland 9-7 (D), J F Egan 73 ST	
7 (3) 066 LAND OF MAGIC (7) (H) R Cook & J Bridger 9-1 (S), S D Bowen (5) 76 G	
8 (2) 525 MILLIETHMOLLIE (15) A Carroll 9-1 (D), W Carson 76 H	

BETTING: 11-4 Cypriot Diaspora, 3 Gogo Yubari, 5 Hilltop, 13-2 Lyraisa, 7 Milliethmollie, 8 Imola, 12 Land Of Magic, 25 Nancy Rose.

7.50 Winner £6,621 (7 run)									
(1)	(2)	10	MART (13) D Cunha 9-10 (D) (F).....	R Clutterbuck	86	ST			
(5)	(2)	126	WAR BRIDE (16) Miss A Murphy 9-8.....	A Farragher	86	ST			
(7)	(4)	244	MAKE IT EASY (13) N Tinkler 9-8 (D).....	F McManoman	86	ST			
(3)	(4)	620	MOC LOVEN (13) S Dow 9-8.....	J Crowley	88	ST			
(4)	(1)	127	CLOUD KING (20) (H) R Cowell 9-7 (BF, D).....	J Mitchell	85	ST			
(5)	(1)	58	HINT OF THE JUNGLE (53) E Dunlop 9-3 (D).....	Jason Watson	87	ST			
(7)	(6)	304	ENCHANTING (13) A Balding 9-3 (D) (S).....	H Doyle	83	G			
BETTING: 11-4 Enchanting, 7-2 Cloud King, 4 Make It Easy, 5 Mart, 7 War Bride, 8 MOC LoVen, 14 Hint Of The Jungle.									

BOXING BILLAM-SMITH v RIAKPORHE

RIAK: KNIFE ATTACK CHANGED MY LIFE

EXCLUSIVE
BY CHRIS MCKENNA

RICHARD RIAKPORHE saw the stress he had put his parents through - and knew he had to sort out his life.



Now he is hoping to hand them a world title belt this weekend to make it all worthwhile.

Riakporhe (circle) takes on WBO cruiserweight champion Chris Billam-Smith in a rematch of their 2019 clash. Despite winning that bout (right),

the south Londoner is now the challenger for the title.

Riakporhe found boxing in his late teens - not long after he was stabbed in a mugging on the Aylesbury estate.

"I only recently realised how much stress my parents had to endure having the news broken to them that I'd been stabbed," he said. "I said, I'm going to switch things around and make them proud of me. That's now my philosophy." His mother's reaction

was to show him another life by taking him to Thailand on a work trip.

"She was a trader back then," Riakporhe said. "I got to see different cultures, different lifestyles, different social norms which I'd never seen before. It changed my focus, which was that London was the world."

Riakporhe earned a degree in marketing and communications at university, but he has been selling himself as a fighter since he was 19 and

campaigning against knife crime. He said: "When I got stabbed, I realised it doesn't matter if you're a good person.

"If you're at the wrong place at the wrong time or around the wrong group of friends, anything can happen."

■ Watch on Sky Sports





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CRICKET ENGLAND v OMAN ENGLAND WON BY 8 WICKETS



QUICK FIX
Buttler stumps Kail off Rashid in thrashing of Oman

OMAN ALIVE

Buttler and Co reach target in just 19 balls

ENGLAND thrashed Oman in brutal fashion to set them on course for the next stage of the T20 World Cup.

The defending champions showed no mercy as they blew their lowly opponents away for just 47, then chased down the runs in a record 19 deliveries.

Jos Buttler's side knew they needed to finish the group phase with two heavy wins to overturn Scotland on net run-rate - and they took charge of their own fate as they wiped out their deficit to go second ahead of tomorrow's clash with Namibia.

Adil Rashid, who claimed four wickets in Antigua, said: "I'm very happy with the way we bowled as a team. We're taking it a game at a time.

"Our job is to go out next time, do our thing, and hopefully the rest takes care of itself."

The mission in front of England was clear, with maximum points needed and healthy margins a necessity.

Buttler won the toss and put faith in his bowlers - and it was a call he would not regret.

Jofra Archer kicked off the procession of wickets at the Sir Andy Roberts End. Pratik Athavale and captain Aqib Ilyas were both unsettled by his length and lift, feeding low catches that were snapped up by Phil Salt and Will Jacks. Mark

Wood was too hot to handle - he had Zeeshan Maqsood caught and bowled off his first delivery and added Kashyap Prajapati.

At 25-4, much of the damage had been done, but England did not rest.

In fact, the arrival of Rashid merely accelerated Oman's decline.

Leg-spinner Rashid toyed with his prey and pace pair Wood and Archer (with Buttler, circle) returned matching figures of 3-12. The innings lasted only



SCOREBOARD

England v Oman	
NORTH SOUND: England (2pts) beat Oman by eight wickets	
OMAN	
P Athavale c Salt b Archer.....	5
K Prajapati c Livingstone b Wood.....	9
A Ilyas c Jacks b Archer.....	8
Z Maqsood c & b Wood.....	1
K Kail st Buttler b Rashid.....	1
A Khan b Wood.....	1
S Khan c Buttler b Archer.....	11
M Khan c Ali b Rashid.....	0
A Butt b Rashid.....	2
K Kaleemullah b Rashid.....	5
B Khan not out.....	0
W4.....	4
Total (13.2 overs).....	47
Fall: 6, 16, 24, 25, 25, 32, 33, 36, 47.	
Bowling: Topley 3-0-12-0, Archer 3.2-12-3, Wood 3-0-12-3, Rashid 4-0-11-4.	
ENGLAND	
P Salt b B Khan.....	12
J Buttler not out.....	24
W Jacks c Prajapati b Kaleemullah....	5
J Bairstow not out.....	8
Nb1.....	1
Total (2 wkts., 3.1 overs).....	50
Fall: 12, 20.	
Bowling: Khan 2-0-36-1, Kaleemullah 1-0-10-1, Butt 0.1-0-4-0.	
Umpires: L Rusere & M Yaqoob.	

13.2 overs - a marathon compared to what came next.

With the race on to chase the runs in 5.2 overs and move ahead of Scotland in the process, Salt set the tone by launching the first two balls of the reply hard over long-on for six.

He was cleaned up swinging at the third and Jacks followed but Buttler lashed 24 off just eight balls and Jonny Bairstow crunched both deliveries he faced for four to win it with 101 balls unused.

No batting side has ever finished a game quicker at this level.

Having averted calamity, England can now begin to make plans for a longer stay in the Caribbean providing no shocks against Namibia.

RUGBY LEAGUE

CASTLEFORD v WIGAN
KICK-OFF 8PM

BETFRED
SUPER LEAGUE

ENGLISH GENT

Matty dropped by Giants but says he has no ill will and is looking forward to a new start on loan at Castleford

EXCLUSIVE
BY **DAVE CRAVEN**
Rugby League Correspondent
@DCravenRL

Huddersfield prop Matty English says there are no hard feelings as he starts a two-week loan spell with Castleford tonight.

The England Knights forward has not played since last month's Challenge Cup semi-final defeat by Warrington.

He was dropped by Giants boss Ian Watson along with former Great Britain star Jake Connor.

English, who debuts against champions Wigan, said: "It did come as a bit of a shock not to be selected. But you have to respect his decision. He's the head coach. That's what he gets paid to do.

"There's no bitterness and no falling out or anything. And it's just nice to get a new opportunity here at Cas."

English has spent his entire career with Huddersfield, making more than 100 appearances and only signed a new three-year deal last March.

He said: "It's six years ago since I was last out on loan and that was five games at Dewsbury.

"But Watto told me on Tuesday I wasn't in his plans again this week.

"I just said, with the international



break, it's coming up to a month without any rugby. No disrespect, I don't want to play reserves – I want to be in Super League testing myself.

"I said my only other option was to go out on loan. He agreed and it all happened really quickly.

"My agent was a bit shocked, but funnily enough, he'd had a call from Cas who were desperate for middles. He told me to have a think and I realised I just had to be playing.

"I'm 26 now. I'm not a young kid. I'm hoping to get in my prime these next couple of years and I won't do that if I'm not playing."

Castleford, with just three wins this season, will hope to catch Challenge Cup winners Wigan still hungover from Saturday's Wembley glory.

But English added: "We've spoken about expecting the best Wigan squad there is. We need to meet fire with fire and go after them.

"I'm really excited about the chance to play at Cas. I'm a Wakey lad and played a few cup finals at The Jungle as a kid. It's just nice to be in the home dressing room rather than those away ones – they are significantly bigger."

■ England play World Cup conquerors Samoa in two Tests at Wigan on Sunday, October 27 and Headingley on Saturday, November 2 (both 2.30pm).



TIGER BALM
English can't wait to get stuck in for Castleford



It's Tang warfare

Hull KR v Huddersfield
Kick-off 8pm

BY **DAVE CRAVEN**

HULL KR'S Mikey Lewis loves now having Kelepi Tanginoa on his side – rather than getting 'trampled' by him.

England scrum-half Lewis (above) has formed a brilliant link with him since the second-row's move from Wakefield.

They team up down KR's left again tonight looking to blast holes in Huddersfield.

Lewis said: "I had a footprint in my head when I played against him. There's footage of him trampling all over me.

"Kelepi's a gentle giant but, when he's running on to the ball like that, he's unstoppable. It's a pleasure to be alongside him now."

Huddersfield boss Ian Watson confirmed he has dropped Jake Connor for a second time this season. He could now be open to a loan move.

Warrington v Salford Kick-off 8pm

BY **DAVE CRAVEN**

SAM BURGESS says Warrington have not got time to sulk about their Wembley woe.

They host Salford tonight just six days after losing the Challenge Cup final against Wigan. It has been a

tough week and, as the Super League title challengers get back to business, boss Burgess said: "The guys are disappointed.

"That's the reality. But we have to move on as we're playing Salford – they don't really care too much about us. We went through it (the final) in detail and took lessons out

of it. We've been good every time we've had a mishap or not met standards this season. We do learn pretty quickly and I expect us to come back better.

"We're in a decent position (two points off top) approaching the halfway stage. We're not playing catch-up."

BETFRED SUPER LEAGUE

	P	W	D	L	F	A	Pts
St Helens	13	10	0	3	353	136	20
Wigan	12	10	0	2	357	156	20
Hull KR	13	9	0	4	338	183	18
Warrington	13	9	0	4	320	170	18
Catalans D's	13	8	0	5	264	192	16
Salford	13	8	0	5	250	256	16
Leeds	13	7	0	6	246	242	14
Huddersfield	13	6	0	7	274	263	12
Leigh	12	4	1	7	244	206	9
Castleford	13	3	1	9	218	406	7
Hull	13	1	0	12	162	440	2
London B's	13	1	0	12	134	510	2



RADUCANU Eleven aces in win to reach quarter-finals

EMMA'S SILVER SERVICE HELPS IN QUEST FOR TOP TABLE

BY **NEIL SQUIRES**

EMMA RADUCANU has her sights set on tennis' top table again after despatching former Wimbledon junior champion Daria Snigur to reach the quarter-finals of the Rothesay Open.

In testing, windy conditions in Nottingham, Raducanu sent down 11 aces – including three in a row in the sixth game – to defeat the Ukrainian 6-2 6-2 in 79 minutes.

It was an impressive serving performance, which topped out at 111mph in the sixth game of the second set.

Raducanu said: "I served really well throughout the whole match.

I've been working on every part of my game but the serve is very important. It's just repetition and I'm pleased to just see the rewards.

"It makes a huge difference. Playing a lot of matches with just a second serve is never fun."

Raducanu lost the first two games but then reeled off six in a row to take the opening set. And when Snigur did apply pressure, a scrapping Raducanu saved six break points, including two in the final game of the match.

The 21-year-old is now one step



away from reaching her first semi-final in almost two years.

Raducanu could face fellow Briton Fran Jones next. She was two points away from a win against American Ashlyn Krueger when the day's play was washed out.

In the men's Challenger event, No.1 seed Cam Norrie (left) went out to fellow Briton Jack Pinnington Jones, ranked 773 in the world.

After taking the opening set 6-1, Norrie dropped the next two 6-4 6-4 for a shock second round exit against the 21-year-old from Surrey.

Norrie's defeat means he will be replaced as British No.1 by Jack Draper, 22, on Monday.

■ WIMBLEDON are ready to pay tribute to Andy Murray if he plays his final event this summer.

All England Club chief executive Sally Bolton said: "We have certainly got plans in place and we're ready and prepared.

"We will all share some of the same emotions as and when Andy decides to retire."

The double Wimbledon champion, 37, will team up in the men's doubles this year with his brother Jamie for his potential farewell appearance.



OBANO Sent off in final

Obano hit with a ban

BENO OBANO has received a four-match ban for his dangerous tackle in Bath's defeat by Northampton in the Premiership final.

Obano was sent off in Saturday's showdown after making contact with the head of Juarno Augustus.

The England prop argued that, while the challenge was foul play, it was not a red-card offence.

But he was given a four-game suspension, which will be reduced to three if Obano completes World Rugby's 'tackle school' programme.

RESULTS & FIXTURES

International Match
USA (1)..... 1 BRAZIL (1) 1
Pulisic 26 Rodrygo 17

CRICKET
ICC WORLD TWENTY20 - GROUP C— England v Oman (North Sound): Oman 47 (13.2 overs; A Rashid 4-11). England 50-2 (3.1 overs; J Buttler 24no). England win by 8 wickets.

	P	W	D	L	NR	RR	Pts
Australia	3	3	0	0	0	03.580	6
Scotland	3	2	0	0	0	12.164	5
England	3	1	0	1	0	13.081	3
Namibia	3	1	0	2	0	02.098	2
Oman	4	0	0	4	0	03.062	0

ICC WORLD TWENTY20 - GROUP D— Bangladesh v Netherlands (Kingstown): Bangladesh 159-5 (20.0 overs, S Al Hasan 64no); Netherlands 134-8. Bangladesh win by 25 runs.

	P	W	D	L	NR	RR	Pts
South Africa	3	3	0	0	0	00.603	6
Bangladesh	3	2	0	1	0	00.478	4
Netherlands	3	1	0	2	0	00.408	2
Nepal	3	0	0	1	0	10.539	1
Sri Lanka	3	0	0	2	0	10.777	1

T20 BLAST - SOUTH GROUP— Glamorgan v Hampshire (Sophia Gardens): Match Abandoned without a ball bowled

Middlesex v Essex (Lord's): Essex 129-4 (12.4 overs). Middlesex 63-2 (6.0 overs). Essex (2pts) beat Middlesex by 16 runs (D/L Method).

GOLF
124TH U.S. OPEN, PINEHURST RESORT & COUNTRY CLUB NORTH CAROLINA — (USA unless stated Par 72): **65 P** Cantlay, **66 L** Aaberg (Swe), **67 M** Pavan (Fra), **68 T** Finau, **69 S** Bennett, C Connors (Can), S Garcia (Spa), Seong-Hyeon Kim (Kor), A Rai (Eng), **70 Z** Blair, E Grillo (Arg), R Henley, S Jaeger (Ger), B Koepka, L McAllister, C Morikawa, R Rock (Eng), I Salinda, N Shipley, D Thompson.

TENNIS
WTA ROTHESAY OPEN NOTTINGHAM—2nd rd: E Raducanu (Gbr) bt D Snigur (Ukr) 6-2 6-2 ends.

TODAY'S DIARY
(7.45pm unless stated)
European Championships Group A
Germany v Scotland (8pm).....
(Live on ITV 1)

CRICKET
ICC World Twenty20 - Grp A: USA v Ireland (Lauderhill, 3.30pm).
t20 Blast - North Group: Derbyshire v Northamptonshire (Derby, 7pm).
Leicestershire v Lancashire (Grace Road, 6.30pm).
Warwickshire v Yorkshire (Edgbaston, 7.05pm).
Worcestershire v Nottinghamshire (New Road, 5.30pm).
South Group: Essex v Sussex (Chelmsford, 7pm).
Hampshire v Middlesex (The Rose Bowl, 7pm).
Somerset v Kent (Taunton, 6.30pm).
Surrey v Gloucestershire (The Oval, 6.30pm).

RUGBY LEAGUE
Betfred Super League (8pm):
Castleford v Wigan, Hull K R v Huddersfield, Warrington v Salford.

COUNTDOWN TO EUROS

GERMANY v SCOTLAND
GROUP A, TONIGHT, KO 8PM

WE CAN MAKE HISTORY!

Robertson says this squad can become legends and be first to reach KO stages

MORE THAN
'ANDY'!

Robertson is confident Scotland can have a Euros tournament to remember



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CAPTAIN Andy Robertson wants Scotland to achieve "legendary" status by reaching the knockout stages of Euro 2024.

The Tartan Army have played at eight World Cups and three European Championships without being able to get past the first stage.

Under manager Steve Clarke (below), Scotland reached the 2020 Euros – the first major tournament for the country since the 1998 World Cup in France.

But they again fell short by losing to Croatia and the Czech Republic either side of a goalless draw with England at Wembley.

Scotland start Euro 2024 by taking on host country Germany tonight before facing Switzerland and then Hungary. Liverpool left-back Robertson, who revealed he is in a good place physically and mentally after a scare in training on Monday, was bold in his ambitions in the media conference held at the Munich Arena.

He said: "The first Euros was massive for us, now we want to compete. Last time we felt in the England game we did pretty well, but let ourselves down in the other two or thought we

could do a bit better. We don't want to have any regrets this time.

"What's the worst that can happen? We go into a long list of teams that have failed to make it out of the group, so let's start from that point and move on from it.

"We believe we can be the team to make history. We have put ourselves in a good position by qualifying first and foremost, and let's see what we can do.

"We're excited by the challenge, we're excited about what's ahead and if we perform the way I know we can perform, then I'm confident we can make history.

"We know what is at stake. As I said, what's the worst that can happen? You join the list of good Scotland teams that failed to make it out of the group.

"The flipside to that is we can be the first team to do that.

"We have lots of incentives to do well but that is the main one, to become a legendary squad, the first team to make it to the knockout stages.

"That is driving us forward but we are in a difficult group and we have to be at our best to have a chance of doing that."



WINNERS? JU BETCHA!

JULIAN NAGELSMANN says the thrill of a home Euros outweighs the pressure of being hosts as Germany launch the tournament tonight against Scotland.

The former Leipzig and Bayern Munich boss (above) admitted that his players will be nervous when they try to silence the Tartan Army.

But the Germany manager said: "It is a huge task, it will be challenging, and it's certainly not a chance that

comes around very often. For the players, and for myself as a manager, to take part in a tournament on home soil is a unique opportunity.

"There is pressure involved, but more so joy. If we can see that joy on the pitch, then we will have a great tournament."

So, how far can they go this time?

"The normal ambition – we want to win it," the 36-year-old said. "It's the same in all other tournaments."



ANDY DUNN

Britain's best Sports Writer



Find a way to let Trent loose

WAYNE ROONEY did not hold back when discussing Trent Alexander-Arnold possibly having a role in central midfield for England's Euro 2024 opener against Serbia on Sunday.

"Defensively, he is all over the place," declared Rooney. "He can't defend. I wouldn't have him anywhere near the middle of the pitch."

Harsh, but one thing is for sure - Alexander-Arnold is too good a footballer to be a bit-part player on the big stage.

Few Premier League players can influence a game in the way the 25-year-old Liverpool star can.

Southgate has to find a way to use that influence.

Lions are on Whar footing

WE have, er, seen a lot of Jude Bellingham in the days leading up to the Euro 2024 kick-off, mainly thanks to him signing a new commercial deal with Kim Kardashian's boxer-short company SKIMS.

Having described himself as a bit of a loner from Blackburn, I doubt we will be seeing Adam Wharton in a pair of Kim's boxers any time soon.

But, judging by talk in the camp in Germany, we will be seeing a lot of Wharton, alongside Bellingham at the heart of the England team, over the next decade. It is fair to say he has made quite the impression.

Even if he wins the Euros, it feels like Southgate is ready for a new challenge



GOODBYE TO GARETH
Euros could be Southgate's swansong for England... but who will replace him?

THE measure of how Gareth Southgate has performed in the job he has held for almost eight years is that nothing less than an appearance in the Euro 2024 final will be deemed good enough in the minds of most England fans.

The reason Southgate is loved by the Football Association is that he has brought stability to the national team.

Over the course of the coming weeks, we will know if stability has become staleness.

Southgate has gone into this tournament on autopilot. He knows exactly what to expect, exactly what he is going to be asked, exactly what distractions to avoid, exactly what notes to sound.

If he has been told to take off the handbrake once, he has been told a thousand times.

He is suitably energised, suitably excited for the task ahead, suitably motivated.

But even before a ball has been kicked in Germany, it is hard to escape the feeling that Southgate, at the age of 53, is a manager ready for a new challenge.

Whatever way you look at it, four tournaments is a long stint for an international manager.

The FA would, without doubt, like him to stay on

beyond the end of his current contract, which expires in December. But does Southgate really want to be pigeon-holed as an FA man for the rest of his career? I doubt it.

My hunch is Southgate will step aside after Euro 2024, regardless of England's performance. On Wednesday, FA chief executive Mark Bullingham essentially said a succession plan was in the bottom drawer. It would be negligent not to have one.

And he also refused to rule out the possibility of Southgate's successor being a foreign coach but that is because he probably wanted to avoid the headlines that would follow if he did just that.

But the matter should not be up for debate. The FA has invested millions and millions of the money they have earned from people following the national team into a pathway for English coaches and English players, most notably through their set-up at St George's Park.

To parachute in a big-name foreign coach would be an insult. Presumably, they will remem-

ber how it worked when they paid Fabio Capello an obscene amount to look after the England squad.

That is not to say a foreign manager could not be a success - there are plenty out there who would approach the job with a lot more diligence and enthusiasm than Capello (below) showed.

But just as playing for England should be the ultimate ambition of English footballers, ditto for the coaching role.

It might not be easy to tempt a leading English manager away from his club ambitions - someone such as Eddie Howe, for example - but the strength of the allure of managing your country cannot be underestimated.

Southgate would probably be asked for his recommendation and my hunch is that he would recommend an English successor.

There is a chance, of course, that Southgate will stay but the feeling that a new challenge awaits is growing.

And if that is the case, let's hope he finishes an accomplished tenure in the best possible fashion.



HERE'S one prediction for Euro 2024. The use of VAR will make Wolves chairman Jeff Shi's ill-fated motion to have it scrapped in the Premier League look even more ridiculous than it did when the 19 other clubs slapped it down. VAR does not need binning in England, it just needs to get better.



Too much football bad for players... and fans

IF any of the England squad members spent some of their copious amount of spare time looking at pictures of Harry Maguire enjoying a beer in a five-star holiday resort, they would not have been envious. Absolutely not. And they will

not be thinking of the moment when their national duty ends and they can have a vacation.

But the players that go all the way to the final - from whatever nation - will have been away and working for the best part of a month and a

half. And club seasons throughout Europe start in mid-August.

No one is getting a violin out for these guys but no wonder the European member unions of FIFPRO, which represents footballers across the world,

are taking legal action against FIFA over their expanded men's Club World Cup, which will run for a month next summer.

Too much elite football is not a good thing... neither for players (Maguire, left) or bored watchers.



LUIS FEELS AT HERME WITH IRONS

WEST HAM have completed the signing of Brazilian teenager Luis Guilherme from Palmeiras.

The 18-year-old attacking midfielder has agreed a five-year deal and will finalise his switch to the London Stadium when the transfer window officially opens today.

"I'm very happy to be signing with West Ham United, a club that trusted in my work," said Guilherme (above), who has played for Brazil Under-20s.

"I also want to thank everyone at West Ham, particularly (technical director) Tim (Steidten) and his team who came to Brazil and not only talked with me, but also with my family.

"They presented the project, and both my family and I liked it. So, I'm very happy to be signing with this club and hope to contribute as much as possible. If things go well, we have a beautiful journey ahead."



HERR WE COUNTDOWN TO EUROS



ONE OF THE BAIZE
Between training sessions, Gallagher and Eze (top left) play a few frames



SCOTS DIDN'T CUE UP TO POCKET ME

Conor was rejected as a Braveheart... but Chelsea star so happy to now be Lionheart

BY **ANDY DUNN**
Chief Sports Writer
[@andydunnmirror](https://twitter.com/andydunnmirror)



CONOR GALLAGHER could have been lining up for Scotland in Munich in the Euro 2024 opener - but was not considered good enough.

The Chelsea midfielder, who qualified through his late grandfather, went for 'trials' for Scotland's junior set-up, but did not make the cut. Now he is battling for a starting spot in Gareth Southgate's team for England's first Group C match against Serbia on Sunday.

Gallagher said: "When I was 15 or 16, I wasn't good enough to play for the England youth team, so I went to train with one of the Scotland teams to see what I was like - and I wasn't good enough for them either.

"I managed to work my way back into the England youth set-up and was lucky enough to stay in it."

Gallagher and the rest of the England squad will be watching

the Germany-Scotland clash at their camp in Blankenhain tonight before heading to Gelsenkirchen tomorrow for their showdown with the Serbs.

Gallagher's form for Chelsea has been so impressive that he is a serious contender to partner Declan Rice in the centre of Southgate's midfield.

And the 24-year-old gives Mauricio Pochettino (left), who lasted just one season at Stamford Bridge, huge credit for his development on the elite stage.

Gallagher said: "I have come a long way this season and I give a lot of credit to Pochettino and what he has done for me. He put me in a better position to be a bigger part of the squad at this tournament."

Gallagher did not see any action at Qatar 2022, even though he was part of the squad, but he feels like a different player now.

He said: "In Qatar, I was kind of expected not to play. I still loved the experience and was so honoured to be there.

"It is a couple of years on and

I'm in a different position now."

Despite being "excited" to work with new boss Enzo Maresca, Gallagher is clearly gutted that Pochettino left Chelsea, saying: "He has done so much for me, so I was sad - sad for him and the coaching staff.

"He showed belief and trust in me, which is all a player wants. If a manager shows you a bit of love, it makes you play better. Long story short, it gives you confidence and that's what it gave me."

Gallagher's Chelsea contract only has a year to run and he has been linked with moves to Spurs and Aston Villa. But he insists talk about his Premier League future is not a distraction at the Euros. He added: "I'm a Chelsea player right now. I'm just focused on England and this tournament.

"It is not difficult, I'm in a very privileged position to be at a tournament like this and I couldn't be happier with my situation."



'HAALAND'S ON COURSE TO NET £1BN'

FROM BACK PAGE

1,000 percent committed to the City project and is already looking forward to the new season with the club."

Last year, Pimenta suggested that Haaland's potential wealth could no longer be measured in the millions.

And she feels the City superstar has only increased his commercial value even further after winning the Treble under Pep Guardiola (above) and retaining the Golden Boot.

Pimenta, talking to website Flashscore, said: "When I said that, he hadn't even done the Treble.

"His profile represents a huge value in the eyes of sponsors and clubs, as well as in terms of shirt sales and media exposure.

"And all that, put together - ticket sales, TV rights, everything Erling will earn over the course of his career - I'm convinced it will exceed a billion."

£1.5K IS FINAL OFFER FOR PLAYER TICKETS

BY **JOHN CROSS**

ENGLAND stars have been quoted around £1,500 per ticket to the Euro 2024 final.

They have been allocated six free tickets as part of their friends and family admission packages for the tournament but they also have the option to buy another six.

The price for the six extra tickets will increase through the rounds right up to

£1,500 per seat for the final in Berlin's Olympic Stadium (left).

Many families have decided to fly in and out of Germany for games in this tournament rather than stay for an extended time.





GERMANY
TONIGHT

Sam stays with Blues

CHELSEA striker Sam Kerr has signed a new two-year contract with the Women's Super League champions.

The Australian, who joined the club midway through the 2019-20 campaign, is now committed to the Blues until the summer of 2026.

The 30-year-old's previous deal had been due to expire this summer.

Kerr said: "It's really exciting and a very proud moment for me.

"Having the opportunity to stay at a club like Chelsea means a lot to me.

"I'm really excited to continue to push and to try to win trophies."

Kerr, Australia's record goalscorer, has won five WSL titles, three FA Cups and two League Cups since joining Chelsea from Chicago Red Stars. She has scored 99 goals in 128 appearances for the club.

MIDDLE OF THE PARK

Lions legend Sheringham thinks it's a huge mistake to play Trent in the middle: Having a right-back playing there just says our specialist midfielders aren't good enough

BY DAVID McDONNELL
@DiscoMirror

TEDDY SHERINGHAM believes Gareth Southgate will be making a huge mistake if he plays Trent Alexander-Arnold in midfield for England's Euro 2024 opener.

Southgate is considering starting the Liverpool defender in midfield, alongside Declan Rice, for Sunday's Group C game against Serbia in Gelsenkirchen.

Alexander-Arnold started England's 3-0 win over Bosnia and Herzegovina in midfield, before switching to his more familiar right-back role in the final minutes.

He then had a cameo role in England's 1-0 defeat to Iceland and did enough in both games to

convince Southgate and his staff that he can operate in midfield on Sunday.

But former England striker Sheringham said: "I think Southgate is in danger of shoehorning players into the wrong positions. I know Trent Alexander-Arnold can pick out a pass, but it's not the be all and end all of playing in midfield. I wouldn't play him there.

"You've already got a right-back playing on the left, a new centre-half, so to have a right-back playing in midfield says that the midfielders aren't good enough.

"I'd be surprised if he did start the game against Serbia there –

I'd prefer him at right-back and then finding himself in midfield, like he does so well at Liverpool. There's a big difference between starting there and finding your way there."



'Trent can pick a pass but it's not the be all and end all'

Former Manchester United and Tottenham forward Sheringham, who won 51 Three

Lions caps, admitted he is concerned at England's defence, particularly the absence of Harry Maguire, who failed to recover in time from a calf injury.

With John Stones also a doubt, Southgate could be forced to field an entirely new centre-back pairing against Serbia.

"Losing to Iceland ahead of the

opening game with Serbia is a big concern," added Sheringham (left), reflecting on England's final warm-up game defeat at Wembley.

"Losing Maguire to injury, too, who's been a stalwart for England over the years, is a big issue having played alongside Stones in the middle of defence.

"I would be very concerned if I were England. You don't just put a random four players in defence to play together, you need to work on them.

"It's a tough call now, you can't just think that because we've got a prominent front six that you can leave it all up to them – you've got to work on the defence as well."

■ Teddy Sheringham was speaking to TG Casino.



'NO CASE FOR ENGLAND'S DEFENCE'

FROM **SIMON MULLOCK** in Erfurt
SERBIA defender Strahinja Pavlovic thinks his team can take advantage of England's defensive weaknesses.

The Red Bull Salzburg centre-back, who has been attracting admiring glances from Liverpool, has warned that Iceland gave the Serbs a perfect

plan of attack for their Euros opener on Sunday by humbling Gareth Southgate's side at Wembley.

Pavlovic (left), 23, said: "I would attack the English. I would go up there and try to press them. Everyone has flaws, even the English. We saw how Iceland could threaten

and defeat them. We are analysing everything and will prepare well. England have one of the best teams, so the first game will be difficult.

"Harry Kane is an incredible player and there's also Jude Bellingham. We have to be a team to do our best to stop these players."



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HERR WE GO COUNTDOWN TO THE EUROPEAN

FAR FROM

Eberechi was called up for England before Euros in 2021 but then ruptured his Achilles. The Palace star has used that setback to fuel his drive to the top

FROM **JOHN CROSS**
Chief Football Writer in Erfurt
@johncrossmirror



EBERECHI EZE has used the worst day of his career to go full circle and reach the Euros.

Eze ruptured his Achilles tendon in training in May 2021 and when he went back inside to check his phone he found out he had been called up for Gareth Southgate's provisional 33-man squad for the last Euros.

Fast forward three years and the Crystal Palace midfielder believes the whole experience helped him get stronger – and that is the reason he has made it again this time around.

Eze, 25, said: "It was my first time getting that message, but this is after my Achilles had ruptured on the training pitch.

"I'd gone inside, checked my phone and saw the message, so it was a tough day but, again, it's part of the journey, part of the story and I'm grateful to be here now.

"So from there, you're sort of dealing with the emotion of what could have been, all that type of stuff. I was there at the games watching with a cast on my foot.

"It was tough but, again, I don't think I would have the mentality that I have now without an experience like

that. Those types of experiences make you stronger, they build your character and they give you more strength going forward."

Eze is an inspirational story because the South Londoner (a mural at the Kirby Estate, Bermondsey, below) was rejected by Arsenal, Fulham, Reading and Millwall before ending up at QPR, where he was farmed out on loan to Wycombe before eventually joining Palace.

There is a life lesson about never giving up even when, as he recalls, losing at Accrington Stanley on a Tuesday night during his loan spell at Wycombe, where he is still fondly remembered by fans and former team-mates. Eze

said: "I remember that! I feel like there are moments along the journey that are tough and difficult but one thing I've always had is faith. I know that God is there and he's working for me.

"And I also believe that the talent and gift he's given me, as long as I continue to work on it and improve and try my best, I'll reach the level I

want to reach. I always try to appreciate how far I've come. It's a big difference from Accrington Stanley to where I am now."

Eze is one of four Palace players in the squad along with Dean Henderson, Marc Guehi and Adam Wharton.

He says Guehi is such a tough defender for opponents – "he's strong, fast and he's smart" – while he adds that he knew from the first training session that Wharton was a big talent.

Eze has had to battle the odds to get his place in the squad and, in a tournament where substitutes could be important, he is determined to show he is worth his place ahead of the likes of Jack Grealish and James Maddison. Eze said:

"In any position, it is difficult to get into the squad. The talent all over the pitch is insane. Even being able to get into the 26 is a challenge for anybody.

"I'm grateful and sure that everyone else will be grateful because there is a person on their shoulder or around the corner that is equally as good and can do a similar job to them. That has been the main thing, focusing on myself and what I can do."

Eze is such a likeable player and comes across brilliantly.

That has to be down to him fully appreciating where he is now after his story of setbacks, heartbreak and never taking

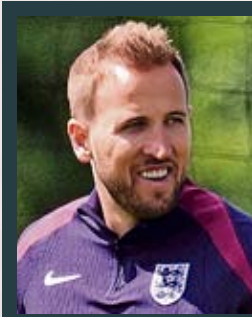
anything for granted. That is why he decided to give something back by setting up his own foundation to help local kids. He hired Palace's academy at the end of the season, paid for coaching, entertainment and even an ice cream van and jerk chicken stall.

He added: "I'm grateful to be in the position I'm in, terribly blessed. I look at people from similar areas to me, similar difficulties and struggles.

"Me and my family are trying to do whatever we can to give them an opportunity, help them see things they wouldn't otherwise. It's a huge blessing and an honour to be in a position to do this. If you've got the opportunity, that's the best you can do."

It builds your character and gives you more strength

It's so difficult, the talent all over the pitch is just insane



KANE WARNING ON SERBS

FROM BACK PAGE
really strong. They make it difficult for us with their moves and they have tall players – so they can be very dangerous.

"If we are not careful it could be a difficult game for us, so we need to make sure we get that right.

"I think that we have earned this favourites status through our tournaments

so far. But we are also a team that have never won a Euro – so we are trying to make history here.

"It is a goal we want to achieve, but we know it will be a long, hard road.

"We have to make sure that we do everything right because if you are not 100 percent in these tournaments, you can be punished."



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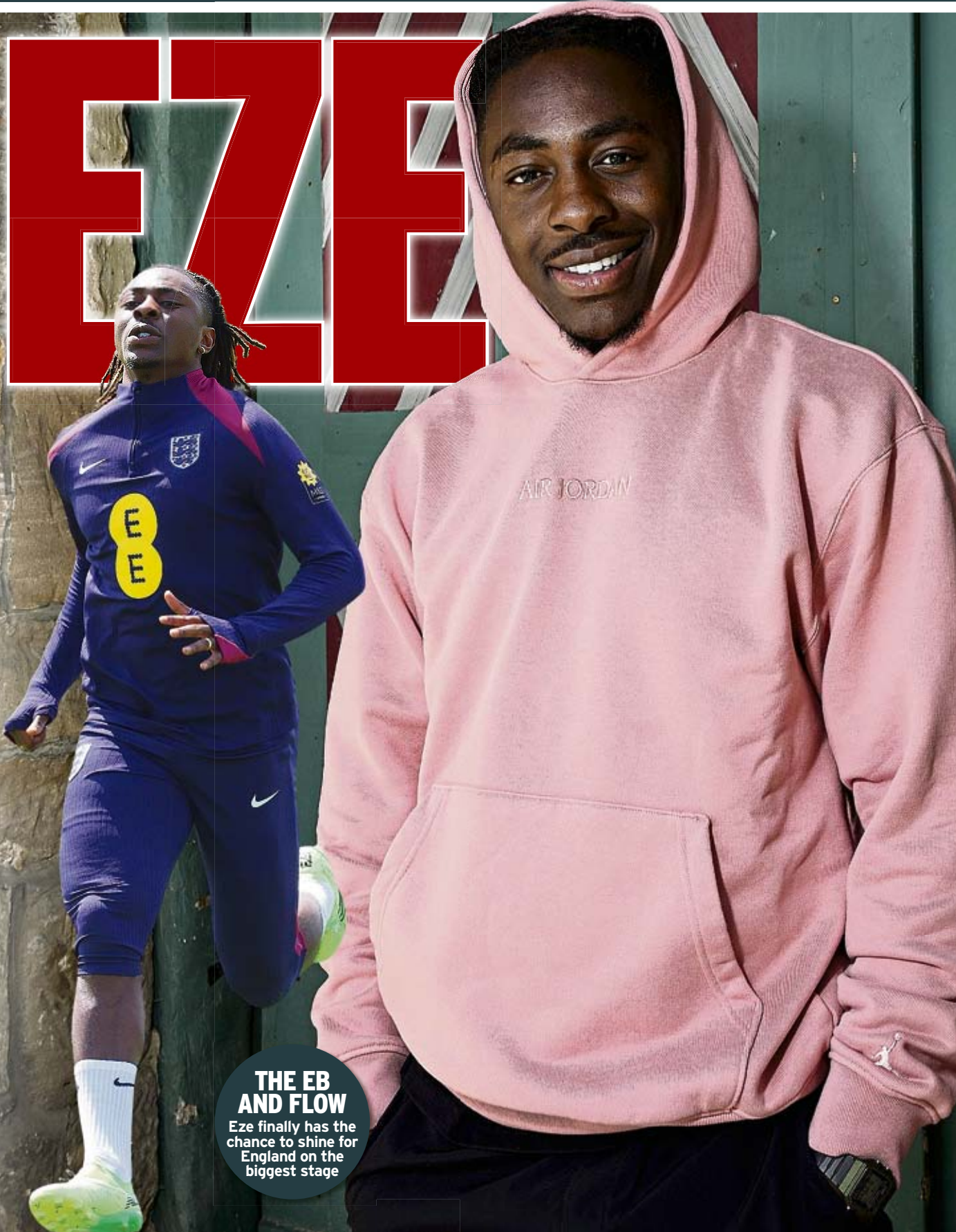
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CHAMPIONSHIP



GERMANY
TONIGHT



THE EB AND FLOW
Eze finally has the chance to shine for England on the biggest stage



'THE BEST SQUAD I'VE BEEN PART OF'

FROM JOHN CROSS
HARRY KANE may be England's record goal-scorer but he reckons having talents such as Jude Bellingham, Declan Rice and Phil Foden means they enter the Euros with a world-class squad. Bayern Munich star Kane believes Gareth Southgate's team could be the best he has been a part of - and claims some of the young players are "fearless". Kane (above, with Bellingham) said: "This squad is one of the best, if not the best, we've ever had when you look at the form and the respective leagues that many of us have played in. "We've got incredible young talent who are fearless and just want to play. "I hope the guys can rely on me and ask me questions, and if I can help them overcome something then that's great. "Gareth had a really difficult decision to make because we have some very good attacking players. But for me it's fantastic. "I want to play with players who can provide assists, who can score

goals, who move well and who can get the ball in tight spaces, and we have all of that. "Captaining England and leading the boys is probably the biggest privilege I can have as a player and I will never take that for granted. It's an honour to do this for the fourth time. "We've had a semi-final, a final and a quarter-final so I hope we can go all the way and win. "We've had some really good moments, including myself, but ultimately we're here to win a Euro and hopefully we can do that." England are based near Erfurt in the same luxury resort Germany used for their Euros build-up and preparation before they moved to the Adidas Football Centre in Munich. And Kane, 30, revealed that Bayern team-mate Thomas Muller left him a good luck note in his room. Kane added: "He wrote to me saying the golf course was great but the weather wasn't so good! "The welcome I received when I arrived at Bayern was incredible and since I've been at the hotel, some of the staff have come up to me and greeted me. "I'm not saying they want England to win but I think they have a little soft spot for us now that I'm here and that's fantastic."



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» **EURO 2024 IT ALL KICKS OFF TODAY**

SERB AND VOLLEY

Kane warns Three Lions not to underestimate rivals otherwise it will be game set and match to Mitrovic and his pals



FROM **JOHN CROSS**
HARRY KANE has warned England of the "very dangerous" threat posed by Serbia in their opening Euros clash.

England kick off their bid for glory on Sunday and, even though the Serbs – including striker Aleksandar Mitrovic (below left) – are ranked 33rd in FIFA's world rankings, Kane insists they can make life difficult.

Gareth Southgate's men are pre-tournament favourites – but his captain said that, unless they start well, that tag will count for nothing.

Kane said: "Serbia are a team that can hurt you if you're not set up correctly, and, defensively, they are

TURN TO PAGE 62



BIA BIT CAREFUL
Three Lions skipper Harry Kane is taking nothing for granted against Serbia



EARNING HAALAND

BY **SIMON MULLOCK**

ERLING HAALAND'S agent insists the Norwegian goal machine is happy at Manchester City – after claiming he is on course to earn more than £1billion in his career.

Rafaela Pimenta, the Brazilian lawyer who advises Haaland (above), has dismissed any suggestion that he could walk away from the Etihad this summer now that a £175million buy-out clause in his contract can be triggered by foreign clubs.

City are hoping to persuade the 23-year-old to sign a new deal in the coming months that would allow them to renegotiate the clause.

And Pimenta confirmed he is fully committed to the Premier League champions.

She said: "One thing is certain today: Erling Haaland feels at home at Manchester City. He is

TURN TO PAGE 60



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PUZZLES

Quizword & Crossword

Two sets of clues, two different answers - all on the same grid. Choose one or the other.

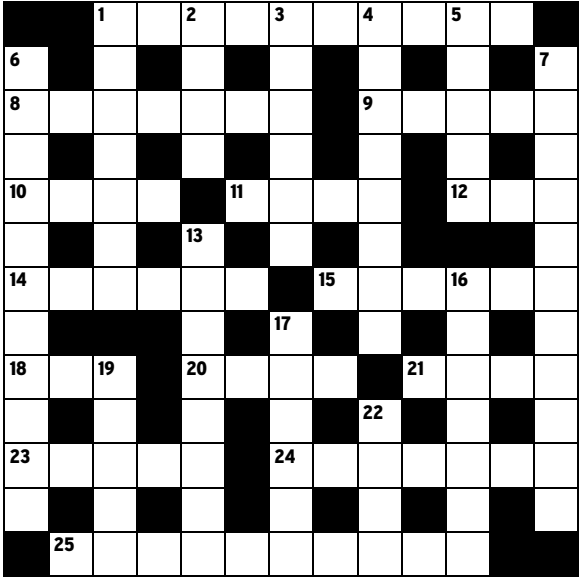
Quizword

ACROSS

- 1 2004 novel by David Mitchell shortlisted for the Man Booker Prize (5,5)
8 and 25 1942 philosophical work by Albert Camus (3,4,2,8)
9 Zsolt -, WBO Light Heavyweight champion from 2004-09 (5)
10 Son of Telamon; Greek hero of the Trojan War (4)
11 1943 novel by Colette (4)
12 and 18 Long-running ITV sketch show starring Les Dawson (3,3)
14 James J -, US shipyard inspector believed to have originated a popular expression used during World War II (6)
15 Small hot-tasting pod of a type of capsicum used for flavouring sauces (6)
18 See 12 Across
20 Widely cultivated tree with a sweet gritty-textured juicy fruit (4)
21 Nest in which a hare lives (4)
23 River of Switzerland that flows through Lake Lucerne and the town of Bremgarten (5)
24 Bob -, Australia wing whose final cap was in the 1991 Rugby World Cup Final win over England (7)
25 See 8 Across

DOWN

- 1 White ball in snooker or pool (3,4)
2 Variety of chalcedony with alternating black and white parallel bands (4)
3 Genus of plants with bright showy flowers native to Mexico (6)
4 and 19 1979 non-fiction work by Tom Wolfe (3,5,5)
5 Major mountain system of South America (5)
6 1941 novel by Hammond Innes (6,5)
7 Bob -, 1897-99 World Heavyweight boxing champion (11)
13 Best Actor in a Supporting Role Oscar winner for Goodfellas (3,5)
16 Husband of Hermione in William Shakespeare play The Winter's Tale (7)
17 Fromental -, French composer of 1835 opera La Juive (6)
19 See 4 Down
22 First wife of Jacob in the Old Testament (4)



Crossword

ACROSS

- 1 Political strategist (4,6)
8 Enjoying continued success (2,1,4)
9 Wind down (5)
10 Couple (4)
11 Hen's clutch (4)
12 Prosecute (3)
14 Shorten a garment (4,2)
15 Star sign (6)
18 Shade of brown (3)
20 Boxing match (4)
21 Abominable snowman (4)
23 Alcoholic spirit (5)
24 Tableland (7)
25 Self-willed (10)

DOWN

- 1 Suffering from mal de mer (7)
2 Press clothes (4)
3 Torrential rain (6)
4 Baptise (8)
5 Eyes up (5)
6 Involving rivalry (11)
7 Quick and efficient (11)
13 Wardrobe (8)
16 Shipping hazard (7)
17 Marionette (6)
19 Push lightly (5)
22 Ring of light (4)

Solutions in tomorrow's Daily Mirror

Solutions in tomorrow's Daily Mirror

Two-speed coffeebreak

Two sets of clues - but the answers are the same.

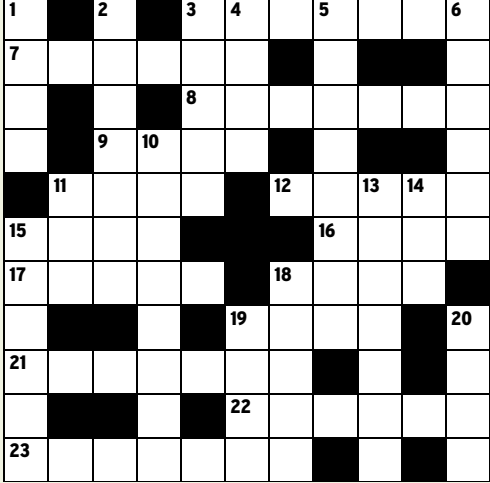
Cryptic clues

ACROSS

- 3 Treads on relative (7)
7 Royal pincer movement (6)
8 A riot - no trouble for province (7)
9 Quietly nod about garden feature (4)
11 Nothing but affection (4)
12 Stand new lease (5)
15 Affair of timeless caste (4)
16 Nut excited by English melody (4)
17 Drama involving a rope (5)
18 Fix soldiers, on the day (4)
19 Leader sobs uncontrollably (4)
21 Discuss about one tree (7)
22 European type has cold bodyguard (6)
23 Opposite concerning poetry (7)

DOWN

- 1 Maps rise of unwanted email (4)
2 Get rid of woman's attitude (7)
3 Cake and small ice cream (5)
4 Incline towards nurse (4)
5 Calms down, adjusting last pace (8)
6 Improvise some pasta (6)
10 Gradually get more work (8)
11 Course in clapping (3)
13 Star finds location of hot resort (7)
14 Rendition's conclusion (3)
15 Prisoner and dog tally (6)
18 TV detective's code (5)
19 Report characters as insects (4)
20 Doom celebration, we hear (4)



Quick clues

ACROSS

- 3 Relative by marriage (7)
7 Monarch's heir? (6)
8 Canadian province (7)
9 Pool (4)
11 Cherish (4)
12 Artist's stand (5)
15 Container (4)
16 Song (4)
17 Art form (5)
18 Repair (4)
19 Chief (4)
21 Evergreen (7)
22 Guard (6)
23 Go backwards (7)

DOWN

- 1 Tinned meat (4)
2 Discard (7)
3 Small cake (5)
4 Look after (4)
5 Soothes (8)
6 Type of pasta (6)
10 Extra work (8)
11 Circuit (3)
13 Solar feature (7)
14 Finish (3)
15 Agree (6)
18 Type of code (5)
19 Insects (4)
20 Destiny (4)

Solutions in tomorrow's Daily Mirror

CHECK THE SOLUTIONS NOW!
TWO-SPEED COFFEEBREAK 0903 659 6060 (80p/min)

TERMS & CONDITIONS: Calls cost 80p/min plus your phone company's access charge. Texts cost £1 + 1 standard network rate message. SP Mi Telecom Ltd. Helpdesk 0330 880 6060. Min age 18+. All lines close midnight tonight except where stated. Std Trinity Mirror Rules apply, see www.mirror.co.uk/rules.

The name game

Hidden in the grid is the name of a dinosaur. Answer the questions, then rearrange the letters corresponding to your answers to fill in the name.

1	2	3	4	5	6	7	8	9	10

Solutions in tomorrow's Daily Mirror

BOX1: Bourbon whisky is made primarily from which of the following?
Barley (P)
Corn (L)
Rice (Z)

BOX2: Which actress links the films Drowning Mona and Blind Horizon?
Faye Dunaway (E)
Jamie Lee Curtis (J)
Neve Campbell (S)

BOX3: Genuflection is the bending of what to the ground?
The knee (P)
The head (G)
The back (Q)

BOX4: "Hiver" is the French word for which season?
Winter (C)
Autumn (I)
Spring (N)
BOX5: In which country may the Cathedral of Vasily the Blessed, or Saint Basil's Cathedral, be found?
Italy (A)
Poland (X)
Russia (U)

BOX6: Which of these is a member of a municipal legislative body?
An alderman (I)
A chandler (Y)
A crossman (O)

BOX7: In what year was Islington's former Angel Hotel opened?
1903 (D)
1913 (O)
1923 (Y)

BOX8: What nationality was the architect Antoni Gaudi?
Italian (T)
Spanish (O)
Argentine (V)

BOX9: In what year was the Christmas poem A Visit from St Nicholas first published?
1823 (D)
1873 (U)
1923 (X)

BOX10: Rebecca Ferguson (pictured) starred with Ewan McGregor in which 2019 horror film adapted from a Stephen King novel?
Doctor Sleep (O)
Midsommar (Y)
The Lodge (Z)



30-sec brain teaser

Boost your brain power with our 30-second test. Start with the number on the left and follow the instructions. Beginners should aim to complete the puzzle in 30 seconds. Intermediates should finish their own puzzle and the Beginner's Challenge. Genius players have 30 seconds to complete their own plus the Intermediate. Good luck!

Solutions in tomorrow's Daily Mirror

BEGINNER	18	+26	3/4 of this	+48	Take the square root	+17	50% of this	-4	×7	ANSWER
INTERMEDIATE	305	60% of this	+149	3/4 of this	+39	7/8 of this	-84	÷12	-6	ANSWER
ADVANCED	323	÷19	+173	Increase by 60%	Reverse the digits	-29	8/11 of this	+344	7/8 of this	ANSWER

Mirrorgram

Solve our ten-letter anagram

S	A	U	C	I	E	R	G	O	D

Solutions in tomorrow's Daily Mirror

PUZZLES

14:02 mins

Solutions in Monday's Daily Mirror

ABCDEFGHIJKLMNOPQRSTUVWXYZ

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19 L	20	21	22	23	24 K	25	26 E

Last Friday's winner: Christina Edworthy, Exeter

SOLUTIONS

Call **0903 659 6060** (80p/min) for 5 extra letters or the full solution, or text **SPEEDCLUE** to **61011** (£1/text) for 5 extra letters. Deduct one minute from the target time for each extra letter used.

Calls to solutions line cost 80p/min + network access charge and texts cost £1 + 1 standard network rate message. Calls to the Speedbreaker competition line cost £2/call + network access charge and texts cost £2 + 1 standard network rate message. You may receive free promotional messages, to opt out end message with NO INFO. Competition lines close midnight tonight. Min age 18+. SP: MI Telecom Ltd. Helpline 0330 880 6060. Full T&C's at www.mirror.co.uk/rules.

22	25	22	25	2		16				3		2
25			1		10	14	22	25	6	19	19	17
18	6	1	10	14		3				26		26
23			26		14	20	16	3	14	7	26	2
6	19	6	9	24				20		20		
1			16		14	2	2	11		23		11
9	20	2		8		25		11		26	19	24
17		20		12	20	5	21		18			26
		9		26				10	20	23	6	19
10	14	24	25	1	4	19	17		23			26
6		25				20		16	26	5	21	16
15	25	1	4	25	26	11	16		6			6
15		4				12		13	20	25	19	19



Which one of our three definitions is correct?

- 1 Type of headwear
- 2 Hating smoke
- 3 Put in wrong place

**Solutions in tomorrow's
Daily Mirror**

Scribble pad

Arrow Words are like crosswords, but the clues are printed inside squares on the grid. Write your answers in the blank squares in the direction indicated by the arrows. **Solutions in tomorrow's Daily Mirror**

Noisy Angora		Virginia pictured		Difficulty		Pace		For a short time		State of being there			
						Turret							
Part of speech		Delivery vehicle		Single number Assesses				Performed on stage		Rustic			
						Couples							
Sateen (anag.)	Looked at closely		High mountain Nabbed				Puzzle- solving aid Hurts, upsets						
						Grimly serious or strict Mineral							
Dens		Distant						Top card Entrance			Donkey Regions		Prodced
					Conun- drum That woman						Snake type		
Paper hanky		Settee		Farmyard bird				Building to live in		Endure	Approx- imately (2,2)		
						Phantom Hearing organ					Having the shape of a cube		Richard - starred in Pretty Woman
_ any, none Allude				Place frequented for holidays						Metal enclosure Of the army			
					The A in USA		Writing and production of plays		Entertained				
Father				_ and crafts					Pen end		Any delicious drink	Feats of daring	
				In this place		Most important news							
								Rain heavily	Football's _ McCoist	Vanilla _ rapper		Small body of water	
				Small firearm		Separate					Central process- ing unit (abbr.)		
										_ Du Beke, pictured			
				Place where bread is made		Measuring stick						Small insect	
										Units of linear measure			



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Su-doku corner

EASY SU-DOKU

	5		2	6	9		7	
2		4				3		6
	9			4			2	
8			6		4			3
9		5				6		2
4			3		2			7
	8			3			6	
5		3				7		1
	1		8	7	5		3	

The rules for Su-doku couldn't be easier. All you have to do is fill the empty squares so that each row, column and 3x3 block contains all the numbers 1 to 9.

Solutions in tomorrow's Daily Mirror

SU-DOKU TOUGHIE

		2		5	9	4		
		6				2		
	4				2		1	
	8		9				7	
6				1				
	5				4		8	
	6		5				4	
		7				1		
		5	1	7		6		

The rules for Su-doku are easy, but this one's a toughie! Each number from 1 to 9 must appear only once in each horizontal and vertical line, and only once in each 3x3 grid.

Solutions in tomorrow's Daily Mirror

KILLER SU-DOKU

22				10			16		16	
	6			10			8		10	
8		16			13					15
	7			13	9		16			
16				24	8			10		
		12					5			
14	6			14		8		9		
	17	14	21			11			16	
							5			

Killer Su-doku is based on the traditional grid and every column, every row and every 3x3 box must contain the digits 1 to 9. But the dotted squares must be filled with numbers that add up to that in the left corner.

Solutions in tomorrow's Daily Mirror

FUTOSHIKI

		3			

Insert the numbers one to five in each row and each column, making sure that no number is repeated. The only symbols to guide you are the "greater than" (>) and "less than" (<) signs.

Solutions in tomorrow's Daily Mirror

CHECK THE SOLUTIONS NOW! Call 0903 659 6060 (80p/min) to hear SU-DOKU 5 NUMBER CLUES or FULL SOLUTIONS to the easy and toughie su-dokus. Or text EASYCLUE or TOUGHCLUE to 61011 (£1/text) for 5 CLUES.

Word Ladder

	TURN	
Mountain lake		
Dessert		
Wagon		
Troupe		
Price		
	COAT	

Using the clues provided, fill in each step of the ladder with a new word, changing one letter at a time.

Solutions in tomorrow's Daily Mirror

Brickwork

1			
2			
3			
4			
5			
6			
7			

Enter the solutions to the clues in their numbered layers of the wall. Each word must be an anagram of its neighbours, plus or minus one letter.

- 1 Large
- 2 Taunt
- 3 Splurge
- 4 Starts
- 5 Char
- 6 Indication
- 7 Transgression

Solutions in tomorrow's Daily Mirror

Bingo

Fri Jun 14 2024
Game 22 Day 5

86	21	69
62	2	32
64	27	67
82	88	

HERE are the numbers for Day 5 of Game 22 on your Bingo card.

TO WIN a full house £100 prize, all 15 numbers on the Game 22 grid must be correctly crossed off with the Daily Mirror numbers. If you're still short, buy the Sunday Mirror and the Sunday People for more numbers and another chance to win a £100 prize. TO CLAIM call 01420 525501 from 10am to 3pm on Mondays only. No responsibility is accepted for failure to claim in the stated hours. Calls charged at national rate. Standard Reach PLC rules apply, see mirror.co.uk/2024bingorules. Full terms as previously published.

Wordsearch

Can you find all the listed typefaces in the grid?
Solutions in tomorrow's Daily Mirror

T	C	O	M	I	C	S	A	N	S	O	Y	O	U	M
B	A	S	K	E	R	V	I	L	L	E	B	M	L	A
R	E	D	G	C	H	V	U	K	L	M	E	F	U	C
U	O	F	A	Z	O	W	S	N	E	S	S	L	C	I
S	I	C	M	R	Z	U	O	B	O	S	E	M	I	T
H	F	X	K	S	I	B	R	U	N	B	V	G	D	E
S	G	D	E	W	A	A	V	I	A	M	C	U	A	V
C	V	S	D	S	E	E	L	K	E	U	Q	L	G	L
R	E	Y	R	N	N	L	W	G	L	R	Y	P	R	E
I	R	P	P	I	O	Q	L	H	A	S	N	C	A	H
P	D	O	R	J	Z	M	P	A	L	A	T	I	N	O
T	A	C	M	I	N	Q	A	Y	D	A	L	N	D	V
D	N	V	W	P	H	P	M	R	B	B	F	H	E	E
M	A	A	A	V	K	Z	S	N	A	S	L	L	I	G
V	Y	E	H	R	C	I	H	T	O	G	S	W	E	N

ARIAL	GARAMOND	PALATINO
BASKERVILLE	GILL SANS	ROCKWELL
BEMBO	HELVETICA	SABON
BRUSH SCRIPT	KABEL	SOUVENIR
COMIC SANS	LUCIDA GRANDE	TIMES
COURIER	NEWS GOTHIC	VERDANA

YESTERDAY'S SOLUTIONS

QUIZWORD

ACROSS: 1 Night, 7 Bulawayo, 8 Munch, 10 Hocus Pocus, 12 Dev Patel, 14 Shin, 16 Tyre, 17 Turmeric, 20 Imane Merga, 23 Aphid, 24 Shearing, 25 Seven. DOWN: 1 Nimrod, 2 Hoch, 3 Pudu, 4 Harpy, 5 March Hare, 6 Cousin, 9 Hogan, 11 Over Water, 13 Emu, 15 Omega, 16 Thirsk, 18 Corden, 19 Henry, 21 Etna, 22 Apse.

CROSSWORD

ACROSS: 1 Smell, 7 Adhesive, 8 Aries, 10 Strengthen, 12 Strident, 14 Eros, 16 Sail, 17 Arrogant, 20 On the brain, 23 Cabin, 24 Cockcrow, 25 Eyrie. DOWN: 1 Status, 2 Lees, 3 Idle, 4 Hedge, 5 Fisherman, 6 Tennis, 9 Studs, 11 Armistice, 13 Nor, 15 Toxic, 16 Scorch, 18 Thence, 19 Peace, 21 Roof, 22 Navy.

TWO-SPEED COFFEEBREAK

ACROSS: 1 Part-timer, 8 Chime, 10 Paint, 12 Son, 13 Art, 14 Rest, 15 Accent, 16 Tenth, 18 Second, 20 Edam, 22 Red, 23 Ore, 24 Erase, 25 Pylon, 26 Sportsman. DOWN: 2 Amiss, 3 Teen, 4 Impact, 5 Elite, 6 Actresses, 7 Statement, 9 Mottoes, 11 Archery, 15 And, 17 Endear, 19 Cramp, 21 Delta, 23 Opus.

WEDNESDAY'S SPEEDBREAKER

1=M, 2=X, 3=I, 4=J, 5=S, 6=Y, 7=H, 8=D, 9=E, 10=C, 11=G, 12=F, 13=R, 14=U, 15=W, 16=N, 17=Q, 18=V, 19=T, 20=B, 21=O, 22=L, 23=K, 24=A, 25=Z, 26=P.

ARROW WORD

C	C	G	A	N	C	
S	O	P	H	I	E	H
S	A	R	E	A	L	M
R	H	Y	T	H	M	F
	O	A	S	P	L	E
S	T	U	D	E	N	T
E	O		E	R	A	
C	A	R	G	O	R	P
E	W	I	N	D	S	C
H	E	A	V	E	N	I
A	R	E	S	E	G	M
C	S	A	T	S	A	I
S	H	U	T	R	E	C
		U	L	E	N	T
		E	C	H	O	S
		T	O	W	U	R
		M	O	T	H	E
		R	E	A	R	H
		A	S	K	S	S

In the Daily Mirror every Saturday there's £1000 to be won in our Big Name prize crossword

EASY SU-DOKU

2	6	7	5	1	4	8	3	9
5	8	1	3	2	9	6	7	4
3	4	9	6	8	7	2	1	5
8	2	5	9	7	1	3	4	6
7	3	6	4	5	8	1	9	2
9	1	4	2	3	6	5	8	7
6	7	8	1	4	5	9	2	3
1	9	3	7	6	2	4	5	8
4	5	2	8	9	3	7	6	1

SU-DOKU TOUGHIE

9	1	2	4	7	6	3	8	5
3	7	6	8	2	5	9	1	4
5	8	4	9	3	1	6	7	2
6	5	3	2	8	7	4	9	1
2	9	1	5	4	3	8	6	7
8	4	7	6	1	9	2	5	3
1	3	8	7	9	2	5	4	6
7	6	9	3	5	4	1	2	8
4	2	5	1	6	8	7	3	9

KILLER SU-DOKU

4	1	3	9	5	6	7	2	8
2	8	5	1	4	7	3	9	6
6	9	7	8	2	3	5	1	4
8	6	1	2	3	9	4	5	7
3	4	9	5	7	8	2	6	1
5	7	2	4	6	1	8	3	9
9	5	8	7	1	2	6	4	3
7	2	6	3	9	4	1	8	5
1	3	4	6	8	5	9	7	2

FUTOSHIKI

5	2	3	4	1
2	>	1	4	5
3	<	4	<	5
1	5	2	3	<
4	3	1	2	5

MIRRORGRAM

HOMOGENISE
30-SEC BRAIN TEASER
Beginner 77;
Intermediate 290;
Advanced 538.

JUST A BIT OF FUN

3 Swimming horizontally

BRICKWORK

Lab, Bale, Label, Liable, Libel, Bile, Lie.

WORD LADDER

Meek, Seek, Seed, Send, Mend, Mind, Mild.

WORDSEARCH

H	U	S	E	T	I	H	W	Y	R	A	B	V	E
T	K	I	N	G	C	R	I	M	S	O	N	T	N
A	S	P	I	N	K	F	L	O	Y	D	M	L	W
B	Y	E	Z	N	Y	J	D	D	A	K	U	O	S
B	E	N	E	G	O	C	H	F	U	Q	C	R	I
A	K	S	H	O	G	O	L	D	I	E	D	R	B
S	K	A	D	N	E	E	R	G	E	X	E	S	P
K	C	T	Y	K	O	S	E	C	Z	T	E	L	
C	A	J	A	F	A	H	C	C	Y	G	S	M	Y
A	L	G	R	E	N	D	O	W	J	T	Y	A	R
L	B	C	Z	P	X	H	O	H	W	K	O	J	E
B	E	M	J	H	X	L	O	Q	M	F	E	L	D
P	H	R	P	A	R	F	D	L	O	Q	U	K	M
B	U	R	A	K	C	A	L	B	A	L	L	I	C
Y	F	E	H	T	V	X	X	L	U	Y	V	B	Z

NAME GAME

EISENHOWER
1H, 2S, 3W, 4I, 5E, 6E, 7R, 8O, 9N, 10E.

RUSSELL GRANT

mirror.co.uk/horoscopes



Aries March 21-April 20

Now that the pressure is off and you feel less stressed, you can take this chance to relax and view things from a different perspective. As you consider all you have recently been through you might acknowledge you handled some difficult situations very efficiently.

For more call **0905 789 4171** (80p/min + network access charge)

Taurus April 21 - May 21

You need something new to get your teeth into. Enrol on a study course that captures your imagination. Take any opportunity to make better use of your skills and creative potential. A workplace experiment could lead to an incredible and exciting breakthrough.

For more call **0905 789 4172** (80p/min + network access charge)

Gemini May 22 - June 21

A senior colleague is not as knowledgeable in some subjects as they make themselves out to be. If you follow their advice, you could get into trouble. If you have questions about someone's words, views or directions, get a second opinion. Handle important issues on your own.

For more call **0905 789 4173** (80p/min + network access charge)

Cancer June 22 - July 23

An interesting offer will be received but this will need some thinking over. If it involves you having to take on more commitments or you're being expected to pay upfront, is this really the fantastic opportunity that someone is making it out to be?

For more call **0905 789 4174** (80p/min + network access charge)

Leo July 24 - August 23

Even if it is an inconvenience you seem to have no choice about having to attend an official meeting. You might be asked to take charge of arrangements at a moment's notice or your boss will demand that you reorganise your schedule in order to attend.

For more call **0905 789 4175** (80p/min + network access charge)

Virgo Aug 24 - Sept 23

Someone is promising bigger things than they are actually capable of delivering. They may not intentionally do so but you will need to ask plenty of questions to determine which are the most realistic and sincere offers and which aren't likely to ever happen.

For more call **0905 789 4176** (80p/min + network access charge)

Libra Sept 24-Oct 23

There's a temptation to pass on some work, tasks or responsibilities to someone else. If you do, you won't be able to complain when they get all the credit. If you disagree with the increasing charges of some services, find out exactly what your rights are.

For more call **0905 789 4177** (80p/min + network access charge)

Scorpio Oct 24 - Nov 23

It seems unfair to have to stand back and watch a workmate who is clearly struggling. It might go against a senior colleague's wishes, but you will somehow find a way to help and support others and you will do this in a way that ensures no-one else finds out about it.

For more call **0905 789 4178** (80p/min + network access charge)

Sagittarius Nov 23 - Dec 21

The demands of a possessive friend or partner are making you uncomfortable. If you keep giving in and allowing them to get their own way, you're in danger of losing your identity. You want to make people happy but you can't do this when your own needs aren't being acknowledged.

For more call **0905 789 4179** (80p/min + network access charge)

Capricorn Dec 22 - Jan 20

Prepare well in advance if you are to entertain visitors from afar. Make use of your creative skills to add decorative touches to your home. Give careful thought to the comfort of your guests to make this an unforgettable visit. Are you single? Someone will be playing hard to get.

For more call **0905 789 4180** (80p/min + network access charge)

Aquarius Jan 21 - Feb 19

Discussions and activities within a local group will be mind expanding. You could find yourself mixing with some unconventional people and it will be fun and entertaining to have this chance to see the world and others in it from a new perspective. Be prepared to enjoy yourself.

For more call **0905 789 4181** (80p/min + network access charge)

Pisces Feb 20 - Mar 20

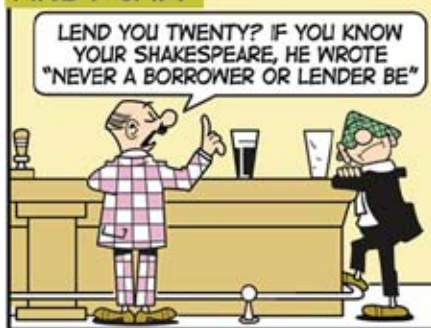
Go with a strong desire to remain close to home. Whether it's because you want to avoid a friend or colleague who is being argumentative or you just want to get involved in a new domestic project is immaterial. What's important is that you follow your own inclinations.

For more call **0905 789 4182** (80p/min + network access charge)

Calls cost 80p per minute plus your telephone company's network access charge - maximum of 5 minutes duration. You must be over 18 and have the bill payer's permission. Service provider Spoke. Helpline 0333 202 3390

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PERISHERS



New potatoes Good Food daily recipe to collect

Smashed roasted new potatoes

Combine roast potatoes, rösti and mash with this simple recipe. You can enhance it by smashing in pitted olives, capers, herbs, spring onions or garlic

1kg new potatoes
3 tbsp olive oil

1 Cook the potatoes in a pan of boiling salted water for 15 mins, or until cooked through but not falling apart. Drain well. Drizzle 1.5 tbsp oil into a shallow roasting tin or baking tray (about 30 x 20cm - a Swiss roll tin works well). Tip the potatoes into the tin and toss in the oil. Squash the potatoes down using a potato masher or fork - the smashed potatoes should fill the tray and be joined at the edges like jigsaw pieces. Will keep chilled for up to a day.

2 Heat the oven to 190C/170C fan/gas 5. Drizzle the potatoes with the remaining oil and season with sea salt. Bake for 40 mins until deeply golden and crunchy.

PREP: 10 MINS
COOK: 1 HR
EASY
SERVES 4-6



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TOMORROW'S RECIPE: PICCALILLI POTATO SALAD

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SO...LET'S DER TO DREAM

After the painful near-misses, Southgate has now got perfect squad to end years of hurt

BY JOHN CROSS

The expectation levels have never been higher.

And this summer it is with good reason – because England go to the Euros with a star-studded squad ready to win the trophy.

Gareth Southgate's men go into the tournament on the back of a run of disappointing results, with just one win in their last five games.

Defeat to Iceland at Wembley in their final warm-up friendly was hardly the ideal send-off.

But Three Lions captain Harry Kane has urged the nation to judge the team on their tournament record – and that is why England fans should believe.

England reached the semi-finals in the 2018 World Cup, the final of the last Euros and the quarter-finals in Qatar 18 months ago.

They have the players to take them even further because, in Jude Bellingham, they have arguably the best player in the world right now.

The 20-year-old has been

sensational for Real Madrid this season, helping them to win the Champions League and La Liga in his first year in Spain.

He now stands even taller in England's line-up and brings a stature, class and quality which can deliver the first major trophy since 1966 for the senior men's team.

Phil Foden (right) has been

the stand-out player in the Premier League and was the driving force behind Manchester City's fourth successive title.

Kane (above) has been the best striker in Europe and, despite Bayern Munich's disappointing season, the England star has been prolific and proved he can deliver on the biggest stage. Declan Rice has

also enjoyed a memorable first season at Arsenal after his £105million move from West Ham and England have quality all over the pitch.

Manager Southgate knows this could be his last chance with this group of players and, despite

injuries, they have a 26-man squad to compete with the best. France, Germany and Portugal will all fancy their chances – but this can and should be England's time.

The sheer number of games last season and England's disappointing build-up means tournament fever has yet to grip the nation.

But England can build the momentum by embracing the expectation levels as they will rarely have a better chance to win.

12

Harry Kane is England's record major tournament goalscorer, with four at Euro 2020 and eight at World Cups

17

This will be the 17th staging of the Euros

10

Nations to have won the tournament – Germany/West Germany (3), Spain (3), Italy (2), France (2), Soviet Union, Czechoslovakia, the Netherlands, Denmark, Greece and Portugal. Yugoslavia, Belgium and England have also reached the final



WORLD BEATER

England will hope Jude Bellingham can finally lead them to Euro glory





SHINING LIGHTS
Toni Kroos hopes to bow out on a high while Kylian Mbappe leads the French

EURO ODDS

(William Hill):

4/1.... England, France
5/1.... Germany
13/2... Portugal
17/2.... Spain
16/1.... Italy, Netherlands, Belgium
33/1... Croatia,
40/1... Denmark
50/1... Turkey
66/1... Austria
80/1... Hungary, Serbia, Switzerland
100/1... Scotland, Poland, Ukraine
125/1... Romania
150/1... Czech Republic
250/1... Slovenia
300/1... Albania
500/1... Georgia, Slovakia

EXPECT PRIDE, PASSION AND DRAMA AS EUROS OFFER REFRESHING BREAK FROM POLITICS OF PREM

FROM **ANDY DUNN** in Munich
ACROSS Germany, fans are growing disillusioned with elite European club football.

Increasingly, there are protests against outlandishly wealthy owners and state-connected consortiums building up club empires.

But, for all the financial implications of modern-day international tournaments, the Euros will give the game's followers welcome respite from the talk of TV deals, economic shenanigans and politics.

There remains a purity and nobility about representing your country on the big stage.

Take Cristiano Ronaldo, for example. No one embodies the crass commercialism of 21st-century football more than Ronaldo, currently being used as the poster boy for the Saudi Arabian sports-washing project. It turns the stomach.

But it is clear that nothing gives Ronaldo (right) more satisfaction than wearing the colours of his national team.

When he scored twice in the win over the Republic of Ireland on Tuesday night, it meant he now has 130 goals in 207 appearances for Portugal.

And, even at the age of 39, you would not back against him strutting his stuff in Germany and helping a very talented Portuguese squad to success.

Ronaldo's farewell to the Euros - this will be his sixth and last one - is not going to be the only one.

We will probably be seeing the last of a handful of greats on the Euro stage.

And one of those will be Toni Kroos, who bowed out of club football by winning his fifth Champions League with Real Madrid.

Now, he will be looking to bring the curtain down on his international career by winning the Euros on home soil.

"That ending would be a bit too cheesy, with the Champions League and the European Championship... but I would take it," said the 34-year-old, who stepped away from national team duty after Germany's last-16 exit at Euro 2020.

On home soil, there is no doubt Germany will be a force to be

reckoned with, but you could throw a blanket over four nations if you fancy a bet on the outright winner.

For me, those four would be England, Germany, Portugal and Spain, with Rodri (below right).

But, despite what the bookmakers would suggest - Southgate's men are favourites to claim the Henri Delaunay Trophy - France are the stand-out squad at Euro 2024.

And, having finalised his dream move to Real Madrid, there is one man primed to set the Championship alight... Kylian Mbappe.

Captaining his country for the first time at a tournament, the 25-year-old has scored 47 goals in 79 games for the French and hit 44 in 48 during his farewell season at Paris Saint-Germain.

Mbappe will take some stopping

at these Euros. But the same can be said of Harry Kane, who has exuded an air of quiet confidence around England's training camp in days leading up to the big kick-off.

Mbappe's new team-mate Jude Bellingham also looks refreshed and raring to go after his stunning exploits with Real Madrid last season.

Of course, this tournament WILL be a commercial monstrosity and, unfortunately, it will also be a reminder of the febrile times, needing a huge security operation to counter the threats posed by terrorism and hooliganism.

But there will be brilliance, there will be drama and there will be pride, there will be passion.

Because nothing can match representing your people on the grandest stage... as Cristiano Ronaldo would tell you.



DAY-BY-DAY EUROS GUIDE



JUNE 14

Group A, Munich: Germany v Scotland 8pm ITV

JUNE 15

Group A, Cologne: Hungary v Switzerland 2pm ITV

Group B, Berlin: Spain v Croatia 5pm ITV

Group B, Dortmund: Italy v Albania 8pm BBC

JUNE 16

Group D, Hamburg: Poland v Netherlands 2pm BBC

Group C, Stuttgart: Slovenia v Denmark 5pm ITV

Group C, Gelsenkirchen: Serbia v England 8pm BBC

JUNE 17

Group E, Munich: Romania v Ukraine 2pm BBC

Group E, Frankfurt: Belgium v Slovakia 5pm ITV

Group D, Dusseldorf: Austria v France 8pm ITV

JUNE 18

Group F, Dortmund: Turkey v Georgia 5pm BBC

Group F, Leipzig: Portugal v Czech Republic 8pm BBC

JUNE 19

Group B, Hamburg: Croatia v Albania 2pm ITV

Group A, Stuttgart: Germany v Hungary 5pm BBC

Group A, Cologne: Scotland v Switzerland 8pm BBC

JUNE 20

Group C, Munich: Slovenia v Serbia 2pm ITV

Group C, Frankfurt: Denmark v England 5pm BBC

Group B, Gelsenkirchen: Spain v Italy 8pm ITV

JUNE 21

Group E, Dusseldorf: Slovakia v Ukraine 2pm BBC

Group D, Berlin: Poland v Austria 5pm ITV

Group D, Leipzig: Netherlands v France 8pm BBC

JUNE 22

Group F, Hamburg: Georgia v Czech Republic 2pm BBC

Group F, Dortmund: Turkey v Portugal 5pm ITV

Group E, Cologne: Belgium v Romania 8pm ITV

JUNE 23

Group A, Frankfurt: Switzerland v Germany 8pm BBC

Group A, Stuttgart: Scotland v Hungary 8pm BBC

JUNE 24

Group B, Leipzig: Croatia v Italy 8pm BBC

Group B, Dusseldorf: Albania v Spain 8pm BBC

JUNE 25

Group D, Berlin: Netherlands v Austria 5pm BBC

Group D, Dortmund: France v Poland 5pm BBC

Group C, Cologne: England v Slovenia 8pm ITV

Group C, Munich: Denmark v Serbia 8pm ITV

JUNE 26

Group E, Frankfurt: Slovakia v Romania 5pm BBC

Group E, Stuttgart: Ukraine v Belgium 5pm BBC

Group F, Hamburg: Czech Republic v Turkey 8pm ITV

Group F, Gelsenkirchen: Georgia v Portugal 8pm ITV

JUNE 29

Round of 16, Berlin: runner-up Group A v runner-up Group B 5pm

Round of 16, Dortmund: winner Group A v runner-up Group C 8pm

JUNE 30

Round of 16, Gelsenkirchen: winner Group C v third place Group D/E/F 5pm

Round of 16, Cologne: runner-up Group B v third place Group A/D/E/F 8pm

JULY 1

Round of 16, Dusseldorf: runner-up Group D v runner-up Group E 5pm

Round of 16, Frankfurt: winner Group F v third place Group A/B/C 8pm

JULY 2

Round of 16, Munich: winner Group E v third place Group A/B/C/D 5pm

Round of 16, Leipzig: winner Group D v runner-up Group F 8pm

JULY 5

Quarter-final, Stuttgart: winner round-of-16 match 3 v winner round-of-16 match 1 5pm

Quarter-final, Hamburg: winner round-of-16 match 5 v winner round-of-16 match 6 8pm

JULY 6

Quarter-final, Dusseldorf: winner round-of-16 match 4 v winner round-of-16 match 2 5pm

Quarter-final, Berlin: winner round-of-16 match 7 v winner round-of-16 match 8 8pm

JULY 9

Semi-final, Munich: winner QF1 v winner QF2 8pm

JULY 10

Semi-final, Dortmund: winner QF3 v winner QF4 8pm

JULY 14

Final, Berlin 8pm



MBAPPE MANIA AS 100K ASK TO SEE HIM TRAIN

FROM **SIMON MULLOCK** in Erfurt
EUROS organisers have been stunned by an outbreak of Kylian Mbappe-mania which saw them swamped by 100,000 ticket applications just to watch Real Madrid's new superstar train.

Mbappe was put through his paces with the rest of France's highly-fancied squad at the 4,000-capacity Home Deluxe Arena in the historic cathedral city of Paderborn last night after arriving in Germany on Wednesday.

After announcing the session would be opened up to the public, the demand for free tickets to see Mbappe (above with fans), alongside other big names like Antoine Griezmann and Ousmane Dembele, exploded.

The stadium is home to SC Paderborn, a club that finished seventh in Bundesliga 2 last season.

The city's population is just under 150,000 - but fans were prepared to travel from miles around just to get a glimpse of the player who has walked out of Paris Saint-Germain to join England ace Jude Bellingham at the Bernabeu.

Didier Deschamps' team are many people's favourites to go all the way in the tournament after losing the World Cup final to Argentina 18 months ago.

Mbappe (below with boss Deschamps) has joined Madrid in a deal that has netted him a £127million signing-on fee and a five-year contract worth £265,000 a week after tax. And he is proving quite the attraction.

He quit PSG at the end of his contract with Real looking to launch another Galacticos era just weeks after winning the Champions League for a 15th time by beating Borussia Dortmund at Wembley.

France open their Euros bid against Austria in Dusseldorf on Monday, with games against Holland and Poland to follow.



SHOUTING THOMAS!

Germany's 'Stevie G', so often the scourge of England, may be 34 but warns that the hosts will be a big noise roaring: We want even our biggest critics to applaud us

BY **KEITH WEBSTER**

THE parallels with Steven Gerrard are striking and the acclaim for his distinguished career is reserved for those whose contribution is at elite level.

But for Thomas Muller, much like Gerrard before him, nothing is better than home. It is the beat of his heart.

So with Germany not only hosting the tournament this summer but basing themselves in Bavaria, Muller could hardly feel more thrilled.

"Everyone's starting to get excited, not just me," said the 34-year-old, as he prepared for his fourth, and presumably last, Euros. "The whole team is looking forward to the upcoming challenge and finally getting things started."

"People have been talking a lot about the tournament since Christmas and we've also started thinking about it more and more. We're happy that people are starting to come together now that it's close to starting."

Born in the town of Weilheim in Oberbayern, some 30 miles from Munich, Muller is set for his 17th season with Bayern. Gerrard was born within 10 miles of Liverpool, where he played for 17 seasons.

Muller has 707 games in the bank for his local team, Gerrard played 710 for Liverpool. Muller has donned his nation's shirt 129 times while Gerrard had the Three Lions on his chest 114 times.

They even had one famous meeting at the 2010 World Cup in Bloemfontein where England were denied Frank Lampard's clear goal before Muller scored twice in a 4-1 win that sent

Stevie G and England home. That was Muller's first year of international football. In the next few weeks he should pass Lukas Podolski - also a scorer in Bloemfontein - into third place on Germany's all-time appearance list behind only Lothar Matthaus and Miroslav Klose.

And that is despite being denied caps in 2019 and 2020 when coach Joachim Low refused to select him for two years.

As he approaches the back end of his career with 12 Bundesliga titles, six German Cups, two Champions Leagues and a World Cup medal, nothing has dimmed his enthusiasm for playing for

his country. "It's normal to see people going about their business wearing Germany kits here," he said.

"I used to be one of them. I always used to wear either a club shirt or a national team kit. There were no two ways about it when I was going out."

"I hope the fans use the Euros as an opportunity to feel as happy as possible. We want to put in performances that even our biggest critics can't help but applaud."

That, indeed, has been an issue as Germany ready themselves for the Euros. Germany fans are accustomed to arriving at tournaments as one of the favourites so recent events - a 4-1 home loss against Japan and the firing of manager Hansi Flick - had a nation concerned that they would be also-rans, until impressive wins over Holland and France in March made believers again of players and supporters.

As he looked forward to launching the tournament against Scotland, Muller said: "You can't deny that we have players who are operating at a world-class level but, at the same time, we can't expect everything to land in our laps."

"It's about more than scoring a nice goal. It's all about going the extra mile, about helping out your team-mates."

"That doesn't mean every player out there on the pitch has to be friends. It means everyone has to know what it takes to win as a team."



TROPHIES

- 1 World Cup
- 2 Champions Leagues
- 2 Club World Cups, Super Cups
- 12 League titles
- 6 German Cups
- 8 German Super Cups

MOST GOALS

- 71 Miroslav Klose
- 68 Gerd Muller
- 49 Lukas Podolski
- 47 Jurgen Klinsmann, Rudi Voller
- 45 THOMAS MULLER, KH Rummenigge

MOST CAPS

- 150 Lothar Matthaus
- 137 Miroslav Klose
- 130 Lukas Podolski
- 129 THOMAS MULLER
- 121 Bastian Schweinsteiger



SO HUNGRY

Muller in the mood to land glory for the host nation at Euros



JOY & GAIN
Muller goal joy at World Cup in 2010 & (right) with Gerrard



'I'M STILL KROOSING'

BY **KEITH WEBSTER**

FOURTEEN years and three months after his Germany debut, the fire still burns within Thomas Müller.

It could be for any number of reasons. Maybe it is a desire to surpass Lothar Matthäus as Germany's record caps holder.

Or it could be that he wants to add a Euros medal to his World Cup one and complete the set.

Perhaps it is making up for lost time after former boss Joachim Löw refused to pick him for two years.

In truth, it is most likely all of the above added to a simple hunger to pull on his national shirt, the way he did as a child when he was a fan. Even near the end of his career, he still wants to improve.

"I've always gotten positive feedback about my outlook," said Müller. "I'm not faking it - I want to have fun.

"That being said, it's about working, winning and improving, as well as finding time to relax and having fun while playing.

"You don't go the extra mile because someone tells you to, rather because you feel like it.

"My job isn't to entertain, because you don't get very far doing just that. It's a case of helping players to

integrate so everyone can bring their A-game."

Müller's international career began on March 3, 2010, in Munich in a friendly against Argentina.

He started and was replaced midway through the second half by fellow debutant Toni Kroos (the pair, above). Not a bad debut double.

Now, with Kroos about to retire, Müller is looking forward to one final fling for the duo on home turf, even if he is not ready to join the midfield maestro in retirement.

Müller said: "It's not over yet. We've still got a month and a half to go. We know each other very well both on and off the pitch. We played for the Under-19s together.

"We're two players who are all about football - our lives revolve around football. I can sense how he plays the game and how he handles himself.

"I'm not personally thinking of stepping back yet. I'm fully focused on the task ahead of us. We'll see what happens after that.

"It's never a guarantee. I've tried to make my feelings clear. I'm feeling more and more comfortable here.

"I'm always proud and happy to play for the national team. I give it my all."

EUROS BY NUMBERS

3 Germany share the record with Spain for the most titles.

3 Host nations to win the tournament - Spain in 1964, Italy in 1968 and France in 1984. France were also runners-up on home soil in 2016, as were Portugal in 2004.

1 Greece are the only nation to have won the trophy who did not qualify for this summer's tournament.

8 Hat-tricks at Euros finals, including two for Platini. Spain's David Villa in 2008 was the last man to achieve the feat.

2,700,000 Tickets for the 51 matches, with more than 80 percent of them available to the fans of the participating teams, and the general public.

10 Venues in use for this year's tournament.

4 Manager Gareth Southgate will take England into a

fourth major tournament, having reached a final, a semi-final and a quarter-final in the previous three.

26 Players allowed in each nation's squad, though some - such as France and Belgium - have named fewer.

16,000 The number of volunteers on hand to try to ensure the tournament runs smoothly.

1 Georgia will be making their first appearance at the finals, the only debutant this summer.

14 Hosts Germany have appeared at more Euros final tournaments than any other nation - this will be their 14th.

40 Gold medals are presented to the winners and 40 silver to the runners-up.

331,000,000 The total prize money in Euros to be divided across the 24 teams, the same prize fund as Euro 2020.

HEROPEAN CHAMP

BY KEITH WEBSTER

CRISTIANO RONALDO entering his sixth Euros is the exception, not the rule. Most players get one or two shots at it, three if they really last.

The Euros comes round once every four years, so to be able to say you won it – just like the quadrennial World Cup – is something few can claim when they finally hang up their boots.

The images of those who seized the day and snatched the moment in the final to write their names in football's history books burn brightly no matter how many years pass.

Michel Platini's turn and shot for France's second goal in 1984; Marco van Basten impossible volley in 1988; Kim Vilfort going one way and then the other to seal Denmark's stunning win over Germany in 1992. Each moment frozen in time. Each scorer a national hero.

Oliver Bierhof at Wembley in 1996 and David Trezeguet in Amsterdam four years later – both scorers of Golden Goals that won the trophy for Germany and France respectively in dramatic fashion.

The iconic image of Trezeguet tearing off his shirt in celebration of his blistering strike into the roof of the net may have sparked dreams in young French boys who went on to form the World Cup-winning team 18 years later.

England will hope they can add their name to the 10 nations who have won the trophy since the first tournament 64 years ago.

Russia, Italy, Spain, Germany, Czechoslovakia, France, Holland, Denmark, Greece and Portugal form the honour roll from the previous 16 tournaments. Who will make their mark in 2024?

England were within 25 minutes of doing it last time, only for lifetime-legend status to turn to despair and tears as Italy swooped in to take home first prize and leave Gareth Southgate's players with the gut-wrenching emptiness that can fuel a challenge next time.

It is tough to imagine any first-time champion other than England, who will be tested to the limit by the usual suspects who have won the competition before.

But as Denmark won it in a year when they actually failed to qualify for the finals, and Greece lifted the trophy against all odds – and spoiled host Portugal's party, Ronaldo and all – underdogs have shown that a moment of glory can await a movie extra every bit as much as a Hollywood star.

Here we take a look at the 16 previous winners as the Euros begins to find the next heroes.

What memories... Panenka and Platini, Van Basten & the great Danes, Greece lightning & Ronaldo magic... who's next?

BIER WE GO...

Germany took revenge on the Czechs in 1996 for their Panenka pain (below) 20 years earlier



9

Platini's goals all came at the 1984 tournament, making it a record for a single Euros



TREZ BIEN...

David Trezeguet was the golden boy for Les Bleus in 2000

14

Cristiano Ronaldo's goals for Portugal in European Championship finals tournaments, comfortably an all-time record. Ronaldo is five clear of Michel Platini's second-ranked tally while the leading active challenger is Platini's fellow Frenchman Antoine Griezmann on seven

CHAMPIONSHIPS

1992



1988

2012



1960 - Host France. Winner Soviet Union

THE first version of the competition was named the European Nations Cup and held in France. The finals featured just four teams after 17 competed to reach the main event which started at the semi-final stage. The Soviet Union triumphed after a 2-1 extra-time win over Yugoslavia.

1964 - Host Spain. Winner Spain

THE second tournament followed the same format, although this time 29 teams battled it out to reach the finals, which again started with the semis. Spain beat the Soviet Union 2-1.

1968 - Host Italy. Winner Italy

THE tournament was renamed the European Championship and was won again by the hosts. The qualifying process was changed to include a group stage with the eight group winners progressing to the two-legged, home and away quarter-finals. The final tournament again started with semis, with Italy seeing off Yugoslavia after a replay.

1972 - Host Belgium.

Winner West Germany

THE same format was used for the fourth European Championship in Belgium. The Belgians were only picked as hosts after the qualifying round as rival candidates England and Italy did not make the last four. West Germany (top, Franz Beckenbauer) triumphed in a 3-0 win over the Soviet Union.

1976 - Host Yugoslavia.

Winner Czechoslovakia

THIS was the last one featuring a four-team final tournament where the hosts had to qualify. Czechoslovakia won 5-3 on penalties over West Germany. The Panenka penalty was born after Antonin Panenka's winning spot-kick.

1980 - Host Italy.

Winner West Germany

EIGHT teams qualified for the finals. The teams were split into two groups of four - the winners meeting in the final and runners-up in a play-off. West Germany claimed their second title with a 2-1 win over Belgium, with Horst Hrubesch scoring both, the winner a header from a corner two minutes from time.

1984 - Host France.

Winner France

FRANCE pipped Germany as hosts for the first time and then claimed their first major tournament win, beating Spain 2-0 in the final. Michel Platini was the star of the show with nine goals in five games, including two group-stage hat-tricks. Still the last host to win the tournament.

1988 - Host West Germany.

Winner Holland

HOLLAND claimed their only European crown, beating the Soviet Union 2-0 at Bayern Munich's Olympiastadion. Marco van Basten, the five-goal top-scorer, scored one of football's most iconic goals, a dipping volley from a narrow angle.

1992 - Host Sweden.

Winner Denmark

A MEMORABLE triumph for the Danes. Their players were on the beach having initially failed to qualify, but cut short



their holidays after Yugoslavia were disqualified. The Danes sealed the fairytale with a shock 2-0 win over Germany thanks to John Jensen's thunderbolt and a memorable run and shot in off the post from Kim Vilfort.

1996 - Host England.

Winner Germany

FOOTBALL came home and the trophy nearly did too. But hosts England were edged out in the semis on penalties by eventual winners Germany. This was the first Championship to feature 16 teams and the first major championships to be decided by a golden goal.

2000 - Hosts Belgium and Holland. Winner France

ENGLAND and Germany renewed their rivalry, with Alan Shearer scoring the only goal but both teams failed to get out of the group. The tournament was again decided by a golden goal when David



Trezeguet struck a beauty against Italy to help France add to their World Cup win of two years earlier.

2004 - Host Portugal. Winner Greece

TEENAGERS Wayne Rooney and Cristiano Ronaldo announced themselves on the international stage. But in a tournament full of shocks

Greece had the biggest with a 1-0 final win - while Germany, Spain and Italy all failed to get out of their groups.

2008 - Hosts Austria and Switzerland. Winner Spain

THE second co-hosted Euros saw undefeated Spain beat Germany 1-0 in the Vienna final thanks to Fernando Torres (inset). Spain were only the second country to win all of their group games and take home the trophy, marking the start of Spain's period of dominance.

2012 - Hosts Poland and Ukraine. Winner Spain

ONCE again, Spain had too much for their rivals and claimed the silverware after hammering Italy 4-0 in the final, with goals from David Silva, Jordi Alba, Fernando Torres and Juan Mata. Spain were the first country to win successive Euros, and three major tournaments in a row after their 2010 World Cup win.

2016 - Host France.

Winner Portugal

THE first tournament to feature 24 teams saw double-defending champions, Spain, beaten by Italy at the R16 while England fell at the same hurdle against Iceland. Cristiano Ronaldo led Portugal to a major title, even though he was an early injury casualty in a final won by Eder, with the only goal in extra time against France.

2020 - Hosts multiple nations.

Winner Italy

ELEVEN cities played host to the games across Europe but it was England who staged both semi-finals and the final, all at Wembley. Played a year later than planned because of the Covid pandemic, England fans began to believe football was coming home, especially when Luke Shaw put them ahead in the final only to see their nemesis - penalties - give Italy the spoils (left).



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GROUP A



GERMANY

Coach: Julian Nagelsmann

Key player: Jamal Musiala

Euros best: Winners (1972, 1980, 1996)

Having suffered another World Cup failure in Qatar, Germany eventually sacked manager Hansi Flick in September 2023 following a run of just four wins in 17 matches. Former Bayern Munich boss Nagelsmann has slowly steadied the ship, with back-to-back victories over France and Holland in March's friendlies, raising belief of a solid run in the tournament on home soil.

SCOTLAND

Coach: Steve Clarke

Key player: Scott McTominay (above)

Euros best: Group stage (1992, 1996, 2020)

After finishing runners-up in their qualifying group to Spain, the Tartan Army will be hoping to celebrate a

HOSTS HAVE
TO FANCY A
HOME RUN

long-awaited first win at the Euros finals since 1996. Clarke's side, though, will need to show an improvement from a lacklustre home loss against Northern Ireland in March.

HUNGARY

Coach: Marco Rossi

Key player: Dominik Szoboszlai

Euros best: Semi-finals (1964, 1972)

Captained by Liverpool's attack-minded midfielder Szoboszlai, Hungary have reached a third straight Euros finals. The fixtures against Scotland and Switzerland will be key to hopes of further progress for the Magyars, who

could be one of the tournament's dark horses.

SWITZERLAND

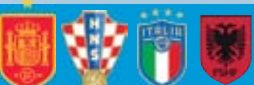
Coach: Murat Yakin

Key player: Xherdan Shaqiri

Euros best: Quarter-finals (2020)

Switzerland - who made the quarter-finals of Euro 2020 after beating then-world champions France on penalties - continued their fine qualification record as group runners-up. Could ex-Liverpool frontman Shaqiri, former Arsenal captain Granit Khaka and Newcastle defender Fabian Schar all be set for their international swansong?

GROUP B

LAST DANCE
AND CHANCE
FOR MODRIC

SPAIN

Coach: Luis de la Fuente

Key player: Rodri

Euros best: Winners (1964, 2008, 2012)

Having taken over from Luis Enrique after Spain were knocked out of the World Cup, former under-21s boss De la Fuente stepped in to oversee a successful Euros qualifying campaign. The squad still have plenty of depth and also rising talent as La Roja seek a record fourth European Championship title - despite being in the proverbial 'Group of Death'.

CROATIA

Coach: Zlatko Dalic

Key player: Luka Modric

Euros best: Quarter-finals (1996, 2008)

Croatia continue to punch above their weight under long-term coach Dalic, building on third place at the 2022 World Cup to finish runners-up in the Nations League. Can veteran playmaker Modric (right) help push Croatia past the last eight of the Euros for the first time?

ITALY

Coach: Luciano Spalletti

Key player: Nicolò Barella

Euros best: Winners (1968, 2020)

The defending

champions - who beat England on penalties in the final at Wembley three years ago - finished behind Gareth Southgate's team in their qualifying group, having started the campaign under Roberto Mancini before Spalletti got the Azzurri over the line.

ALBANIA

Coach: Sylvinho

Key player: Jasir Asani

Euros best: Group stage (2016)

The Eagles - managed by former Arsenal full-back Sylvinho (above) - topped their qualifying group ahead of the Czech Republic to secure a second major tournament appearance. Albania's challenge should not be taken too lightly, with Chelsea's Armando Broja hoping to lead the line.



GROUP C

LIONS FACE
DANGEROUS
MARKSMEN

ENGLAND

Coach: Gareth Southgate

Key player: Jude Bellingham

Euros best: Runners-up (2020)

England continued their impressive qualification record with another unbeaten campaign, conceding just four goals. With Harry Kane fronting an array of attacking talent - including the likes of Phil Foden, Bukayo Saka, Cole Palmer and Bellingham - there is real hope Southgate's squad can end a 58-year wait for a major international trophy.

DENMARK

Coach: Kasper Hjulmand

Key player: Rasmus Hojlund

Euros best: Winners (1992)

Denmark also topped their qualifying group - albeit only on head-to-head record over Slovenia - as Hjulmand's squad looked to recover from a disappointing 2022 World Cup in Qatar. The goals of Manchester United forward Hojlund (above) will be key to hopes of progress.

SERBIA

Coach: Dragan Stojkovic

Key player: Aleksandar Mitrovic

Euros best: Quarter-finals (2000, as Serbia and Montenegro)

After a poor World Cup, Stojkovic's side made it through to a first Euros finals since 2000, then as Serbia and Montenegro. There is plenty of talent in the squad, which includes former Fulham striker Mitrovic (below), captain Dusan Tadic and AC Milan forward Luka Jovic.

SLOVENIA

Coach: Matjaz Kek

Key player: Benjamin Sesko

Euros best: Group stage (2000)

Captained by veteran Atletico Madrid keeper Jan Oblak, Slovenia are through to a first major tournament since the 2010 World Cup. While hopes of making history by getting into the knockout stage look a long shot, RB Leipzig forward Sesko will be one to watch.



GROUP C

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CHAT

TEAM-BY-TEAM GUIDE TO THE OPENING STAGES OF EURO 2024



PALS ON THE FIELD

Lewis Dunk, Declan Rice, Ollie Watkins and Adam Wharton relaxed at training yesterday



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GROUP D



VAN DIJK'S THE DUTCH MASTER

FRANCE

Coach: Didier Deschamps

Key player: Kylian Mbappe

Euros best: Winners (1984, 2000)

Les Bleus head to Germany as one of the tournament favourites after sweeping through qualifying unbeaten ahead of Holland.

Deschamps' squad boasts an array of talent, with Mbappe again expected to push them on through the knockout stage.

HOLLAND

Coach: Ronald Koeman

Key player: Virgil van Dijk

Euros best: Winners (1988)

Oranje boss Koeman - who was part of the Dutch squad which won Euro '88 - guided his team to the Nations League finals on home soil last summer. Can Liverpool defender Van Dijk (right) lead the current crop on to glory in Germany?

POLAND

Coach: Michal Probiez

Key player: Robert Lewandowski

Euros best: Quarter-finals (2016)

After finishing only third in qualifying, Poland had to come through the play-offs - edging past Wales after a dramatic penalty shootout in Cardiff. Nevertheless, with talisman Lewandowski leading the attack, the Poles

remain in with a shout of making it to the last 16.

AUSTRIA

Coach: Ralf Rangnick

Key player: Marcel Sabitzer

Euros best: Last 16 (2020)

Former Manchester United interim boss Rangnick (top) took Austria through as group runners-up in qualifying behind Belgium. Austria beat Germany in a friendly in November, but hopes of further progress this summer look to have been hampered by a serious knee injury for captain David Alaba.



GROUP E



KDB LEADS A GOALDEN GENERATION

BELGIUM

Coach: Domenico Tedesco

Key player: Kevin De Bruyne

Euros best: Runners-up (1980)

Red Devils boss Tedesco has slowly put his own mark on the squad since taking over in February 2023. The players may no longer be such a 'golden generation' but with Manchester City playmaker De Bruyne (below) still pulling the strings in midfield and Arsenal forward Leandro Trossard among the goals, Belgium could be set for another deep run.

ROMANIA

Coach: Edward Iordanescu

Key player: George Puscas

Euros best: Quarter-finals (2000)

After an impressive qualification campaign as unbeaten group winners, Romania - with Tottenham defender Radu Dragusin in the squad - will be hoping to make an impact at a first tournament since 2016.

UKRAINE

Coach: Serhiy Rebrov (top)

Key player: Artem Dovbyk

Euros best: Quarter-finals (2020)

Ukraine progressed through two play-off games as a late goal from Chelsea winger Mykhailo Mudryk beat Iceland to book their spot in Germany. Appearing at a first major international tournament since Russia's invasion in 2022, Rebrov's squad - with Girona striker Artem Dovbyk in good form - will have plenty of support.

SLOVAKIA

Coach: Francesco Calzona

Key player: Ondrej Duda

Euros best: Last 16 (2016)

Slovakia finished behind Portugal in qualifying - with manager Calzona having successfully combined international duties towards the end of campaign after taking over at Napoli - and reached a third consecutive Euro finals. However, hopes of getting out of the group, as they did in 2016, appear remote.



GROUP F



PORTUGAL

Coach: Roberto Martinez

Key player: Cristiano Ronaldo

Euros best: Winners (2016)

With former Belgium boss Martinez (circle) in charge, Portugal coasted through qualifying with a perfect record - the only team to win all 10 games - and conceded just two goals. Tougher opposition awaits in Germany, which will be the 11th major tournament finals for 39-year-old Ronaldo.

TURKEY

Coach: Vincenzo Montella

Key player: Hakan Calhanoglu

Euros best: Semi-finals (2008)

After topping their qualifying group ahead of Croatia and Wales, Montella's squad will be focused on avoiding another early tournament exit - a fate they have suffered in the past two Euros finals. Inter Milan midfielder

SCHICK IS A DANGER TO SLICK PORT

Calhanoglu will again be at the heart of the side, with Real Madrid's Arda Guler aiming to shine on the big stage.

CZECH REPUBLIC

Coach: Ivan Hasek

Key player: Patrik Schick

Euros best: Runners-up (1996)

The Czechs have proved consistent qualifiers for the Euros since reaching the 1996 final at Wembley, making it through for an eighth successive appearance. Hasek's squad have plenty of experience - including West Ham's Tomas Soucek and Bayer Leverkusen forward Schick



(above) - which could see them through to the knockout stage.

GEORGIA

Coach: Willy Sagnol

Key player: Khvicha Kvaratskhelia

Euros best: First appearance Despite finishing fourth in qualifying, Sagnol's side went into the play-offs on the back of their Nations League campaign. Georgia defied the odds to reach a first international competition as an independent nation by beating Luxembourg and then Greece on penalties. Napoli forward Kvaratskhelia will carry his country's hopes.



GROUP A			
	GERMANY		SCOTLAND
	HUNGARY		SWITZERLAND
GERMANY SCOTLAND		HUNGARY SWITZERLAND	
Munich Football Arena		Cologne Stadium	
TONIGHT, KICK-OFF 8PM (ITV)		TOMORROW, KICK-OFF 2PM (ITV)	
GERMANY HUNGARY		SCOTLAND SWITZERLAND	
Stuttgart Arena		Cologne Stadium	
WEDNESDAY JUNE 19, KICK-OFF 5PM (BBC)		WEDNESDAY JUNE 19, KICK-OFF 8PM (BBC)	
SWITZERLAND GERMANY		SCOTLAND HUNGARY	
Frankfurt Arena		Stuttgart Arena	
SUNDAY JUNE 23, KICK-OFF 8PM (BBC)		SUNDAY JUNE 23, KICK-OFF 8PM (BBC)	

GROUP B			
	SPAIN		CROATIA
	ITALY		ALBANIA
SPAIN CROATIA		ITALY ALBANIA	
Olympiastadion Berlin		BVB Stadion Dortmund	
TOMORROW, KICK-OFF 5PM (ITV)		TOMORROW, KICK-OFF 8PM (BBC)	
CROATIA ALBANIA		SPAIN ITALY	
Volksparkstadion Hamburg		Arena AufSchalke	
WEDNESDAY JUNE 19, KICK-OFF 2PM (ITV)		THURSDAY JUNE 20, KICK-OFF 8PM (ITV)	
CROATIA ITALY		ALBANIA SPAIN	
Leipzig Stadium		Düsseldorf Arena	
MONDAY JUNE 24, KICK-OFF 8PM (BBC)		MONDAY JUNE 24, KICK-OFF 8PM (BBC)	

GROUP C			
	SLOVENIA		SERBIA
	DENMARK		ENGLAND
SLOVENIA DENMARK		SERBIA ENGLAND	
Stuttgart Arena		Arena AufSchalke	
SUNDAY JUNE 16, KICK-OFF 5PM (ITV)		SUNDAY JUNE 16, KICK-OFF 8PM (BBC)	
SLOVENIA SERBIA		DENMARK ENGLAND	
Munich Football Arena		Frankfurt Arena	
THURSDAY JUNE 20, KICK-OFF 2PM (ITV)		THURSDAY JUNE 20, KICK-OFF 5PM (BBC)	
ENGLAND SLOVENIA		DENMARK SERBIA	
Cologne Stadium		Munich Football Arena	
TUESDAY JUNE 25, KICK-OFF 8PM (ITV)		TUESDAY JUNE 25, KICK-OFF 8PM (ITV)	

GROUP D			
	POLAND		HOLLAND
	AUSTRIA		FRANCE
POLAND HOLLAND		AUSTRIA FRANCE	
Volksparkstadion Hamburg		Düsseldorf Arena	
SUNDAY JUNE 16, KICK-OFF 2PM (BBC)		MONDAY JUNE 17, KICK-OFF 8PM (ITV)	
POLAND AUSTRIA		HOLLAND FRANCE	
Olympiastadion Berlin		Leipzig Stadium	
FRIDAY JUNE 21, KICK-OFF 5PM (ITV)		FRIDAY JUNE 21, KICK-OFF 8PM (BBC)	
HOLLAND AUSTRIA		FRANCE POLAND	
Olympiastadion Berlin		BVB Stadion Dortmund	
TUESDAY JUNE 25, KICK-OFF 5PM (BBC)		TUESDAY JUNE 25, KICK-OFF 5PM (BBC)	

GROUP E			
	BELGIUM		SLOVAKIA
	ROMANIA		UKRAINE
ROMANIA UKRAINE		BELGIUM SLOVAKIA	
Munich Football Arena		Frankfurt Arena	
MONDAY JUNE 17, KICK-OFF 2PM (BBC)		MONDAY JUNE 17, KICK-OFF 5PM (ITV)	
SLOVAKIA UKRAINE		BELGIUM ROMANIA	
Düsseldorf Arena		Cologne Stadium	
FRIDAY JUNE 21, KICK-OFF 2PM (BBC)		SATURDAY JUNE 22, KICK-OFF 8PM (ITV)	
SLOVAKIA ROMANIA		UKRAINE BELGIUM	
Frankfurt Arena		Stuttgart Arena	
WEDNESDAY JUNE 26, KICK-OFF 5PM (BBC)		WEDNESDAY JUNE 26, KICK-OFF 5PM (BBC)	

GROUP F			
	TURKEY		GEORGIA
	PORTUGAL		CZECH REP
TURKEY GEORGIA		PORTUGAL CZECH REP	
BVB Stadion Dortmund		Leipzig Stadium	
TUESDAY JUNE 18, KICK-OFF 5PM (BBC)		TUESDAY JUNE 18, KICK-OFF 8PM (BBC)	
GEORGIA CZECH REP		TURKEY PORTUGAL	
Volksparkstadion Hamburg		BVB Stadion Dortmund	
SATURDAY JUNE 22, KICK-OFF 2PM (BBC)		SATURDAY JUNE 22, KICK-OFF 5PM (ITV)	
CZECH REP TURKEY		GEORGIA PORTUGAL	
Volksparkstadion Hamburg		Arena AufSchalke	
WEDNESDAY JUNE 26, KICK-OFF 8PM (ITV)		WEDNESDAY JUNE 26, KICK-OFF 8PM (ITV)	

GROUP A TABLE									
	P	W	D	L	F	A	Pts		
Germany	0	0	0	0	0	0	0		
Scotland	0	0	0	0	0	0	0		
Hungary	0	0	0	0	0	0	0		
Switzerland	0	0	0	0	0	0	0		

GROUP B TABLE									
	P	W	D	L	F	A	Pts		
Spain	0	0	0	0	0	0	0		
Croatia	0	0	0	0	0	0	0		
Italy	0	0	0	0	0	0	0		
Albania	0	0	0	0	0	0	0		

GROUP C TABLE									
	P	W	D	L	F	A	Pts		
Slovenia	0	0	0	0	0	0	0		
Serbia	0	0	0	0	0	0	0		
Denmark	0	0	0	0	0	0	0		
England	0	0	0	0	0	0	0		

GROUP D TABLE									
	P	W	D	L	F	A	Pts		
Poland	0	0	0	0	0	0	0		
Holland	0	0	0	0	0	0	0		
Austria	0	0	0	0	0	0	0		
France	0	0	0	0	0	0	0		

GROUP E TABLE									
	P	W	D	L	F	A	Pts		
Belgium	0	0	0	0	0	0	0		
Slovakia	0	0	0	0	0	0	0		
Romania	0	0	0	0	0	0	0		
Ukraine	0	0	0	0	0	0	0		

GROUP F TABLE									
	P	W	D	L	F	A	Pts		
Turkey	0	0	0	0	0	0	0		
Georgia	0	0	0	0	0	0	0		
Portugal	0	0	0	0	0	0	0		
Czech rep	0	0	0	0	0	0	0		

ROUND OF 16

GAME 37	1A	V	2C
BVB Stadion Dortmund SATURDAY JUNE 29, KICK-OFF 8PM (Dortmund)			
GAME 39	1B	V	3A/D/E/F
Cologne Stadium SUNDAY JUNE 30, KICK-OFF 8PM (Cologne)			
GAME 41	1F	V	3A/B/C
Frankfurt Arena MONDAY JULY 1, KICK-OFF 8PM (Frankfurt)			
GAME 43	1E	V	3A/B/C/D
Munich Football Arena TUESDAY JULY 2, KICK-OFF 5PM (Munich)			

GAME 38	2A	V	2B
Olympiastadion Berlin SATURDAY JUNE 29, KICK-OFF 5PM (Berlin)			
GAME 40	1C	V	3D/E/F
Arena AufSchalke SUNDAY JUNE 30, KICK-OFF 5PM (Gelsenkirchen)			
GAME 42	2D	V	2E
Düsseldorf Arena MONDAY JULY 1, KICK-OFF 5PM (Dusseldorf)			
GAME 44	1D	V	2F
Leipzig Stadium TUESDAY JULY 2, KICK-OFF 8PM (Leipzig)			

SEMI-FINALS

GAME 49	W45	V	W46
Munich Football Arena TUESDAY JULY 9, KICK-OFF 8PM (Munich)			
GAME 50	W47	V	W48
BVB Stadion Dortmund WEDNESDAY JULY 10, KICK-OFF 8PM (Dortmund)			

FINAL

GAME 51	WINNER 49	V	WINNER 50
Olympiastadion Berlin SUNDAY JULY 14, KICK-OFF 8PM (Berlin)			

QUARTER-FINALS

GAME 45	W39	V	W37
Stuttgart Arena FRIDAY JULY 5, KICK-OFF 5PM (Stuttgart)			
GAME 47	W43	V	W44
Olympiastadion Berlin SATURDAY JULY 6, KICK-OFF 8PM (Berlin)			

GAME 46	W41	V	W42
Volksparkstadion Hamburg FRIDAY JULY 5, KICK-OFF 8PM (Hamburg)			
GAME 48	W40	V	W38
Düsseldorf Arena SATURDAY JULY 6, KICK-OFF 5PM (Düsseldorf)			



COLOGNE Cologne StadiumCapacity: **43,000**

Both England and Scotland play one of their group games in Cologne, which will also host one of the round-of-16 matches. Previously known as the Müngersdorfer and home to Cologne since 1923, it was redeveloped to host group games at the 2006 World Cup.

Matches: Group stage, Hungary v Switzerland (June 15, 2pm), Scotland v Switzerland (June 19, 8pm), Belgium v Romania (June 22, 8pm), England v Slovenia (June 25, 8pm). Last 16, 1B v 3A/D/E/F (June 30, 8pm).

**DUSSELDORF** Dusseldorf ArenaCapacity: **47,000**

Home to Fortuna Dusseldorf, the arena has a retractable roof and construction was completed in 2004 when it replaced the Rheinstadion. It was not a chosen venue for the 2006 World Cup, but has since hosted international matches. Three group games, a last-16 tie and a quarter-final will be held there.

Matches: Group stage, Austria v France (June 17, 8pm), Slovakia v Ukraine (June 21, 2pm), Albania v Spain (June 24, 8pm), last 16, 2D v 2E (July 1, 5pm), Quarter-final (July 6, 5pm).

**DORTMUND** BVB Stadium DortmundCapacity: **62,000**

This is Germany's largest football stadium. It has a capacity of more than 81,000, which has been reduced for the Euros due to international regulations. The ground's famous 'Yellow Wall', the continent's biggest all-standing terrace, will be all-seating during the tournament.

Matches: Group stage, Italy v Albania (June 15, 8pm), Turkey v Georgia (June 18, 5pm), Turkey v Portugal (June 22, 5pm), France v Poland (June 25, 5pm). Last 16, 1A v 2C (June 29, 8pm), semi-final (July 10, 8pm).

**FRANKFURT** Frankfurt ArenaCapacity: **47,000**

Built in 1925, the Frankfurt Arena also has a retractable roof following several upgrades. England play Denmark here. It hosted matches at Euro '88 and the 2006 World Cup, and staged two NFL games last year when Kansas City beat Miami and Indianapolis defeated New England.

Matches: Group stage, Belgium v Slovakia (June 17, 5pm), Denmark v England (June 20, 5pm), Switzerland v Germany (June 23, 8pm), Slovakia v Romania (June 26, 5pm). Last 16, 1F v 3A/B/C (July 1, 8pm).

SEAT DREAMS ARE MADE OF THIS

The 10 spectacular space-age venues where Euros will be won and lost

**BERLIN** Olympic StadiumCapacity: **71,000**

Germany's capital will host the final on July 14, one of the quarter-finals and three group games. Home to Hertha Berlin, it is the tournament's biggest venue and staged the 2006 World Cup final and the 2015 Champions League final.

Matches: Group stage, Spain v Croatia (Tomorrow, 5pm), Poland v Austria (June 21, 5pm), Netherlands v Austria (June 25, 5pm). Last 16, 2A v 2B (June 29, 5pm), Quarter-final (July 6, 8pm), Final (July 14, 8pm).

**GELSENKIRCHEN** Arena AufSchalkeCapacity: **50,000**

Another Euro venue with a retractable roof, this one also has a slide-out pitch. Constructed in 2004 to replace Schalke's outdated Parkstadion, it will host England's opening group game. England fans will find it familiar - it was here that Wayne Rooney was sent off against Portugal at the 2006 World Cup.

Matches: Group stage, Serbia v England (Sunday, 8pm), Spain v Italy (June 20, 8pm), Georgia v Portugal (June 26, 8pm). Last 16, 1C v 3D/E/F (June 30, 5pm).

HAMBURG VolksparkstadionCapacity: **49,000**

Germany's second largest city will stage four group games and a quarter-final. Hosted the 2010 Europa League final when Fulham lost 2-1 to Atletico Madrid and a 2006 World Cup quarter-final. It was built in 1953 - Hamburg moved into the stadium in 1963 - and has had several upgrades.

Matches: Group stage, Poland v Netherlands (Sunday, 2pm), Croatia v Albania (June 19, 2pm), Georgia v Czech Republic (June 22, 2pm), Czech Republic v Turkey (June 26, 8pm). Quarter-final (July 5, 8pm).

**LEIPZIG** Leipzig StadiumCapacity: **40,000**

The largest football stadium in eastern Germany was rebuilt in 2004 and renovated in 2015. It was a 2006 World Cup venue and has been home to Bundesliga side Leipzig since the 2009-10 season. Three group games, including the Netherlands versus France, and a round-of-16 tie will be staged there.

Matches: Group stage, Portugal v Czech Republic (June 18, 8pm), Netherlands v France (June 21, 8pm), Croatia v Italy (June 24, 8pm). Last 16, 1D v 2F (July 2, 8pm).

MUNICH Munich Football ArenaCapacity: **66,000**

Bayern Munich's home stadium will host one of the semis as well as a last-16 match and four group games, including Scotland's opener against the hosts. Chelsea beat Bayern on penalties to win the 2012 Champions League final at the venue, which also hosted Italy's 2-1 Euro 2020 quarter-final victory against Belgium.

Matches: Group stage, Germany vs Scotland (tonight, 8pm), Romania v Ukraine (June 17, 2pm), Slovenia v Serbia (June 20, 2pm), Denmark v Serbia (June 25, 8pm). Last 16, 1E v 3A/B/C/D (July 7, 5pm), Semi-final (July 9, 8pm).

**STUTTGART** Stuttgart ArenaCapacity: **51,000**

Has a long tradition of staging major sporting events, dating back to the 1959 European Cup final. It was a venue for the 1974 and 2006 World Cups and also hosted the 1993 World Athletics Championships before being redeveloped into a football-specific stadium in 2009. Scotland will play Hungary here.

Matches: Group stage, Slovenia v Denmark (Sunday, 5pm), Germany v Hungary (June 19, 5pm), Scotland v Hungary (June 23, 8pm), Ukraine v Belgium (June 26, 5pm). Quarter-final (July 5, 5pm).

LAMINE YAMAL, Spain, 16

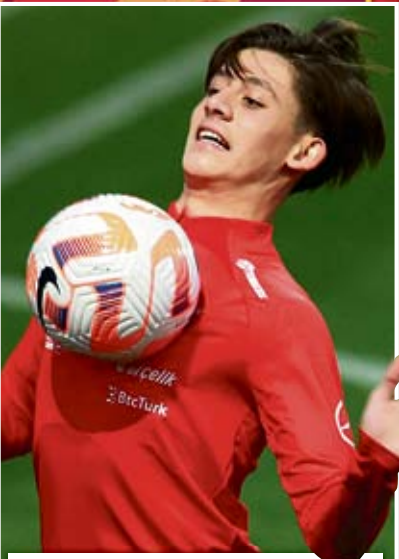
THE final will be played in Berlin one day after this amazing talent turns 17. That would be quite the weekend.

The left-footer has earned comparisons to Lionel Messi with his preference to play wide right and come inside, providing a pacey threat to defenders but it is his passing vision and ability to bring others into play that really grabs the attention.

Made his debut for Spain last September at 16 years and 57 days, becoming the youngest Spain player and goalscorer when he netted against Georgia. A product of Barcelona's La Masia academy, he played all but one La Liga game last season and 10 Champions League games. At 16. World, look out.

SCHOOL'S OUT FOR SUMMER

Clever kids England must do their homework on

**ARDA GULER, Turkey, 19**

WALES fans need no reminding of Guler's first international goal last June when he curled in an outrageous strike in a Euros qualifier. Two weeks later, Real Madrid signed him from Fenerbahce to join Jude Bellingham in their summer spending spree.

Injury kept the winger out until January but he scored on his La Liga debut five minutes after coming on and scored again on his first league start.

XAVI SIMONS, Netherlands, 21

A SURPRISE inclusion for Qatar 2022, he made a seven-minute sub appearance but has already lived a life in the spotlight. Signed a deal with Nike at 13, moved to Adidas at 18, and then Puma last year. Starred with Neymar, Kevin de Bruyne, Ronaldinho, Philippe Coutinho and Andrea Pirlo in Nike's Awaken the Phantom advert at 15.. and by 16 had two million Instagram followers.

But can he play? Eight Bundesliga goals and 11 assists last season at Leipzig on loan from Paris Saint-Germain certainly suggests promise. This would be a good time to shine.

**FLORIAN WIRTZ, Germany, 21**

WOULD have gone to Qatar as a teenager if not for an ACL injury but now back as a Bundesliga winner with Bayer Leverkusen.

Has a great engine and gets all over the pitch from his role as an attacking midfielder but is also comfortable playing wide on the left where his desire to get forward at pace causes problems.

France will be wary if they run into Germany - it was Wirtz three months ago who scored after just seven seconds when he worked a trick move from kick-off with Toni Kroos and smashed home from 25 yards.

**BRADLEY BARCOLA, France, 21**

KYLIAN MBAPPE hogged the limelight in his final season in the French capital but what a year for this youngster, who can play in any of the three front-line positions.

He left Lyon to join Paris Saint-Germain last August. Scored his first Champions League goal in February against Real Sociedad then, in May, received his first France call-up.

Made his debut as a substitute nine minutes from time against Luxembourg on June 5 but that was enough time to get his first international assist, setting up Mbappe to score.

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